

Salibay heads NatSci Dept; Sarile is new CAS Secretary

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Students' Voice

Students who wish to turn in articles may visit the Heraldo Filipino Office at the second floor of the Administration Building. Please indicate your name, course, and section in your article



HERALDO FILIPINO

OFFICIAL STUDENT PUBLICATION OF DE LA SALLE UNIVERSITY - AGUINALDO

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Congratulations to Froilan B. Humarang of the College of Technology for winning the gold medal in the Building Wiring Installation contest during the Southern Tagalog Regional Youth Skills Olympics.

CAS recurs block sectioning

by Analyn Alcalá

AFTER two semesters of adopting the open sectioning system, the College of Arts and Sciences (CAS) reimplemented block sectioning in its enrollment procedures.

The open sectioning scheme which was practiced during the second semester of school year 1994-1995 throughout the first semester of SY 1995-1996 was meant to be an experimental move. If the procedure proved to be effective it could have been implemented in the entire institution.

However, during the evaluation conducted by the enrollment committee, more advantages were

seen in the block sectioning procedure.

Cristina Salibay, former college secretary, said that they encountered difficulty in controlling the number of students in a class when they adopted the open sectioning scheme. She also added that through block sectioning, the number of faculty needed may be known immediately and there is no need to dissolve classes which may affect the teaching load of the faculty.

Block sectioning was implemented again during the enrollment for the second semester of school year 1995-1996.

New policies face protests

by Nathaniel S. Golla, David A. Gualin and Joseph Forrosuelo

THE new policies agreed upon and finalized by the Administrative Council suffered widespread objections from the students when the second semester commenced on October 25.

The original new policies discussed by the Dean of Students Laura Campos to the student leaders, headed by Jennifer Alamar, SSC president, were trimmed down. The policies implemented are: (1) Students' IDs must be worn upon entering the campus, i.e. IDs must be pinned/clipped at the upper middle portion of the blouse/polo; (2) Wearing of "sando" instead of white t-shirts will be required of the male students; (3) All students must wear the prescribed school uniform during class days (Monday, Tuesdays, Thursdays and Fridays) whether or not they are attending classes; and (4) Staying late inside the campus will no longer be allowed for security reasons.

Deliberations on the policy regarding the presentation of marriage contracts (church) by pregnant students and wearing of the prescribed uniform even on wash day during examination week are ongoing.

With regard to the other policies, student leaders' reason for disagreeing with them is the additional burden they will inflict on the students' pockets. To require sandos under the male



Students show defiance against policy on uniform during a sweltering afternoon.

students' polos instead of a t-shirt may mean that male students are forced to buy at least four sets of sandos.

The policies' origin

The proposal for the implementation of the policies came after the meeting of Dr. Herminia D. Torres with the security guards and discipline officers. The guards brought up their problems which consisted mainly of student violations. Other problems were holdups in Gate 1, thefts and examination frauds. It was reported that there was a rampant increase in the number of male students removing their polos while inside the campus.

During the Administrative Council meeting, the body tried to

resolve these problems and thus the preliminary deliberations on the policies were held. Dean Campos, on one hand, was apprehensive at first about these policies since according to her, they were formulated during her absence. When she conducted a meeting with the different College Council representatives on September 29, Dean Campos solicited the comments and reactions of the student leaders. However, when massive objections surfaced, the dean insisted that the policies were already approved and the administration was requesting them to disseminate the information to the students.

Dean Campos said, "Students are not that amenable to the policy

see ADMIN on page 7

SSC bares plans

by David A. Gualin

THE Supreme Student Council (SSC) plans to exhaust its present fund in pushing through with its projects to benefit the DLSU-A students. Since every student pays P20.00 for SSC fund during enrollment, and there are 7,242 students enrolled for this semester, the said fund is estimated to be amounting to P140,000.00.

In an interview, Jennifer Alamar, SSC president, said, "Hanggang maari, ang balak namin sa pera ng estudyante ay ubusin namin sa projects. Ibabalik namin lahat sa estudyante. Hindi namin payayamanin 'yung SSC."

Due to students' need for additional facilities, like drinking fountains, the SSC plans to dispose its funds in small projects.

SSC likewise intends to reach out to the common students. At present, this is done through its "Democratic Counseling" - a room to room interaction with the students to define their problems and to know their suggestions and reactions.

"Binibigyan namin sila ng papel kung saan pwede nilang isulat ang kanilang mga problema," Coney Reyes, SSC councilor, explained.

SSC is also in its stage of creating different adhoc committees. One

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Dean Sim files resignation

by Nathaniel S. Golla

AFTER four years of service as the dean of the College of Arts and Sciences, Dean Segundo Sim decided to file his letter of resignation dated October 9 addressed to the Office of the Executive Vice President.

Based on his letter, Sim justified his resignation on the grounds of academic pursuit. He mentioned that he is in the process of finishing his last academic majors this coming second semester and, at the same time, he will be very busy preparing for his oral

see DEAN on page 7

Classroom buildings renamed

by Analyn Alcalá

AS a tribute to Cavite's rich historical background, DLSU-A's buildings were renamed after Cavite's martyrs and heroes. Twelve classroom buildings have already been renamed after Cavite's historical figures.

Aside from new names, each building will also have a directory and room reminders for every classroom. Canteens, nipa huts and other buildings in the campus will also be renamed soon.

The new names of the buildings were researched and suggested by the Committee on Homeroom Assignments chaired by Tirso Viray, dean, College of Law Enforcement and Public Safety.

The new names of classroom buildings are as follows:

Luciano San Miguel Hall - CB Building - CLEAPS; Mariano Trias Hall - CT Building - Technology; Ladislao Diwa Hall - ED Building - Education; Don Placido Campos Hall - SH Building - Secretarial; Mariano Alvarez Hall - Building 1 - BA1; Candido Tria Tirona Hall - BA 2 - Old BA; Vito Belarmino Hall - BA 3 - Old AS; Severino De Las Alas Hall - Building 2 - RT; Olivia Salamanca Hall - Building 3 - Nurs-

ing; Julian Felipe Hall - AS Building; Paolo C. Campos Hall - Science Building - AS; Felipe Calderon Hall - Physics Laboratory.

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LASALYAN gains students' favor

by Tina Villaluna

SAMAHAN Para sa Liberal na Kamalayan (LASALYAN) headed by its president Jennifer Alamar grabbed an overwhelming victory over its rival Sandigan Magdalo during the election of the Supreme Student Council (SSC) on August 10-12.

During the campaign period, all candidates went from one classroom to another to present their platforms. They pointed out the long existing problems in the university and offered solutions for them.

Here are the winners of the 1995 SSC election:

President:	Jennifer Alamar	1,785 votes
Vice-president:	Eric Santos	1,701 votes
Councilors:	Rhon Gagalac	1,652 votes
	Jhanssen Castillo	1,615 votes

see LASALYAN page 14

College of Technology exposes problems

by Nathaniel S. Golla

THE College of Technology recently disclosed some of its problems to *Heraldo Filipino* in an exclusive interview with Dean Liberato Lontoc Jr., August 17.

Lontoc stressed that, the primary problem of the college is the slow response of the Purchasing Office in providing the much needed laboratory supplies. "It takes a month or more before the supplies are

delivered," he said.

The laboratory supplies include automotive, electrical and electronic devices which are necessary in the teaching process. Absence of these devices will make transfer of knowledge and specialization difficult, both for the faculty and the students.

According to a source from the Purchasing Office, the reason behind the delayed release of



Lontoc

supplies is attributed to the non-acceptance of credit lines by target stores. Second is the delayed release of

see COLLEGE on page 7

Strengthening the Role of Catholic University Alumni in Pluralistic Communities in Asia

by Myrna Fajardo-Ramos, EdD, Vice President for Academics



Dr. Ramos chairs one of the panel discussions during the ASEACU convention

HURDLING her first major assignment as vice president for academics, Dr. Myrna C. Fajardo-Ramos represented De La Salle University-Aguinaldo in the third annual meeting of the Association of Southeast and East Asian Catholic Universities (ASEACU) held in Atma Jaya Yogyakarta University, Yogyakarta, Indonesia.

The international convention, with the theme "Strengthening the Role of Catholic University Alumni in Pluralistic Communities in Asia in the 21st Century", took place on August 25-28, 1995. It was participated in by eight (8) member countries Taiwan, Korea, Indonesia, Japan, Thailand, Australia, Italy, and Philippines.

Dr. Ramos was with Dr. Carmelita Quebengco, executive vice president of DLSU-Manila. Also present were delegates from other Catholic schools in the Philippines. Among them were Ateneo de Manila University, University of Sto. Tomas, Aquinas University of Legaspi (Bicol), University of San Jose Recoletos (Cebu City), University of Negros Occidental Recoletos (Bacolod), and University of Saint La Salle (Bacolod).

She was appointed to chair one of the sessions during the panel discussion on August 26. The representatives from three Asian member countries presented case studies on how to strengthen the role of Catholic university alumni in Japan, Korea, and Taiwan. It was a worthwhile activity

meeting and interacting with delegates speaking different languages. English, though, was the medium that prevailed during the discussions.

Among other topics tackled during the four-day meeting were enrichment of the moral responsibility of the Catholic university alumni, the influential graduates of the leading Catholic universities in the Philippines (delivered by Violeta L. Gonzaga of USL, Bacolod), case studies of alumni in Thailand, and the theme itself.

Resource speakers also presented economic problems that prevailed in most countries. These were the degradation of tradition, culture and values, fast profit accumulation that leads to the neglect of human labor investment, and the unfair distribution of profits between capital owners and farmers or small-scale raw material producers. In general, this has the tendency to rate wider gaps between the rich and the poor which may lead to the process of dehumanization. The question raised was: what should Catholic universities and their alumni do?

It was a consensus among the participants that Catholic universities should recognize and respect the human dignity in measuring all aspects of development. The alumni of Catholic universities should, likewise, possess and continue the mission and role of the Catholic schools. "Although all of

see STRENGTHENING on page 8

SSC inducts new officers

by Ma. Kristina F. Villaluna and David A. Gualin

AFTER a series of postponements, the student-elect Supreme Student Council (SSC) officers were finally sworn into office on September 11, 1995.

During the program, Dr. Myrna F. Ramos, vice president for academics, commended the outgoing SSC officers for contributing to the progress of DLSU-A. She stressed her belief in the turn of the "Year of the Women," for most top positions in the institution are held by women.

Dr. Herminia D. Torres, and Laura R. Campos, executive vice president and Dean of Students respectively, led the induction of the Executive Body and the House of Representatives.

see SSC on page 8



SSC officers sworn into office.

FA activities Añonuevo to fulfill vision

by Ma. Kristina Villaluna

Dante Añonuevo, Faculty Association president, vowed to stand to his vision of fulfilling his party's platform to augment the needs of the faculty.

At present, the DLSU-A faculty are enjoying a salary increase after considerable deliberations. In connection with this, FA has a multipurpose loan from the Faculty Cooperative which seeks to entail appliances and other investments and emergency loans by giving as high as P10,000 for loans, payable in 12 months, with an interest of 2%. The interest is divided, wherein 1% goes to the association and the other half goes back to the faculty as an incentive.

Although the La Salle System has no immediate plans for faculty housing, Añonuevo is still optimistic that the project will eventually push through.

FA has just conducted its acquaintance party at the SBC on September 1. Everybody in DLSU-

see AÑONUEVO on page 8



Añonuevo

Salibay heads NatSci Dept.; Sarile is new CAS Secretary

by Nathaniel S. Golla

IN what others may call a wise move, Cristina Salibay, College of Arts and Sciences Secretary, was designated as the new Chair of the Department of Natural Sciences.

The appointment came after the resignation of Buencamino Lomboy, former chair, who served only during the entire first semester.

In an interview, Lomboy admitted that he could hardly cope with the necessities needed by the department. He further said that he is a chemist and openly accept that he lacks the expertise in the field of Biology which is the main concern of the NatSci Department. In effect, Lomboy will become a full time faculty member of the Chemistry division of the same department.

Meanwhile, Salibay vowed to restore organization within the department. She mentioned that as a part of her plan, she intends to bring back the "Bio Development Committee." The said committee will be in-charge of the strict implementation of syllabi, studying of the validity of the type of examinations given to Biology students, strict retention and admission of Bio students and studying of existing curricula of the B.S. Biology program for purposes of improvement.



Salibay

According to a reliable source from the NatSci Department, one of the problems that confronts their department is widespread intrigues among its faculty members. When asked what these intrigues are, the source averred and said that it is quite personal for the teachers involved. Probing further on the matter, Salibay answered "That I will find out."

Salibay is a Masters Degree holder in Biology from De La Salle University - Taft. At present, she is pursuing her Doctorate Degree from the same university.

Taking the post of Salibay as CAS secretary is Rosanni Sarile, Department of Languages faculty, AB Communication Program Council adviser and AB Communication fourth year students' academic adviser.

The two heads will assume office effective second semester of the present school year.

"I am without hypocrisy..."

(A speech delivered by Jennifer Alamar, Supreme Student Council president, during the SSC induction of officers, September 11, 1995)

EXECUTIVE Vice President Dr. Herminia D. Torres Vice President for Academics Dr. Myrna F. Ramos, Dean Laura Campos, administrators, faculty, fellow students and members of the academic community, a pleasant good afternoon!

I could not begin to express what I feel today. The feeling of euphoria that I experienced when we were declared winners during the elections is not the same feeling I am having now. For it is one thing to win but it is another to lead. I realized the great burden and responsibility that the Office of the President of the Supreme Student Council entails. It needs a lot of dedication and genuine love for its constituents. A colleague of mine in AB Political Science, kidded me just after the election saying, "O, Jennifer you must be feeling pretty big, right now...SSC President ka na 'eh...'" As if trying to say. Soon you'll be pretty bad..." But the answer that came into my mind was that written by former President Ronald Reagan, and I quote: "Just being big is not necessarily bad...(But) it is when someone attempts to take advantage of his bigness."

With all honesty, I'd like to inform everybody here, now that I'm president, I am without hypocrisy, willing to take advantage of my bigness. I am willing to take advantage of this office to promote all that is necessary for the cause of my fellow students. I am



Alamar

willing to take the risks to ensure that the students' rights and welfare are continually promoted and uplifted. And I am prepared to go to the distance if I know that my fellow students will back me up all the way. For a government is only as good as the people who support it. Again people tell me, it would be hard to achieve this with the passiveness of the ordinary Lasallian students. They say that the past student councils have failed in tapping the potentials and cooperation of the larger majority. And they told me, that I, like the others, is doomed to fail.

But then I say, the others have failed because they failed to believe in the capacity of the ordinary Lasallian to take part and make a change. Under my leadership, we will try to bring the Supreme Student Council down to the grassroots -- the students, and not the students reaching towards the council. I have learned that the

people can influence government and that our scepter will only work if the people participate. But first, they must be informed, informed of their rights, informed of the issues that confront them, and informed that they now have a government that's willing to support them.

With my vision of uplifting the consciousness of the students and driving them towards greater heights, I am not downplaying the support that the administration, as well as the faculty and other nonteaching personnel will extend towards the realization of this dream.

I fervently hope that we could all work together for the goodness of the De La Salle University - Aguinaldo.

Before I end, I would like to thank everyone who supported me and the LASALYAN Party. Sandigan-Magdalo for being a worthy opponent, and Richard Caballero. I am grateful today for the FAITH which the Lasallian students have instilled upon me. I couldn't attempt this job for one day without this faith.

And though, others would say, "Oh, no, it's Monday," guess I'd say, "Thank God, it's Monday. On with the cause, on with the struggle, on with La Salle - Aguinaldo!"

