

CONGRATULATIONS TO:

Leo Jason Cordova,
2nd place
Cecilia Parel,
16th place
Ray Peregrino,
16th place
1993 PT Board

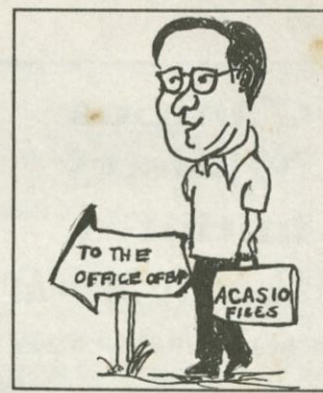
Heraldo Filipino

OFFICIAL STUDENT PUBLICATION OF DE LA SALLE UNIVERSITY - AGUINALDO

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A truckload of household pauses in front the JP hospital. What is life like for a family in a new home?

DECS releases guidelines on suspension of classes

The Department of Education, Culture, and Sports (DECS) released on August 18, order No. 68 which states new guidelines on suspension of classes when typhoons and other calamities occur.

In the light of the recent reclassification of typhoons by PAGASA, especially the addition of the new Signal No. 4, the guidelines on class suspension have been revised and issued as follows: Classes at the elementary and secondary levels shall automatically be suspended when the new Signal No. 3 is raised. However, automatic suspension of classes at the tertiary level will be made, except in cases where all government offices are closed. Regardless of typhoon signals, classes may be suspended at any or all

see DECS, page 12

Institutional uniform, pin to be implemented by 2nd sem

by Orlando A. Oliveros

Starting the second semester, the wearing of the institutional uniform, as what is prescribed in the Institutional Student Handbook (Sec. 1, Art. 1.5), will be implemented. In relation to this, a pin will be imposed the freshmen and sophomore students of DLSU-Aguinaldo.

The decision on the strict implementation of the institu-

tional uniform was reached after a long deliberation by the Student Affairs Council, the Administrative Council, and the President's Advisory Council. On matters concerning the institutional uniform, the handbook states:

"For the male, white polo without any color lining, and black, dark brown, dark gray, see INSTITUTIONAL, page 12

Excuses/exemption in ROTC and PE defined

by David A. Gualin

The special committee formed to create the official guidelines for excuses and exemption in the ROTC and PE, have defined the conditions wherein a student may be excused/exempted from the said subjects.

For PE, the guidelines are as follows:

1. All varsity players of basketball, volleyball, swimming, Taekwon Do, table tennis, football, softball, track and field and baseball are automatically exempted from PE. They have to submit/give their classcards to their respective teachers for record purposes at the beginning of each semester.
2. Cadet Officers, Actors

company, Dance company and Chorale members are exempted from PE 3 and 4 but they are required or take PE 1 (Gymnastics) and PE 2 (Swimming).

However, if they already know the three swimming strokes - free style, breast stroke and back stroke, they will also be exempted upon the recommendation of their PE instructors. They should

see EXCUSES, page 12

BAUTISTA RESIGNS

Acasio is new EVP

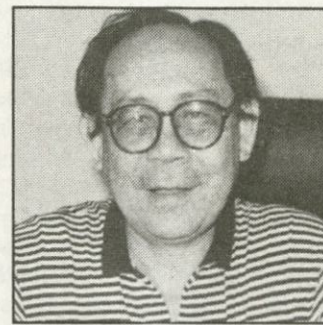
by Orlando A. Oliveros, Ruel J. Odoño, and David A. Gualin

IN VIEW of Dr. Oscar O. Bautista's resignation from the post of executive vice president of DLSU-Aguinaldo, the De La Salle Board of Trustees, in a regular meeting held on Sept. 23 at DLSU-Taft, appointed Cecilio Acasio to be the next EVP of DLSU-Aguinaldo.

Of the 14 candidates for the position, the selection was narrowed down to two: Dr. Proceso G. Concepcion and Cecilio Acasio. The candidates were tapped and screened by the Search Committee, composed of Lucy Bayan, president, Faculty Association; Rino Daniel, president, KABALIKAT; Cristy Cafuir, president, POLCA; Ambrosio Capayas, representative, Administrative Council; Eduardo G. Gonzales, vice president, DLSU College of Medicine; and Bautista himself, who was an honorary member.

The appointment, however, was made by the Board of Trustees, who came up with the decision through secret balloting.

Acasio, 59, is currently the vice president for administra-



ACASIO

tion and finance of the Gregorio Araneta University Foundation (GAUF).

He has been involved with De La Salle for about 15 years now, starting out as a former Religion faculty. He was appointed director of athletics of De La Salle University-Taft, and later, became president of government-owned Makati Polytechnic College under Makati mayor, Jejomar Binay.

When DLSU acquired the GAUF ten years ago, he was tapped to manage the school as president. Now, he was appointed as the next EVP of DLSU-Aguinaldo.



BAUTISTA

Bautista, on the other hand, made it clear that he was not retiring but, instead, resigning. He will have served La Salle for 25 years in 1994.

In an interview, he said that after he formally leaves DLSU-A, he will be president of St. Francis of Assisi in Las Piñas, a position offered him since 1988.

On October 16, Acasio starts his orientation period that will last until the end of 1993. With Bautista on his terminal leave by the start of 1994, Acasio will take over as OIC. His appointment will be official on June 1, 1994.

71.1% passed PT Board

Out of the 90 PT graduates who took this year's PT Board, 64 passed, giving DLSU-A a 71.1 per cent passing rate.

Leo Jason Cordova placed second in the national tally, while both Ray Peregrino and Cecilia Parel placed 16th.

The successful examinees are:

1. Aguinaldo, Jera
2. Alcantara, Mario
3. Ang, Cristina
4. Angcanan, Alvin
5. Bautista, Antonette
6. Bendo, Rozen
7. Bucayan, Freddie
8. Buenaflor, Caryl
9. Calitis, Michelle
10. Calooy, Jay Rhoel

see 71.1%, page 12

98.17% PASSED NURSING BOARD

by Nyra D. Colinares

The College of Nursing attained a 98.17 per cent passing rate in the Nursing board exam given by the Philippine Regulatory Commission (PRC) on May 15-16, 1993. Out of 164 BSN graduates who took the board exam, 161 have successfully passed, surpassing the national passing rate which is 67 percent. According to the dean, faculty and staff of the College of Nursing, the result this year gives the college the highest percentage since EAC became a university.

The following is the complete list of successful examinees:

see 98.17%, page 12

LaSalleños shun cultural fee opt for total smoking ban

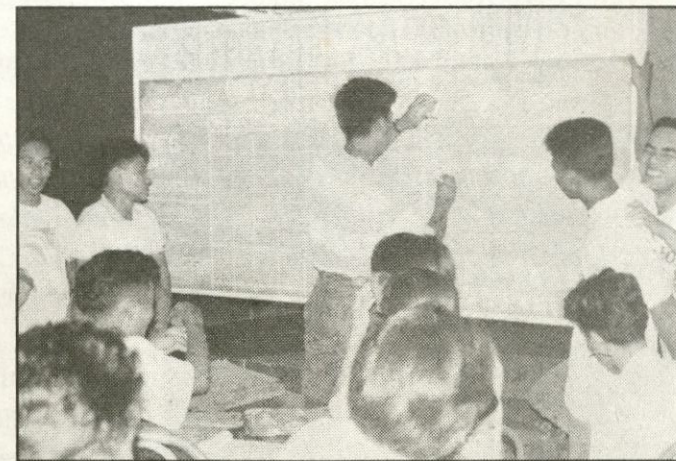
by Ruel J. Odoño

NO to cultural fee and Total No-smoking policy came out as the final result of the September 8-9 referendum, voted upon by some 3,733 of the 6,738 La Salleños who were able to cast their ballots. NO got 1,286 votes compared to 1,175 of YES votes, while 312 abstained.

On the smoking policy, the total smoking ban got a vote of 2,175 whereas the selective policy got only 1,186. COMELEC volunteers con-

ducted the simultaneous room to room election.

The counting of ballots started at 3:30 p.m. on September 9. see LASALLEÑOS, page 14



CBA honors CPAs

The College of Business Administration gave a testimonial dinner to Marichelle Joson (class '92) and other board passers of the college since the EAC days at the Jade Vine Restaurant on September 6. Joson recently passed the 1993 CPA licensure examination given by the Board of Accountancy.

Only four CBA accountancy graduates took the exam this year. Joson thus gave DLSU-A a 25 percent passing rate.

This year's national passing rate is only 17.12 percent.

The testimonial dinner was the first since the EAC days and since DLSU took over the management of EAC-Cavite.

Union College visits DLSU-A

by Cherryl T. Bueno

The Union College of Education in Sta. Cruz, Laguna paid a visit to the College of Education of DLSU-A on September 23.

The delegates were welcomed at the Social Hall wherein a program prepared by students and faculty of the college was presented. The program

was titled *Ugnayan* which signified the existence of a bond between the two schools.

Meanwhile, an exhibit which showcased handmade products, education books, and other items, was held at the building of the College of Education.

According to Dr. Ambrosio S. Capayas, dean, College of Education, the purpose of the visit was to learn from our school, which ranked second of the five outstanding colleges of education in Region IV, based on various surveys conducted.



Campus Ministry

initiates Lakbay Maria

by Joseph Rodel R. Musca

The *Lakbay Maria*, a visitation of the Blessed Mother's image to the different departments of DLSU-A, was started by the Campus Ministry on August 16 and was ended on September 8. Its purpose was to integrate the members of the faculty and nonteaching staff, thus intensifying the faith of the community.



Image of our Blessed Mother

The *Lakbay Maria* was already in activity as early as the second semester last year to commemorate the month of October - the month of the Holy Rosary. At that time, the *Lakbay Maria* was held only in areas of the East campus, to let the students and faculty members know that such an activity was going on that values the religious aspect of the community. When classes opened this school year, the Campus Ministry thought of reviving the activity, this time, to include the west campus, coinciding with the Feast of the Assumption. By then, there were two simultaneous visitations of the Blessed Mother -- an image in procession at the East campus and another at the West.

Robert Nilo, campus minister, DLSU-A, said that they adopted the idea of the *Lakbay Maria* when they saw the need to give a corresponding response to the spiritual needs of

CLEAPS forms own POLCA

The College of LEAPS, in response to Dr. Bautista's call for the formation of collegiate organization of parents, has organized its own "mini POLCA," in an election held on August 30 as part of the CLEAPS week activities.

As a result of the election participated in by about 36 parents, the following constitute the mini POLCA's set

of officers: Myrna M. Ponterez, president; Nanding Sulit, vice president; Nenita Sayarot, secretary; Juliet Vindon, treasurer; Leopoldo Dausan, business manager; Tomas Lesoy, public relations; Lita Cabrera, auditor; and Amor Belen as sergeant at arms.

The CLEAPS POLCA holds office at the office of the dean of CLEAPS.

First CNM POLCA induction held

by Nyra D. Colinares

The College of Nursing and Midwifery (CNM) held an induction of officers for its Parents Organization of Lasalle Cavite (POLCA) Board at the library conference room on September 4, 1993. Present were Bro. Rafael Donato FSC, president, of DLSU system; Dr. Oscar Bautista, EVP; Sis. Carolina Agravante, dean, College of Nursing and Midwifery; Mrs. Rosalina Dulog, assistant dean, CNM; faculty members and students.

Dr. Oscar Bautista, in his opening remarks, commended the CNM for being first to respond to his call to organize such an organization and to induct its roster of officers for the school year 1993-1994.

The officers of the CNM POLCA are as follows:

Dr. Emmanuel Ochoa, board president; Mr. Edilberto Balbin, vice president (Midwifery); Mrs. Ched Tenorio, vice president (nursing); Mrs. Oly Jasa, Mrs. Mercy Parra and Mrs. Cristy Senares, board

members. He added that the message of the *Lakbay Maria* is very general -- it wished to capture the hearts of the community for it to offer their devotion to Mary as model of the church.

The *Lakbay Maria* was ad-

ministered with a para-

liturgy upon arrival at an office and at the moment it was transferred. Departments that were scheduled to accept the image prepared an altar on which the image was set until the next day.

After the induction, Dr. Bautista talked with the parents themselves about the importance of the parents organization in our school, emphasizing that parents should be aware of their role as part of the growing community of DLSU-A.

The affair ended with Dr. Emmanuel Ochoa's words stating that the school is striving to be a member of the Philippine Accreditation Association of School Colleges and Universities (PAASCU) in the near future.

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Construction of new AS building commences

by David Gualin and Ruel Odoño

The first phase of the tallest building in DLSU-A has commenced construction at the East Campus, with its groundbreaking held on September 24.

At the invocation and blessing of the site was led by Fr. Romeo Apolonio, parish priest of the Dasmariñas church, while Dean Segundo Sim of the College of Arts and Sciences, and Dr. Oscar Bautista, executive vice president, performed the groundbreaking of the site.

In his message, Dr. Bautista mentioned that the event is just one indication that LS-A will soon be one of the largest schools of the La Salle system in the Philippines. He also cited a possible tuition fee increase, due to the P15 million amount loaned to the school for the construction. However, he claimed that settling these accounts wouldn't be that difficult because of the competent management of the university.

For the closing remarks, Dean Sim emphasized that the construction is in connection with the CALABARZON boom. He cited that classroom short-



An artist's perspective of the new AS building

age is still very much possible, since the College of Arts and Sciences is proposing new courses: AB Philosophy, minor in Political Science; and LIACOM.

The new College of Arts & Sciences building will be composed of three stories with six classrooms in each floor. It has been the plans that the rooms of the first floor will be used as laboratories for A.B. Psychology and B.S. Computer Science classes. The remaining

16 rooms will be used as classrooms for the whole CAS.

The first phase of the CAS building construction is expected to be complete by April 31, 1994. Other projects of the construction committee include the expansion of the East Campus Canteen, foreseen to be completed by November 15 this year; and the first phase university chapel which is expected to be completed by the end of March next year.

COQC GRAD RITES

by Judith A. Ordinario

The Cadet Officer Qualifying Course (COQC) of Class '93-A held its graduation rites last September 3, 1993 at the Social Hall. The event marked the appointment of 23 cadets to one rank higher.

The program started at around 9 p.m. with a welcome address given by Captain Dante M. Villanueva, PAF, commandant of cadets. Mrs. Laura R. Campos, dean of Student Affairs was the guest of honor. After the graduation ceremony, cocktails and cadet presentations cordially followed.

The list of COQC graduates are as follows:

1. CDLT Federico V. Alcantara Jr.
2. CDLT Ariel C. Avilla
3. CDLT Nicanor B. Beringuela
4. CDLT Rommel B. Carcellar
5. CDLT Richard S. Carreon
6. CDLT Ronnie C. Consorio
7. CDLT Michael S. Daño
8. CDLT Arnel R. Dausan
9. CDLT Marvin C. Domin
10. CDLT Rommel L. Encabo
11. CDLT Jason A. Gara
12. CDLT Frederick D. Gravador
13. CDLT Melvin V. Medina
14. CDLT Roel L. Nacional
15. CDLT Christopher M. Onella
16. CDLT Ross F. Pajel
17. CDLT Jovit R. Ramos
18. CDLT Rommel L. Salasbar
19. CDLT Michael A. Santos
20. CDLT Francis A. Tugade
21. CDLT Edilberto D. Vicedo
22. CDTTE 2LT Cecil K. Canama (WATC)
23. CDTTE 2LT Myra Y. De Paz (WATC)

AGUINALDO LECTURE SERIES

by Ruel Odoño

The division of History of the Social Sciences department in cooperation with the Institutional Communication Office presented a lecture on Emilio Aguinaldo on August 31, at the Audio Visual Room.

Jeremias Arcos, faculty, department of the Social Sciences, gave the invocation followed by the opening remarks given by Dr. Proceso Concepcion. Coordinator of the Institutional Communication Office, Angelo Aguinaldo introduced guest lecturer Prof. Alfredo Saulo, who talked on Emilio Aguinaldo's love life, his battles, success and failures, and a lot more that were unknown to most students during at the time. According to Saulo, Aguinaldo was the only president who had left three important legacies to Philippine history

the national flag, national anthem and freedom to the Filipinos. His message to his listeners was, "There is a need for the Philippine History Books to be rewritten, because of too much foreign intervention." Based on his broad researches on history he cleared some misconceptions about Aguinaldo that amazed listeners.

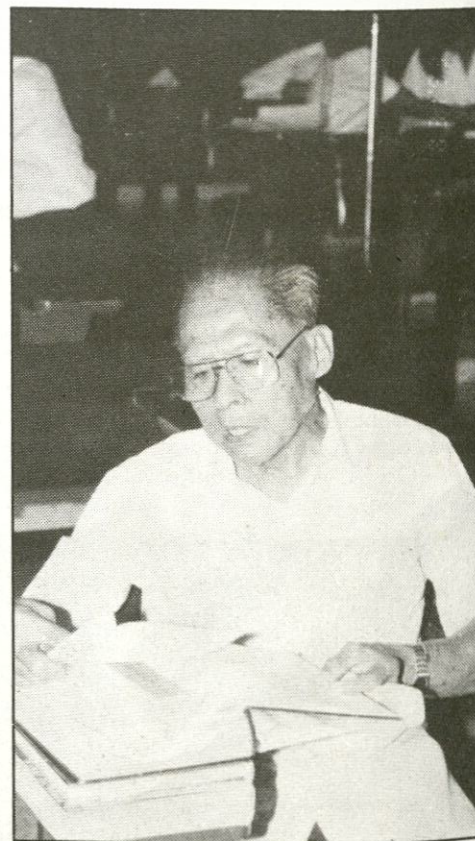
After the lecture, Ken Robbins Alano gave an intermission number followed by an open forum. Richardo San-

trago, charr, So-

cial Sciences, delivered his token of appreciation, followed by the remarks by Dr. Concepcion.