Again, good afternoon, and I am hoping for a fruitful year ahead of us. Thank you.

DLSU-A's heart seen thru Sagip Pampanga

by Christopher S. Cabida and David A. Gualin

IN response to the need of our less fortunate brothers and sisters in Pampanga, the Lasallian community has once again showed its heart thru the *Sagip Pampanga* project of the Lasallian Community and Development Center (LCDC) and Civil Welfare Services (CWS).

More than 300 bags of rice and other life-essentials were handed out to the lahar victims of Pampanga on October 14. The said donations benefited more families as compared with the first ones that were given out on August 20 and October 1.

Alexis Nagagor, CWS coordinator, attributed the increase of donations to the P14,000 given by the parishes in Dasmariñas. The said amount was used to buy rice, blankets, and other dry goods.

The rest of the donations came from the DLSU-A administrators,

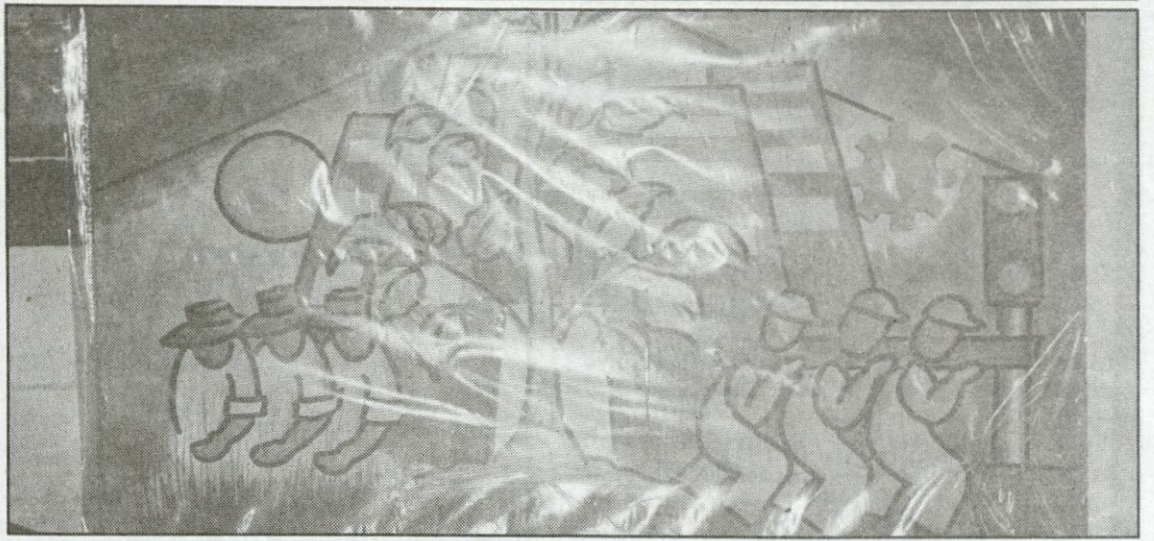
colleges, ROTC staff and students, Youth Educational Services (YES) Program students and other sectors of DLSU-A.

The *Sagip Pampanga* volunteers, headed by Nagagor and LCDC Coordinator Marlyn Merais were guided by Fr. Ed Panlilio, director, Social Action Center Office of Pampanga. Prior to their trip, LCDC has been constantly making contacts with Fr. Panlilio to assess the specific needs of the lahar victims.

Nagagor said, "We hope and pray that many more will be touched and more people will respond to the need. He further said, "Kasi nga daw, anything worth doing is worth doing well. If you can't do it well, don't do it at all. I think this drive is worth doing so we will do it well."



LCDC and CWS staff prepare for relief operations in Pampanga.



One of the winning entries of the on-the-spot poster making contest.

CAS holds environmental week

by Analyn D. Alcala

WITH the theme, "Pag-unlad at Kamalayang Pangkapaligiran: Hamon sa Pamayanang La Salle-Aguinaldo," the College of Arts and Sciences (CAS) held its Environmental Week on September 18-22.

The week-long celebration was filled with various contests and symposia organized by the different Program Councils under CAS Student Council (CASSC).

According to Charity Barbara Santos, CASSC president, the environmental week was organized to trigger the students' awareness and environmental consciousness.

The Biology Program Council sponsored a symposium on French Nuclear Testing. Cecille Guidote Alvarez, wife of Senator Heherson Alvarez, was invited to talk on the

adverse effects of the nuclear tests. On the other hand, the Political Science Program Council held an exhibit at the Aklatang Emilio Aguinaldo which aimed to condemn French Nuclear Testing. An environmental photo contest was conducted by the AB Communication Program Council. The photo exhibit was held at the SBC function room simultaneous with the Psychology Program Council's Art From Trash contest.

Other activities related to the preservation of the environment included essay writing and poster making contests spearheaded by the Philosophy and Computer Science Program Councils respectively.

The winners are as follows:

Art From Trash
1st Place: Enrique Rodriguez
Emma Borejon
Resie Ama
Marlon Lawrito
Shamira Salam
2nd Place: Gilbert Carpio
3rd Place: Cherry Ann Tolentino

Environmental Photo Contest

1st Place: Brenda Fajayo
2nd Place: Kathleen Ambion
and Wilberto Lina
3rd Place: Roselito Rosel

Poster Making Contest

1st Place: Richard Valle
2nd Place: Cherry Ann Tolentino
3rd Place: Reynan Alamis

Essay Writing Contest

1st Place: Christopher Cabida
2nd Place: Ethel Miguel
3rd Place: Maricris Sisante

CAS midyear workshop cut short

by Analyn D. Alcala

THE supposed overnight midyear workshop of the College of Arts and Sciences (CAS) was cut short. It was held on October 10, instead of its original date of October 9-10, at the SBC function room.

In an interview, Vice President for Academics Dr. Myrna F. Ramos attributed the change of schedule to the complaints they got from faculty members who claimed that they couldn't take a break even during the semestral vacation.

She also said that the administration was not informed ahead of

time and they felt that one day would be enough for the evaluation of the first semester activities.

Dr. Ramos added that if they were informed of the components of the activity, they could have given it consideration. She pointed out, however, that it wasn't only the CAS overnight workshop which was not approved but also those of the other colleges.

The workshop was conducted primarily to evaluate CAS's accomplishments and activities during the first semester. These include the performance of the different departments, college com-

mittees and councils.

The CAS midyear workshop, attended by its dean, department chairs and Student Council (CASSC), was organized by Rosanni Sarile, incoming college secretary.

To give justice to the workshop's theme: "Fresh start for a new direction," the department representatives aired their plans for the second semester in line with the mission-vision of the CAS for the next five years. Contingency plans regarding the college were also underscored during the discussion.

Gawad Bayani search is on

THE fourth annual search for Gawad Bayani launched by the Office of the Vice President for Academics of De La Salle University-Aguinaldo, Dasmariñas, Cavite is ongoing.

Formerly called Lasallian Bayani Award when it was first conceived in 1992, the Gawad Bayani Award may be given to outstanding Cavitenos, individuals or groups, who have committed themselves to serving people and who are living examples of Lasallian values. The Gawad Bayani recipients include EPZA administrator Tagumpay Jardiniano, Dr. Jose V. Belamide and Ambassador Edmundo Libid.

The nomination should be made by a civic, professional, or religious group and should be accompanied by supporting documents. The nomination form and supporting

see GAWAD on page 8

HF gets professional consultation

by David A. Gualin

DESPITE problems hampering the **Heraldo Filipino** staffers, they were able to get a day off and a chance to reorganize their thoughts in a Campus Journalism Seminar held at Villaluz Resort, Silang, Cavite on September 8-9.

Heraldo Filipino attended the seminar to get professional consultation and fresh ideas from competent speakers. It was also a time for them to orient their new members and develop effective working relationship within the publication.

Jules Mejia, Department of Languages instructor, talked on the Modern Approaches in Newswriting. He pointed out that writers should avoid the surface level of an issue and look for the titillating element when they write. "You should find the human touch... Present problems and then present possible solutions," Mejia

asserted.

Atty. Manuel Sales, Legal Management Office Chairperson, DLSU-Taft, lectured on the Republic Act 7079 otherwise known as the Campus Journalism Act of 1991. Atty. Sales affirmed that **HF** is autonomous from the DLSU-A administration. However, its campus press freedom is limited by (1) the Law on Libel, (2) Law on Obscenity, (3) Copyright Law, (4) Law on Human Relations or the Civil Code and (5) the Student Handbook. The latter was included since campus press people are composed of students. But if the Handbook is in conflict with RA 7079, the higher law prevails.

Divina Japa, former Managing editor of the UP Collegian and Information Officer of the Mayor of Quezon City, discussed the Journalists' Code of Ethics. "You can

see HF on page 8

Echo Seminar

CAS student leaders converge

by Nathaniel S. Golla

THE College of Arts and Sciences Student Council (CASSC) converged the College of Arts and Sciences (CAS) student leaders for the annual echo seminar at Las Brisas Hotel and Conference Center in Antipolo Rizal on September 1-3.

The seminar gathered the college's program council officers and potential student leaders to orient them on matters of leadership, team building, leadership personalities and Lasallian education. Its main objective is basically anchored on molding young people to become effective leaders and productive members of the Lasallian community.

According to Charity Barbara Santos, CASSC president, the training was called echo seminar because members of the CASSC Executive Board "echoed" or relayed their knowledge to their fellow officers. However, the seminar wasn't just pure echoing. There was a suc-

cession of brainstorming and group dynamics wherein the young leaders of the six program councils of CAS actively participated.

In the latter part of the convention, the BS Biology, AB Communication, BS Computer Science, AB Psychology, AB Political Science and AB Philosophy Program Council Officers gave a standing ovation to each other for their excellent performance during the three-day activity.

In a related development, members of the Alliance of Program Council Presidents took the opportunity to strengthen their bonds for the common goal of serving the studentry. The Alliance likewise expressed its full support and undoubted loyalty to the CASSC.

The seminar did not only strengthen the development of leaders but it was also instrumental in inculcating camaraderie and unity among the CAS students.



CAS student leaders in one of the discussions.



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EDITORIAL

Policy stinks

EFFECTIVE this second semester, sy 1995-1996, all male students of De La Salle University-Aguinaldo will be required to wear white sando under their polo/polo barong uniform -- a shift from the plain white T-shirt being currently worn. Aside from this, students from all year levels will have to pin their IDs.

These policies were approved by the administration after its meeting with OLGA, our university's security agency.

Several problems being encountered by the said agency were brought up in that meeting. One was the increasing student violations. It was said that students often remove their polo/polo barong while they are inside the campus.

The students feel that wearing sandos will not solve the problem. It may lessen the violations, but it is NOT DISCIPLINING the students. It is threatening them of the embarrassment that others will get a good glimpse of their armpit hair when they raise their hands in class (not a pretty sight, right?).

In order that this problem be solved, more security guards and discipline officers should be present to reprimand and punish those who violate. And as students, we should discipline ourselves. We are matured individuals; therefore, we must learn how to follow rules and regulations.

There were also reports of holdup cases in the waiting shed, right in front of gate one. Security guards were accused of not helping the victims. The former claimed that this was due to the fact that they could not distinguish the student from the holduper. Thus, the pinning of IDs will help them become more sensitive in preventing such incidents.

But will the students still pin their IDs after stepping out of the campus? No. So pinning the IDs will not serve as a prevention to such problems.

The only way to solve this is to make the students aware of such incidents and to encourage them not to stay in the waiting shed, specially at night when most of the holdups occur.

The security guards should concentrate more on the people who are entering the campus. They should be consistent in checking the IDs of the students, visitors, and those who enter by car.

It's not the pinning of IDs that will solve the problem. It's the consistency of checking the IDs.

For heaven's sake! It's bad enough that we, college students, have to wear uniforms in school when most of our counterparts in the civilization can wear civilian clothes.

And now, we all have to pin our ID's like kindergartens and factory workers. And great, all male students will no longer look like high school students with their polo/polo barong uniforms, but agents of funeral houses with their sando.

An administrator said: "The administration has the prerogative to say what style of uniform is to be used."

But who will wear the sando and pin their IDs, anyway?

The thing and all that

Heraldo Filipino (HF) has been in turbulent waters these past few months. It somehow began in the second semester last school year.

First, the disappointing stolen hard disks incident in our office where one of our members was involved. It created pandemonium and implanted in some of us grudges against the involved member and vice versa.

Then Mrs. Reyes, our adviser who has been with us for almost two years, had to leave us and head to her new home in Canada.

It's not that Heraldo cannot live without an adviser. Bear in mind that according to the Campus Journalism Act of 1991, an adviser is only optional in the tertiary level.

I guess the departure of Mrs. Reyes affected HF in a way because she was like a mother to most of us; someone who guided and united us; someone who was always there. So when she left, Heraldo slowly lost its momentum.

I can still remember, we were supposed to come out with our January-February issue right after her flight. That was in mid-February.

March came... but no issue was released. "Okay, we'll just release it in summer," we said. But the hot season ended, but still... no issue. We were disunited.

School year 1995-1996 opened. And it opened with the tragic and untimely death of our literary editor. Heraldo lost one of its most dedicated staff. Heraldo was wounded.

And by the 30th of June, the one-year term of our editor in chief ended. We just didn't know where we stand. No one stood up to lead. Our term too had finished, and the deliberation on the competitive exam we took in the end of last school year was yet to be revealed. We had no direction.

Around the second week of July,



BIM

George G. Gatan

the result was disclosed. So with our new designation, we had to move on. There were nine of us senior staffers and ten new ones. Fortunately--or should I say unfortunately--I became the editor in chief.

Our supposed last issue for last school year turned more ancient day by day.

Nonetheless, we did what was planned. The issue that we were not able to release last semester will be released this semester as our first issue. New articles will be added in the front page and the rest will be retained, although most of them are already history.

Coming up with it did not come very easy. Most of our staffers were new and have not undergone basic journalism seminars yet. Besides some of the senior staffers were struck by the election fever.

So only a few of us endured working on the issue (without an adviser). And so we did. Our long overdue issue was finally released.

I was thinking: "Now we can start with our 'real' first issue."

A few days later, we were summoned by the administration. They wanted to talk to us about the paper and they suggested the stopping of circulation of the remaining copies in our office. They said that there were a lot of technical errors, that some of the articles created a negative image of DLSU-A, that news articles were unbalanced, and that we could've used tamer words.

Technical errors cannot be avoided specially in a student publication with no adviser. However, we could've minimized the errors if we let one of our professors check our work before printing it.

If some of the articles created a negative image of the university, then it was not our fault. Whatever chaos that happened, whether it was a professor harrassing students or an administrator accused of graft and corruption, is the interest of the students.

Why? Because it happened in the campus. And as campus journalists, it is our job to write about these issues. *Ika nga ni Ate Korina, trabaho lang po, walang personalan.*

That's the reason why we included the articles on the "CBA dean, faculty face raps" and our editorial "Sexual harrassment in DLSU-A."

Personally, I felt that we owe the information to the students. They have been asking about it. And no matter how old the article is, the information was due to them.

The decisions made by Heraldo were based upon the consensus of the editorial board--or at least the members who were active at that time.

I was a freshman when I first joined Heraldo Filipino.

I can still remember how overwhelming was the feeling when I learned that I passed the competitive exam.

Ironically, it was with that same degree that I felt disappointed upon knowing that the very first article I ever wrote for Heraldo was rejected by our editor.

It makes me smile when I think of it now, and I feel glad for having that experience. It helped me become motivated to strive harder, to give the best that I can in the ensuing articles I wrote.

see BIM on page 9

Field of Dreams

A school is a place where one studies.

But do we really do an honest-to-goodness business of studying in school?

Well, this is just a simple question, but one that is quite difficult to answer.

You may think that I am being nonsensical, asking this very unwitty question. To tell you honestly, it took me a week to pin down an answer for this myself. It really disturbed all the corners of my mind. However, the answer just came out after the last traces of SSC election fever finally signaled the closing of curtains.

The question persisted not because I was one of those aiming for a seat in SSC and the fact that we were defeated after confronting not a few dilemma. It just came out seeming to demand a



On Target

Joseph Forrosuelo

clear direction.

There are times when school life becomes so boring that we feel the need to get out, unwind and enjoy a carefree lifestyle. Then, there are our emotional and social needs and we think that we can suffice them by joining different clubs and organizations where we encounter people of different moods and opinions. The experience may prove productive but too much time spent on them may later effect otherwise. When the frequency of

spending late night out clinches losing count, we tend to forget why we were sent to school in the first place.

Sometimes, we don't notice at all that things slip out of our control. Unfortunately things may happen which will gravely disappoint those who have been expecting that we will eventually turn out to be sensible and productive individuals.

We have to remember that our society reserves a special place for those who have finished their studies and those who have acquired their degree. Let us not ignore the opportunity that we have now. We need to face the reality of living for we hold in our hands a significant responsibility that nobody else can do for us.

Policy or Police eh!

EFFECTIVE second semester of the current school year, the following policies will be observed and implemented: (1) Wearing of identification cards (IDs) will be required of all students, faculty, staff, and administrators. (2) Wearing of "sando" instead of white t-shirts will be required of the male students. (3) Regardless of whether a student has a scheduled class for the day or not, he/she is supposed to wear the uniform on Mondays, Tuesdays, Thursdays, and Fridays while inside the campus. (4) Staying late inside the campus will no longer be allowed for security reasons. (5) The students' IDs will be provided with a color code to identify students' college affiliation. (6) Students not in proper uniform will be refused admission in their classes. Faculty member will be asked to implement this policy uniformly. (7) During examination days, both the exam permit and the ID should be checked by the assigned faculty/proctor. (8) All residents of the condominium/dormitory inside the school are not allowed to wear short pants outside their condominium/dormitory.

Except for two policies on hold for further discussion, i.e. (9) All pregnant students should present their marriage contract (church) to the Dean of Students before they may be allowed



Ager Publicus

Joseph Rodel R. Musca

to continue their studies, and (2) During examination week, all students should wear the prescribed uniforms even on wash day, all policies mentioned will definitely take effect second semester of this year.

The set of new policies was approved by the Administrative Council, presided by Dr. Herminia D. Torres, executive vice-president, DLSU-A, after meeting with OLGA, the school's security agency. According to OLGA, there have been many instances of student violations with regard to the wearing of ID and school uniform. The monitoring of the entrance of visitors and cars at the gates was likewise a problem.

At the onset of implementation, many students were caught. IDs were confiscated and a number of students were given warnings for their first offense by the security guards and discipline officers.

It is a fact that the executive vice president is vested with the administrative authority to maintain

discipline, uphold the good order of the school, preserve the fair name of the university and actualize its Mission Statement. And the continued attendance of any student at DLSU-A is subjected to this authority, provided it conforms to the spirit of the ongoing policies set by the **academic community**.

Running on this belief, it was indeed a collective decision that triggered the approval and thorough implementation of the set of policies. Amid speculation that the academic community was not altogether consulted, the minutes of the Administrative Council meeting, dated September 14, 1995, revealed that the deans of the College of Nursing, Education, Technology, SA, AS, LEAPS, and administrators were present during the deliberation on the policies. Though Dr. Ramos, the dean of the College of BA, RT, and Students were absent during the meeting, they were properly represented by members of their respective offices. Subsequent meetings with the deans and persons concerned transpired to give leeway for a collective discussion.

In the name of discipline and for security reasons, the administration promulgated the policies which later faced massive objections from the studentry. The students questioned the practicality and appropriateness of

turn to page 9

The first and the last

Let me guess...you're browsing this column to know what's with the title: the first and the last.

If we're going to talk of school issues, the title may not very well fit since the administration's tendency to suddenly implement policies is not the first time they've done it and definitely not the last. Today's **Heraldo Filipino (HF)** headline carries the story about the administration's abrupt implementation of new policies. They want us, guys, to wear sandos under our polos. For the rest, their recommendation is to let each one of us, including the faculty, nonteaching staff and administration personnel, to pin our IDs like kindergarten children or factory workers (whichever you prefer). Not only that, they also want us to wear our uniforms (though they're supposed to be in laundry) during wash days every examination week. Recently, they also considered requiring pregnant students to turn in a marriage contract before enrolling in this school... Well, this one they scrapped. According to the Dean of Students, they made a mistake in considering the issue. Her exact words were, "we realized...tama ang mga bata."

Next semester the administration is planning to implement another policy exclusively for the incoming freshmen: "color coding" of ID cards according to one's course. I hope if this pushes through, it won't become a source of course discrimination.



Thrash Out

David Gualin
News Editor

During an interview with Jennifer Alamar, SSC president, she said that in decision making a democratic process should be followed. The vote of the students, the faculty and the non-teaching staff (including the administration) should be tallied and the decision that reaches the highest vote **must** prevail.

In the case of the new policies implemented this wasn't followed. When **Heraldo Filipino** relayed this democratic idea to the Dean of Students, she firmly stated "Whatever referendum may happen, the result will always be negative. She also said, "There is rejection for every change; change is a process." She then advised the students "not to react violently but rather to sit down and discuss these matters."

They did sit down and discussed these matters. However, the impression most (if not all) of the student leaders had was that the rules were already approved, ready for implementation and the discussion was nothing but a conveyance of information."

I heard of one student leader who was willing to go on strike just to undo these new policies. Well, after all that I've heard - I do understand his feelings.

To give justice to the administration, they did listen to the students' stand and put some of the policies on hold until after deliberations. This first week of classes, all students are having their improvised IDs pinned and the males are already wearing sandos.

I agree with Dean Campos when she said that we should sit down and talk about the issue like civilized people but we ought to respect and take into consideration the **majority** of the Lasallian community. We ought not to rush into decisions and suddenly impose new policies but exhaustively study all possible measures on how to solve the security guards' and discipline officers' problems in implementing school regulations. (Since the guards, DOs and the EVP's meeting was the root cause of these new policies, right?) Don't you think the existing policies on wearing uniforms are not enough, especially since DLSU-A students have been obedient enough all these years to wear their uniforms despite biting jest from other university students and even the embarrassment of being mistaken as salesladies or salesmen in department stores? Since a lot of us are still wearing our uniforms religiously, don't you think requiring us to wear sandos under our polos (which is very uncomfortable) is asking too much?

Those who want to answer may speak to the majority of the students for they're the ones who have these

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From the Community

by Eloisa L. Genova

Governor Velasco speaks on courage

September 11, 1995 deserves to be marked in the milestone of De La Salle University-Aguinaldo.

It will be remembered as the day when the Father of Cavite's leadership Governor Epimaco Velasco inspired the DLSU-A audience with his talk on "The Need for Courage in the Challenges of Today" held at the Villarosa Hall of Angelo King Medical Research Center of DLSU-Health Sciences Campus. This activity was meant to conclude the celebration of the Respect Month sponsored by the College of Business Administration (CBA).

The unbelievably big yet warm crowd of CBA students and faculty

witnessed the transparent sincerity of the speaker who in his forty-minute speech, shared his experiences and trials which eventually made him the big man that he is now. He also mentioned the three great men, one of whom was his father, who inspired him to strive and to have courage.

Governor Velasco took time to answer the questions of the students which ranged from his plans and vision for Cavite to the nuclear testing of the French government as it relates to courage.

It was in the same event when the governor promised to donate materials necessary to improve the road leading from the gymnasium to the West

Campus after CBA Dean Oscar L. Morado mentioned the problem to him. Being a man of action, the governor saw to it that the materials were delivered the next day.

The event was also graced by Dr. Herminia D. Torres, executive vice president, Dr. Myrna F. Ramos, vice president for academics, and Veronidia L. de Leon, assistant to the vice president for academics.

The CBA wishes to extend its gratitude to the CBA Lassa Committee, CBA Cooperative, Angelo King Staff, administrators, faculty, students, and the governor for making its celebration a remarkable experience.

Anecdota

If the shoe fits

One stormy day, four male teachers of DLSU-A were walking in the rain. One of them stepped on a puddle and exclaimed "Naku! Masisira yung sapatos ko!". The other confidently stated "Ako, walang problema. Bandolino yata ang tatak ng sapatos ko." The other one butt in: "Ako naman, Royeste Rusty Lopez ang tatak!"

Finally, the last among them spoke. "Basta ako, unang suweldo ko sa La Salle ang sapatos na ito." Upon overhearing it, I turned my back to see him. I understand that he's been teaching at La Salle for quite a time. He added in a wishful thinking tone while pitifully staring at his almost antique shoes, "Bakamakabili na rin ako ng bago."

Whatever the trademark of his shoes is, it must be damn tough.

- Ordinario

New police(y)

During the CASSC referendum regarding the new policies, a throng of students stormed the polling precincts and cried:

Student 1: What are they trying to do, declare martial law?

Student 2: Wala na tayong magagawa d'yan pare, na-approved na 'yan sa 'taas.

Student 1: Dapat kinunsulta muna nila ang mga estudyante, kase tayong mga estudyante ang direktang maaapektuhan n'yan.

Student 2: Abuso na 'yan, pati ba naman tayong magsuot ng ID. Para tayong high school n'yan, ah!

- Golla

Vox Populi

Sept. 14, 1995

The Editor
Heraldo Filipino
De La Salle University-Aguinaldo
Dasmariñas, Cavite

This article is a personal insight of this writer based on his participation in the Protest and Prayer Rally last September 13, 1995 in front of the French Embassy. The rally was participated in by DLSU-A through the La Sallian Community Development Center, The Civic Welfare Services, and the University Medical Center students with the various schools and cause-oriented groups.

By the time you are reading this article, we do not know how many nuclear bombs the French government, under the leadership of President Zack Chirak, has detonated under our noses. The French leadership has constantly become deaf to the world protest against such programs. Anger against the French government is already in the hearts of every Filipino. In fact, a resolution was filed and approved by an overwhelming majority of Manila councilors to declare French nationals and diplomats in Manila "persona non grata" and "kapalmuks", the first time such a term is used in a law. Boycott of all French-made goods is also in the move.

What happened to the historical peace treaties signed in Paris? Where is the liberty, fraternity and equality which Napoleon fought and died for? What did the great battle of Normandy that liberated France from Nazi aggression show? Were did the faith of many French men and women saints, one of them is St. John Baptist de La Salle, go? Is the French government really serious about preserving the environment? Is it not aware of the direct and after-effects of radiation in people's lives for several hundreds of years? What do we need to know more about weapons of mass destruction? Did France's leadership ever learn from the past, like Hiroshima and Nagasaki, so it is engrossed in remaking history? Has France's leadership cultured a head too big that has out-grown its heart? These and many more questions the French government should ask itself. But if it cannot find an answer in the laws of man, then let us join our hearts and minds hoping it soon finds the answers in the Laws of God. And we pray that they never become deaf to what He has to say... and finally put a stop to this madness.

Francis Joseph Manganti
Coordinator, Council of Student Organizations

Filipino

Kampusap-usapan ng Filipino Staff

"Ang hindi pumunta ay kukunin ni Lord!" Natakot kayo 'no. Iyan talaga ang unang magiging reaksiyon ng makaka-encounter sa pangungusap na ito. Ngunit hindi lamang iyon ang negatibong dating nito.

Una, mananakot ka pa para lang um-attend ang iba at makinig sa symposium ninyo. Maganda ba 'yon? Sa paggamit ng ganitong come-on sa isang announcement, hindi 'yon nakakatuwa. Bakit alam mo ba ang lahat na mangyayari?

Pangalawa, hindi nakakaaliw ang paggamit mo ng Lord. Dahil walang sense. Ire-review ko lang ang ikalawang utos ng tunay na Diyos, "Thou shall not put the name of the Lord thy God in vain." At ikaw na ang bahala.

Naku! Alam ba ninyong may bagong lumalaganap na epidemic ngayon? Ang kaibahan nga lang ay mas prominent ito dito sa DLSU-A. Ito ang... tantararan... higad outbreak kung saan ay lalong dumadami ang mga nagiging biktima.

Estudyante man o empleyado, bata o matanda ay talagang kawawa paginabot ng malas. Balitang-balitang dumarami ang mga kasapi ng KKK (Kating-kati Kami) na talagang walang magawa sa sitwasyong ito kundi ang tumakbo sa pinakamalapit na botika at bumili ng Caladryl.

'Eto pa mga kids, alam ba ninyo hindi lang UFO ang dumadapo sa himpapawid ng goto at spaghetti ng isang canteen diyan. Ito pa ang isa... isang brown beauty ebak na nangangamoy sa ilalim ng mesa. Talaga naman oo! Maski si ET hindi makikipagsapalarang kumain sa canteen na ito.

O mga miss, ayaw ni Mike Tyson ng ganyan!

Ang buhay nga naman, pagtinamaan ng topak ang titser mo tiyak matatanggal ang giligid mo.

Oo, tama ka dahil isang titser sa Hotel Nicole ang nagwala at naghagis ng mga gamit ng mga estudyante papalabas sa pinto. Nang usisain ni Abdul (D' great creature) ang pangyayari lalong tumagaktak ang laway ni Ms. Sylvia Sanchez at tuluyang nagwala. Sobrang sungit talaga!

Ano ba yan! May pila na rin pala dito sa loob ng La Salle at hindi lang Box Office hit kundi Mega hit talaga! Sa paggamit lang ng telepono, talaga namang kulang na kulang kasi ang inilagay na telepono dito sa school. Sino kaya ang makatutulong sa problemang ito?

Oooppss, mga misis hindi lang yan... meron pang isa. Katok sa ulo mga misis, Katok!!!

Alam ba ninyo mga misis, merong isang titser na napatalsik dito sa school dahil sa sobrang kamaniakan. Oo, mga misis!!! Tama kayo, sobra talaga!

Isang istudyante sa BA ang nagreklamo tungkol sa kanyang titser na mala-ewan sa kamaniakan. Ito ay dahil sa pambabastos na ginawa sa kanya at gusto pa siyang gawing Sabrina M.

Mabuti na lang at agad na pumalag si Sabrina M. at nilabanan ang kanyang titser na mukhang ewan.

Hay, naku! Salamat na lang at ipinasa ng Kongreso ang Batas laban sa Sexual Harrassment, at kung hindi, tiyak na malaya pang dumadapo ang kamandang ng lalaking ito.

Teka muna! Ano itong nabalitaan namin? Dumadami na raw ang mga kapre sa loob ng school. At hindi lang tabako ang hawak, kundi Marlboro, Winston, at Hope.

Anak ng pitong kuba naman o! Hindi na kayo nahiya. Sa harap pa ng maraming estudyante kayo kung humithit ng inyong yosi. Mga titser pa naman kayong naturingan, kayo pa ang kauna-unahang nag-violate ng pagiging Smoke-Free Campus natin.

Mabuti na lang at hindi na DOH secretary si Sen.

sundan sa pahina 7

I have spoken



Dixi

Brenda T. Fajayo

It was during the second semester of school year 1993-1994 when I joined Heraldo Filipino. I was a freshman then. Since I am an AB Communication student, I thought of joining the official student publication of De La Salle University-Aguinaldo to have a training ground to improve my communication skills specifically my writing ability wishing that I could write articles the same way as the staffers of HF that time do and nothing more.