The lecture was emceed by Antonio Margallo.

Saulo was a recipient of Achievement Award as a journalist, scholar and historian from the National Research Council of the Philippines and is a member of the International Association of Historians of Asia (IAHA). Although a native of Sto. Tomas Nueva Ecija, he married a Caviteña and became a full-pledged Caviteño through resolution no's 6-83 and 130. One of the books he had written, entitled History of Cavite was approved by the DECS and now being used as official supplementary textbook in all secondary schools of Cavite.

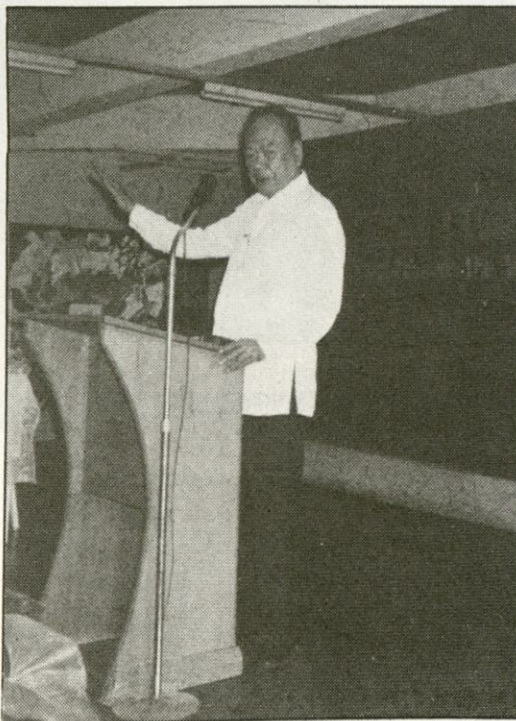


SAULO

Ople graces Asian Consciousness Week

by Bernadette C. de Guzman

Senator Blas Ople graced the Asian Consciousness week, which was sponsored by the History division of the Social Sciences department. The affair was held on September 27-October 2, and had, for its theme, "Asia: Towards the World of Peace and Progress."



OPLE

"Ngayon lamang ako nasiyahan dahil sa ang La Salle-Aguinaldo lamang ang tanging university na masyadong nagbigay-pansin sa Asian Consciousness week sa lahat ng universities na napuntahan ko," asserted Sen Ople in a speech he rendered in a program that commenced the week-long affair. Ople, who is current chairman of the Committee on Foreign Relations, was guest, together with ambassadors from six different ASEAN regions.

Highlights of the event included an exhibit of different representations from the six regions, and a culinary demonstration of a wide variety of cuisines each region boasts. The Asian Consciousness week was sponsored by the Aklatang Emilio Aguinaldo library and Dante Añonuevo, faculty, Social Sciences department.

4th National LaSallian Educators Congress

by Ruel J. Odoño

The Fourth National Lasallian Educators Congress was held at St. Michael Retreat House in Antipolo, Rizal on Aug 12-15, 1993. It has for its theme "Together and by Association: Animating Lasallian communities."

The four-day assembly was intended to increase the participants' understanding of Lasallian traditions and educational philosophy, to foster a stronger sense of community among Lasallian teachers, and

to lead a better appreciation of the significance of being a Lasallian teacher. It was attended by 50 administrators from 20 La Salle schools throughout the country. DLSU-Aguinaldo was represented by Dean Felicitacion Antonio and Venchito Javier, administrative assistant of the College of Arts & Science.

The first day started with a community building exercise by Bro. Kenneth Martinez, FSC postulatory director and Moie

Lozada, assistant principal for student affairs, DLSU-Zobel. The delegates were introduced by Bro. Victor Franco, over all chairperson of the congress.

On the second day, Bro. Cecilio Hojilla, FSC campus minister, DLSU-Zobel, delivered the continuation of another evangelical journey about St. Lasalle's story. This was followed by a talk on the state of the district and priorities delivered by Bro. Benildo

Feliciano, FSC. He pointed out that on the level of the general chapter, the directions are on continuing renewal relative to mission in community and vocations of the brothers and shared mission.

Bro. Narciso Erquiza Jr., FSC, president, DLSU-Lipa, delivered a talk on St. La Salle as administrator. He said that as an administrator, De La Salle was a "hands-on manager," not a theoretician and a visionary. He had been so committed with what was to be done. Bro. Jun, as he was fondly called, quoted also that De La Salle insisted to the brothers how "your example would speak loudly than what you say--they have to see it in you."

Bro. Jun also emphasized that the present day La Sallian administrators should look into three areas of concern: being conceptual, technical and transformational.

On the third day, Bro. Victor Franco, FSC, talked about evolving a Lasallian formation program, both in the district level and in the level of individual schools.

Finally, a statement of commitment by the La Sallian administrators was made, which they personally signed immediately after the mass for the assumption of our blessed mother.

POLCA induction

by Joseph Rodel R. Musca

The Parents Organization of La Salle Cavite (POLCA) held its induction of officers for the current school year on Sept. 23, 1993. The induction started at 9:30 a.m. at the POLCA Lounge with Dr. Proceso Concepcion, AVP as inducting officer.

Also included in the affair, was a discussion on the formation of a "miniPOLCA" in all colleges. Its purpose is to make a hierarchy of discretion before issue be elevated to the institutional POLCA itself.

The inducted officers of the POLCA are as follows:

- | | |
|--------------------------|--------------------|
| Mrs. Cristy Y. Cafuir | - President |
| Dr. Emmanuel Ochoa | - Vice President |
| Mrs. Mercedes Tenorio | - Secretary |
| Mrs. Aisa Remulla | - Treasurer |
| Mrs. Grace Vicente | - Auditor |
| Mrs. Luzviminda Gonzales | - Business Manager |
| Mrs. Josefina Megano | - PRO |

Board Members:

- | | |
|---------------------------|---------------------------|
| Mrs. Norma Bagtasos | Mrs. Constanca Villalobos |
| Mr. Constancio Tepora Jr. | Mrs. Veronica Robles |
| Mr. Virgilio Leachon | Mrs. Virginia Alcober |
| Mrs. Myrna Ponterez | Dr. Crecencia Guevarra |



Aklatang Emilio Aguinaldo holds History Week exhibit

by Ernesto Guevara

Entitled "Nationalism and Philippines 2000," the Aklatang Emilio Aguinaldo recently held an exhibit which coincided with the History Week celebration co-sponsored by the History division of the Social Sciences department.

The exhibit featured books on various topics, each having for its focus, the heritage of the Filipino people.

Set on a makeshift boat with a "seashore" of pebbles and shells, the books depicted a wide array of topics from a contemporary story by noted Filipino author Edgardo M. Reyes, to the everyday aspects of the our forefathers, to accounts of the years of the Marcos regime. There are also a couple of books dealing with the political times of Cavite during the Spanish occupation and the different *pueblos* or *plazas* erected at the time. These books, however, have not been translated from its original text, which is Spanish.

The exhibit lasted throughout the duration of History week, on September 15-21.

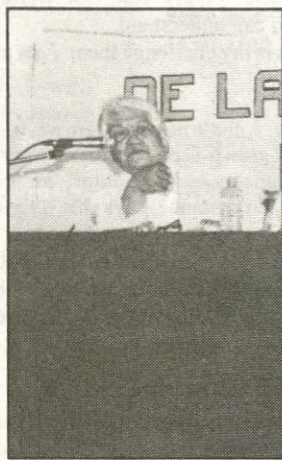
POPLAW Seminar - Convention

by Ruel J. Odoño

The Political Science section of the Department of Social Sciences in cooperation with the *Samahan sa Agham Pampulitika* (SAPUL) and the Institute of Government and Law Reform of the University of the Philippines, sponsored a seminar for teachers and student officers of Cavite at the Palaruang La Salle on August 19-21.

The seminar was intended to help the UP College of Law in their goal of enhancing knowledge of the law by popularizing it. Law professors lectured on different topics, which were public accountability, human rights, special laws affecting children, youth and the community, environmental law, the constitution, access to justice, family law, teaching practical law, labor standards law, and developing the institutions for expression of political

will. On the first day, dean and professor of the UP College of Law, Dr. Pacifico Agabin, gave the opening remarks followed by the welcome remarks of Leonardo Oplencia, project coordinator of the seminar.



Dean Agabin, former editor-in-chief of the UP official organ -- the Philippine Collegian -- lectured on public accountability, defining it as an obligation of public officer/s responsible for the people given by a superior official. He also made mentioned of the Ombudsman, an institution of public accountability that is a guardian of the citizenry and principal investigator whose job is to investigate complaints against public officials.

Next to Dean Agabin is Merlin Magallona who lectured on human rights. He discussed selected human rights in Philippine

law, which were the traditional and newly recognized rights.

In the afternoon session, assistant director and law reform specialist, Atty. Rosa Maria Juan Bautista lectured on special laws affecting children, youth and the community. She was followed by Prof. Myrna Feliciano, who lectured on Environmental Law. She defined it as a set of legal rules concerned with protecting the



planet and its people from activities that upset the

earth and its life-sustaining capacities. Prof. Carmelo Sison, who was legal consultant to a number of government officials and a member of the Philippine Bar since

1964, lectured on the Constitution.

On the second day, lecturers Prof. Raphael Lotilla, Prof. Esteban Bautista, and Dr. Lydia Agno lectured on access to justice, family law, and on teaching practical law.

In the afternoon session, demonstration lessons were held at the AS building for students to know more about specific topics. Participants were grouped into four, each under the supervision of Law professors. The topics included introduction to the study of the 1987 Constitution and Government under Prof. Luz Pagulayan, human rights teaching under Celinia Balonso, special laws affecting children, youth and the community under Rosita Tadeña and access to justice under Corazon Libunao.

Finally, Professors Domingo Disini Jr. and Perfecto Fernandez gave their final lectures to students and teachers. At the end of the seminar, participants were given a certificate of participation, and plaques of appreciation were awarded.



Editorial

Getting acquainted with our leaders

True as it sounds, a leader is one who leads, guides, initiates action, and, more importantly, stands up to the will of his constituents. And in this institution, we simply can't ask for more:

How great are our leaders for having thought of our welfare. And in the spirit of unity and camaraderie, they had thought of acquaintance parties through which, we would be able to establish more meaningful relationships.

And since, they are our leaders, we don't care to listen anymore to those who say that in all actuality, the idealistic purpose of acquaintance parties is not carried out. That once one gets there, only people who have learned each other's wings stick together; that chances of being acquainted is so little, specially if one does not wear a hat of honor.

How thoughtful of our leaders to have thought of giving us a high-class ambiance for a party to be treasured a lifetime.

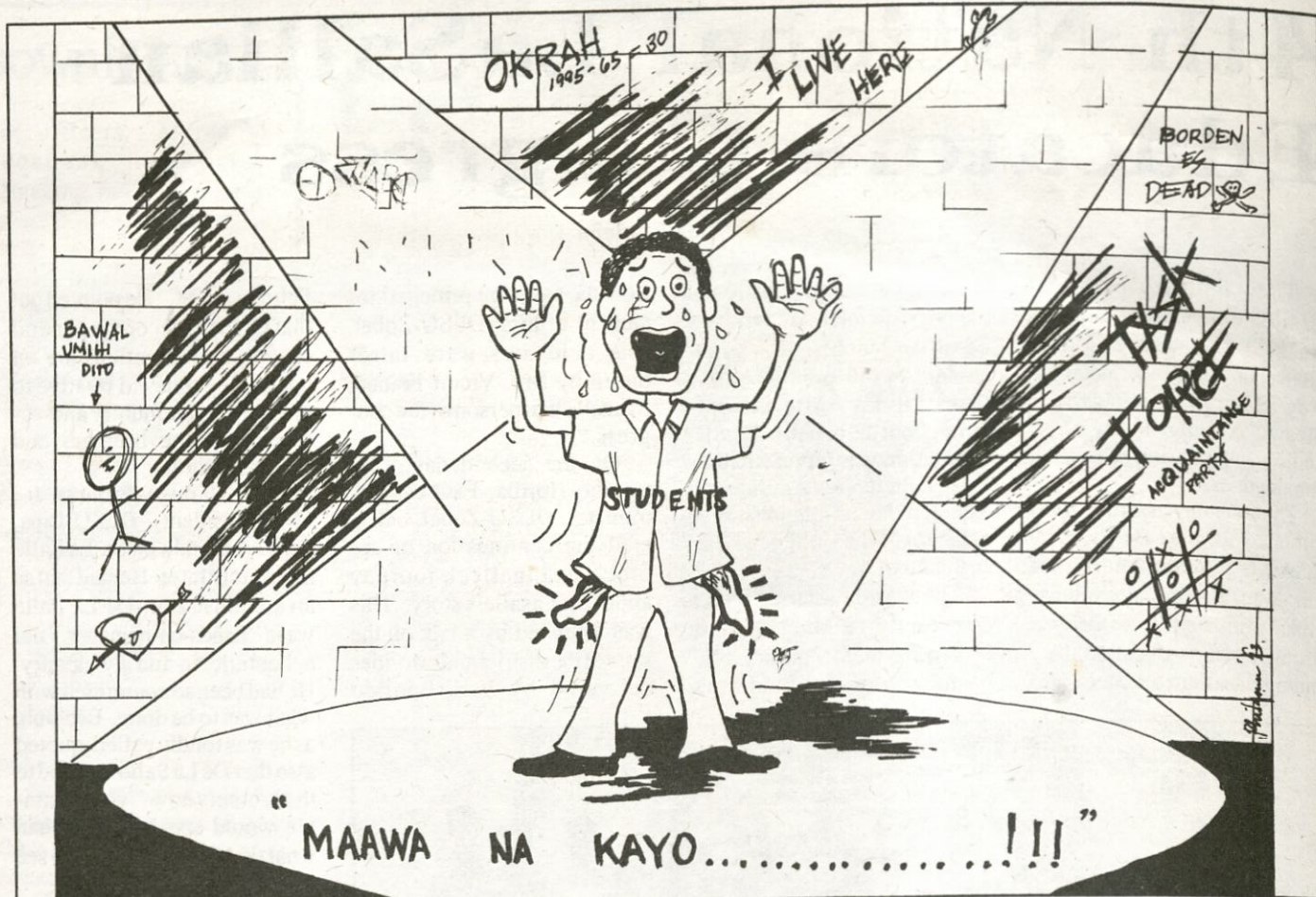
And pro-students as they are, we don't mind parting with our hard-earned money for such lavishness. Even when we should be using it for the uplift of our academic pursuits, we would as much as rather think that it is all for the good of our social standing.

And since they are our leaders, we might as well respect their decisions, just like when we have recognized them when we elected them to their posts. Even when the littlest of their constituents ought to have been thought of, it is from our leaders' mouth that wisdom founts. And so, we bow our heads and pray to them, nay, pay to them the cost of our pleasures. Apparently, cheap pleasures aren't really "cheap" in every sense of the word. One question bothers us though: attendance is not compulsory, but payments are; which are we trying to acquaint, anyway -- the students or their money?

However, they are our leaders. Maybe there is no more need to question men in authority.

Maybe we should just always nod our heads in approval to every decision they make. Maybe we should just remain stagnant like we have always been....

...Or maybe, with such acquaintance, it is time we speak our minds out and be heard.



FICTION OF VERACITY

by Orlando A. Oliveros

Writing For Children

It is saddening, commented Dr. Montojo one Saturday morning, how children could suffer a lot from unlawful elements.

Our Foundations of Education class was discussing about situations Filipino children are in today. Before we analyzed problems that have adverse effects to our youth, she first presented to us the 12 rights, ideally, of children as introduced by the Council for the Welfare of Children.

You see them on TV -- children endorsing these rights. It's just that I'm not so sure whether they are demanding for it, or just plainly reading an idiot board -- all for the purpose of visual artistry. Whichever, I think we're now one foot forward.

But being all ideals, it seems quite impossible to attain and protect these rights. For one, the ideal of providing for sufficient food, shelter, a healthy and active body is dependent on the family's income. Now, not all children are blessed with a family that generates a stable income. "Kung ang mga magulang nga naman daw ay gutom," asserts Dr. Montojo, "lalo pa siguro 'yung mga anak."

"Mabigyan ng sapat na edukasyon," we hear them booming again. Of course, I don't have to elaborate on that, do I? No free meals in this world; even if people can pay, majority can't afford quality these days anyway.

The children, then, are given rights they don't even hold. They can not determine its certainty to ensure that they are safe, that they are regarded, and that they will become what they aspire to be someday. So, who holds the assurance of these rights?

If not all parents can't determine these rights for them, what more of the majority of children? Only few have the power. Only few have the ability to realize it.

Unfortunately, the only few that we have have done only few for the many. The only few that we have seems to have done enough only for themselves.

It is thus that I enter my proposition.

There is a notion, as I understand, that unites all men in will and consideration -- we were all children once. Joey Ayala is right when he sings, "Noong tayo'y mga sanggol, tayo ay magkamukha...." It is on this premise then that I base my thoughts before putting it in writing: how can I ensure that all people will understand my writing? Simple -- write for children.