I have been in HF for four semesters already. Now, I can say that my initial egocentric intention is no longer the reason why I am still here at present. I owe most (if not all) of my knowledge in journalism to HF (and of course to those who compose it). It is also here where I found real best friends. But what I cherish most is the fact that it is in HF where I learned to be more perceptive, analytical and humane. Since my stay here in HF taught me things I never thought I would know, I feel more acquiescent to serve my fellow students by entertaining and informing them about things that concern them.

School year 1995-1996 started. After some time, the new editorial board was disclosed. It was only then that I knew that I will be handling a new position. I was appointed as the new features editor.

I was so surprised when I heard of it from our EIC. It was beyond my expectation.

From the time I became the new features editor of the Heraldo Filipino, I have been through a lot of adjustments. I have to admit, it was hard.

Being the features editor is truly different from being a Filipino staffer (which was my former position). My new job entails more work, more time and commitment. Very challenging, indeed.

To begin with my new assignment, I need to come up with various concepts to be printed. Aside from thinking of the probable topics and issues to be written, I knew I need to have a title for my column. At first, I was so anxious of thinking for the right name because I could not determine yet what I wanted. Until I thought of something foreign. It could be French, German, Greek or whatever.

I tried flipping the pages of some books at home. With the help of our *Groliers Webster International Dictionary*, I eventually found what I wanted. I was able to find around ten foreign terms with good denotations, but consequently I chose the word "Dixi". It is short, meaningful and easy to remember. "Dixi" is a Latin term meaning "I have spoken".

I have finished editing all the feature articles and I have written mine too. La Salleño's first issue this year came but I didn't have an article for my column yet. I could not think of something to write about. Well, the truth is, I was skeptic to write about anything.

Especially, it was then that problems in HF came one after another. Problems regarding our search for a new publication adviser, printing press contract, halting of our June-July '95 issue's circulation and all that. Actually, I felt the itch to write but I feared something I do not exactly know.

I remembered Orlando Oliveros, the editor in chief, when I joined HF, say, "Ikaw Brenda, anak ka ng DO. Scholar ka di ba? Ngayon Heraldo ka na." I did not instantly get his point; but when I really thought about it, I perceived what he was trying to convey. I knew he was trying to tell me that I might encounter some complications, being the daughter of a discipline officer, a SPREAD scholar and an HF staffer. I understood him but I never imagined that I will experience that predicament.

At this point, I want to make it clear that being my father's daughter has nothing to do with my job as a writer. My obligation as a child is very distinct from my responsibility as a campus journalist. Though we are both here in this school, my father (as a discipline officer) and I (as a student-writer) have different tasks to perform. Only one thing I assure you, we will both do our own job to the best we can.

On the other hand, being a financial aid grantee of the school is different from being an HF staffer. Though there may be some who expect me to be extra submissive to those who operate this institution, I still believe they know the job of a writer. We are the watchdogs

see DIXI on page 11

Pffft and Away!



INXS

Judith A. Ordinario

There are only two people whom I'm hoping would be able to read this and I know that it would be just plain wishful thinking. They won't. They cannot. They never will. Both have already vanished into thin air and the most impossible among all impossibilities is that they will ever come back for good. If that could be thought of as a blessing on my part (talk about harbouring spits if ever they are around), still, it's hard to say so.

Before you swallow the suspicion that this is one bit of a useless and coward stuff, let me do the honor of defending my cause. Correction! This is not written out of mere hypocrisy. This is no writing-behind-one's-ass matter neither is it an opening-a-closed-book frivolity. It is simply for the sake of clarity and sheer sentimentality. RC and Ching, this one goes out for the two of you!

(Note to reader: You still have a choice. Turn the page while you can.)

It was the year of the dog. Year 1994. The same year when PALAD (a literary digest containing poems and short stories) first barked and came out of the circulation. It was an idea that had long been hibernating in the mind of Rosalea Macaspac (literary editor of that time)-the pioneer editor and founder of the said literary digest. And from her, the legacy was expected to be carried out. After qualifying for PT proper, she had to take a bow and say goodbye to Heraldo Filipino.

Enter Raul Carranza!

Taking Rosalea's place was Raul or RC. He turned out to be a persevering, dedicated and supportive editor and I

could attest to that for I was his staffer then. However, just like what the old adage says, "too much of everything could be hazardous" and RC did just that. He became a literary maniac which led him to do something grave (and somehow illogical) which placed him in a very compromising situation that eventually terminated him from his literary editor position. It was all because of his obsession to literary stuff (a very rare case, you may say). *Sayang! Dahil lang sa dalawang hard disks!* Well, what was done couldn't be undone. The consequence has to be accepted. RC was really regretful and helpless. I could still remember how he asked for my help saying "Jude, ipagtanggol mo naman ako." Torn between the fact that he was my editor and that he was really at fault, I had no other alternative but to fail him - "RC, hindi kita puwedeng ipaglaban kung alam kong wala naman akong dapat ipaglaban." I could feel his regret, and Heraldo Filipino, much that it wanted to be forgiving, also had to inflict justice on the issue. The case was decided upon. With a heavy heart, he left HF and is now starting over with his life in a new school. It was an issue HF would not like to brag about but also couldn't afford to keep in the hiding forever. The hundred dollar question: Whose loss was it? The moral lesson: Let bygones be bygones!

Pave the way for Cherrylyn Caparros!

Because RC had to exit soon, he was not able to come up with a suppos-

edly second issue of PALAD which was his promise to Rosalea. So, the job had to be accomplished by Cherrylyn or Ching. She became my next editor and we became real close buddies. By March of 1995, for the second time, a better PALAD came out. But like Rosalea, and it was also a policy at HF, Ching had to bid HF farewell for qualifying at PT proper. And she did more than bidding farewell. She passed away. Last June, while crossing at Alabang, she was hit by a vehicle which became the cause of her very much talked about tragic and untimely death. The second misgiving for HF.

Welcome - yours truly!

It felt quite hard not to have Rosalea, RC and Ching around. I felt like an ant lost in a sack of salt when I was supposed to be roaming in a sack of sugar. And I guess the same sentiment was shared by the whole HF staff. It was not only because of the loss of RC and Ching but it was also because a lot of not-so-good events followed suit. Our adviser went to Canada. A lot of the old staffers left. Then came the "technical problem" which resulted to the stop of circulation of our first issue for this school year. The used-to-be hyper office of HF turned out to be a haunted sanctuary of HF's memories during its good ole' glory days. And so, the abominable list goes on. But enough! It would be futile to wallow in if only and should bes. The situation is unfavorable enough and self-pitying won't make any difference at all and so do unsolicited sympathy which HF doesn't need.

Last month was Courage Month. The very same month when Heraldo had its test of courage. We'll get over this hump, HF! Woe to those who would like to suppress our existence!

Kampusap... (mula sa pahina 6)

Juan Flavio, at kung nagkataon, torotot na ang mga bibig ninyo sa kahihit ng sigarilyo.

Sino kaya itong professor na taga-Languages department na ikinukuwento pa sa ibang mga estudyante niya ang kanyang mga homosexual affairs katulad ng madalas niyang pagpunta sa Club 690 -- isang bulgar na gay bar?

At hindi lang iyan. Ipinakikita pa niya 'yung mga pictures niya with his boyfriends in the swimming pool at sa kama na nakakadiri talaga ang itsura. Ano'ng masasabi mo?

Ito ba ang tinatawag nating guro? Hindi ba't dapat na magandang halimbawa ang ipinakikita nila? Ngunit bakit bulgar? Bakit malaswa? Sino kaya itong professor na ito?

Tungkol ulit 'to sa mga professor. Tambak na ang reklamo ng mga estudyante sa mga gurong napakahirap hagilapin tuwing distribution ng classcards. Bakit ba naman kasi nagdi-disappear sila samantalang dapat ay nasa school sila?

Imaginin mo naman, ang daming mga estudyante ang nagpupumilit na agahan ang pagpunta sa school (ang karamihan pa nga sa kanila ay galing sa malayo) para makuha lahat ng classcards ng mas maaga. Ngunit marami sa kanila ang pawang mga bigo.

Iyon ay dahil nga sa mga professor na hindi dumarating sa araw na kuhaan ng classcards. Please naman... baguhin niyo na ang sistema niyong iyan nang hindi na pabalik-balik ang mga kawawa niyong estudyante.

Pati na rin tuwing enrollment. Sana nama'y sikapin din ng mga professors ang maagang pagpunta sa school. Sa mga araw na ito ay kailangan talaga sila lalo na sa pagpirma ng mga registration form.

Kahapon lang ang presyo mo'y dalawang piso, bakit ngayon ika'y dalawang piso at beintestingko na? Ang rumaratsadang pagtaas ng mga presyo sa SBC ay di na biro. Kung baga sa lahar walang tigil sa pag-overflow.

And speaking of overflow, hindi lamang presyo ng SBC ang nag-high tide, maging ang presyo ng mga canteen ay nakakabigla na rin. Katulad na lamang nitong mga squid balls. Dati ay anim na piso lamang ang tatlong piraso, ngayon dinagdagan lang ng stick, pitong piso na. Talaga rin naman!

Hindi lamang 'yan, habang tumataas ang presyo ng mga bilihin dito eskwelahan ito, dumarami naman and pag-atake ng mga HIGAD. Yaikks... Kamakailan lamang, tahimik kong kinukuha ang timbang ko sa clinic nang biglang may isang pulutong na estudyante ang sa akin ay umagaw ng pansin.

And I mean isang pulutong ng estudyante, namumula ang mga mukha na hindi naman rosy cheeks at tila baga binarang sa laki ng mga pantal.

Sa muling (muli eh! hindi naman natapos iyan ah!) pag-atake na naman ng mga higad, ilang beses na bang laging laman ito ng kampusap pero laging may nabibiktima. Kung hindi higad, maiitim na langgam na kung makapangagat ay ihihitin ka ng kati. Kailan n'yo ba naman kokontrolin ang mga pesteng ito? Sana sa lalong madaling panahon.

DEAN... (from page 1)

comprehensive examinations in the summer of 1996. He will likewise be writing his dissertation for the first semester of school year 1996-1997.

Furthermore, in his letter, Sim requested Dr. Torres to allow him to become a full time faculty in the Department of Mathematical Sciences and Computer Studies (DMSCS) and teach computer science subjects.

Sim stated his reasons why he should be in DMSCS. He pointed out that (1) he has special training in computer sciences and (2) he had a chance of using the computer in the CAS office for almost five years. Another reason, (3) is that he will be continuously enrolled in formal short term courses, and even in the regular offerings of the Bachelor of Science in Computer Science Degree. He likewise intends to enroll in the computer distance education program of the International Correspondence School (ICS). Sim's last reason (4) is that he

is a "metawaveforce" philosopher with a self-motivated inclination in the research and development of the morality of artificial intelligence.

The College of Arts and Sciences Student Council (CASSC) and the Council of Chairs and Coordinators were surprised of Sim's sudden resignation.

Cristina Salibay, College Secretary, however, said that prior to Dean Sim's resignation, he has mentioned that he has plans of resigning but always without a definite date.

According to a reliable source, one of the reasons why Sim decided to file his resignation is his frustration over some aspects of the management.

The *Heraldo Filipino* probed Albert Pagilagan, chair, Department of Languages, if there is any connection between the recent disapproval of the administration to permit the CAS Mid-year Workshop

see DEAN on page 8

New Policies... (from page 1)

for some reasons. But the administration has the prerogative to decide on the style of uniform."

Comments and reactions

Rowena Dayrit, a representative of CLEAPS, averred that "there is already an existing policy regarding the prescribed uniform. The problem lies on the implementation of such policy and not on the policy itself."

Charity Barbara Santos, College of Arts and Sciences Student Council (CASSC) president, ordered a mass information dissemination in the College of Arts and Sciences (CAS). A referendum was held to determine the students' stand on the new policies.

Santos remained adamant to the policies since most of the students were not informed. "They made those policies specifically for the students and there was no student participation, not even in the first part of the planning." She also said, "The students were informed days before the first semester was about to close, so it is very unfair for the students, not just the council but all the students."

CASSC's next move, according to Santos, is to gather concrete evidences through the referendum and conduct a dialogue with the administration.

Another student leader said, "We will have a dialogue first and if nothing happens, then maybe we could do some picketing, not the violent type of course, just to let them know that the rights of the students were somehow violated."

Joe Precia, Social Sciences faculty commented that he doubts if the new policies were decided upon by all sectors.

Roselito Rosel, AB Communication student commented, "Wala akong masyadong masabi dahil sukang-suka talaga ako sa mga patakaran. Isa lang ang masasabi ko, hindi nila binigyan ng pagkakataon ang estudyante, kaya kung gusto nilang mag-sando, 'yong administration na lang."

Lack of Information Dissemination

The main dilemma, as claimed by the students, was the failure of the administration to launch an information dissemination before

the implementation of the policies at the start of the semester. However, Executive Vice President Dr. Torres said, "It was not our fault because we had council meetings. The deans were there, the Dean of Student Affairs, and we were expecting that this information was disseminated to the lower council committees." She even added, "I think it was middle of September when we did that and therefore we finally sat down by the end of the first semester to finalize everything. As the presiding officer, I asked if there were questions and if it was properly disseminated. The answer was yes. I also asked them if we would have any problems with the implementation and the answer was no. So before the enrollment, we sat down and wrote down the policies so that they could be disseminated during the enrollment."

In answer to the claim of the Supreme Student Council (SSC) that there was never a consultation with the students, Dr. Torres explained, "Dean Campos should have done that. I asked her and she told me that she had a meeting with the SSC." The EVP even assured HF that "We will not do anything without consultation. That is my style. If we had a consultation and you said no, it doesn't mean that I will not follow you. I have to weigh things over although I don't base my decision on that. I always have a consultation."

Reasons behind the implementation of the policies

The students might not have manifested so much objection had the reasons behind the implementation of the new policies were outlined to them. To answer the students' clamor for the rationale of this administrative action, *Heraldo Filipino* decided to interview the EVP. Dr. Torres explained, "This is for security reasons. That's why we reviewed the Student Handbook. It is not a new policy because the students already have their IDs and we are just asking them to pin them. And for students to always wear their uniforms, kailangang nakasando para laging nakasuot for security reasons. There had been instances of robbery and since the school is surrounded by a creek, at wala namang bakod, so if the students wear their uniforms, the discipline officers could easily keep track of

the outsiders who might create trouble inside the campus."

To underscore that the administration is not violating any provision in the Student Handbook by implementing the policies, Dr. Torres stated, "It is written in the handbook that colored undershirts are not allowed under the uniform and sando is one of them. Now it is the administration's prerogative to specify the sando since we have a reason for that. We decided on this so that they will not take their polos off. They'll be ashamed to walk around in a sando." She narrated that there were instances when she met students not wearing their uniforms and they reasoned out that they took it off because it was hot. The EVP would like to clarify that the new set of policies was not her idea alone. It was a collective idea and as EVP, she has the prerogative to present her observations to the council. She confirmed that her decisions were seconded by the members.

Dr. Torres stressed the point that through pinning the IDs, "Students will be properly identified as students of DLSU-A. They walk around in the campus in proper attire and this will prevent them from violating the rules." She added that we will be more secure in campus because the security guards, discipline officers, and faculty will be able to identify the members of the academic community. The reason behind the problem in implementation may be due to people's resistance to change. Dr. Torres declared that, "Pinning of IDs is such an easy thing to do. It's just that it is human nature to contradict a policy."

The EVP expressed her disappointment over the reaction of the students to the policy but she still enjoined them to see the rationale of the implementation. "Huwag kaagad kayong mag-aalsa. Why don't you obey first and see the results", she said. As a conclusion, she declared with a tone of finality, "The policy still stands. We will initiate an information dissemination to explain its rationale to the students. I'd like the students of DLSU-Aguinaldo to be real Lasallians, to respond and obey the rules of the school. I want you to see the matter in the light that it is for the good of the community and the whole studentry."