All were children once. The common understanding of this truth, I think, is what binds us all. So, in my endeavor as a writer, I have come up with several reasons (two of which I present here) why I should write for children.

Firstly, to write for children is to write for all humanity. Having the simplest of perception and understanding, if a child is able to understand one truth, what more of the rest of mankind? If a child understands the value of life, it is most certain that an older person can too. Indeed, what more of humanity?

Secondly, I think it is useless to write for adults since most of them are now trapped by

their own prejudices and have the tendency to be stagnant. But the children -- they are sure to be here to carry on with the legacy. The truth is, they will still be here even when you're dead!

Unfortunately, the "grown-ups" are much too occupied to realize this. Even when decades ago, a forebear had written about it:

"For their souls dwell in the house of tomorrow, which you can not visit, not even in your dreams."

And Gibran, I think, was echoed by Lisa Simpson in an attack against bureaucracy: "They've got the plant, but we've got the power...."

Too bad most children, when they grow up, catch the disease -- most of them are now hopeless and helpless. Apparently, there really is something worth considering here. Few must have noticed, though.

There are writers and there are writers. Most would blabber and write it down. Only few, however, would write so that children can understand. Only few can write so that children can understand.

This is my challenge then: *I am not one of them yet.*

Now, I don't mean all grown-ups when I said that grown-ups could really be prejudiced and stagnant. Mrs. Santos, an Education faculty, for instance, says that only carabaos get old. I agree. But when you think of Sanchez and company, you'd probably think Mrs. Santos was sarcastic when she made the remark. She may be right, but then again, maybe she was throwing an insult at the poor beast.

We were 'accused' of being biased prior to the release of this issue. They said that we never should have taken sides when the issue of compulsory acquaintance party tickets for the CAS came out. They said that we're supposed to be neutral, but due to our having supported students who were campaigning against the "suddenness" of our leaders' decision (to make the ticket payment compulsory), we became biased, and therefore "disappointing."

Firstly, they probably have forgotten that I am an AS student myself. So, whatever stand I take does not necessarily commit my being editor in chief of this publication.

Secondly, if we were as biased as they found us to be so, I never would have taken the time to see Dean Sim personally for his side of the issue. *Heraldo Filipino* then was forced to take sides that fateful day when Hiyoshi Gregorio, AB Psychology representative, came to our office to hear us commit the publication itself. It just so happened that on that day too, majority of *Heraldo* members who were present at the HF office were AS students themselves. We (HF members present) then had the consensus of committing the publication's name to the cause and it was not the decision of AS student members alone --

we did it just like how publications decide on what to write about for their editorial.

I think, that's one misconception people usually have about us: that we're suppose to shut our mouths and just present the issue as it is: just that -- let the students read and decide for themselves. But then again, how can an organization such as HF do its share to the betterment of the present system?

Only when we weigh do we become fair. And when we take sides, only then do we become firm. Now, can't you see that we exist?

The supposed to be party was cancelled a day (?) before it was held. Another party then was held about a week later at the Shell Pavilion, but this time around, the CAS administration has washed its hands off it. From what I've heard, it was a "success" (that depends on how you perceive the word).

Anyway, late as it may, I would like to commend Dean Sim for having managed to stay "sane," when all about him, people were losing their heads. Now, only a few good men can do that.

It's the College of RT's turn this time. Another case of acquaintance parties vs. student democracy.

In my interview with Ms. Escanilla, CRT's acting dean, she said that the "compulsoriness" of the CRT's acquaintance party was based on the decision the students themselves made. *Pati raw 'yong Equinox bilang lugar ng pagdarausan, desisyon pa rin daw ng estudyante.*

The problem was (based on student complaints that reached our office), the whole RT studentry was not as represented as Ms. Escanilla claimed it to be. *May nagreklamona raw na estudyante sa mga officers nila tungkol sa isyu: kung maaari raw ay paka-isipin naman daw sana ng mga officers ang kapakanan ng 'pinakamahirap' na estudyante ng CRT bago sila gumawa ng desisyon.* Apparently, the complaint was unheeded. *Tuloy pa rin ang party -- compulsory pa man din.*

But that was not the end of it yet. Upon seeing that payments for the tickets were delayed, a decision was made to hold back the midterm permits of RT students at the Accounting office. *Ito raw ay upang matiyak na lahat ng estudyante ng RT ay nakapagbayad na ng tickets (P175 each) nila.*

But when was the announcement made? Miss Escanilla answered: about two days before the midterms. **Two days.**

Two days when RT students were supposed to be studying for their midterms -- two days of searching for that hen that lays golden eggs.

I think it was cruel of the RT administration.

One purpose of the RT party was to raise funds. *Do'n daw nila kukunin sa pondong see FICTION, page 13*

Heraldo Filipino

OFFICIAL STUDENT PUBLICATION OF
DE LA SALLE UNIVERSITY - AGUINALDO

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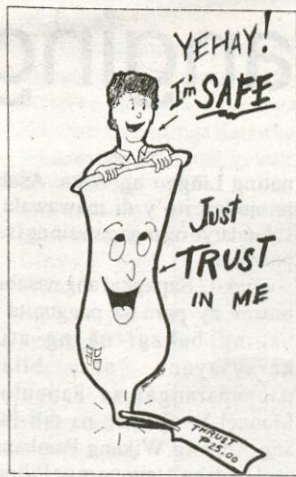
Anecdota

Sensational Trust

Sensation...? No, Trust!
Yes, three students recently found an empty Trust condom wrapper in one of the *kubos* near the lagoon. Sounds very suspicious, doesn't it?

Anyway, users can always say it's a free world for an excuse. Apparently, our 'culprit' has forgotten tact.

"Patibanamansa school, dinadala pa nila ang pagkadarang nila?" one asked in disbelief, followed by another, who also sounded her thoughts: "Atsaka, bakit hindi man lang nila itinaon 'yung wrapper sa basurahan? Nabubukonloy sila..."



- Ong

A Fly-weight Meal

Growl! Rumble! Responding to our tummies' call, my friend and I barged into the nearest open canteen outside the school.

While enjoying our dinner, my friend suddenly stopped eating -- he had scooped a small, black thing off his vegetable.

It was only after much scrutiny when he realized that the little black thing in his vegetable was a fly.

"There's a vegetable in my fly, I mean, there's a fly in my vegetable," declared my friend.

No wonder the meal cost only fourteen pesos!

- Carranza

see ANECDOTA, page 12

INXS

by Judith Ordinario

LET US BE GREENMINDED

It's not what you naughty minds are thinking! Being greenminded means thinking green and thinking green does not only mean wearing Lasalistas Isip Berde shirts. It's more than talking about the hole in the ozone layer, green house effect, destruction of forests and blah-blah-blah. Too much talking can cause bad breath which may further worsen our air pollution and that's just what's happening! Everybody's claiming to be an environmentalist but on what did these people eat on during their so-called earth-friendly seminars? At styrofoams, and plastic cups.

It might be too shallow but if you come to think of it, every little bit will come a long long way. It's like throwing a candy wrapper irresponsibly thinking what's the big deal about that single candy wrapper. Well if each of us will do that, there will be more than enough candy wrappers to pollute the entire Pacific Ocean. An exaggeration? Call it being simply futuristic.

Let's not go too far...what do we usually answer when we're asked why we chose to study at DLSU? "Malapit kasi sa nature," right? But look around now and what do you see? Bottles of mineral waters, wrappers of combos, piattos (and even condoms?) scattered around. Now, the question arise - "who's to be blamed for this excellent show

of undiscipline and insensitivity?"

We love pointing fingers at others when we're suppose to be pointing at ourselves (no exception). We love to demand for constant supply of water, light and electricity but are we really worthy of our claim?

Thinking green is in - green songs, green commercials, recycled papers and the list goes on. But like other fads, it dies a natural death or it will even take the ozone layer a shorter time to be destroyed than to hold on to that environmental feeling. The key words are awareness and perseverance. All it takes is one's sincere determination and ideas to help our ailing Mother Earth and sheer perseverance to make it work. No launching of albums about saving the Earth and no marvelous gimmicks needed. Just in our own simple ways we can help save this world. And it's not only for us, it's for the next generations to come too. "The Earth we abuse and the living things we kill will, in the end, take their revenge; for in exploiting their presence, we are diminishing our future", says Marya Mannes from more in anger.

Around one billion cubic meter of our topsoil has already been eroded... In our 59 watersheds, 19 are already in critical condition... Out of our 384 rivers, 40 are already

considered dead... Sixty percent of our air pollution is caused by the smoke from vehicles and the remaining forty percent from factories and garbages... 18 species of our birds and animals are slowly becoming extinct...

Actually, the following facts are not necessary because we are already experiencing the wrath of Mother Earth. When nature strikes back, we can always find a reason. Certainly extinct is never instinct.

93% of Filipinos are functionally literate which means that a great part of our population can read and write simple instructions. On the other hand, 7% of our fellowmen are functionally illiterate but 27% are illiterate in the sense that they can't comprehend complex instructions. 27% may not seem to be a great deal but considering our population, that would mean 2.8 million illiterate Filipinos. That, indeed is very alarming.

For us who are comfortably studying here in La Salle, it's no big issue because obviously, all of us are literate (hopefully) although we are sometimes referred to as "taong bundoks" of La Salle - Top of the Mountain. Kidding aside, illiteracy is no laughing matter. Fortunately for us, we have on lessons to take seriously.

Notabene

by Waynette C. Fernandez

WANTED: school pride

Most of us are guilty of this: when it comes to saying what school we're from, we fail to mention the Aguineldo part for fear of ridicule and to the very least, mild embarrassment.

Do we want people to think we're from Taft? Well, we're not from Taft. Plain and simple. Do we fear comparison with DLSU-Taft, our mother school - an institution whose system has been tested and polished by time? And come out inferior? Our esteemed La Salle-Aguinaldo is like a toddler, already knows how to walk but still trips and falls. Analogy, then, between the two schools is unfair simply because it would be like comparing a child to an adult.

One thing is definite though. We are a

part of the La Salle system, and we carry the name De La Salle. What's in a name anyway?

NOTHING! Nothing at all. It's the students who make the name of the school. The students make the name DLSU-A every time we make our school proud. We make the name DLSU-A when our graduates fare well in the professional world, when our student representatives excel in interscholastic competitions, or whenever we have an excellent board passing rate. The name is only a tag that we carry along wherever we go; how we use it or misuse it, we tell people of its real worth.

We usually cling to the name, hoping it would work towards our advantage. But having that as a reason for studying here is

purely superficial. Our ideals then is to work towards making ourselves an advantage for the school. We, as students should not only cling to the name but contribute to it as well. We should not let ourselves be freeloaders on the LA SALLE bandwagon, but instead make our own bandwagon and put the name of our school on top. Now, that's active education.

We should work towards the fulfillment of the ideals of the school, because in the process we would have a growing regard for it. Then and only then will we feel not only the school pride, but the La Sallian pride with Aguineldo branded on it.

So, if people THINK we're from elsewhere besides DLSU-Aguinaldo, let them KNOW where we're really from.

From the Community

AN INTERVIEW WITH MS. UNABIA

1) In your own understanding, what is meant by the word Nationalism?

Rather than give my own understanding, I prefer to cite the scholar and historian, Fr. Horacio de la Costa, S. J. in his work The Background of Nationalism and Other Essays. Fr. de la Costa wrote, "Nationalism is not only a sentiment or feeling for one's nation, but a particular concept of what the nation is or should be, what values it embodies or represents, and what course or courses of action, what postures and policies these values demand or imply."

Without vision, the Filipino people will continue their exodus diaspora e.g. OCWs (overseas contract workers), or will perish e.g. Maricris Sison. It is a grim Scenario but for many years now we are witnesses and victims of a debt burdened economy, a leadership without political will, and a culture still afflicted with colonial mentality. Indeed, what do we want? What is our vision of the Filipino society?

2) What for you is the veracity of the word? By this time, we should be discussing internationalism and not nationalism. However in the Philippine context, the

veracity of nationalism becomes something imperative particularly if we are to insist the urgency of thinking for ourselves and not simply allowing the IMF-WB (International Monetary Fund-World Bank) to do the thinking for us.

3) Nowadays, amid all things happening in our country, do you think nationalism is still intact?

Yes, though selfish motives or vested interests still prevails in Philippine society like the laharscam, the multibillion peso landscams in Fort Bonifacio, the proposal of some politicians to devalue our currency to as low as P35 to the U.S. dollar, congressmen threatening the Philippine National Police with budget cuts because eleven members of the lower house were identified to be warlords etc., despite all these the spirit of nationalism has to triumph over the spirit of localism or regionalism, and personal or vested interest.

4) How would you comment on the kind of nationalism being perpetuated in our country? An analysis of Philippine situation

would tell us that Filipinos have yet to realize such definition of nationalism as an ideology or a virtue and not simply as a sentiment.

5) How would you react to the statement that "Philippine independence is not purely based on Filipino nationalism but only an old propaganda itself"?

Particular attention should be focused to the historic events relevant to such contemporary problems of the Filipinos as colonial mentality, crab mentality and "kanyanya" system. These selfish and self-serving attitudes are proofs that Filipinos have yet to see clearly the lessons of the past to transform the present.

6) As an individual in this period of modernization, how would you relate or share your nationalism?

There are many ways, for example a teacher could make use of his lessons to integrate values that could sustain and strengthen the assertion of Filipino interests and action.

see AN INTERVIEW, page 13

Vox Populi

OFFICE OF THE EXECUTIVE VICE PRESIDENT
DE LA SALLE UNIVERSITY-AGUINALDO
Dasmariñas, Cavite

18 August 1993

MR. ORLANDO OLIVEROS
Editor in Chief
Heraldo Filipino

Dear Mr. Oliveros:

I read the *Heraldo Filipino* issue of June-July, 1993, with interest. I think that this issue is well-balanced and contains many items and information of interest not only to our students, but also to our academic community, as a whole. There are enough pictures, feature articles, straight news, commentary and others that can sustain interest.

Congratulations to you and the rest of the staff.

Keep up the good work!

DR. OSCAR O. BAUTISTA
Executive Vice President

10 September 1993

MR. ORLANDO OLIVEROS
Editor in Chief
Heraldo Filipino

Dear Mr. Oliveros:

May I suggest that one of your projects, if this has not yet been done, is to compile all past issues of the *Heraldo Filipino*, even when it was yet called *MAGDALO* and have this filed, or bound, at the Library. This way, we can preserve *Heraldo Filipino's* history.

Thank you.

DR. OSCAR O. BAUTISTA
Executive Vice President

KAMPUSAP-USAPAN

Filipino Staff

Hindi ba man lamang natuturuan ng Good Manners and Right Conduct ang ating mga guards (hindi naman ho sa nilalahat)? Ang alam namin may recollection na nakalaan para sa ating mga support services.

Bakit ko nasabi ito? Nakakahiya kasi sa ating mga nagiging bisita. Halimbawa na lamang kay Gng. Amy Balan - chairwoman ng Technical Academe ng DECS na siyang guest speaker ng College of Education sa kanilang seminar na pinamagatang *Education: High and Demanding but Low in Popularity*.

Sabi niya, "Ethics are caught, not taught." Bakit naman niya nasabi ito? Paano ba naman, nagtanong siya sa ating guard kung nasaan ang ating Social Hall. Ang sagot ba naman ay, "Diretsuhin ho ninyo iyan at magtanong na lamang kayo sa makakasalubong ninyo kung nasaan ang Social Hall." Minsan naman mga nanay ang nagtatanong at ang sagot "Diyan lang ho iyon."

Tama ba naman iyon? Ang alam ko, isa iyon sa kanilang tungkulin, kaya nga sila tinawag na support services dahil ang kanilang duty ay hindi natatapos lamang sa pagbabantay, kundi pati ang pagbibigay ng inormasyon o direksiyon sa mga nangangailangan nito. Sila'y dapat na maging modelo ng kagandahang asal, hindi ba?

Ano naman itong naririnig naming uso na naman daw ang nakawan dito sa loob ng campus? Tekla, kailan ba naman nauso ulit iyan, eh, lagi naman talagang may nakawan, baka kamo luma na ang balitang iyan.

Pero lumubha yata ang nakawan. Dati-rati'y mga laboratory instruments lamang ang nagkakawalaan at ito ay dahilan sa mga lockers sa Lab na kay daling mabuksan. Kaya hayun, nilagyan na ng mahabang bakal at gumagamit na ng lock na ang bigat ay sampung kilo yata ang timbang.

Ngayon nama'y mga wallet, pantalon, sapatos at maging PE t-shirt at mga personal na bagay ay nadedekwat sa Gym. Ano ba naman iyan, pati ba naman brief ay ninanakaw. Ganyan na ba talaga kahirap ang mundo ngayon?

O, mga guards, maalarma naman kayo. Dapat sigurong dagdagan ang inyong sipag sa pagmamatyag at pagronda.

Pero iisa ang sinasabi ng lahat ng mga nawawalan ng wallet -- katulad din ng aking karanasan: na-claim ko ang aking wallet sa guard house na basang basa, at siyempre pa'y wala nang laman, maliban sa mga papel-papel at abutot na lamang.

Ang tanong ay bakit basa? Ayon sa mga guards (na ayon naman sa mga sabi ng mga nakatagpo nito), kanila raw ipina-flush ang toilet bowl, subalit walang bumubuhos na tubig mula sa depositohan nito. Bakit? May bumabara raw sa loob nito at nang buksan daw ito ay hayun ang nawawalang wallet. Sino naman kaya ang mga gumagawa nito? Baka "Toilet Bowl Gang." Kung anumang pakana ito, baka kailangan na natin ng "Operation Toilet Bowl."

May isa pang nagkakawalaan, pero hindi naman maaaring ninakaw dahil wala namang magtitiyagang magnakaw ng mga records. At ito ay ang mga records ng isang graduating student sa Registrar.

Tsk...tsk...baka hindi ka maka-graduate ng lagay niyan. Dahil lamang sa nawawala ang mga records mo, 'di ka na makakapanhik sa entablado at di ka na makakatanggap ng diploma na saan man sukatin at timbangin ay 'di mo naman kasalanan.

Napakasakit naman, kuya Eddie. Ilan taon kang nagsunog ng kilay at nag-ubos ng salapi, tapos 'di ka makaka-graduate dahil sa kagagawan ng iba.

Kaya mga seniors, inspeksiyunin na ninyo ang inyong mga records sa Registrar, may anim na buwan pa para maasikaso ninyo iyan. Gayundin sa mga non-graduating students at sa mga Juniors -- nang hindi kung kailan kayo ga-graduate ay saka pa kayo maghahagilap ng mga records.

Sa Registrar naman, ano ho bang problema? Kulang bang space for the jobs, paperworks o baka kulang ng manpower?

May isa pang umaangal: ang dami raw binabayaran na putul-putol. Bakit daw hindi na lang pag-isahin ang pagbabayad. Bawat kibot daw kasi, bayad; bawat bayad, pila -- na 'pag napatapat pa ang iyong pagbabayad sa kuhanan ng permit at bayaran ng matrikula, eh abutin ka ng siyam-siyam sa pilahan. Mas mabilis pa raw kasi ang pawikan kung sa pag-usad din lamang sa pilahan ang paguusapan.

Bawat papel may bayad: folder, good moral character, recommendation at iba pa. Ang alam ko, ang patatak o ang palagay lamang ng zeal ang may bayad? Iyun pala, bawat papel, at ultimong letra yata, may bayad.

Hay naku, totoo nga ang sabi ng isang propesor, "La Salle is a non-stop, non-profit institution." Dagdag pa niya: "maraming negosyante sa loob at may mga denggoy naman sa classroom."

Ano? May mga namemersonal na mga propesor? Ay, iyan ang masama. Ika nga, "walang personalan, trabaho lang."

Sino naman ang propesor na ito na ibinagsak ang kanyang klase sa kanyang asignatura dahil lamang sa negative comment ng mga estudyante sa kanyang evaluation?

Hindi ba't allowed ang isang estudyante ng labing-isang oras na absent sa tatlong yunit na subject na nagkaklase ng tatlong beses sa loob ng isang Linggo o apat na beses kung sila'y nagkaklase ng isang beses sa isang Linggo, ayon sa isinasaad sa Seksiyon 5 Artikulo 2 ng ating Student Handbook.

Iyan ay isang pribilehiyo ng isang estudyante kung nais niyang

BALINTATAW

ni Joselito V. Aguilar

Edukasyon... Tanging Yaman

Naghahangad ka ba ng walang hangang yaman? O, dili kaya'y nais mong mapabilang sa mga nasa altasiyedad, maging miyembro ng kanilang samahan at makilala pagdating ng araw? Ah...ang kailangan mo'y yaman, na dapat humigit kumulang sa isang kaban.

Subalit hindi, anong sagsay ng mga salapi, alahas at materyal na bagay. Tanging idudulot nito sa iyo'y kapahamakan, hihilahi't isasadlak ka sa kasamaan. Sapagkat kailanma'y hindi ang mga iyan ang naging tunay na yaman at di kailanman maituturing na yaman.

Yaman ay isang napakahalagang bagay na dapat ingatan at ipagmalaki habambuhay lalo pa't ito'y magbibigay tulong sa bawat nilalang at magagamit sa pagpapaunlad ng sariling kalinangan. At ang mga nabanggit sa itaas ay di tunay na yaman. Yaman nga silakung ituring ngunit, yamang' di wagas at walang sagsay; madaling maglaho, nawawala at maaaring manakaw.

Edukasyon...ang tanging yaman na maipagmamalaki ng isang nilalang na nagmula sa kawalan. Yamang masasabing kanyang nakamit sa kabila ng kanyang pagtititi, pagtitiyaga at sariling pagpapagal. Kanyang natamo sa kabila ng karukhaan sa buhay. Babaunin niya saan man siya tumungo at maging sa kabilang buhay. At kanyang

maisigaw sa buong mundo na maging ang isang katulad lamang niya ay maaari ring mabiyayaan ng kakaibang yaman. Edukasyon...natatanging yaman, yamang 'di mawawala at kailanma'y 'di rin mananakaw. Hindi mauubos, sa halip ay magiging pundasyon ng isang masaganang buhay.

Tanging yaman ko'y iyang edukasyon na aking babaunin sa aking tanang buhay. Nag-iisang pamana sa akin nina itay at inay. At ang yamang iyan ang magbabangon sa amin mula sa karukhaan tungo sa kasaganaan.

Kaya nga ba't huwag nating sayangin ang pagkakataong nakasasalalay sa ating mga kamay-ang oportunidad natayo'y makapag-aral. Minsan lamang tayo daraan sa mundong ito at ang pagkakataong ito ay minsan lamang sa ating buhay, gawin nating masagana at makabuluhan. Matutunan sana nating pahalagahan at bigyan ng karampatang kapalit ang sa ati'y ginagasta at ibinubuhos ng ating mga mahal na magulang. Gamitin natin ang sa ati'y ibinigay ng Poong Maykapal na isang hamon sa atin kung ano ang bukas na ating kakaharapin.

Sa bawat taon na dumaraan, sa tuwing sasapit ang buwan ng Agosto ay hindi makakaligtan ang pagdiriwang ng isang napakahalagang okasyon. Pawang lahat, lalung-lalo na ang mga nasa paaralan, ang mga guro at mga mag-aaral ay naglalaan ng kani-kanilang oras at panahon upang maidaos ang sinasabi

nating Linggo ng Wika. Asahan na nating ito'y di mawawala sa kalendaryo ng mga gawain ng isang paaralan.

Bakit? Sapagkat ang nasabing buwan ay para sa paggunita ng naging bahagi na ng ating kasaysayan at bilang pagpaparangal sa Pangulong Manuel L. Quezon na dili iba't ang Ama ng Wikang Pambansa.

Hindi ba't tayong mga Pilipino ay kilala sa pagkakaroon ng iba't-ibang wika? Ito'y ayon sa binanggit ni Dr. Jose P. Rizal na nakakaalam ng 22 lingwahe. At ayon sa resulta ng pag-aaral ng Summer Institute of Linguistic sa University of North Dakota sa pamumuno ni Dr. Richard S. Pittman, tayo ay mayroong 55 lingwahe at 142 diyalekto kung saan naman ang akda ni Dr. H. Otley Beyer noong taong 1916 ay nakapagtala lamang ng 43 pangunahing lingwahe at 87 diyalekto.

Sa mga katutubong wika, ang Cebuano ang pinakamalaki ang gumagamit; masasabing isang-kapat (24.39%) ng populasyon na sinusundan naman ng Tagalog - ang ating inang Wika na may 23.82% ng kabuuang populasyon. Ang iba pang mga pangunahing katutubong wika ay Ilokano, Bicolano, Waray, Kapampangan, Pangasinan at iba pa.

At bunga ng pagkakaroon ng iba't-ibang wika, marahil ay masasabi nating tayo ay mayaman sa pakikipagtalastasan, pakikipag-ugnayan at pakikisalamuha. Ngunit hindi rin maitatatawa na dahil dito ay nagkakaroon tayo ng 'di

pagkakaunawaan.

Isa ito sa mga naging dahilan kung bakit ipinahayag ni Pangulong Manuel L. Quezon ang Wikang Tagalog bilang ating pambansang wika. Subalit ano man ang ating gamiting wika ay masasabing walang magiging alingasngas hangga't nagkakaunawaan at nagkakaaisa tayong lahat. Maging Bisaya ka man o Tagalog ay masasabing walang suliranin hangga't tayo'y magkasangga sa iisang adhikain at ideolohiya at ang dugong nananalaytay sa ating mga ugat ay dugong Pilipinong may iisang lahi, may sariling kultura at may magkakaugnay na damdamin, saloobin at pagmamahal sa sariling bayan.

Atin din sanang pakatandaan na balewala ang mga pagdiriwang na isinasagawa't inilulunsad ng mga paaralan na kinapapalooban ng mga talumpatian, tula, dula, pag-awit, at pagsayaw sa mga katutubong saliw kung sa pagsasabuhay naman r nasabing wika, tayo ay patay. Ang tangi ko lamang ibig sabihin ay atin sanang mahalin at gamitin ang ating pambansang Wika sapagkat bahagi ito ng ating pagka-Filipino at isa ito sa mga ikinatatangi natin sa ibang bansa. Huwag naman nating kalimutan at tuluyang ibao sa kawalan na minsan'y may nakagisan din tayong wika na dapat gamitin at ingatan.

gamitin o hindi at kung siya ay sumobra sa isinasaad sa itaas ay saka mo pa lamang siya bibigyan ng 0.0 sa attendance.

O, napaano iyan? Bakit namamaga at namumula ang mukha't braso niyan? Nahigad daw. Ano? Pangwalo na iyan sa natisimutsang sa araw na ito, a!

Iyan pala ang hirap sa maraming puno sa paaralan, maraming simutsang. Tag-ulan kasi at bahagi iyan ng ekolohiya ng ating kapaligiran.

Pero wala bang puwedeng i-spray diyan, tanong tuloy ng kasama ko. Aba, eh, nagmamagaan na ang mga mukha ng ating mga esyudyante, a.

At kahit anong ingat at paanong ilag ang gawin namin, hindi sapat iyon na panangalang sa higad dahil puros puno at kubo ang paligid natin.

Hindi naman namin sinasabi na putulin ang mga puno at sirain ang mga bahay kubo. Aba, isa yata iyan sa mga habol ng ating mga estudyante kung bakit dito sila pumasok. Presko, walang masyadong polusyon at trapiko (may higad nga lang).

Speaking of the traffic, may trapik na nga pala dito sa La Salle at medyo lumulubha pa. Lalo na diyan sa may bandang Kadiwa at palengke, ang haba ng trapik. Kaya nga dito ako pumasok dahil walang trapik at dati-rati, ang tatlong minuto na ilaan mo sa pagbibiyaha mula Imus hanggang dito ay nagkakasya, ngayon simula nang nag-umpisa ang pasukan ang tatlong minuto na ilaan mo, asahan mo at may labinglimang minuto ka nang late sa klase mo.

Ang tanong: bakit hindi gamitin ang daan sa may Gym papasok sa loob ng campus? Tatal, ang trapik naman ay karaniwang nagtatagal sa may Kadiwa at palengke? O baka naman ipini-preserve ang nasabing daan? Para saan at kanino nga ba ang daan na iyan? Ewan ko.

May isang estudyante na muntik na raw hindi makakagraduate sa dahilang ang kanyang NCEE ay hindi qualified sa kanyang kinuhang kurso. Ang isyu, shiftee ang estudyanteng ito at ang score niya sa NCEE ay pasok sa kanyang unang kurso. Subalit ang tanong ay bakit inaprubahan o pinayagan ng dalawang Dean ang estudyanteng ito na makapag-shift sa kanyang bagong kurso gayong hindi naman pala qualified ang score niya sa NCEE?

Ang sabi nila ginamot daw ang naturang score. Ang kaso mo, hindi pa rin daw iyon pasok sa cut off ng NCEE score na required sa kanyang bagong kurso.

Ang sabi sa Admission, hindi nila kasalanan at wala silang alam tungkol dito dahil ang ini-screen lamang nila ay ang mga first year at once na nag shift ang estudyante sa ikalawang semestre ang nag-i-i-screen na sa kanila ay ang Dean ng kursong kanyang lilipitan. Tama nga naman: *the fault then lies on the deans of the two*

colleges involved, right? Right.

Na-Kampusap-usapan na ang isyung ito subalit hanggang ngayon ay wala pa ring aksiyon na ginagawa kahit man lamang bekonting pagbabago o pagpapa-repair. Siyempre, ang tinutukoy namin ay walang iba kundi ang Mazda bus ng school natin -- iyun bang maliit na kulay green na kakaragkarag sa kanyang pagtakbo na at one time e, tumirik sa kalagitnaan ng Edsa.

Naroon na ako na hindi karakarakang mapapalitan ang ating mga service vehicles. Pero huling tawad na lang: baka naman puwedeng ipa-repair man lamang ang bintana nito.

Paano ba naman, same place, same time pero iba namang destinasyon. Dati sa Lung Center. Ngayon nama'y sa Philippine Childrens Medical Center (PCMC) sa Quezon City kung saan biglang bumuhos ang napakalakas na ulan. Akala ko nga titirik at mabubulawah na naman kami dahil medyo baha. Buti na lang hindi. Pero, halos malunod naman kami na nasa loob ng bus sa lakas ng ulan.

Paano. Hindi ba naman maitaas ang bintana dahil tuluyan nang lumubog ang bintana sa lalagyan nito. At that time, bago mo maitaas at maisara ang nasabing mga bintana ay maghihilamos ka muna sa ulan. Kung hindi mapalitan baka naman puwedeng ipa-repair nang magmukhang bago.

Masyado namang mahal ang mga pagkain sa "Kainan ng mga Eskimos," ang presyo'y hindi pang-estudyante. At isa pa habang kumakain ka ay mayroon kang kasalong pusa na kung hindi nasa pagitan ng iyong dalawang paa ay nasa ibabaw naman ng mga mesa at nag-aabang ng iyong mga tira.

Nagrekamo naman itong katabi kong estudyante, na ang kanya raw inorder na macaroni salad ay tila lasang spoiled. And guess kung ano ang idinahilan ng mga nagtitinda? "Ganyan talaga ang lasa niyan dahil amin iyang hinaluan ng Sarsa ni Mang Tomas."

Anong akala niya sa amin, hindi pa nakakakain ng macaroni salad? Alam ko yatang hindi Sarsa ni Mang Tomas ang inilagay doon kundi Del Monte Banana Catsup! Yukkkkk!!!

At sino ba naman ang gaganahan sa pagnguya ng kaning malata habang ang iyong paligid ay smelly at ang iyong katabi ay walang patumangga sa pagrerekamo sa sandwich na ubod ng tigas?

Ito namang estudyante ay umaangal habang binabagtas ang corridor dahil sa masansang na amoy na kanyang nalalanghap. Sanhi umano ito ng experiments ng mga estudyante. Okay, nandoon na kaming parte ito ng inyong studies pero baka naman puwedeng pakisara ang pinto ng laboratory sa tuwing kayo'y mag-e-eksperimento dahil hindi nga naman sila makahinga sa sobrang bango ng inyong "newly discovered air freshener."

Minsan nga sa pagpasok ko sa gitnang pinto ng nasabing

SCIENCE

by Nyra D. Colinares

It works ba?

I was supposed to write about another topic in this column but there were requests to continue on writing the most esoteric fad on dieting. There were suggestions to present in this column some techniques for more effective dieting as used and tested by the most effective dieters here in La Salle-A. I tried to interview some dieters and, luckily, I got interesting information from them which I'm sure will help a lot.

"Lady Ann" was once one of the corpulent ladies of her batch. At that time, however, she was still too young and not that concerned for her figure. But time came when she felt inferior when she saw her friends wear sexy clothes and tucked in shirts when wearing pants. She then told herself how someday she would be able to do what her classmates could.

She planned and did her best to shape her figure up. Fortunately, through determination and persistence, her dream turned into reality. If you had seen her three months ago and just see her now for the second time, you'd probably never recognize her. Even her classmates, sometimes fail to notice her presence in class, specially when she wears civilian clothes. And since she had experienced how it felt to be the biggest in the class, she says she is willing to help those who are interested in shaping their bodies up. She shared with me what she did and what she is doing now to maintain her figure.

Lady Ann claims that she enrolled at Monique's gym at Imus and that she goes there thrice a week, one and half

hour a day.

She never skips meals. In the morning she eats rice, a half cup of rice during lunch, and only a piece of bread for dinner. She advises dieters to eat "like a queen" in the morning, "like a princess" during lunch and "as if famished" at night. She advises to avoid too much fatty foods, eating only a small amount a day. With this, she confessed that she has lost about 30-35 pounds after three months of dieting.

Now, whoever refutes the saying "you won't fail if you try"? Ask Lady Ann; she'll prove it to you.

Another lass shared her technique in dieting. Nadine M. recommends the 3-day diet, which is about losing 10 pounds in only three days. Here it is:

The 3-Day Diet*

First day:

Breakfast: 1 grapefruit; 1 slice, toast; 2 tsp. peanut butter; Black coffee or tea

Lunch: 1/4 cup of tuna or sardines; 1 slice, toast; coffee or tea

Dinner: 2 slices of any choice meat; 1 cup string beans; 1/2 cup beets; 1 small apple 1/2 cup vanilla ice cream

Second day:

Breakfast: 1 egg; 1 slice, toast; 1/2 banana; coffee or tea Lunch: 1/2 cup cottage cheese; 5 saltine crackers; coffee or tea

Dinner: 2 frankfurters or weiners; 1 cup broccoli; 1/2 cup carrots; 1/2 banana; 1/2 cup vanilla ice cream

Third day:

Breakfast: 5 saltine crackers; 1 slice cheddar cheese; 1

small apple; coffee or tea

Lunch: 1 hard boiled egg; 1 slice toast; coffee or tea

Dinner: 1/2 cup tuna; 1/2 cup beets; 1/2 cup cauliflower; 1/4 cantaloupe; 1/2 cup vanilla ice cream

*Note: This diet works on chemical breakdown and is proven. Do not vary or substitute any of the above. Remember, it only takes three days.