COLLEGE... (from page 1)

petty cash by the Accounting Office. The source, nonetheless, added that some spare parts are already available and will be distributed to the requesting parties as soon as possible, specifically the automotive and electrical supplies.

On the other hand, Deodoro Abiog, former controller, said that the normal processing of approved requests for payment takes about one to two weeks, and the said span of time does not solely rest on the hands of the Accounting Office. "The delays should not solely be the responsibility of the Purchasing Office, neither of the Accounting Office. There are a lot of factors to be considered in addressing this problem," Abiog clarified.

It was also learned that before a check is released, it goes through a tight process. First, the request

must be verified. After that, the Accounting Office will make the necessary payment preparations and then will present it to the signatories for the final approval. Only then will it go back to the Accounting Office for release.

However, at the moment, Lontoc admitted that the problem of the college regarding the Purchasing Office has already been addressed by the administration. "Sangayon, okay na ang problema namin sa Purchasing Office. Naging mabilis na ang lahat," Lontoc said.

Beverly dela Cruz, the new controller, declared that, "Kung ano ang proposal ng department, ipi-present namin muna sa Presidents' Council. Tapos, kung okay sa Presidents' Council, aaprubahan ng Board of Trustees. Kung approved sa kanila, okay na 'yon." Dela Cruz attributed the

problem to purchase requisitions which were not approved. "Baka iyong mga pinupurchase ay hindi approved. Kung baga, wala sila doon sa listahan ng ni-request nila." She further said, "Kung okay na sa Purchasing Office, ipo-forward na 'yon sa Accounting Office for payment. The request stays in the Purchasing Office for seven days. Matagal kasi kina-cavass pa nila 'yon. Tapos, gagawan namin ng check, seven days ang binibigay namin." When asked about the reason behind the swift response of both offices, she said, "Actually, hindi pa naman totally napadali ang process. Mayroon pang mga backlog na naiwan, kase nahati na 'yong trabaho."

Another problem plugging the College of Technology is the need for a mini library. It is a common

see COLLEGE page 14

GAWAD...
(from page 3)

documents must be submitted to the Office of the Vice President for Academics, DLSU-A on or before December 7, 1995.

The awardee will be given appropriate honors at the annual commencement of De La Salle University-Aguinaldo on 29 March 1996.

DEAN...
(from page 7)

to be held overnight and the resignation of Dean Sim. Pagilagan answered that "maybe, it is one factor or one of the reasons."

The CAS midyear Workshop was supposed to be held overnight on October 9-10. After the administration's objection, the activity was rescheduled on October 10, from 8:00 am to 5:00 pm only.

In a related development, the Council of Chairs, Coordinators and the CASSC all agreed to make a position letter asking the EVP not to accept Dean Sim's resignation. They believe that Sim is a good administrator, pro-students, very supportive, committed, devoted, and, hardworking.

The latest development revealed that Dr. Torres refused to accept Sim's resignation on the ground that his contract specifies that his deanship terminates at the end of the school year.

STRENGTHENING... *(from page 2)*

us share the same mission, the realization of this mission varies from one country to another. Therefore the Catholic universities should always be with the alumni to stimulate reflections, to offer the spiritual religious motivations, and in turn, to receive stimulus encouragement and criticism from the alumni," the president of the host university concluded.

To further define and enhance the role of the alumni, suggestions were offered: a.) preparing students in their roles as future

alumni through the present curricular programs, b.) transferring of values should be made part of the educational system, c.) maintaining regular communication with the alumni not only to raise funds but to continue strengthen and fulfill the mission of Catholic university, d.) conducting joint research and student exchange programs among members of ASEACU to realize the mission, and e.) promoting lifelong education among the alumni by inviting them to visit the university for moral or value re-

newal.

The ASEACU meeting aims to strengthen the alumni association which is one of the most unpopular and inactive members of the school community and yet, is considered influential and helpful in terms of giving feedback on how to improve the quality of education offered by the academe.

Beckoning the theme, "The Response of the ASEACU Institutions to a Rapidly Changing World," the next and fourth convention will be held in Korea.

SSC bares... *(from page 1)*

is the Constitutional Commission or ConCom, whose overseer is Johnny Israel, SSC councilor. The ConCom will be composed of the different college officers of DLSU-A.

"Outmoded na 'yung constitution sa daming estudyante ngayon. Kailangan mabago na," Rhon Galalac, SSC councilor stressed.

However Alamar clarified, "Pagmayna-draft na constitution, ibababa sa estudyante kung approve o hindi para masunod namin 'yung democratic process."

SSC also plans to bring Ephata back to circulation. Ephata is the official publication of the Supreme Student Council. Its circulation was temporarily stopped due to the publication's internal problems.

"Iba 'yung idea namin sa Ephata. Hindi lang pure writers ang gusto naming magsulat 'don. Ang gusto namin ay 'yung estudyante. Kasi maraming gustong magsulat... Ephata is for the common students, teachers, common na staff - kahit janitor pwedeng magsulat. Kahit English o Tagalog, puwede Galalac asserted.

To clarify rumors that Galalac was appointed to become Ephata's editor in chief, Galalac said: "Lilinawin 'ko lang hindi ako 'yung editor in chief 'non (Ephata). Parang organizer lang ako para masimulan 'yung Ephata."

SSC is hopeful that Ephata will be released on the last week of September. However, as of this writing, its list of editorial board and staff is not yet completed. And they're still looking for an adviser. "Most probably, sa Languages Department manggagaling 'yon," Galalac said.

"SSC is not made up of twelve councilors and represent-

see SSC... page 9

AÑONUEVO... *(from page 2)*

A was invited, including the students.

To further secure camaraderie among their members, FA officers formed the Faculty Cultural Group composed of the faculty chorale, faculty, teatro, and faculty folk and modern dance group. The group will be having its consolidated concert in February.

FA likewise held a sportsfest which was dubbed as LASALLYMPIC '95 - an intercolor sports

festival participated in by the DLSU-A staff, administrators, faculty and KABALIKAT members.

FA will also sponsor a classical concert at the lagoon on December. It will feature DLSU-Taft's concert band.

With the uptight plans in store, Añonuevo expressed that, "FA is not excluding itself from the community. We won't be here with out the staff, administrators and most especially the students."

SSC... *(from page 2)*

Richard Caballero, outgoing SSC president, expressed his heartfelt thanks to the DLSU-A community. He admitted that his term of office was a tumultuous one; nevertheless his batch's projects and services gave him a sense of self-fulfillment. To encourage the incoming batch, Caballero said, "I had the most wonderful time in school when I joined the SSC." Thus, he asked them to enjoy and do more projects than they did.

Jennifer Alamar, incoming SSC president, stressed her significant responsibility as president in her ac-

ceptance speech. She asserted her position of being without hypocrisy. She likewise disclosed that she is willing "to promote all that is worthy for the cause of her fellow students." Furthermore, she reiterated her willingness to take the risks "to ensure that students' rights and welfare are continually promoted and uplifted."

To face her critics who brag that she is doomed to fail like the others, Alamar retorted, "The others have failed because they failed to believe in the capacity of the ordinary Lasallian to take part and make a change..."

Dr. Herminia Torres, ex-

ecutive vice-president, congratulated the new SSC officers on behalf of Bro. Andrew Gonzalez, FSC, De La Salle University System president. As an advice, she stressed some pointers for them to follow. She asked them to organize their thoughts and be brave in speaking before groups. She informed them that the administration is open for suggestions to improve the DLSU-A facilities and the different curricula. "Be in close coordination with Heraldo Filipino," Dr. Torres said. "Have press releases on what your activities are. Help one another," she further said.

Dr. Torres also requested the SSC to reach out to all colleges in the university. She is hoping that the SSC should always keep in mind that they are in service to the studentry and to the entire academic community.

HF ... *(from page 3)*

be a very ethical journalist and be a damn good journalist at the same time," Japa asserted. "You can criticize unscrupulous people but be balanced. Quote him/her so that his/her bad personality will come out."

After the lectures, HF had an open forum where each editor and staffer aired his problems and sentiments.

LASALYAN... *(from page 1)*

Connie Reyes	1,592 votes	Tina Santos	1,395 votes	Carlo Batucan	255 votes
Ivhee Tan	1,574 votes	Johnny Israel	1,338 votes	Marianne Flores	243 votes
Francis Manela	1,538 votes	Marlon Pareja	1,377 votes	Mary Grace Fabregar	242 votes
Nancy Tibayan	1,455 votes	BA Representatives:		Rommel Sanchez	233 votes
Mark Ilagan	1,418 votes	Elaine Abud	417 votes	Jennifer Joy Cruz	232 votes
		Anatoly Javier	263 votes	Daniilo Manlangit	222 votes

see LASALYAN on page 9

Heraldo Filipino Short Story and Poem Writing Contests Mechanics

A. Eligibility

The contest is open to all undergraduate students of DLSU-A except present editors and staffers of Heraldo Filipino who were enrolled for at least one semester in the SY 1995-1996.

B. Category

There are two categories which are the short story writing and poem writing. Both have two divisions: English and Filipino.

C. Entry Requirements

1. All entries must be original, unpublished and must not have won previously in any award in other contests.
2. Entries must be submitted typewritten or computerized, double spaced on a regular sized bond paper in three copies.
3. A participant can send as many entries as he or she wishes but can only win once in each category.
4. Entry must be signed with a pen name only to be submitted in a short brown envelope. A separate sheet of paper should contain the author's pen and real name, entry title, course, year & section, home address, telephone number and signature.

D. Deadline of Submission

The deadline of submission is on December 1, 1995 not later than 5:00 pm at the Heraldo Filipino Office.

E. Criteria for Judging

All entries will be judged according to:
Originality and Substance 35%

Style and Artistry	35%
Organization	20%
Coherence	10%
	100%

The judges shall have the discretion not to award any prize if in their judgement no meritorious entry has been submitted.

F. Ownership of Entries

The authors shall retain ownership of entries. However, Heraldo Filipino shall have the right to publish or republish any winning or non-winning entry without payment other than the prize due.

G. Prizes

Short Story Writing:	Poem Writing:
1st Prize - P2,000.00 and a plaque	1st Prize - P1,500.00 and a certificate
2nd Prize - P1,500.00 and a plaque	2nd Prize - P1,000.00 and a certificate
3rd Prize - P1,000.00 and a plaque	3rd Prize - P500.00 and a certificate

H. Rules of the Contest

1. For the short story category, an entry must not be shorter than five (5) pages nor longer than twenty (20) pages.
2. In case of a tie in the same category, both entries may be declared winners and may receive the designated prizes individually.
3. Interested writers are free to choose their own theme, format and style.

ANNOUNCEMENT

Heraldo Filipino, official student publication of DLSU-A, will conduct a competitive examination for aspiring campus journalists this second semester.

The exam will be on October 30-31, 1995, from 8:00 -5:00 pm at the Heraldo Filipino Office.

Dedicated to its mission-vision of stimulating the cultural awareness of the whole DLSU-A community through theater, TEATRO LA SALLIANA launches the First DLSU-A InterCollege Theater Festival (Drama and Comedy).

Interested parties may inquire from their respective Deans or College Councils for requirements.

Please take note of the following dates:

- Sept. 26 --- Last day of registration (CAO Office)
- Dec. 16 --- Screening for the Drama category
- Dec. 18 --- Screening for the Comedy category
- Jan. 3 --- Announcement of Finalists
- Jan. 25 --- Theater Festival --- Comedy
- Jan. 26 --- Theater Festival --- Drama

For further information and for registration, kindly see Ms. Joy Parohinog, Teatro La Salliana President or Mr. George Tabang, Cultural Arts Coordinator at the CAO Office, 2nd flr. Admi. Bldg. (near HF Office).

SSC bares... (from page 8)

representatives. It is made up of 7,000 plus students of DLSU-A," thus were the words of Marlon Pareja, councilor, that may perhaps be true if SSC proceeds on its plan to tap the potentials of common students. SSC, which is mostly composed of the Lasalyan Party, wants to coordinate with its electoral nemesis, Sandigan Magdalo.

"For a good government to work, it must be willing to absorb possible enemies... *gagamitin mo sila, hindi 'yung gamitin na negative kundi...use their [Sandigan Magdalo] sports and intelligence. Coordinate with them. Kasi may alam sila na hindi namin alam...so why fight?*" Alamar said.

Alamar had already talked with Joseph Forrosuelo and Richard Valle, Sandigan Magdalo president and campaign manager respectively, regarding possible tie-ups that could lead to successful endeavors.

With regard to our athletes, Alamar said, "*Hindi na sila [DLSU-A athletes, represented by Nedy Sayoto, Physical Education and Recreation Coordinator] nagpapaniwala sa SSC dahil ginagamit lang silang issue 'pag elections, after that wala na silang nakukuhang suporta.*" Thus, SSC reassures them that they will receive its full support for the welfare of our athletes and for the promotion of sports in DLSU-A.

Joe Precia, Social Sciences faculty, is the new adviser of the SSC. Precia was chosen over two other recommendees submitted by the SSC to the Dean of Students, Laura Campos.

Decision Making

SSC asserts its right as an autonomous body apart from the DLSU-A administration but included in the DLSU-A community. Its decision making is based on the students' incitement.

"The decision is on the student body. This is how it really should work," Alamar said. "*Mag-aabide kami sa decision ng student body...hindi kami magpapa-influence sa administration pero makikipag-coordinate kami sa kanila. But not necessarily na kung ayaw nila, na babaguhin mo 'yung stand mo just because ayaw nila*"

"When it comes to decision making, *hahanapin mo kung saan magme-meet yung sa students at sa administration, added Santos. At least magkaroon ng meeting of mind, wala ng problema.*"

One instance where this conflict may occur is in the issue of tuition fee increase. It is a fact that DLSU-A increases its tuition fees every schoolyear, but with prior consultation from the students. SSC questions that consultation because even if students disagree, the increase still continues. Hence, Alamar is planning a proposal to let the consultation follow a "consensus building" process before a tuition fee hike.

"*Sana maipaglaban namin nang husto ang consensus building. Kunwari may faculty, may administration, may estudyante. 'yung estudyante, ayaw, yung faculty, ayaw...so you have a majority...Democratic na...may consensus pa galing sa nakakarami.*" Alamar explained that this is a more democratic process.

Supreme Student Concert?

After a series of concerts sponsored by the past SSC, it has earned the monicker - Supreme Student Concert. The preset SSC wants to do away with that stigma.

"Nawala na 'yung paggalang sa SSC," Alamar said. "We want to establish a genuine SSC. SSC is not there for fun."

However, Alamar said that life would be monotonous if there's no fun. Thus, a bandfest may probably happen this schoolyear although it's not on top of the list. They're prioritizing the students' problems and not the concerts.

"*Ang daming problemang lumabas pero hindi namin sinasabing lahat 'yon ay matutugunan namin.*" Alamar declared. "*We will break it down, kung ano 'yung ihaharap ng administration at sa college deans.*"

LASALYAN... (from page 8)

AS Representatives:

Jasper Ayson	329 votes
Britannicus Gomez	301 votes
Laurence Inciong	297 votes
Mary Avon Morales	260 votes
Ferdinand Ranjo	183 votes
Bethoven Medrano	146 votes
Richmond Wong	146 votes

PT Representatives:

Howell Labrador	151 votes
John Richard Salva	151 votes

SA Representatives:

Marlene Jaradal	184 votes
Emilyn Dave	180 votes

SN Representatives:

Domique Paclibar	325 votes
Christopher Gavida	320 votes
Christopher Hernandez	317 votes

Technology Representative:

Melchor Villanueva	117 votes
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RT Representatives:

Peter Lopez	54 votes
Lowella Magsino	52 votes

CLEAPS Representative:

Willie Sabater	146 votes
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Education Representative:

Lorvic Alfiler	50 votes
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BIM... (from page 4)

After a year of being a features staff, I was promoted as associate editor. I felt...wow! I was doubting of even becoming the features editor. But associate editor? This is too much.