And last but not the least is the recommendation by Judith Ordinario. This technique, she says, is for those who have been on a diet before but weren't as successful. This technique, she stressed, would only be possible if the dieters have an ample supply of determination and discipline.

There are five rules that should be followed religiously:

Rule #1 Know your target weight.

Look at your naked self in the mirror. Whether you see a reflection of a Coke litro or a Coke in can, accept it! Maybe you're just a little overweight, or then again, maybe you really need to let go of those adipose tissues (a more dignified term for *bilbil*).

Rule #2 Eat like a thin person.

As much as possible, eat only in the dining room. It is also advisable that you place a recent picture of yours (showing how 'obese' you are), or a picture of a sexy woman and a timer in front of you; try changing your eating habits; if you're right handed, try eating with your left hand or vice versa; chew your food slowly; don't save the best item for last because the you might tend to

see SCIENCE, page 9

SCIENTERRIFIC!

Mom gives birth to 15 babies at one time!*

11 boys and four girls were delivered by caesarean section over a period of 63 minutes on April 1 at a hospital in Denmark where Cristina Norborg, the overjoyed mother, earlier had 12 babies on May 15, 1992.

"We are ecstatic and overwhelmed," said proud father Lars Sorensen, an engineer in

nancy that there were 15 babies growing inside my body," said the blonde-haired super mom. "It was a difficult pregnancy, particularly in the last months when I had to lie in bed for days to keep from going into labor," she added.

Friends, relatives, neighbors and hundreds of

pointed out they couldn't afford to rear their brood of babies without a special monthly government assistance check. The money will help pay for the enormous weekly needs of their new offsprings - 1,155 diapers, 735 bottles of formula, four containers of baby powder and two tubes of diaper



Ringsted.

Kristen, 34, and Lars, 39, have been trying to have children since they were married in 1983. After years of medical tests, surgery and hormone treatments, Kristen finally took fertility drugs under the supervision of the same Danish doctor who attended to Christina last year.

"I was thrilled when I finally became pregnant. But I was speechless when the doctor told me a few weeks into my preg-

strangers have stocked the couple's three-bedroom home with cribs, bassinets, strollers, high chairs, playpens, diapers, baby formula, clothes, etc.

"We were worried about taking care of all the babies, but our local nurses' association have promised to donate their time as long as they're needed," says Lars. Several pediatricians have volunteered to make house calls on a weekly basis to check the babies' progress. The courageous couple

rash medicine.

Lars said they will apply for a place in The Guinness Book of Records in the near future. Last year, Christina had 12 babies. Guinness listed a woman who gave birth to 10 babies (two boys and eight girls) on April 22, 1946 in Bacacay, Brazil as the record holder. Other 10 baby births were reported in Spain (1924) and China (1936).

*Weekly World News

"MERCY KILLING"

by David A. Gualin

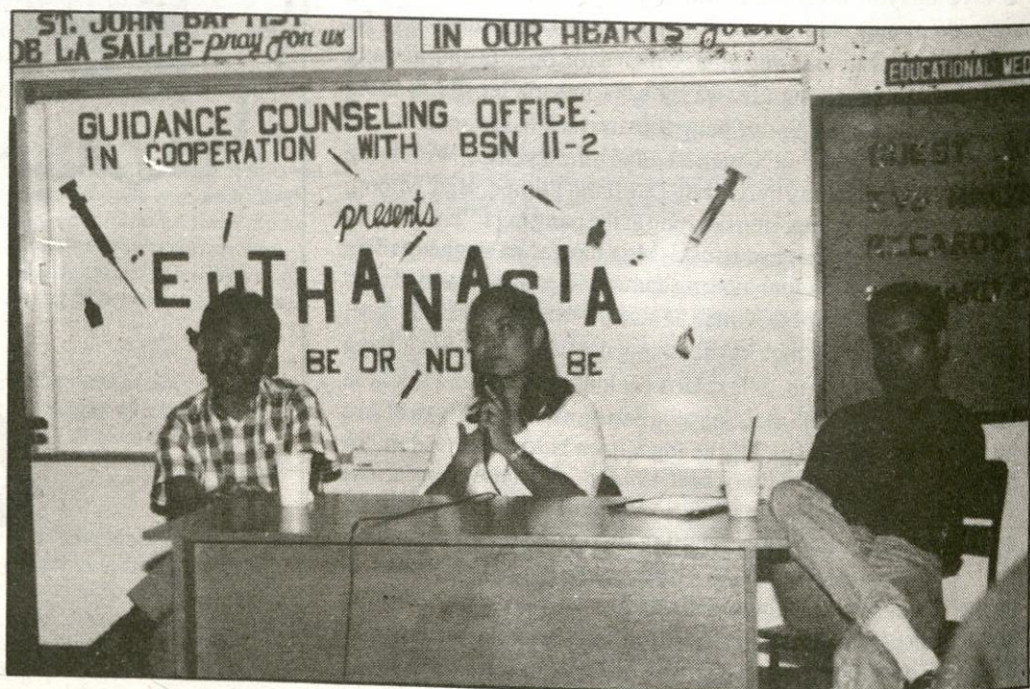
A symposium, on mercy killing entitled "EUTHANASIA... To Be or Not to Be", was held on September 1, at the Audio-Visual Room (AVR).

The guest speakers were

logical, moral and ethical views of Euthanasia. In his discourse, he cited situations wherein the church allows mercy killing. Mendoza, on the other hand, presented Euthanasia from the

can be clearly defined, it would be killing. He made it clear that he's against any kind of Euthanasia, except passive.

The symposium was conceived for the participants to



Bernard Sepeda, faculty of the Department of Theology, Ivy Mendoza, clinical instructor, and Nursing Graduate, and Ricardo Santiago, chairperson, Social Sciences Department.

Sepeda discussed the Theo-

medical view. Personally, however, she believes that Euthanasia cannot be justified.

Santiago, for his stand on the issue, believes that passive euthanasia-mercy killing by a patient on his own accord-can be allowed, but if Euthanasia

gain more pertinent information in understanding ethical considerations and justifiable circumstances of Euthanasia.

The symposium was sponsored by the Guidance and Counseling Office in cooperation with BSN II-2 class.

SCIE-INFOKIT

(An ANTI-SMOKING campaign)

GOOD NEWS TO ALL SMOKERS!

The Rosario Tobacco Corporation, on its Golden Anniversary, wishes to invite SMOKERS of all ages to join its Biggest Anniversary Sweepstakes Draw, where every smoker is a sure winner.

All smokers have the chance to win the following major prizes:

FIRST PRIZE: A brand new CANCER, Bronchial Infection, goiter, sinusitis, migraine, cerebral tumor, paralysis, hypertension, and asthma.

SECOND PRIZE: Hepatitis, meningitis, bronchitis.

THIRD PRIZE: Emphysema, arteriosclerosis, gingivitis, rheumatic heart disease and lung cancer.

You can also have the chance to win consolation prizes such as tartar deposit, bad breath, stained teeth, appetite loss and swelled gums.

Join now! Remember that the more sticks you puff, the more chances of winning. Our fabulous prizes await you!

You can be the next winner! Please claim your prize at your nearest funeral parlors!

THIS PROMO IS A LIMITED OFFER. SEE YOUR X-RAY RESULTS FOR MORE DETAILS.

Courtesy of DOH

Environment week celebrated

The Environment week celebration was held on September 6-10 at DLSU-A campus. The celebration, which has for its theme *La Salistang Isip Berde* was participated in by the administration, faculty, students and nearby communities. Different activities in line with the celebration were sponsored by the different organizations of the university.

The activity started with a *Rally Para sa Kalikasan*, on the first day, participated in by the faculty, students and other sectors of the community. They started their walk from Bauman intersection. The group then proceeded to the campus to celebrate mass. A launching ceremony held at the Social Hall, started with a green analysis of DLSU-A sponsored by SSC. There was also the opening of eco-exhibit featuring *Lasalintang Isip Berde* created by the La Sallian Community Development Center. A film titled *Kagubatan* was shown.

In the afternoon, the YES program participated in by YES program students, held a cultural presentation.

Other activities on the succeeding days were workshop

on handmade papermaking sponsored by SADO/SAO/CSO; input on zero-waste management, participated/sponsored by canteen concessionaire, administrators, faculty and Students in support. On the last day of the celebration, a general assembly of Cavite Youth Earthsavers Society was held at the Social Hall. This organization is a product of Cavite Youth Earthsavers Summit held on April 19-20, 1993, which the university organized. This is part of the International Earth Day celebration which was hosted by the Municipality of Dasmariñas. The group is now on its accreditation under SEC and is now maintained by two other NGO's - the International Institute for Rural Reconstruction (IIRR) and IDEAS.

The Aklatang Emilio Aguinaldo, in support of the event, displayed books on environmental issues. Bro. Rafael Donato's papers from Australia were also shown at the exhibit.

The whole environmental week celebration was organized by the La Salle Information System.

Cavite YES general assembly

by Judith A. Ordinario

"The best way to start environmental awareness is from grade one which will be developed in college."

Thus was how Dr. Oscar O. Bautista, EVP, De La Salle University-Aguinaldo, opened the Cavite Youth Earth-savers Society general assembly which was held on Sept. 10, at the Social Hall.

70 participants coming from four high schools in Cavite -- Cavite Institute, Immaculate Conception Academy, Infant Jesus Academy and the newest member, St. Francis of Assisi -- participated in the whole affair.

In his opening remarks Dr. Bautista, pointed out the projects of DLSU-A with regards to environmental awareness which involves greening, garbage disposal and curriculum inclusion of YES. "Compared to other La Sallian schools, ang La Salle - Aguinaldo ang nangunguna sa mga environmental projects particularly na ang greening," he proudly stated.

A recap on the history and past activities of Cavite YES was given. Getting-to-know-you activity and reading of the mission, vision and goal of Cavite YES followed suit. After lunch, the session resumed again. Participants were divided into groups and each gave a performance concerning Mother Earth. Plannings for projects took place. To lighten up the event, Points and Flexes Dance Group and Filipiniana Dance Company rendered a dance number. Teatro La Salliana performed a very hilarious play entitled "*Sino ang maghuhugas ng pinggan?*"

Cavite YES is the product of the Provincial Youth Earth-savers summit which took place last April 19-20, 1993 at the Immaculate Conception Academy in Dasmariñas. The mission, vision and goal of this organization is to initiate environmental projects among the youth of Cavite.



TEATRO La Sallians performed its version of Pol Dumols "Ang Paglilitis ni Mang Serapio" at the Dasmariñas Relocation Center High School at Area C, on September 15. The proceeds of the fund raising project went to the scholarship trust fund which the school raises. Photo above shows TEATRO actors presenting "Sino ang Maghuhugas ng Pinggan?" at the Cavite YES assembly.

Red Cross Youth in LS-A

by Nyra D. Colinares

The College of Nursing will organize the first Red Cross Youth (RCY) in La Salle-Aguinaldo. The training will be held on October 11-12, 1993. The college will invite trainers from Red Cross Manila to train a maximum of 20 faculty members and about 40-50 students of the school.

According to Rosalina Dulong, assistant dean, College of Nursing and one of the organizers, the college planned to have this training because our country is frequently experiencing disasters such as typhoon, floods etc.. She furthered that what happened to Mt. Pinatubo and Mayon Volcano may also happen to Taal Volcano and we should be prepared for any circumstances that may come. "The benefit you can get from

this training is you'll have the chance to serve your fellowmen and be sent to other countries," said Dulong. She also added that the RCY of La Salle-Aguinaldo will be sent to disaster areas and will become trainers to the future trainees. Other organizers are Perchie Ancheta, Gelly Papa, Thomas Rodriguez, Rosario Antonio and Ivy Mendoza. The chairman of the said organization is Sis. Carolina Agravante, dean, College of Nursing and Midwifery.

All students of the Lasallian community are invited to apply in this training. Interested students are asked to submit an application letter and a biodata for screening due to limited accommodation. The training is free of charge but it needs commitment.

Communicators Society holds tree planting project

by Bernadette de Guzman

The Communicators' Society launched a tree planting project last September 22 at the Palaruang La Salle. The ceremony was graced by the soci-

ety's adviser, Odette Conui. Benjamin Caparas, faculty, Department of Languages, did the honors of cutting the ribbon of two mango trees and two knife Acacia trees.

The Communicators' Society composed of AB Communication students, conducted the activity as a form of contribution to the DLSU-Aguinaldo environment.

The project started with an opening prayer by the society's president, Nadine Marie Miller, followed by an introduction to the activity. This was preceded by the cutting of the ribbon by Capayas. The closing remarks was given by the society's vice president, Bernadette de Guzman. And finally, a closing prayer by the president of AB Communication 1-1, Christopher Gutierrez.



SCIENCE...

from page 8

rush the other foods in order to get to it; drive a glass of water in between bites but don't do it when the food is still in your mouth; avoid mealtime diversities, like watching TV while eating; and if you can't get away from the radio, tune in to mellow music for this will slow down your chewing.

Rule #3 Don't vow to "never eat between meals."

If you feel like having a snack, go ahead. Just make sure

you have room for the calories in your daily calorie allowance. Treat each snack as if it's a meal.

Rule #4 Keep Food out of sight

Don't display all the foods or you'll just find yourself reaching for the cookie jar. You must have self control.

Rule #5 Move that body.

Be active! Take a walk, swim, jog -- make your own workout program. This will not only hasten your weight loss but it will also tone your body so you won't appear like a sluggish person on a diet.

Rule #6 Think positively. If after hopping on the scale

for 10 times you still see no improvement, don't lose hope. There will be times when you will overeat and reach a guilty point. It's part of the process, just resume your program next meal or next day.

Judith ended her suggestions by challenging dieters to persevere and think thin.

The latest news I've heard of concerning dieting is about a new brand of candy which affects the tongue's taste buds, making them reject sweet things for the next two hours. The candies are available in packages of 50, costing \$23. Another one is just a very simple

one - drink 8 ounce glass of coconut milk between meals to curb your appetite.

I think I had shared you now the best techniques you want to know. I can't imagine how sexy people of La Salle would soon be if they follow the different styles mentioned in this column. If this will happen, DLSU-A might be the next Calauan... oops! Careful!

This column accepts letters from readers who wish to ask about their health. Why don't you drop by at the Heraldo office. I hope to hear from you.

PT holds college week

The College of Physical Therapy held its college week on August 30 - Sept. 3.

A mass officiated by Fr. Jess Palileo, university chaplain, followed by a motorcade signalled the start of the affair.

A rummage sale was held on August 31 at the East Campus parking lot. The proceeds of the project goes to the energy fund of the college & the purchase of a photocopy machine for the college.

On September 1, the college co-sponsored a concert by Side-A, held at the Palaruang

La Salle.

Fungames which included power strike, relays, limborock & a cheering competition was the activity on Aug. 2. It was participated in by students, faculty & personnel of the college.

This year's Day Pugi-pugi pageant, held the next day, was titled "Huling Hirit, Huling Buga," after which, the college held its acquaintance party at the gymnasium.

This year's theme is "Makabuluhang Pagpapakasakit."



LS-A student places 2nd

La Salle Schools dominate History Quiz

by David A. Gualin

Dennis Trinidad, a 3-1 student of the College of Political Science, placed second in the Historical Quiz Elimination of Region IV, held at the Batangas Provincial Museum and Library on August 19.

The participants from the schools of Marinduque, Mindoro, Batangas, Cavite, Laguna and Rizal.

The declared topnotcher was La Salle - Lipa, closely followed by La Salle - Aginaldo while in third was the Philippine Union College. The competition was a series of ten item quiz, classified as easy, average and difficult. In the difficult round, Trinidad topped three of the four rematch of the quiz. The rematch were unavoidable because the participants were unable to reach the minimum score of nine correct answers. In the eliminations, the La Salle schools exhibited their vast knowledge on History.

Every school participant was represented by two students.



Trinidad was with Jupiter Trapero of P.T. 2-6, who was eliminated at the early round. Trinidad and Trapero was chosen as representatives of LS-A by Mr. Aquino Garcia, Coordinator of History, for placing first and second respectively in the 1992 History Wizard Quiz, held in last year's Coll. of Arts and Sciences Week.

The theme of the quiz centers on Nationalism, and was held to decide who will represent region IV at the National Historical Quiz in Manila in November.

College of Nursing places 2nd in literary-musical contest

by Joselito V. Aguilar

The *Dulaang Artistikong Kakayahansa Siningat Yamanng Aginaldo (Dulaang AKASYA)* of the College of Nursing placed second in the recently concluded Literary-Musical Contest held at the St. Paul Auditorium at St. Paul College of Ma-

nila on September 24. The theme of the competition was "Nurses... Tungosa Pagbabago."

The competition was participated in by five different Nursing schools, namely, Perpetual Help College of Rizal, see COLLEGE, page 13

DLSU-A bags first place in Math-Science competition

by Joseph Rodel R. Musca

The Department of Mathematical Science and Computer Studies (DMSCS) has marked another milestone for DLSU-A by garnering first place in the recently concluded Math-Science competition held on Sept. 7, at the St. Francis of Asisi College. The competition, which was segmented into easy, average and difficult rounds, was participated in by AMA Computer College of Makati, St. Francis of Asisi College, Bernardo College, Perpetual Help College of Rizal, and DLSU-A.

According to Edmund V. Campos, chair, DMSCS, the contest was not actually a total sweep on the part of the LS-A students. It was uphill work, particularly during the difficult round.

A week before the contest, there had been an elimination conducted on all PT second year students and some fourth year Biology students who were able to meet the requirements.

The result was two teams, with John Martin Balinghasay, Ivy Dimatulac and Cesar Pajuyocomprising the first team; and Romano Almonte, Joy Nam and Erwin Noche for the second team. In preparation, the line-up went through a series of training by the faculties of the DMSCS.

With the result of the competition, Campos reflected that the quality of Mathematics in DLSU-A is fast becoming competitive as compared to that of engineering schools nowadays.

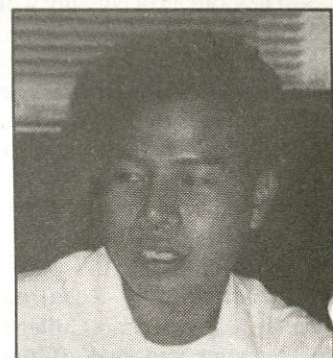
PT student performs at music fest

by Jose Ian B. Rivera

After earning the title of a Grand Prix winner in the 11th Technics Nationwide Organ Competition (Senior Category) that was held last June 19, 1993 at the Tanghalang Aurelio Tolentino of the Cultural Center of the Philippines, Gibson Gelladuga, a second year ASpre-PT student of DLSU-A, was given the chance to represent our country at the Technics World Music Festival held on September 19, 1993 at the International House in Osaka, Japan.

The Festival was an exhibition of all Grand Prix Winners around the world. Joining him for a friendly exhibition were Grand Prix winners from the United Kingdom, Belgium, France, Canada, Indonesia and Japan, later became his friends.

To support him in the event were his mother Mila Gelladuga, his sister Genevieve Gelladuga; his mentor Ferdinand Allan Leones, also a student of DLSU-A; and his close friends who were his inspiration in playing his best. He played the piece entitled *Policewoman* composed by Henry Mancini and



arranged by Carmencita Arambulo, to which the audience responded quite enthusiastically.

Some Americans in the audience congratulated him and asked him if he would be willing to work in the United States to promote Technics products there. A Briton even remarked that he has never before seen an organ player perform the way he did.

Technics toured their performers in an all expenses paid trip to Kyoto, a day after the festival. In all this Gelladuga has this to say: "My stay in Japan has made me contented and happy because my dream has come true."

CLEAPS Week held

by David A. Gualin

The College of Law Enforcement Administration and Public Safety (CLEAPS) held its college week on August 30-September 4 with the theme "Enhancing the Students' Role in the Criminal Justice System: CLEAPS-DLSU-A Commitment."

The CLEAPS week started with a mass celebrated by Fr. Jess Palileo, university chaplain, at the Social Hall, followed by a motorcade which went around the Dasmariñas town proper.

Meanwhile, a program participated in by parents and guests was held at the Social Hall. Dr. Proceso Concepcion, vice president for academic affairs, delivered the opening remarks while Dean Tirso Viray, LEAPS dean, presented the guests. Mrs. Cristy Y. Cafuir, president, Parents Organization of La Salle Cavite (POLCA) assured that even though POLCA has its own projects, it is willing to help the College of LEAPS in any possible way.

The field trip at the Phil. National Police Training Command (PNP TRACOM) at Gen. Castañeda, Silang Cavite last Aug. 30 was held as part of the

celebration of the college week. Students from all levels totaling 187 participants participated in the said trip. There they received a courtesy call from Col. Geronimo Bagsican, Superintendent of PNP TRACOM. The participants were briefed on the mission of PNP TRACOM in an orientation lecture by Col. Carungay.

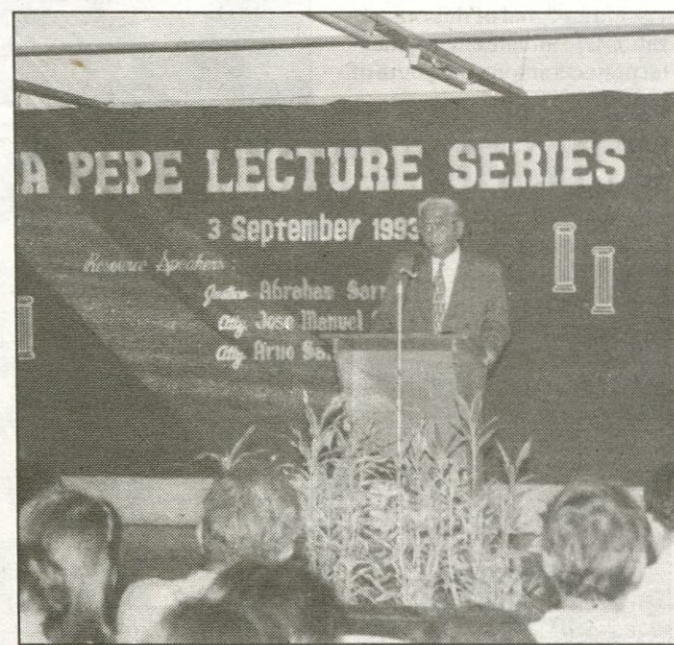
From the PNP TRACOM, the participants departed to the Phil. National Police Academy (PNPA). There they again received a courtesy call from Col. Aliño, Superintendent of the PNPA. According to Dean Viray, Col. Aliño could not believe that the PNP Cadets were convinced to perform their silent drills for the CLEAPS-LS students, because it is widely known that only privileged persons are allowed of the honors brought by the PNP Cadet Drillers. The drill was conducted late at schedule at the parade ground because of a heavy passing rain. The students left the place at exactly 4 p.m.

An Inter-Class Competition Sportsfest was held in connection with the celebration last Sept. 1. The competition was

among all year levels of the Criminology class and the Police Science class. Some of the games include basketball, volleyball and chess games. The OIC of the Sportsfest was Jose Sidlacan, faculty, CLEAPS.

A group lecture entitled "Seminar on Criminal Justice System" was another segment of the CLEAPS week held at the Social hall last Sept. 2. The

Justice Abraham Sarmiento, Trustee of the Jose W. Diokno Foundation, Atty. Jose Manuel I. Diokno, Corporate Secretary of the Jose W. Diokno Foundation and at the same time the Vice Chairman of the Free Legal Assistance Group (FLAG) and Atty. Amo Sanidad, a member of the Jose W. Diokno Foundation. The program ended with the closing



seminar was sponsored in cooperation of the Second year Certificate on Police Science class, headed by Rodel Esmilla and the BS Criminology class, headed by Sonny Boy Monzon. The seminar's guest speaker was Commissioner Alexis Canonizado of the National Police Commission (NAPOLCOM) who discussed the five pillars of Criminal Justice System namely the Law Enforcers, the Prosecutors, the Court, the Correction and the Community.

The first of a series of the Ka Pepe lectures is also a part of the CLEAPS week celebration held at the Social Hall last Sept. 3, 1993. It started with the cutting of ribbon by Carmen I. Diokno. The speakers were

remarks by Dr. Proceso Concepcion.

On the final day of the CLEAPS Week celebration, a firearms shooting competition was held. The champion was Rommel Consorio, a first year Police Science student followed closely by SPO4 Wilfred Ilano. Consorio won with a slight point of 34 over Ilano's 33 pts.

Also that day, the Police Science and Criminology alumni homecoming was held, sponsored jointly by the External Operations Office and the Alumni Association. The CLEAPS Week celebration ended with the resetting of the Awarding Ceremonies to the Sportsfest and Shooting Competition champions.

Garcia tops FEU oratorical contest

by Nadine Marie Miller

Lakandupil Garcia, a Filipino faculty of the Department of Languages, topped an oratorical contest held at the Far Eastern University on August 26. The contest, which was in celebration of the *Lingo ng Wika*, was participated in by students of the school, including those in graduate and post graduate studies.

Earlier, Garcia was tapped to host the opening ceremonies (which was done in Filipino) at the recently concluded 56th UAAP season on July 17.

Garcia took up AB Filipino and is now into his doctorate at FEU.



Apparently, his proficiency in expressing himself in the Filipino language was probably what enabled him to win the oratorical contest.



Polytechnic Week held

by David A. Gualin

The five-day college week of the Polytechnic College launched recreational, educational and social activities on Aug. 30-Sept. 4.

The recreational activities were comprised of the eliminations and championship of the inter-class basketball and volleyball teams.

On the other hand, a series of symposia & film showings were held at the Audiovisual Room and in Rooms 101 & 102 of the Polytechnic College. The symposia were held on Sept. 2.

For the first symposium, guest speaker, Virgilio Orilla, provincial senior manpower development officer of Cavite, updated the audience on the latest technological developments in the industry. His broad discussion started with 16-valve car models, cordless flat irons, electronic control units, up to the latest developments in computer as those used in the TV program Mission Impossible.

Entitled "Trends in Technology," the symposium was to uplift the moral of blue collar job holders, and to inform the students on the role of technology in the economic recovery of the nation.

A second symposium entitled "Your Attitude and You," had Ricardo Santiago, chair, Social Sciences Department, as guest speaker. As former personnel manager, Santiago shared his knowledge and ex-

perience in hiring applicants. He stressed knowledge on oneself, the cultivation of desirable work habits, and love of work, to which the participants responded quite actively.

Other activities that followed were the "Pasiklabansa Poly" which showcased dance and singing contest categories, and a logo-making contest.

Winners in the dance contest were Robert Ruiz, Electronics 2, in first place, and Gerry Quintana, Electrical 1, second. The singing contest winners were George Pineda, Electronics II-A, first place; Gil Batiencana, 6-month Automotive Tech., second place; and Edgar Abieras, 6-month Electronics, third place.

On the other hand, the On-the-Spot Logo-Making Contest held on Aug. 28 have the following winners: Michael Escotin, first place; Gerald Suage, second place; Joel delos Santos, Albert Baluyot, and Angelito Reyes, consolation. The first prize winning logo will be the official logo of the Polytechnic College, while the second placer will appear on the college's T-shirts.

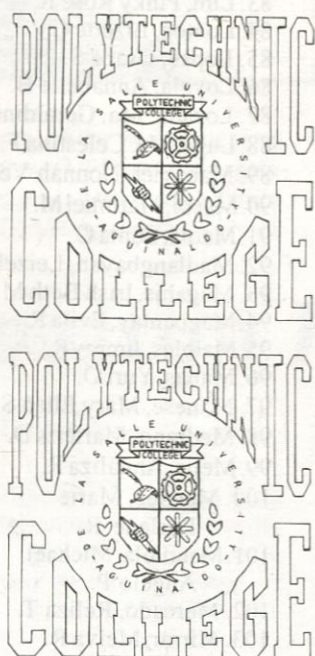
To conclude the affair was a disco in rooms PC101 and PC102, which featured the High Frequency Mobile. Before the disco, however, was the awarding of the winners of the different contests during the week.



POLYTECHNIC COLLEGE



POLYTECHNIC COLLEGE



DE LA SALLE UNIVERSITY - AGUINALDO Dasmariñas, Cavite

DEAN'S LISTER
2nd Semester, School Year 1992-93

COLLEGE OF NURSING

FIRST YEAR

106	Romeo Ladero Jr.	2.55
107	Guenivere Guinto	2.54
108	Jean Christine Valencia	2.54
109	Michael Ilano	2.53
110	Windon Reyes	2.53
111	Jane Hazel Reyes	2.53
112	Rafaila Jimenez	2.52
113	Eliza Morante	2.52
114	Israel Cabullo	2.52
115	Christopher Ochava	2.51
116	Alma Tulod	2.51

SECOND HONORS

1.	Delza Ramolette	3.34
2.	Ochoa Lovelia	3.29
3.	Audrey Reyes	3.24
4.	Bonna Leonor	3.14
5.	Jennifer De Quinto	3.13
6.	Emma Ruth Paz	3.09
7.	Clarissa Gerales	3.08
8.	Maricar Fajardo	3.01
9.	Candice Benitez	3.01
10.	Ma. Luz DAcasin	3.00

THIRD HONORS

1.	Annabelle Gubagaras	2.99
2.	Carmina Lasquete	2.96
3.	Catherine Vinzon	2.95
4.	Liezl Grace Lonzame	2.95
5.	Arnold Cabeje	2.94
6.	Christopher Hernandez	2.92
7.	Cherry ay Tablan	2.9
8.	Vanessa Manansala	2.89
9.	Anna Karenina Salonga	2.89
10.	Catherine Punzalan	2.89
11.	Fidelina Ramos	2.89
12.	Mary Grace Costelo	2.89
13.	Shirley Solis	2.88
14.	Ma. Julieta Navarette	2.88
15.	Eirene Mationg	2.88
16.	Carmela Pantas	2.88
17.	Pamela Espiritu	2.86
18.	Jayson Querubin	2.86
19.	Jennifer Loyola	2.85
20.	Glenda Solamo	2.83
21.	Ryan Joseph Urbano	2.83
22.	Marlon Urbizondo	2.82
23.	Noelisa Agustin	2.82
24.	Jewel Borja	2.82
25.	Arnel Bayot	2.82
26.	Benita Abatayo	2.81
27.	Jane Vales	2.81
28.	Lovenia Cortez	2.81
29.	Debonne Grace Espino	2.81
30.	Nilo Reyes	2.81
31.	Clarize Cernal	2.80
32.	Razel Videna	2.80
33.	Bernadette Bernardo	2.80
34.	Jojo Jacob	2.79
35.	Maria Cheriza Medina	2.79
36.	Alfa Parra	2.78
37.	Anna Marie Angeles	2.77
38.	Herbert Casimiro	2.77
39.	Marco De Lara	2.76
40.	Rowena Cepeda	2.76
41.	Lea Cruz	2.76
42.	Rodolfo Siens	2.75
43.	Arlene Torres	2.75
44.	Lovely Abad	2.75
45.	Richard Laigo	2.74
46.	Jericho Valera	2.74
47.	Rhodesa Rusit	2.72
48.	Ma. Carolina Felisilda	2.72
49.	Marianne Legaspi	2.71
50.	Michael Maloles	2.70
51.	Maricar Virtucio	2.70
52.	Romeo Poblete	2.70
53.	Joan Tuazon	2.69
54.	Lorenel Agrisola	2.69
55.	Eugene Jay Mangahis	2.69
56.	Neoldino Papa	2.69
57.	Rodney Costales	2.68
58.	Sarah Jane Pagtakhan	2.68
59.	Rosebelle Manipis	2.68
60.	Romela Reyes	2.67
61.	Marcos Bordeos	2.67
62.	Catherine Gallardo	2.67
63.	Jane Celeste Ramos	2.67
64.	Jannet Sabalboro	2.66
65.	Celestina Hicban	2.65
66.	Celerina Ocampo	2.65
67.	Peggy Ann Riate	2.65
68.	Neil Ian Gaila	2.64
69.	Maria Abul	2.64
70.	Rosebelle Barcelona	2.64
71.	Sherlyn Ganac	2.64
72.	Maria Cecilia Miranda	2.64
73.	Vherlyn Viray	2.64
74.	Shalini Dela Cuesta	2.64
75.	Ma. Amparo Lumagui	2.63
76.	Jennie Aranda	2.63
77.	Julius Base	2.62
78.	Cynthia Tabumal	2.62
79.	Jennifer Mojica	2.62
80.	Joselito Marasigan	2.62
81.	Jacqueline Villaloz	2.62
82.	Emmalyn Binauhan	2.61
83.	Sonia Camacho	2.61
84.	Hazel Joy Valdez	2.61
85.	Arminda Casuga	2.61
86.	Rainier Valenzuela	2.61
87.	Ronald Rommil Bellen	2.60
88.	Cherry Ann Deriada	2.60
89.	Lennie Javier	2.59
90.	Esmeralda Sanchez	2.59
91.	Mavoumeen Andra	2.59
92.	Ariel Sarinas	2.58
93.	Bernadette Satsatin	2.58
94.	Ehlen Dela Rea	2.58
95.	Allan Catibayan	2.57
96.	Marlyn Ortiz	2.57
97.	Ronald Cudiamat	2.57
98.	Maybellen Molina	2.57
99.	Olga Marie Garcia	2.57
100.	Sheila Baldugo	2.56
101.	Rodante Calixterio	2.56
102.	Janice Salvador	2.56
103.	Daisy Dayrit	2.55
104.	Lovella Alfonso	2.55
105.	Lizanne Marie Rocas	2.55

SECOND YEAR

FIRST HONORS

1.	Sherwin L. Criseno	3.56
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SECOND HONORS

1.	Rhoda Christy A. De Lara	3.41
2.	Fritzie R. Santos	3.30
3.	Erwin L. Criseno	3.28
4.	Jose Riel S. Sanariz	3.24
5.	Emelinda H. Ignacio	3.11
6.	Reya A. Mendoza	3.03