So associate editor it is. But never in my wildest dreams have I aspired to be the editor in chief. It had crossed my mind a couple of times, but I didn't think of it seriously.

Ager Publicus... (from page 5)

these policies for so many reasons. Wearing of IDs inside the campus threatens the privacy of a person. If for instance the name of the person sounds unusual, he/she might be ridiculed for reason of public display of his/her name.

But wait a second, I know for a fact that it is not only the students who should wear their IDs inside the school, but the teachers and administrators are also obliged to observe the same policy.

Excuse me Security Guards and Discipline Officers, maybe you need more guts to prove your implementing authority over teachers and administrators concerned.

Wearing of "sando" instead of white t-shirts will not solve the problem of the wearing of proper uniform. The administration reasoned out that with this policy, students would be prevented from removing their polo shirts while inside the campus.

How can the administration be sure that the students will not remove their polos even while wearing the sandos? Is it a lewd thing to discard one's polo when a student is inconveniently studying his lesson during a sweltering afternoon inside the kubo? Students, especially those of the higher year, were forced to buy a new set of sando just to suit this particular policy. Perhaps, there is no need to formulate such policy if only a tighter observance of the uniform is done by the respective teachers inside their classes.

The plan to require a student to wear uniform whether he/she has a scheduled class for the day or not, is impractical. It would be inconvenient for a student residing in Manila or in distant places to wear the school uniform just to pass his/her assignment or talk to a particular person and leave so soon.

It might be a part of the policy alright, but the effort of the students are painstakingly exhausting.

All pregnant students should present their marriage contract to the Dean of Students before they may be allowed to continue their studies. According to some students, this plan is unreasonable. But let me tell you of the side of the administration. As a student belonging to a Catholic school,

Thrash Out... (from page 5)

questions in their minds. I assure whoever concerns this, that the students were "unwilling" in signing the confirmation regarding these new policies. The students had no alternative choice.

I believe the administration is implementing these policies in belief that these will lessen student violations, especially in uniform. For who would be brave enough to remove his polo and expose his hairy armpit?

Pin your ID, wear your sando with the prescribed uniform even on washdays during exam weeks for the sake of security and order. These I have nothing against, security and order must be prioritized, but there must be a better way (like redefining and expanding guards' role). Furthermore, there must be a democratic process of deliberation before making policies.

It is evident that the administration sometimes fumbles in its decisions, like the scrapped policy on pregnant students and years back the policy that bans long hair. This is an indication that they need to get as many suggestions as they can from the students. What's worse is that the students, in their indulgence in passivity, bite these things off and swallow them like real food.

Isn't time for YOU, my fellow students to speak up?

Students from colleges who already have and will have their nameplates

After another year, I became the editor in chief, which came to me as a surprise. I didn't know whether to be glad or be sad, because at that time, Heraldo was in shambles.

The two and a half years I spent with Heraldo has been very fruitful. I learned so much about journalism, about other people, and most of all about myself.

There were many problems facing Heraldo, but I had more fun than frustrations. All the outings, the laughters,

the friends I gained.

It's so hard to leave something which has been in your system, and in your heart for quite some time. There's a great sense of loss, especially when you enjoyed what you were doing. But because of other priorities, other aspirations in life, one must choose one thing over another to be able to move forward.

As I leave, I know that Heraldo Filipino will be in good hands.

To all HF people, keep the faith. May God be with you as you endure to carry on the battle.

Thank you and good luck!

Fair Play... (from page 14)

have God as our Father and even as our Coach. (It is man's basic need to have a personal relationship with his Creator through a working faith). We may experience defeat but in the end, all those who truly love God, will be gloriously victorious!

It may be an important reminder to say that after a trial has been gone through, another trial will come one after another...for we live in a world where the real enemy - Satan exists. But in the twilight years of our life, there is nothing better than to be able to claim and say these words of St. Paul:

"I have fought the good fight, I have finished the race, I have kept the faith. Now there is in store for me a crown of righteousness, which the Lord, the righteous Judge, will award to me on that day - and not only to me but also to all who have longed for his appearing." (2 Timothy 4:7-8)

dialogue should have been done before implementing the policies," a student said.

"A trip back to high school. Kulang na lang ng trolley" was what others felt. Others commented, "Para akong nagiatrabaho sa factory nito ah!"

But whatever happens, the policies are deemed to stay, Dr. Herminia Torres, EVP, DLSU-A, stressed. She said, "....."

Maybe, the only thing left for us students to do is to buckle our belts and give the new policies a chance. We are enrolled in this institution and it seems that we have no other decent options left than to follow. Based on the comments and reactions of the students, it is up to the critical thinking and the Lasallian hearts of our administrators to take into consideration what policies are to be retained and what are to be eventually scrapped after deliberations.

In the long run, the manner of implementation will serve as the culprit. Whether it turns out successful or not, a student might opt to react: *Policy or Police eh!*

won't have to wear them inside the campus since they already have their respective IDs pinned (unless the Christmas tree look has an appeal to them). The policy doesn't excuse students from pinning their IDs even if they have the nameplate.

By now, most students are grumbling about how things have turned out for their uniforms. Why, have they done anything to prevent these policies from taking effect? May this be a lesson to us. If the administration, or anyone else for that matter, tries to feed us something we don't want, we have the right to stand up, speak and say NO! If only the students aired their objections before the implementation, they could have saved themselves from the need to pin their IDs and wear their sandos.

Therefore, it pays to be active in school affairs and to become aware of the school issues. I, then, call on all students to support, or much better, join student organizations, especially the College Councils, the Supreme Student Council (SSC) and the **Heraldo Filipino**.

HF is the watchdog of DLSU-A (and it's not the administration's puppy). It is solely funded by the students for the students. Haven't you noticed it's the only publication in school that has the guts to oppose the administration and show it its mistakes? It is also vigilant in showing not only the good side but likewise the bad side of DLSU-A, the

purpose of which is to serve the welfare of the students. Although the administration has already suggested to us to stop publishing the corrupt and immoral actions of some deans and faculty, **Heraldo** still goes on and on - until the students are informed.

What then, are you brave enough to join **Heraldo Filipino**? We are at present in grave need of writers, reporters, artists and photographers. Try to take the qualifying exam; there's no harm in doing so. And even if you're not a bonafide member, you can still send in contributions - news, feature, literary or sports articles, or cartoons and we will publish them so long as they are sensible and ethical.

Let us all join hands to search and proclaim the truth. For what is worse than to tell a lie is to have known the truth to keep them from those who need it to be free. **The truth will set us free** - this is why **Heraldo Filipino** is here, to search the truth, to proclaim it and to fight for it!

By the way, the title, is entitled the first and the last since this column appears here for the first time and, at the same time, I want to say goodbye and goodluck to all, especially to the **HF Editorial board**, all the staff especially the **news staff** and to our industrious adviser, Ms. Lucille Rivera. Don't lose faith guys, so long as we are for the truth, we will keep on fighting! God bless you all.

The edge of dance exercise

by Brenda T. Fajayo

PACING with the trends of time, modern individuals become more aware of the pleasurable and practical benefits of exercise. More and more people are now engaged in different sports and exercise programs. These activities slowly become an essential part of a daily routine.

One of the latest trends nowadays is aerobic dancing. People start to get hooked to it especially upon knowing that this program can be attuned by everyone

of all ages. One can do this alone, but of course it's more fun when one is in a group. It can also be done at home, but preferably, a gym is a suitable place.

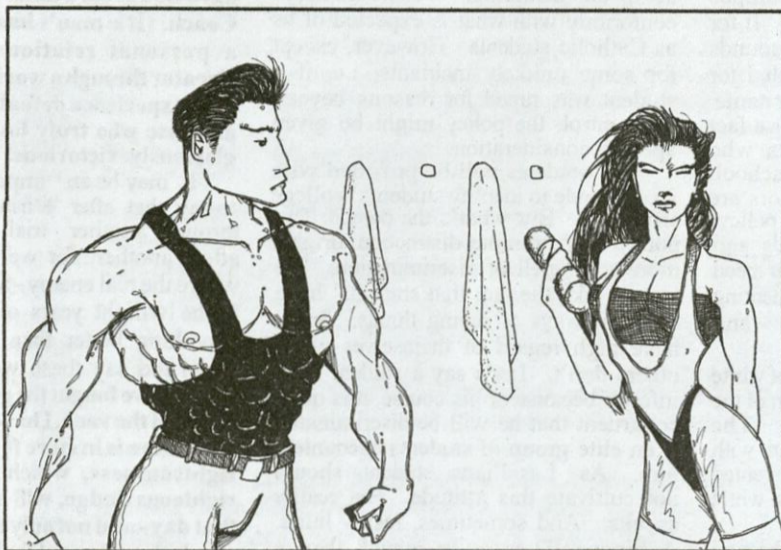
Aerobic dancing is very easy, natural, pleasurable and satisfying.

Dancing is done rhythmically with the accompaniment of music. It's not just dancing but it likewise gives opportunity for self-expression.

Aerobics refers to a variety of activities and exercises that stimulate heart and lung function

vessels to transport oxygen to meet the needs of the different parts of the body.

Regular workout makes the parts of the body function better. It enables one to perform more physical activities without strain. Aerobic



for a time period long enough to produce and maintain cardiovascular endurance and efficiency. Other heart stimulators are running, swimming, cycling, jogging, rope skipping and dancing. These activities increase the ability of the blood

exercises may result to shedding off inches and pounds of "baby fats." Moreover, they help develop grace and poise.

A fit and healthy body can be gained from aerobic dancing. So get into those workout clothes and let the music take control.

NUCLEAR WEAPONS : Grave Human Destruction

by Nohriny R. Evangelista

It has been fifty years ago when the whole world tumbled into a portentous cataclysm due to the vehement World War II. The outbreak destroyed infinite number of lives and created a sea of blood. The raging fury left a scar of humiliation that couldn't ever be effaced in the history of man. One of the most destructing events was the bombing of Hiroshima and Nagasaki in Japan. This bombing has been the initial and hopefully the final upheaval of human insanity.

It has been half a decade (August 6, 1945) but the unenviable aftermath is still threatening the sound lives of a number of casualties.

There are 16 notable nuclear accidents worldwide:

December 2, 1952: In Canada, an employee's error led to a million gallons of radioactive water leaking inside an experimental nuclear reactor. It took six months to clean this up.

October 7-10 1957: At Windscale Pile in north of Liverpool England, there was an accidental release of radioactive material, plutonium. Thirty nine cancer victims were reported.

1957 - A nuclear accident in the weapons facility in

Soviet Union took place.

May 23, 1958 - An over heated fuel rod in Chalk River Canada took months to be cleaned up.

January 3, 1961 - Three servicemen were killed due to the explosion of an experimental reactor in Idaho Falls.

October 5, 1968 - An experimental breeder in the reactor of fuel core melted. No casualty was reported but high radiation inside the plant resulted. Subsequently, it was closed in 1972.

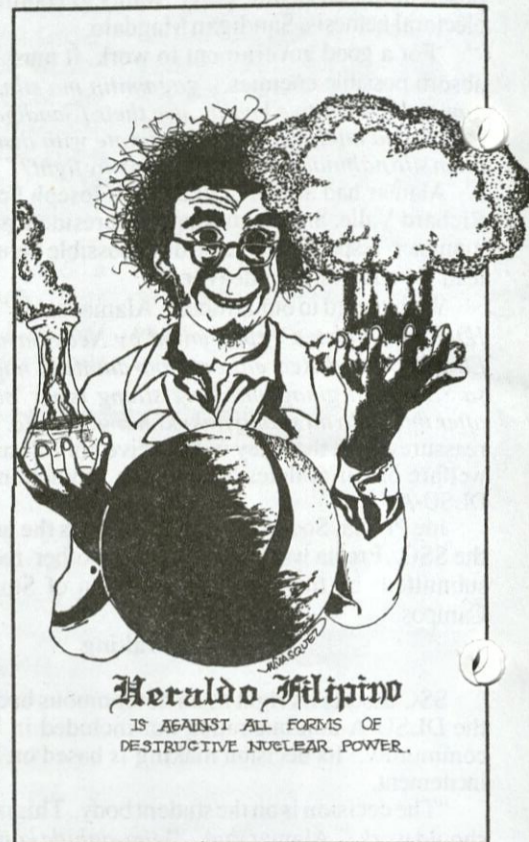
October 17, 1969 - In France, fuel loading error led to partial meltdown. No injuries occurred except for the escape of some radioactive materials.

November 19, 1971 - More than 50,000 gallons of radioactive waste water flowed into the Mississippi river.

March 22, 1975 - Brown's ferry reactor caused over \$150M damage.

March 28, 1979 - The partial meltdown and

see NUCLEAR next page



Eat right to prolong life

by Brenda T. Fajayo

OUR daily living consists of a lot of activities. One of the most common is eating.

Most of us mistakenly treat eating as just a regular activity which incorporates food --any food. This concept is wrong. Oftentimes, we eat to avoid hunger and avoid being sick. But have you noticed that there are people who eat regularly but still get sick? It is because they choose the wrong food or their food intake is not enough to supply the energy they need.

Mary Anne Vargas, Nutrition Express president, offers health tips that will help people stay healthy and energetic.

There are three criteria in the selection of healthy food:

- * Eat more fresh and raw foods which are grown locally.
- * Eat more wholesome food, unprocessed and unadulterated food
- * Eat more vegetarian food as most of us tend to eat

excessive quantity of animal proteins to the tune of four to five times of what our body requires.

Most healthy foods which give you energy:

- * raw nuts and seeds
- * fresh raw vegetables and mushrooms
- * freshly made vegetable juices
- * fresh, raw fruit and freshly squeezed fruit juice
- * fresh raw sprouts
- * unprocessed seaweed
- * miso

- * homemade salad dressings of lemon juice, oil and vinegar, pured avocado and nut and seed creams
- * whole grain breads without preservatives, homemade breads, whole grain quick breads, whole grain quick breads with no sugar
- * whole grain crackers without cooking oil or fat
- * raw vegetable sticks
- * sun-dried fruits, dried fruit cookies, raw fruit cakes or fresh fruit ice cream

oatmeal cookies, unsweetened dry cereal, whole grain crackers made with oil

- * cooked fruits, custards, whole wheat cakes, pies, cookies, sweetened with date sugar, condensed frozen apple juice or honey
- * hulled grains

On the opposite end, foods that may destroy health are:

- * roasted, oiled, salted nuts and seeds
- * canned meat, vegetable or soup with preservatives

- * fruits canned in heavy syrup, candied and preserved
- * processed meat
- * commercial dressings and sauces containing artificial coloring; flavoring preservatives and synthetic, nutritionless ingredients

- * white bread, white flour, sugar, sweet muffins, white biscuits and breakfast sweet rolls containing sugar and

caffeine

- * white flour crackers, salted, artificially colored cheese crackers with cooking fat and preservatives
- * potato chips, pretzels, snack packs of crackers, processed cheese, instant noodles
- * hamburger, French fries, pizzas
- * candy bar, cookies, sugared cereals, bakery goods, sulphured dried fruits, chocolates, ice creams
- * "juice-flavored" drinks, all kinds of soft drinks, coffee, tea

Moderately healthy foods which give medium to low energy:

- * dry roasted nuts and seeds
- * slightly steamed fresh vegetables
- * frozen or slightly cooked fruits
- * homemade dressings of yogurt, spiced oil and vinegar, mayonnaise without artificial ingredients, dressings without preservatives
- * wheat breads made with white flour and bran or cracked wheat, honey bran muffins
- * whole grain crackers with cooking fat
- * popcorn, cocoa milk, honey



Beware of the untold hazards of exercise

by Nohriny R. Evangelista

INDEED, a lot of folks have invaded diverse "gym arena". Their unconscious existence was triggered and aroused by sensationalized bandwagon commercials about body fitness, aerobics, and body-building rituals. Contemplate for a while! Why do you think a lot of people have indulged in this kind of activity or should I say, a hobby. Maybe, they are becoming health conscious. They frenzy over corporal prowess, or they are just merely looking for an outlet to release their whole day tension and anxiety. People are goaded by a broad range of health benefits that physical activities can offer.

Our body mechanism is inevitably yearning for exercise. Can you imagine these DONT's: Dont stand when you can sit, and do not sit if you can lie, and don't move if you can lie still. These lines are quite exemplifying a dilemma. Well, try doing these things. I'll give you a year, absolutely, you'll get weaker and weaker and sicker and sicker. That is definitely the result of performing no exercise at all.

Workout is designed for everybody. Young and old, fat and thin, or rich and poor. You can do it by yourself. However, there are mounting evidences that excessive exercise increases the risk of injury. Exercise does enhance the immune response --but only to a point. Too much exercise can depress the immune system, said Dr. Thomas Tomasi. Studies by Dr. Kenneth H. Cooper, director of Aerobics Research, showed that most people experience a "training effect" --i.e., the point at which maximum amount of oxygen is being pushed out to all parts of the body. This can be achieved in only 20 to 45 minutes of aerobics activity, 3 to 4 times a week. After that, additional effort doesn't pay off. In fact it may be detrimental.

A case recorded was on a man who kept himself in shape by swimming several times a week. Eventually, he switched to cross-country skiing -- quickly working up to nearly 15 miles a day. He obtained a strong psychological lift from his daily outings. He ignored the aching of his hips. Subsequently, he could not even bend to tie his shoelace. Medical examination revealed the problem. Osteoarthritis, aggravated by excessive exercise, had virtually destroyed his hips.

Behind this lengthening injury list is the boom in aerobic exercise. Today, millions of people exercise regularly. Many are runners, joggers, while others get their aerobic benefits from walking, swimming, cycling, calisthenics, vigorous dancing, skiing or bouncing up and down in front of the TV set to the beat of exercise program.

To eat or not to eat pork

by Brenda T. Fajayo

THE consuming public was threatened to eat pork since the outbreak of the Foot and Mouth Disease (FMD). Meat vendors in different markets admitted that the FMD news decreased the demand for meat. It greatly affected their sales because consumers now prefer other commodities like chicken, fish and vegetables.

But in spite of all the cautions, some are not even bothered by the information and still continue to eat pork. There are also some who keep on having second thoughts whether to buy or not to buy everytime they encounter pork dishes in restaurants. Is it really safe to eat pork?

FMD is an airborne virus which spreads rapidly and infects almost all cloven-footed animals. Symptoms include lesions found in the mouth and hoof of the animals. FMD is a self-limiting disease. Infected animals can recover clinically in two to three weeks even

without any treatment as long as they do not get secondary complications.

On the other hand, the FMD virus was found neither human pathogen nor a health risk to human population. The infected animals and the meat products obtained from them were not considered a problem to public health.

Now, the consumers do not have to be anxious of eating pork even if the delirium over the FMD is still being intensified. Ueli Kihm, president of the Office of International Des Epizooties-Subcommission for FMD in Southeast Asia, confirmed that FMD is not a public health hazard because humans are not considered as a susceptible target. This was verified in a letter to the Department of Agriculture. Likewise, some other government agencies and private sectors assured that it is still safe to eat pork in spite of the FMD epidemic.



Slims obsessed to lose weight

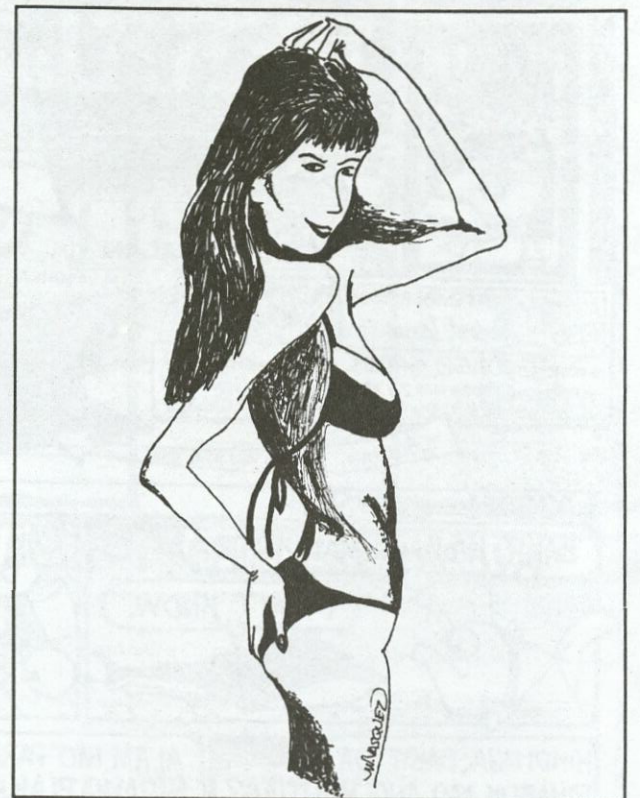
by Brenda T. Fajayo

DO you know of someone who is already slim and is still obsessed to lose weight? Some people wish to have nothing more than just a normal diet to lose some body weight. They vary in reasons, but most of the time they associate their body weight and appearance with their ability to perform successfully.

There is a disease called *Anorexia nervosa* wherein a person, for one reason or another, develops a psychologic aversion to food of any variety. For more than a period of weeks or months, the person suffers a pathologic weight loss.

Anorexia has been observed most commonly in young women, but some men also experience it. It has been reported that it's often found among athletes.

An anorexic person becomes obsessed with dieting. It begins by skipping one meal a day and eventually the person starts eating nothing for several days. Anorexic persons are no longer difficult to find. They are the ones who enjoy a full good meal and quickly proceed to the restroom where they will force themselves to regurgitate the food that was consumed. Anorexia is considered as a



psychological problem. This disease can even lead to death due to total starvation. Take the case of Karen Carpenter, the other half of the famous 70's duo, The Carpenters.

Since anorexia is regarded as a psychological dilemma, the treatment is already beyond the domain of a physical or health educator. The person suffering from anorexia should be referred

to a clinical psychologist but still, this is not surely successful. The best way to treat an anorexic person is by helping him realize that there is a problem existing and that he needs a professional help. In that case, the patient will voluntarily accept the help, and only then when the treatments will be successful.

NUCLEAR... (from page 10)

radioactive materials were released into the atmosphere. Many considered it as the nation's worst commercial nuclear mishap. It happened in Pennsylvania.

August 7, 1979 - Accidental release of uranium took place. One thousand people were affected by radiation.

February 11, 1981 - Eight workers were exposed to radiation in Tennessee Valley. Over 100,000 gallons of radioactive coolant leaked into the containment building.

April 25, 1981 - Many workers were exposed to radioactive materials in Japan.

January 25, 1982 - In New York, a small amount of radioactive substance coming from a tube escaped into the atmosphere.

April 19, 1984 - a super heated radioactive water erupted.

June 9, 1985 - In Ohio, a cooling water supply was damaged due to human and equipment error.

The repercussions seemed to have one common denominator--DESTRUCTION.

Nuclear energy is a reaction in atomic nucleus to generate power for "peaceful purposes". The reaction may involve fission -- the splitting of the nucleus, or fusion -- the union of two nuclei. In present usage, nuclear energy production by fission is greatly employed because this is currently the only commercially feasible method.

The hazard of establishing a nuclear power plant reclines in its storage and disposal. The radioactive waste can clench a high level of radioactivity that can last for a thousand years. It consists of radioisotopes in the form of *zirconium, strontium, cesium, and plutonium*. Some of its component have an effect that can last for 600 to 1000 years. Eventhough plutonium manifests a weak radiation, if one inhales even a dust, he shall suffer from lung cancer. Strontium also penetrates the bone cells and destroys the surrounding tissues. Marie Curie, who discovered radium, died of leukemia due to excessive exposure to it.

If we are to revert the root cause of the escalation of nuclear power and warfare, we can proficiently ascertain the culprit. Man is undoubtedly an insatiable being. He is hankering for power and dominion. He is thirsty for victory and fame. Above all, he is obsessed with the material things though beyond the limits of nature and farther than what is necessary.

Our most cherished nature is being tormented by this nuclear power -- a nightmare which continues to haunt the Japanese people. Now, it's the French's turn. They have initiated their own nuclear testings to show supremacy over mankind, although the world is against it, for it portends violence.

Certainly, we are travelling along a blind alley. An impasse of no point of retaliation. We may already be dead when the horror starts. Even the next generation can never escape its vengeance; and the only way left to save mankind is to "live and let others live."

Summary of Scholars

Ist Semester, SY 1995-1996

Financial Aid Grantees:	100% - 56	50% - 1
	75% - 1	25% - 7
	50% - 42	
Financial Aid Full Scholar: Tuition & misc. fees	- 1	CMT Scholar:
Entrance Scholar: Valedictorian (100%) Pre-PT 6	- 5	100% - 1
Salutatorian (50%) Pre-PT 5	- 18	85% - 1
		75% - 5
Academic Scholar:	75% - 1	50% - 13
	50% - 9	50% - 20
Supreme Student Council :	100% - 2	Varsity Players: 25% Tuition Fee
PD 577:	100% - 7	Volleyball (Women) - 11
ASCCOM (Apalit Grantee) :	100% - 5	Volleyball (Men) - 12
Skills for Employment		Football - 15
Scholarship Program (SESP):	100% - 2	Basketball (Women) - 15
Police Science: Tuition and misc. fees	- 30	Baseball - 15
DLSU-A faculty: 100% Tuition/ misc. fees	- 52	Table tennis (Men) - 5
Library fees only	- 8	Table tennis (Women) - 5
	25% - 3	Swimming (Women) - 10
DLSU-A Nonteaching : 100% Tuition/misc fees	- 10	Swimming (Men) - 12
Library fees only	- 6	Track & Field (Men) - 9
Doctor in Education: 25% Tuition fee	- 4	Track & Field (Women) - 7
Employee's Dependent (DLSU-A): 100%	- 11	Basketball (Men) - 21
Employee's Dependent (Hermano): 100%	- 16	Taekwondo (Men) - 8
Hermano (San) Miguel Employee: 100%	- 3	Taekwondo (Women) - 8
Hermano (San) Miguel Employee 100%		
Tuition/Library fees	- 5	TOTAL NUMBER OF SCHOLARS - 527
PCI Bank : P5,000/semester	- 1	TOTAL AMOUNT : P 1,205,903.17
North Mexico Endowment Fund Scholar : 100%	- 1	
tuition/misc. fees	- 1	
Heraldo Staffer:	100% - 1	Addendum
	75% - 5	POLCA Scholar: 100% Tuition fee - 4

DIXI... (from page 6)

of this institution school since we are in a student publication.

By the way, I decided to discuss this matter in my introductory column to make you people realize that a writer is a writer. There is a great distinction between your function and mine.

It is indeed risky to be a writer. I remember a line in a poem that goes, "Only a person who risks is free." They say it takes a lot to be one, at least I took the risk and I conquered fear. Whatever it takes, at least, I have spoken. Thank God for the courage. Finally, I have spoken.

Inxs:

We are now accepting contributions (poems and short stories) for Palad. Topics about romantic love are not encouraged.

HERALDO
doodles

forever

OCTOBER 1995 \$0.00 DLSUA

HERALDO
Doodles

EK-EK-TUTA TUTA-TUTA EK-EK

DOODLES

SOME PEOPLE EAT MEAT... SOME EAT VEGETABLES... OTHERS EAT BOTH... BUT THEY HAVE ONE THING IN COMMON... THEY EAT WHAT THEY CAN. *Milagron nila ang kaya nila.* THE STUDENTS SAY NO, THE ADMI. SAYS YES, WHICH OF WHO SHALL PREVAIL... THE ADMI. MADE A NEW POLICY... POLICIES... APPROVED... FINAL... THEN... D' CONSULTATION TO D' STUDENTS. EAT MY \$#!@ CONSULTATION... THE CONSULTATION WAS JUST D' PRESENTATION OF NEW LAWS... WHETHER THE STUDENTS LIKE IT OR NOT... IT'S APPROVED... IS FINAL. **HEY THIS AINT' MARITAL LAW!!?** THEY CAN'T EAT US... WE'R STUDENTS... WE'R PEOPLE... VOX POPULI, VOX DEI... & DEI=JUSTICE... DEMOCRACY! Prerogative, yes... but whatever happened to DEMOCRACY? SOME STUDENTS 'R TUTA... OTHERS 'R NOT AND THOSE OTHERS WHO 'R NOT 'R LEARNING FROM THEIR PROFESSORS... SEARNING FR THE LESSONS OF HISTORY, ETHICS, THEOLOGY, ETC... WE, THE STUDENTS, CAN NEVER LET D' PAIN OF THE JAWIS OF THOSE WHO DRY ON US TEAR US ADART... Democracy will prevail... and Justice will be served... (Art editor, FAGUSTIN '95) **Boo! OCT 1995**

THOU SHALT NOT DISOBEY THY ADMINISTRATOR'S NEW POLICIES... OR ELSE... LOOK FOR ANOTHER SCHOOL!?!
"Dehins ako tuta... PALAKA ako!!" by NORAI V.

JUST IN TIME FOR HALLOWEEN... ABDUL GIVES 'D BADMINISTRATION SOMETHING TO FEAR... AWOO.

...ZZZZZ...
Bye BILLY.
I'M A VEGETARIAN.

ABDUL ©1994 F.AGUSTIN HERALDO FILIPINO®

ABDUL, WHAT DO YOU CALL A MAN WHO THINKS THE ADMINISTRATION IS AGAINST HIM?

A REALIST

AKA'BA KO TUTA KA? BOWOW!
ABDUL AKO! FAGUSTIN '95

DIK BROWNE -- IPR! OCT. 20, 1995 + V

DEDICATED TO MY IMMORTAL BELOVED--XXX--

ANG DI-PAGDEMOKRASYA
Sa simula'y ang De La Salle University-Aguinaldo, by FAGUSTIN

At ito'y napakaganda.
At namuhay ang Administration Council sa ibabaw ng De La Salle-Aguinaldo. At sinabi niya:
"Gumawa tayo ng batas na magbabawal sa pag-susuo ng T-shirt na pan-loob sa polo ng mga kalalakihan. Dapat ay SANDO lamang."
At binalutan ng Admi. Council ang DLSU ng SANDO.
At sinabi ng Admi. Council: "Mabuti ito."

Sa ikalawang araw,
minasdan ng Admi. Council ang mga buntis na estudyante sa De La Salle University-Aguinaldo.
At sinabi niya: "Lahat ng buntis na estudyante ay dapat mag-present ng Marriage Contract kung gusto nilang mag-aral dito sa paaralang DLSU."
At inaprubahan nga ng Admi. Council iyon.
Napilitang magpakasal ang mga estudyanteng buntis, at nabuntis, aksidente man, o hindi, na-rape o hindi.
At sinabi ng Admi. Council: "Mabuti ito." **SUBALIT...**

PATULUY PA RIN ITONG PINAG-UUSAPAN...