THIRD HONORS

1.	Ma. Sheryl C. Lucero	2.98
2.	Dennis O. Zorilla	2.97
3.	Ma. Liz A. Lanuevo	2.93
4.	Roderick Holden D.C. Herce	2.91
5.	Rubie G. Gensaya	2.88
6.	Arren L. Melo	2.88
7.	Joy A. Gamotin	2.83
8.	Fe C. Hernandez	2.81
9.	Jennifer M. Saria	2.80
10.	May M. Bautista	2.79
11.	Jennifer V. Bautista	2.79
12.	Arvin T. Hiwatig	2.79
13.	Jocelyn A. Pangilinan	2.77
14.	Katrina P. Rubrico	2.77
15.	Erma Viera A. Macairap	2.76
16.	Jean Gene G. Antonio	2.73
17.	Rowena C. Arriola	2.73
18.	Leonida S. Agustin	2.72
19.	Arlene S. Dela Cruz	2.68
20.	Anna Liza C. Estudillo	2.68
21.	Belinda R. Penafiorida	2.66
22.	Ma. Candice A. Balasico	2.65
23.	Rhennie Rose E. Lontoc	2.65
24.	Ellen S. Aledia	2.63
25.	Rodeth C. Advincula	2.62
26.	Liezl M. Nicolas	2.62
27.	Lea L. Mangubat	2.62
28.	Vevely S. Naldoza	2.59
29.	Melany V. De Leon	2.50

THIRD YEAR

SECOND HONORS

1.	Sarah Marayag	3.28
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THIRD HONORS

1.	Relly Viray	2.90
2.	Ma. Jennifer Asistores	2.91
3.	Julia Grace Rosell	2.87
4.	Marigold De Leon	2.86
5.	Emmanuel Canlas	2.85
6.	Lailanie Pascua	2.81
7.	Larcy Ann Portades	2.80
8.	Enrico Belarga	2.75
9.	Mary Ann Bleza	2.75
10.	Shiela Puig	2.71
11.	Joselito Aguilar	2.70
12.	Roselee Fauni	2.70
13.	Janette Daywan	2.70
14.	John Trix Erese	2.69
15.	Marichelle Ballardid	2.69
16.	Dorothy Ilano	2.69
17.	Ma. Jennifer Lazo	2.69
18.	Rogehni Nono	2.69
19.	Rhoda Amora	2.67
20.	Lea Valero	2.64
21.	Arlene Angkiko	2.64
22.	Ma. Cecilia De Salit	2.64
23.	Jocelyn Ramirez	2.64
24.	Michelle Canonizado	2.64
25.	Christian Timbang	2.63
26.	Krystine Abutin	2.62
27.	Jeanette Esperanza	2.61
28.	Ruby Ann Torres	2.60
29.	Leah Guarin	2.58
30.	Vivian Fandida	2.56
31.	Sheila Marie Santos	2.56
32.	Ma. Aurora Hermosa	2.56
33.	Mae Abigail Paredes	2.56
34.	Cherylyn Velarde	2.55
35.	Allan Legaspi	2.54
36.	Ma. Ivy Padilla	2.54
37.	Nerissa Teodoro	2.54
38.	Tricila Elaine Bautista	2.53
39.	Floren Anceno	2.53
40.	Chad Matabilas	2.53
41.	Charito Sango	2.53
42.	Michelle Javier	2.53
43.	Rosa Fe Mendoza	2.53
44.	Sonny Jacob	2.52
45.	Mildred Ricasata	2.52
46.	Jennifer Santos	2.52
47.	Christian Timbang	2.52
48.	Ma. Juveline Garcia	2.51

ADDENDUM:

COLLEGE OF NURSING
DEAN'S LISTER
FIRST SEMESTER 1992-93

see DEAN'S, page 14

CAS week held

by Joseph Rodel R. Musca

The College of Arts and Sciences held its college week on Sept. 15-18, with the theme: CAS beyond 2000 "Getting Bigger, Moving Closer." The week was, for its purpose, to promote goodwill and unity

among students and faculties.

In line with the celebration, fun games, a booth competition, exhibits, a sportsfest, concerts, quiz shows and a series of symposia were added to make the affair more attractive.

The week started with the distribution of t-shirts to different participating teams namely, green, red, yellow, black, gray and blue, after which the parade of banners followed.

A eucharistic mass, officiated by Fr. Jess Palileo, university chaplain, was celebrated at the gym and was attended by members of the college. The opening ceremony followed: the presentation of teams with their banner exhibit, the traditional lighting of torch, the recitation of the oath of sportmanship, the pageantry of muses and escorts, intermission numbers and the announcement of winners.

The Green team bagged the cheering competition while the

see CAS, page 14



SA celebrates college week

by Juliette P. Icawalo

The College of Secretarial Administration celebrated their College week on Sept. 21-25, 1993.

The celebration was started

with the cutting of the ribbon. Faculty members and students headed by guest speaker, Milagros Casimiro, president the Association of Secretary, attended

in typing, steno and computer encoding.

The finale of the SA week was the college's acquaintance party held at the Social Hall. It



with the blessing of the new pathway of the College of Secretarial Administration by Fr. Jess Palileo. The Dean of Secretarial Administration, Myrna Ramos, did the honors

of the ceremonies. Events that highlighted the celebration includes the inter-skill competition wherein the best students from the different year levels displayed their skills

was also during the party when CSA's own newspaper magazine, the SA GAZETTE, was launched.

The SA week celebration was funded by SA Council fund.

INSTITUTIONAL...

from page 1

or any dark blue pants. Colored shirt inside the polo is not allowed.

"For the female, prescribed white blouses and green slacks with black belt and closed black shoes." Female students not covered by this provision may still wear the old uniform.

All first year to third year students are enjoined to abide by the policy, except for graduating students, who still have to be issued permits by their respective deans to prove that

they are indeed graduating, and to be allowed entrance into the school in their jeans and white polo.

On the other hand, the pin, which bears the school seal design, was approved by the Executive Committee of the SSC and the Student Affairs Council. A P36 amount will be incorporated into the miscellaneous fees for the second semester for the purchase of the pin, which students can avail of at the SBC upon showing their registration cards.

71.1%...

from page 1

- | | |
|---------------------------------|----------------------------|
| 11. Camutin, Emmylou | 37. Layon, Edwin |
| 12. Capulong, Ric | 38. Liboro, Angel |
| 13. Chavez, Frederick John | 39. Liwanag, Noel |
| 14. Cordova, Leo Jason | 40. Lozada, Charlie |
| 15. Cortez, Shirley | 41. Lu, Jasmin |
| 16. Costa, Ethel Cindy | 42. Lucena, Adelaida |
| 17. Cotoco, Anson | 43. Magsanoc, Mildred |
| 18. Daclison, Dennis | 44. Maligaya, Alma |
| 19. Dela Rea, Remigio | 45. Maniago, Aileen |
| 20. Dela Rosa, Forwen | 46. Melocoton, Cid Anthony |
| 21. Diaz, Michael | 47. Mercurio, Joel |
| 22. Dolor, Frederick | 48. Obrero, Emelia |
| 23. Evangelista, Jose Erwin | 49. Pacheco, Aurora |
| 24. Ferido, Jo Ann | 50. Pangilinan, Aileen |
| 25. Fidelino, Angelina | 51. Parel, Cecilia |
| 26. Gayamo, Josielyn | 52. Peregrino, Ray |
| 27. Gepanaga, Sarah | 53. Ramos, Nicomedes Jr. |
| 28. Guevarra, Jose Nephthalie | 54. Saiwilai, Ratana |
| 29. Guiao, Christopher | 55. Sajor, Joel |
| 30. Hernandez, Lennie | 56. Salazar, Lizabeth |
| 31. Hidalgo, Bernadette | 57. Santos, Ma. Cielito |
| 32. Inocencio, Michael Theodore | 58. Segarra, James Noel |
| 33. Joya, Ma. Elena | 59. Tan, Jonas |
| 34. Lagunilla, Jane | 60. Tapales, Ma. Leonora |
| 35. Laroscain, Romeo | 61. Torres, Angelica |
| 36. Lasig, Joel | 62. Videna, Vivianne |
| | 63. Villania, Imelda |
| | 64. Wilan, Joel |

EXCUSES....

from page 1

submit/give their classcards to their respective teacher for record purposes at the beginning of each semester.

3. The list of names of cadet officers and Performing Arts members plus the names of their instructors and their schedules must be submitted by the Commandant/Advisers/Coach/Trainer to the PEAR Director after it has been noted by the Performing Arts Coordinator and approved by the Dean of Student Affairs.

4. Their coaches/trainors/advisers will be the one to give them grades which should be submitted to the PEAR Director two weeks before the deadline of submission of grades in all terms (Prelim, Mid-term, and Finals).

For ROTC program, the committee agreed on the following:

1. Only first and second year students are excused from CMT. Third and fourth year students are disqualified because this may only be used as a escapegoat in passing the course.

2. The list of names of the male varsity players and cultural arts group members should be submitted to the office of the CMT Commandant by the PE Faculty and respective advisers/trainors for information and record

purposes after it has been noted by the PEAR Director and Performing Arts Office Coordinator and approved by the Dean of Student Affairs.

3. They are required to attend attend CMT every last Sunday of the month in complete uniform. If they exceed four absences within a semester, they will be dropped.

Other Guidelines:

1. The PEAR Department can invite the Performing Arts members to present a number in any activity that may require them.

2. If the Varsity players and the Performing Arts members fail to attend the rehearsals/practices regularly and also do not attend the CMT training once a month, they will be given a grade of 0.0 failed or dropped.

3. The Performing Arts group members taking up PE 1 and 2 can be pulled out from their PE classes one week before their presentation.

4. In some cases that advisers/coach/trainors leave the school and these students are not given grades in PE the Dean of Student Affairs is authorized to do so.

5. The implementation of guidelines has been effective since July, 1993.

DECS...

from page 1

levels at the decision of the individual school head, whether public or private, especially when prolonged floodings in the school area, and other calamities such as volcanic eruptions and earthquakes occur.

Finally, on the lifting of the suspension of classes, the sec-

retary of Education, Culture, and Sports shall make the announcement in the rare case when suspension of classes is nationwide. The lifting of suspension of classes should be made preferably on the day before or not later than 4:30 a.m. on the day when classes are to be resumed.

98.17%...

from page 1

- | | |
|----------------------------------|-----------------------------------|
| 1. Abad, Joy Rhoda P. | 83. Lim, Pinky Rose R. |
| 2. Abinales, Marilyn L. | 84. Lontoc, Lizette C. |
| 3. Abraham, Ma. Angelica J. | 85. Lopae, Grace S. |
| 4. Agoigos, Ryan R. | 86. Loyola, Annabelle B. |
| 5. Agustin, Edwin S. | 87. Lozada, Ma. Geraldine D. |
| 6. Alarcon, Venus C. | 88. Luga, Ma. Celestina F. |
| 7. Alava, Lorna G. | 89. Macasaet, Nonnah Vee D. |
| 8. Alba, Maribeth P. | 90. Macol, Marimiel M. |
| 9. Alegre, Gina C. | 91. Maola, Sonia C. |
| 10. Alva, Joan C. | 92. Madlangbayan, Leizel E. |
| 11. Alvaran, Elsa P. | 93. Magahis, Irish Beth M. |
| 12. Amoy, Geamph H. | 94. Magpantay, Evita R. |
| 13. Anahaw, Cecilia L. | 95. Maloles, Jimmy R. |
| 14. Anarna, Anna Lissa C. | 96. Manas, Yuri O. |
| 15. Andreus, Maricel T. | 97. Manese, Mary Ellen S. |
| 16. Anonuevo, Abigail U. | 98. Medrano, Maricris D. |
| 17. Apitan, Willibeth M. | 99. Mejia, Annaliza R. |
| 18. Arellano, Cristina T. | 100. Mendez, Marie Darlene R. |
| 19. Ariate, Luningning V. | 101. Mendiola, Michael Angelo P. |
| 20. Arro, Randall A. | 102. Mercado, Reliza T. |
| 21. Asistores, Rosellie V. | 103. Mirrar, Melva R. |
| 22. Atanacio, Nancy May G. | 104. Montanez, Nina Conception J. |
| 23. Balibalos, Conception I. | 105. Monzon, Neliza L. |
| 24. Basa, Maricar C. | 106. Morales, Edgardo P. |
| 25. Batican, Irene V. | 107. Morales, Judith C. |
| 26. Bautista, Miriam M. | 108. Naval, Michael Anthony F. |
| 27. Benedicto, Evengeline M. | 109. Navarro, Ma. Cristina V. |
| 28. Bermudez, Analisa A. | 110. Obedos, Darius A. |
| 29. Betancor, Emily P. | 111. Ocampo, Lloyd Patrick S. |
| 30. Biola, Alma Victoria D. | 112. Oliver, Jennifer C. |
| 31. Broas, Jocelyn B. | 113. Pacis, Ferdinand A. |
| 32. Buenaventura, Rowena D. | 114. Papa, Geodelio T. |
| 33. Calilap, Darwin S. | 115. Parales, Janette O. |
| 34. Caminade, Catherine Grace O. | 116. Paredes, Jeremiah S. |
| 35. Canan, Richard A. | 117. Paredes, Marilen S. |
| 36. Capili, Loida S. | 118. Pascua, Leslie C. |
| 37. Castro, Gener P. | 119. Pineda, Richelle M. |
| 38. Castro, Marsha Lou M. | 120. Plamio, Avegail S. |
| 39. Casul, Melissa Anna L. | 121. Poblete, Ronalyn C. |
| 40. Caubalejo, Emerita T. | 122. Poderoso, Maribel M. |
| 41. Chavez, Eva C. | 123. Pombuena, Glenn Paolo |
| 42. Concha, Consuelo D. | 124. Quilatan, Arnold L. |
| 43. Coronel, Jocelyn T. | 125. Relos, Teresa A. |
| 44. Cortez, Cynthia D. | 126. Remulla, Miriam R. |
| 45. Cortezano, Dennis Kim R. | 127. Reyes, Abel A. |
| 46. Dailo, Avegel G. | 128. Reyes, Anna Rowena M. |
| 47. Damandaman, Antonette P. | 129. Reyes, Marilen C. |
| 48. De Guia, Leonila A. | 130. Rocas, Thomas Allandale III |
| 49. De Guzman, Geraldine S. | 131. Rodriguez, Bernardita A. |
| 50. De Ocampo, Ma. Rowena R. | 132. Rodriguez, Jennifer Joy O. |
| 51. Dela Cruz, Ma. Thea C. | 133. Romen, Elisa M. |
| 52. Dela Rama, Elinor G. | 134. Salazar, Mary Rose J. |
| 53. Dimapilis, Thelma V. | 135. Salvador, Heidi P. |
| 54. Diokno, Liezel M. | 136. Sapinoso, Ruby B. |
| 55. Diolata, Charry P. | 137. Saquisame, Mylene S. |
| 56. Dipasupil, Dalisay D. | 138. Saquiton, Jefferson E. |
| 57. Docentes, Tirso T. Jr. | 139. Sarroca, Maricel A. |
| 58. Enano, Jona Lou J. | 140. Saz, Elizabeth C. |
| 59. Ersando, Elmer R. | 141. Sepulveda, Cecilia U. |
| 60. Espiritu, Mary Grace P. | 142. Sico, Joy M. |
| 61. Evangelista, Lorraine T. | 143. Sienes, Ma. Theresa A. |
| 62. Francisco, Sheila M. | 144. Silan, Arminda M. |
| 63. Fuentes, Gemma P. | 145. Sison, Ma. Lizette V. |
| 64. Fuentes, Marie Angeli R. | 146. Solis, Annabelle A. |
| 65. Galing, Rimel Anthony B. | 147. Solis, Charito L. |
| 66. Garcia, Mary Grace M. | 148. Talusan, Isabel G. |
| 67. Geluz, Aileen Ann B. | 149. Tapawan, Hilda S. |
| 68. Gener, Regis S. | 150. Tapawan, Rolando V. |
| 69. Guevarra, Jonathan P. | 151. Toledo, Angelica T. |
| 70. Guiman, Ma. Lovella D. | 152. Toledo, Joel A. |
| 71. Hayag, Annaliza N. | 153. Torculas, Anna Liza A. |
| 72. Hebron, Mary Ann C. | 154. Trupel, Hilda R. |
| 73. Hernal, Geraldine D. | 155. Tupino, Maria Christine P. |
| 74. Herrera, Ruby Ann R. | 156. Umali, Rosalyn L. |
| 75. Ignacio, Jonah G. | 157. Vasquez, Charmaine Alana |
| 76. Ilawan, Ma. Irene C. | 158. Velasco, Alvin M. |
| 77. Jamir, Julie Ann D. | 159. Velasco, Reginald J. |
| 78. Javier, Jess M. | 160. Videna, Christopher G. |
| 79. Jimenez, Liza C. | 161. Yumang, Eduel |
| 80. Juangco, Cristina B. | |
| 81. Lepardo, Melchorito R. | |
| 82. Lim, Leilina B. | |

ANECDOTA...

from page 5

A Generous Teacher

"Anong score mo?" one student asked a classmate of his after knowing the result of their midterms test.

"Wag na lang, nakakahiya eh," his classmate replied.

The teacher in front, noticing the reactions of the students regarding their scores, tried to comfort them.

"Okay class, kung sinong pupunta sa (acquaintance) party, may plus ten sa subject ko."

"Yehey! Ambait talagani ma'am. Biromo, magbabayad lang tayo ng P300, may plus ten na."

But then again, who said it is so?