Sa ikatlong araw,
Minalas ng Admi. Council ang mga Identification Cards (ID) ng mga estudyante sa De La Salle.
At ang mga ito'y nananahimik sa bula sa pitaka ng mga estudyante. At sinabi niya:
"Ipasuot natin ang mga ID ng estudyante at lagyan natin sila ng color coding upang hindi mahirapan ang mga Guards at Discipline Officers sa pag-bisitasat ng mga ito."
At ginawa nga ng Admi. Council iyon. At itong sem. na ito, dapat ay isuot na ang ID ng mga estudyante.
At sinabi ng Admi. Council: "Mabuti ito."

Sa ikapat na araw,
Napansin ng Admi. Council ang mga estudyanteng nag-papagabi sa De La Salle University-Aguinaldo. At sinabi niya:
"Ipagbawal na natin ang mga estudyanteng nagpapagabi sa De La Salle... for security reasons."
At ito'y kanilang inaprubahan,
At sinabi ng Administration Council: "Mabuti ito."

Sa ikalimang araw,
Napansin ng Admi. Council ang mga estudyanteng hindi nakauniporme na pumapasok ng De La Salle kung wala silang klase. At sinabi ng Admi. Council:
"Kahit na may pasok o wala ang estudyante, siya ay dapat magsuot ng uniporme kung gusto niyang pumasok sa loob ng De La Salle. Lunes, Martes, Huwebes o kahit na Biyernes."
At sinabi ng Administration Council: "Mabuti ito."

Sa ikaanim na araw,
Minalas ng Admi. Council ang mga patakaran ukol sa pag-susuo ng uniporme tuwing 'Examination Week'. At sinabi niya: "Tuwing Examination Week, wala ng 'Wash day'. Lahat ng estudyante ay dapat na magsuot ng uniporme."
At inaprubahan nga ng Admi. Council iyon.
At sinabi ng Administration Council: "Mabuti ito." **Subalit... ulit... patuluy pa rin itong pinag-uusapan...**

Sa ikapitong araw,
nagpahinga ang Administration Council.
At lumukob sa De La Salle University-Aguinaldo ang katahimikan at kamatayan.
Wala na ang Demokrasya sa De La Salle.
Wala na rin ang mga estudyanteng nag-aaral dito.
Wala na ring De La Salle University-Aguinaldo...
at Wala na ring Administration Council...
At mabuti iyon!!?
HAR-HAR-HAR!

ACTIVISTO! 1995 FAGUSTIN HERALDO FILIPINO® DURING THE LIFE... Feudal Era... IPR! OCT. 21, 1995

THIS IS AN ID...
DELASALLE UNIVERSITY-AGUINALDO
TEL. BOOTH 200031921
TUTA DEL ADMIN
AB EYPSHIP
I-PIN MO!

THIS IS A SANDO...
SUOT MO!

THIS IS WASH DAY...
SUOT MO RIN!
POLO FOR WASH DAY?
SUOT MO RIN!

THIS IS FINAL...
NEW POLICY--
APPROVED!
ABA, HINDI PA NAG-PEPRELIMS A!

THIS IS ADMINISTRATION COUNCIL'S PREROGATIVE...
"we have the authority..."
THE PREROGATIVE...
ANO YON, NAKAKAIN BA 'YON?

...AND THIS IS DEMOCRACY IN DLSU-Aguinaldo...
NASAAN?
FAGUSTIN '95

6:30 AM...
"PARE, KAILANGAN KO PA BANG MAGLAGAY NG UNDERARM DEODORANT BAGO PUMASOK SA KLASA?"

HMP!
"HINDI NA KAILANGAN PARE, HINDI KA NAMAN NAGTATAAS NG KAMAY!"

I'M A RARE ENGLISH SPEAKING PHILIPPINE FROG...
... I CONSIDER MYSELF AS A PRE-EXTINCT SPECIMEN.

I-DA-DISECT PA RIN KITA.
BOBO...

TUTA DEL ADMIN ART BY M.VASQUEZ WRITTEN BY NORAI 10 23 95
IPAKITA NATIN SA MGA TAO NA IBA ANG DLSU-AGUINALDO!

ITO'Y IMPORTANTE NA MAKITA NILA NA TAYO'Y ISANG "BIG HAPPY FAMILY" INTENDES?

BEFORE...
WOW POGI!

NOW...
YUK KADRI...
SHI...
NGE!!
POGI-TA SA! KILI-KILI...

YES MOMMY!
BOWOW-WOW ART-ART

FEEDBACK
We want to hear from you... WHAT'S ON YOUR MIND? SPEAK OUT! ANY JOKES, COMICS, REACTIONS... 2ND FLR. ADMIN BUILD. **NUFF SAID!!!**

Take note of the following activities of the DLSU-A athletes:

November 15,16,17 - Provincial PRISAA
November 18 - NCRAA Opening
at Cuneta Astrodome



HERALDO SPORTS

DLSU-A inaugurates new swimming pool

by Analyn D. Alcalá

DLSU-A held the blessing and inauguration of its recently constructed olympic sized swimming pool on October 28 at the Palaruang La Salle (PLS).

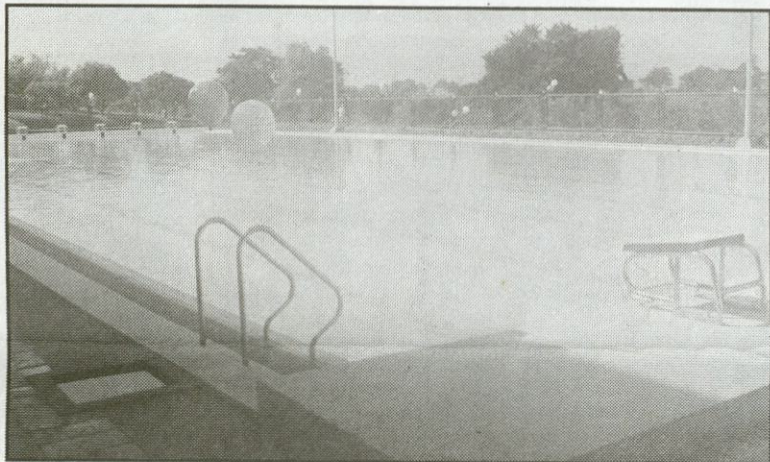
The activity featured messages from Bro. Andrew B. Gonzalez, FSC, DLSU System president, and Dr. Herminia D. Torres, executive vice president; ribbon cutting by Bro. Benildo Feliciano, FSC, Brother Provincial; blessing by Fr. Kurt Roters, SSCC, university chaplain; and swimming exhibition by the faculty members of the PEAR Department.

Next to De La Salle Santiago Zobel School, DLSU-Aguinaldo is the second La Salle school to have constructed an olympic sized swimming pool. It is one of the proposed projects of the La Salle brothers which aims to benefit the studentry.

An estimated total of P 5.2 million was allotted for the pool and an additional P 2 million for the civil works.

Swimming classes under Physical Education which were usually conducted outside the school will now be held at PLS. The swimming pool will also be of great advantage to varsity swimmers because they can now conduct their regular practices and trainings in preparation for future competitions.

Students who are not enrolled in PE classes, faculty and outsiders may use the pool but they have to pay an entrance fee.



CAS sportsfest kicks off

by Nathaniel S. Golla

THE College of Arts and Sciences Student Council (CASSC) once again fulfilled its vow to instill unity among the students through the opening of CAS sportsfest on August 12 at the Palaruang La Salle (PLS).

During the opening, courses under CAS, namely AB Psychology, AB Political Science, BS Biology, BS Computer Science and AB Philosophy paraded their finest athletes.

Weeks before the opening, each course had its respective try outs to sift out the best of the best in each course. Even DLSU-A varsity players were welcomed and treated as "equals" to plain sports enthusiasts. Thus far, these chosen athletes, both men and women were expected to showcase their athletic prowess in their bid for physical supremacy.

The sportsfest has four events: basketball, volleyball, table tennis and swimming. For the students' convenience, the games were held every Saturday until the month of October. Swimming events, however, will happen on the later part of the event because the swimming pool is still being furnished.

CASSC sports coordinator Connie Reyes expressed her optimism regarding the spectacle's probable outcome, "I fervently hope that we could somehow meet our objectives, that is, to promote unity and cooperation among the students through the art of sports."

The activity was meant to establish unity and camaraderie among the members of the college. Thus, there are really no losers, but all are winners.

College... (from page 7)

knowledge that the school library is too far from the college. It becomes impractical and difficult for the students to conduct research works.

Adding to that, a Technology student remarked that the school library doesn't have enough books on electronics and automotive. However, in the July issue of the Bookshelf, a monthly bulletin of Aklatang Emilio Aguinaldo, it was reported that 230 titles and 289 volumes were acquired for the months of June and July. New books on automotives, electronics and repairs were added to the library collection.

But then Lontoc, with full support of the whole College of Technology, will still push through with the proposal for a mini library. Faculty members are willing to donate books and even provide monetary assistance to support it. Student activities will also be conducted to strengthen the project, if ever the proposal is approved.

Pain and Suffering

Ouch!, that hurts...Ouch again!, that really hurts...

There are times when we go through a lot of pain and trouble while flexing our bodies in training - lifting weights, push ups, stretching etc. This is true not only to athletes but also to us - ordinary students. We wake up in the morning, attend classes, go through a lot of stress, study our lessons, sometimes to the point when we have to stay awake until the wee hours of the morning just to accomplish mental calisthenics. I heard of one who said, "*Ang hirap mag-aral ngalay na ngalay na ang utak ko!*" But to experience pain is necessary for us to reach our goals.

Pain and suffering are a prerequisite, and highly needed for athletes to reach the top and to maintain their bodies in good shape. No pain, no gain, as the saying goes.

This reminds me of an ad that says, "Life is like a sports game." There is truth to that. In life, we encounter many troubles and pains. But after these are gone through and conquered, we see ourselves as stronger than before. Life's troubles are essential for our growth into maturity and for us to build a good character.

When we think we are strong enough, fast enough, smart enough or let's just say, good enough, that is when we are weak. We have to constantly strive for the better. Life, like sports, is a continuous challenge. Our opponent gets tougher and tougher as we ascend to another stage in our lives. We have to defeat an opponent, after an opponent after an opponent...In life, the opponent is oftentimes not a person but, maybe, a financial difficulty, a broken relationship, a heal.

At times, when the opponent looks invincible, we don't want to compete and fight. We shake our heads (sometimes with a trembling body) and idle around. As fast as our adrenalin allows us, we run away and flee. But how can a problem be solved if it's not dealt with? The adrenalin used for flight may be of better use to fight the opponent. It's better to face it now than to get haunted in the future



Fair Play

David A. Gualin

when we are unprepared.

So, we have to go through pain and prepare ourselves for the challenge. We must become the utmost best that we can be and trust God that He will give us the victory. We have to be sure we are at the right side (by being sincere in faith that we are in God's side) before we wrestle the opponent or the problem.

As 2 Timothy 2:5 (NIV) says, "...if anyone competes as an athlete, he does not receive the victor's crown unless he competes according to the rules." (Right, the Bible also talks about sports).

We have to compete by the rules no matter how grave the need may be. We don't need to use steroids (for athletes) or *kodigos* (for students). We don't need to cheat. All we need is to be sure that we are prepared, we do our best and we have already asked God to help us. In the face of impossibility, let's remember that nothing is impossible to God. And we have access to God through a true working faith in Him.

But, what if after all that preparation and genuine faith, we still succumb to failure and defeat?

These things happen, and it's very discouraging, and oftentimes destructive for us. But if we indulge in self-pity and blame God for our grim fate - we are making things worse.

Yes, I tell you, it's really discouraging. But we need to hang on, and not hang ourselves to the roof with our necks broken and our bodies lifeless. Don't even think of suicide. As long as we know we played fair and had followed the rules, we have a clean conscience. We didn't really lose anything. When failure mocks us in the face, face it likewise and take it as a learning experience.

Now, when confronted with this predicament, it's best to stop a while and think. I mean, whatever we are doing set it aside and engage in silence. We hear God speak

when we are still and silent. We have to get ourselves settled with God. Talk to him, I mean pray naturally. (Don't utter words that do not make sense to you at all or make repetitions. Just say what is in your heart). We have to see things in God's perspective. (The Bible is God's Word; He often speaks to us through it).

After a great loss of strength due to our last battle, (where we failed) we need to draw a fresh new supply of energy. And who can be a better source of energy and inspiration than God - the most loving, the most beautiful and the most powerful person in all universe? God is good. He knows what is best for us.

But, we ought not to neglect our part, we have to examine ourselves and ask: "What made me fail?" Whatever or whoever it is, get it out of your system.

Take the words of Henry Greber, "It is possible to defeat failure by analyzing its causes and correcting them, not by studying the conditions of success."

John Wooden likewise said, "Do not let what you can do interfere with what you can't do."

For me, failure is not the end but the start of something better. According to one preacher, "God uses these circumstances [failure] to build us up." We need to be destroyed so God can build us up. "Sudden destruction is the start of reconstruction," an old adage says.

I believe that God is love. And love is always constructive; it is never destructive. When true love seems to destroy something, it's not really destruction but construction in progress. (This I call as the pain of God's puning, if you know what I mean).

After pain, failure and all that go with it (frustration, anger, disillusionment, etc...) have taken place, we can't help but admit that we can't handle our lives correctly by ourselves alone. No one is self-sufficient; even the air we breathe this very moment is provided by him.

Challenges come, in sports or in real life. But if we have repented of our sins, asked Christ to be our personal Lord and Savior, we

see FAIR PLAY page 5

Buhain graces pool inauguration

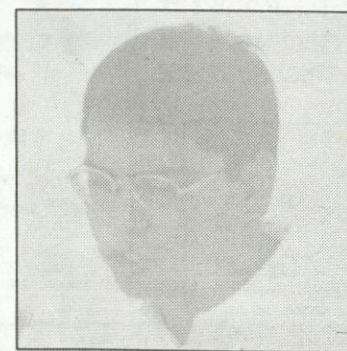
by Analyn D. Alcalá

Eric Buhain, the multiawarded swimmer and alumnus of De La Salle University, displayed his winning strokes during the inauguration DLSU-A swimming pool on October 28.

In an interview, Buhain, 25, said that the present status of swimming in the Philippines is in a lull since most of the swimmers who used to do so well are now retired. He explained that the rest of the swimmers are still very young and the need for the swimmers will probably be filled in after two more years.

He also said that he would like somebody to take his place in swimming because he feels that our country is in disadvantage in world swimming. For him, his possible successor is Ryan Papa.

Now that he has retired from competitive swimming he devotes his time in coaching. He formed a group called Eric's World of Swimming which serves the learn-to-swim level up to competitive swimming. The group is connected with the Department of Education,



Buhain

Culture and Sports and functions as a resource group in certifying swimming teachers.

Buhain has been tapped to become a consultant of the swimming team here in DLSU-A. He said that he would like to handle the team personally, but since the team already has a coach, he offered to help in training the

swimmers.

On DLSU-A swimming team, he says "I guess we still need to work on the strokes first, the basic techniques, and fundamentals. Actually, in their level of swimming, they can be a force to reckon with given the proper training and background. What I want them to establish is self-discipline. If they can do that, they may become champions."

The construction of the swimming pool will inspire a lot of students according to Buhain. He even sees DLSU-Aguinaldo dominating swimming in the future.

To the DLSU-A swimming aspirants he says, "All I expect from you is your willingness to learn and your openness to the sport. I would like to invite everyone to get into sports. You'll be more of a complete student with sports in your life."