-Carranza

Samples, Any-one?

One advantage of being a female is having access to free samples from promo gimmicks like that of the Palmolive 6-item promotion that occurred recently at Gate 1.

Students then flocked and took advantage of the gimmick. Soon, however, people from outside the school were also asking for the free samples. The promo girls, who were probably irritated or confused, refused them, thus prompting one lady from the community to comment: "Bakit, para lang basa mayayaman 'yang Palmolive samples n'yo?"

-Macaspac

Assembly - What?

Undecided where to hold their acquaintance party due to protests of some students, a college council called for a general assembly.

During the assembly, the students were asked whether they should still hold an acquaintance party or not. They were told to go to the right side of the gym if they agree to an acquaintance party, and to the left if they disagree. Now, it so happened that majority went to the left side.

Seeing the students' decision, one teacher went onstage and shouted angrily: "Hindi p'wedeng walang acquaintance party dahil traditional iyan!"

Comment from one student: "Hindi naman pala puwedeng wala, bakit tinanong pa?"

-Colinares

The Doctor is OUT

A faculty of the College of Education just probably could not contain her pride of their college that she showed one student how close faculty members are in their department.

"O, tingnan mo kami rito," she said. "Sama-sama kami nagkakainan. Pati si Dr. Capayas, nakikihalos amin. Dito sa college namin, walang doktor-doktor!" to which, one faculty agreed: Oo nga. Walang doktor-doktor dito, dahil dito walang may sakit."

Now, that's the spirit!

-Oliveros

Psych, Not Psycho!

"Ano nga bang course mo?" asked one student to his friend.

"AB Psychology," came the reply.

"A... Psycho..."

"Tsong, h'wag psycho, psych nalang, puwedepa. Iba nakasiang ibig sabihin 'pag psycho, e.'"

-Oliveros

Bad Boys: Huwag Na Lang Daw Patulan

"Di lingid sa ating kaalaman, lalo na sa mga kababaihan-- mapapestudyante, non-teaching staff at maski mga guro man-- na may isang grupo ng mga kalalakihang tinaguriang "Bad Boys" (tila may mastermind, ang presidente marahil ng Bad Boys Club) na may air conditioner, television, at refrigerator na take note: pulos beer ang lamansa kanilang opisina. Kinaiinisan at kinatatakutang puntahan ng mga kababaihan ang opisina nila.

Bakit?

"Pulos green at tsismis ang laman ng isip... mga bad boys nga. May papuntahin kang intern doon, at babalik na may kuwento: si ganito ay binuntisni ganiyan. Totoo ba 'yon...?' Ayan. Pati mga bata tuloy nakakasagap ng masamang hangin.

Mayroon ring ibang propesora na napupuno kung minsan at nakapag-iwan tuloy ng masamang salita dahil na rin mga sikat(?) na bad boys... wala namang ginagawa ang mga iyan, eh!"

Marahil nga, ang ginagawa ng matatanda ay ginagawa ng mga bata kaya naman patuloy ang pagkalat o pagdagsa ng mga miyembro ng Bad Boys Club sa college na iyon. Kaawa-awa naman tuloy ang mga babaing pinaluluha na lamang ng mga salitang pinilantik ng dilang nangangati 'pag walang masabi.

Ano kayang dapat gawin sa ganitong mga edukador? Kumibit-balikat na lamang ang isang administrador at sinabi: "huwag na lamang patulan..."

-SRA

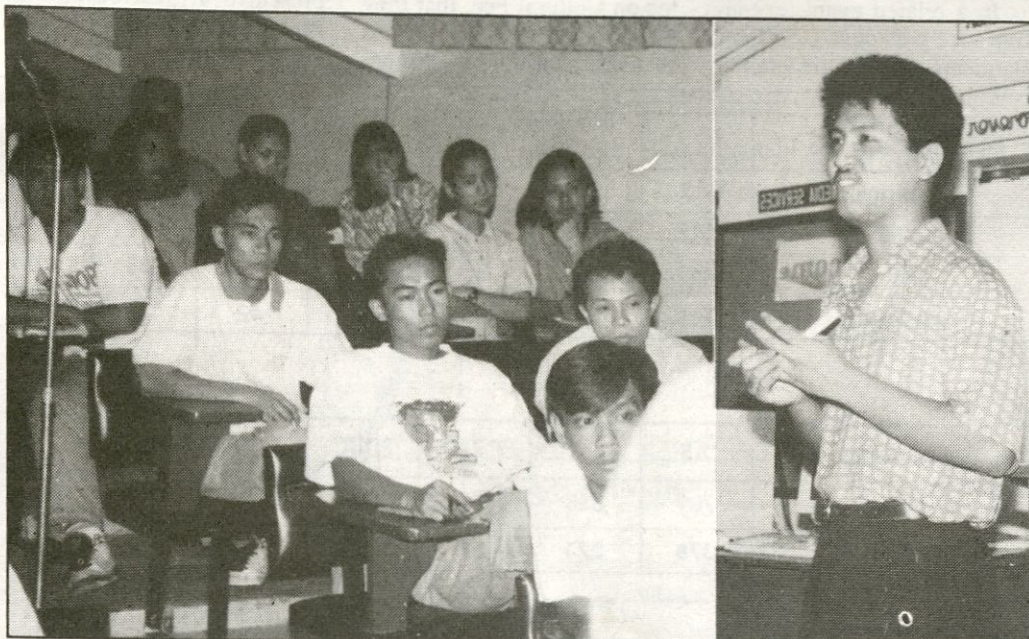
(contributed)

Seminar on utilities held

by Aivi N. Remulla and David A. Gualin

The Movement for the Advancement of Computer ReOrientation (MACRO) sponsored a second group study entitled "Seminar on Utilities," on September 11, from 1 pm - 5 pm at the Audio Visual Room. The seminar was held in fulfillment of MACRO's intention of conducting two seminars every school year.

Laviña, instructor and guest speaker, discussed three specific utilities: Disk Operating System (DOS), PC Tools and Norton Utilities. He encouraged the participants to dominate the Disk Operating System before trying to master the other utilities. This is because of the DOS simplicity and easy operations. He enlightened the participants in his lectures on how to search for a deleted file, how to recover a file on a damaged diskette and how to check the precision of the computer's hardware. He also emphasized



on the sensitivity of the internal parts of the Central Processing Unit (CPU).

Laviña, a graduate of BS Computer Science at the Uni-

versity of the Philippine, Los Baños (UPLB), presently works as computer professor in DLSU-Aguinaldo for two years.

The seminar was attended by members and non-members of the MACRO organization and some non-teaching staff of DLSU-Aguinaldo.

PT life symposium held

by Raul Anthony V. Carranza

Physical Therapy 2-8 and Guidance and Counseling III sponsored a symposium entitled "PT life: Survival of the Fittest" on Sept. 13, at the Audio Visual Room. The sym-

posium aimed at acquainting AS pre-PT students with PT life and to discuss common problems encountered by PT proper students.

The symposium was graced

by Socrates Figueras, head of the admission committee, College of PT, Valerie Javier, faculty, College of PT, and some PT proper students.

During the symposium, the students were informed on the study habits of PT students, their experiences as PT students and a lot more regarding PT life.



FICTION...

from page 4

malilikom ang ilang gastusin sa darating na RT week sa Nobyembre. One benefit that could be extracted from the fund raising was RT's yearly activity to outside communities which benefitted some 200 families last year.

To the latter objective, I almost guffawed. *Muntik na ho akong matawa nang marinig kong ang isang parte ng pondong malilikom ay magbe-benefit ng mga tao sa relocation area sa labas ng La Salle-A.*

Nope, the cause is indeed noble. *Maganda po ang proyekto ng RT tungkol sa fund raising na ito.* However, when one knows what RT students went through to provide for this, everything just starts to BLAG! -- go down. And realizing the absurdity of it all, it's just too hilarious! *Bakit kan'yo?*

Miss Escanilla herself admitted that there were a number of students who, unable to pay the party tickets, stayed home and probably decided not to finish the whole semester anymore. *Hindi na*

raw pumasok ang ilang estudyante at, ayon pa kay Miss Escanilla, itoraw ay upang makaiwas na lamang sa pagbabayad sa tiket nila.

Ang lumalabas po kasi nito, parang mas pinahalagahan pa ng CRT ang mga mahihirap na tao sa labas ng La Salle kaysa sarili nilang estudyante.

I repeat, the cause is noble. But then again, nobility, at most times, can also be associated with **hypocrisy**. In the first place, why feed other people's children first when you can not even feed your own?

Justice first before charity. If CRT decides to give bread out of charity, why give its own students a snake? I think, the act was gross injustice!

To our administration: *Baka puwede naman ho nating i-abolish itong gawain na pagho-hold ng permit ng mga estudyante sa mga fund-raising projects. Hindi ko ho tuloy masisi ang ilang estudyante nang sabihin nila ang eskwelahan daw na ito ay puro fund raising na lang ang ipinapairal.*

And lastly, I would like to call the attention of the DMSCS: *'Yung ilan po sa mga outlet n'yo sa computer laboratory, wala na hong takip. Baka puwedeng takpan naman ho natin ito.*

COLLEGE...

from page 10

Far Eastern University, Manila Doctors (third place), Pamantasan ng Lungsod ng Maynila (first place) and DLSU-Aguinaldo.

It was the first time that DLSU-A participated in the said competition. The competition started in the mid 70's, has undergone revivals, and participated in by different universities. It is held annually and is

hosted by the sponsoring school who usually won first place in the previous year.

DLSU-A would have won first place had not the school received a deduction of 25 points. The 25-point deduction was due to our delegates' presentation which had a 20-minute run over the 20 minutes allotted for each presentation.

'Nurses.....Tungo sa

Pagbabago," as this year's theme for the competition focus mainly on change towards a true ideology of what Nursing service is -- service first before profit.

The *Dulaang AKASYA* performing group that represented our school is composed of selected nursing students from all levels. The group gained popularity when they presented the Bohemian Rhapsody by the Level II Nursing students in 1991, at which they placed first at the the Concept Presenta-

tion during the CNM College Week. For the second time, the group presented Aladdin by the Level III in the recently held CNM Acquaintance Party on August 29 at the Westin Philippine Plaza. They again got first place at the competition.

The group is under the direction and supervision of Orly Flatero, and headed by Jose Riel Sanariz, CNMSC vice president external. The Literary-Musical Contest was the third major activity of the CNM

Seminar for secretaries

by Raul Anthony V. Carranza

To add knowledge and skills needed to be an effective secretary; to gain first-hand information about the problems commonly encountered by secretaries; and to broaden the perspectives on how to be an efficient secretary, a seminar entitled "Efficient

Secretary Leads to a Progressive Country" was held on September 8, at the Audio-Visual Room.

Guest speaker Evelyn Concepcion, executive secretary to the chairman, LBC, Express, Inc. lectured on telephone etiquettes, moods of your boss, use of office equipment, proper way of grooming and on receiving compliments from your boss. The lecture was then followed by an open forum.

Concepcion's parting words were, "Behind every success-



ful businessman or woman, is an efficient secretary."

The master of ceremonies was Ann Roselle Aguilar.

Liberalism discussed

by Christine Poblete and David Gualin

"Liberalism is the freedom of expression, but is within the bounds of your rights."

Thus quoted Antonio Margallo, faculty, Social Sciences department during the Liberal Youth symposium presented by RT II-2 students in coordination with the Guidance and Counseling Office at the AVR. The aim of the symposium was to give the students better insight on how to properly express their liberal ideas as youth in the times.

The three-hour activity was initiated by the opening remarks by Arman Gonzales who compared the difference between liberal ideas of yesterday's and today's youth. "The past generation listened to issues of their day, but kept their ideas to themselves," he said. "Today's youth are more liberal. They search for truth in events and assert their ideas no matter who gets hurt."

Guest speaker, Margallo, debating team head of DLSU-A, expound on the topic liberalism. He cited three things to be considered: that liberalism is independence from authoritative policies, acceptance of new ideas, and rights and privileges among people. Sofia Remulla, faculty Department of Lan-

guages, claimed: "Noon, ang salita ng magulang ay batas, ngayon ang magulang ang nag-adjust sa mga anak."

Oliver Cristobal, third year speaker from RT II-2, discussed the mutuality and impulsiveness of today's youth. He emphasized: "Tayo ay iba sa nakaraan at tayo rin ay magiging iba sa kinabukasan."

In the open forum, the speakers focussed on related issues of liberalism like: radicalism, pre-marital sex, boy-girl relationship, live-in, marriage, parent-children disputes and others.

As was discussed, liberal ideas were introduced to the Philippines by the Americans to allegedly "destroy" the Filipino nation. But as time went by, it paved way to positive rights such as human rights and gender equality. Furthermore, the thought that liberalism is always radical is a misconception too: "Liberalism is more of an evolution while radicalism is more of a revolution."

After the final words of the speakers, the awarding of certificates was conducted by Roslin de Ala, guidance counsellor. Susan Alcaraz, adviser of RT II-2 concluded the affair with her closing remarks.

AN INTERVIEW...

from page 5

7) Any words that you would like to add or clarify regarding the topic nationalism. Please state.

Simply stated, let us practice what we preach. To quote Vincent Wassey, a Canadian educator, with slight variation we can have this credo:

"I believe in the Philippines with pride in her past, belief in her present, and faith in her

future.

"I believe that the Philippines is one, and that if our minds dwell on those things which its parts have in common, we can find the unity of the whole.

"I believe that with sound work, the spirit of a team, and an awareness of ourselves, we can look forward to achievements beyond our imaginings."

Student Council.

The CNM Student Council wants to extend its heartfelt gratitude to the following who supported the delegates in the said competition: Arman Sim, SSC; Dean Laura Campos; Mrs. Mabini Leveriza, Mrs. Susan Joya, Ms. Aida Panganiban,

Mang Ed and Mang Ablang, Evie Atienza, Myrna Daniel; Engineer Construction Site; Mr. Deo Abiog, Alumni Association; Dr. Ochoa, POLCA; to the students, faculty and the dean of the College of Nursing -- Sr. Carolina Agravante, and to the director -- Mr. Orly Flatero.

KAMPUSAP...

from page 6

corridor ay halos takbuhin ko na ang main door para makaalis sa pinagmumulan ng nasabing amoy. Halos pigilin ko na ang paghinga hanggang sa makalabas ako sa corridor na iyon. Bakit? Dahil nga sa sari-saring amoy na di mo maipaliwanag.

Paglabas ko ay aking nawika "Hay salamat, nakahinga din ako ng maluwa," (sabay hinga ng malalim). Pero alam ninyo ba, sa halip na magluwag ang paghinga ko eh tila lalo yatang nagsikip. Paano ba naman, naiibang amoy na naman ang dumapo sa aking ilong na halos ikasuka na ng aking sikmura.

Kung dati'y nagmumula sa mga inooperahang hayop, ngayon nama'y iba. Nagmumula naman sa CR. Ang di ko lang alam ay kung sa girls o sa men's comfort room umaalingasaw.

Napag-uusapan din lamang ang katagang "dirty," alam mo ba na napakaraming langaw sa isa sa mga kainan sa East Campus? Sabi nga ng isa kong kasama sa sobrang dami, eh halos maisubo na niya. How disgusting!!!

Hay, tayo talagang mga tao, walang kasiyahan. Pagkain ay hiniling, pinagbigyan ng daing. Binigyan ng mga canteen, nagreklamo pa rin.

Paano may dapat ireklamo. "Ika nga, "ang Kampusap-usap ay hihirit hanggang ang isyu'y mainit..."

Isang tanghaling tapat naman, tatawag kami sa isang department. "Ika nga, eh, emergency lang naman, kinakailangan lang naman naming itanong kung baka naiwan na kami ng bus.

Sa pagtawag namin, aba'y ayaw ba naman kaming pagamitin ng phone. Ang rason eh, hindi raw direct line'y iyang phone. Eh, kaya nga may operator para mo sabihin kung saang department ka tatawag.

Hayun pinayagan naman kami sa kabila pagkatapos ng aming napakahabang pakiusap kaya lang ang nakakatawa ay pinag-isipan pa niya ng kung ilampung beses at dumaan pa kami sa interview at paliwanagan portion bago kami pinayagan. Mabuti na lang hindi pa umaalis iyong bus, nag-uumpisa pa lang umalis.

Ang alam ko, puwedeng gumamit ang estudyante ng phone na iyon dahil para nga sa estudyante iyon. Aba'y paano pala kung talagang napaka-emergency na ng dahilan mo kung bakit ka makikigamit ng phone, dadaan ka pa ba sa katakut-takot na tanong? "Ika nga, "aanhin pa ang damo kung patay na ang kabayo?"

May isa na naman pong isyu na tila lumalabag sa ating student handbook. Ayon sa ating SH pahina 40, seksiyon 15 artikulo 1.6 "Holding of student activities, regardless of the nature, are prohibited/banned one week before the preliminary examination, mid-term examination and final examination." Dahil nga rito kaya hindi natuloy ang pagdiriwang ng college days ng isang college, tapos may maririnig kaming may klase na nag-educational trip a day prior the examination week.

Aba, isa nang paglabag iyan sa isa sa mga nilalaman ng ating SH. Ang sabi pa, bahagi raw iyon ng final exam nil; samantalang ang sabi naman ng iba iyun ang kanilang final exam.

Kahit na final exam iyon (o part pa mandin) ng final exam iyon, mali pa rin, dahil dapat isinagawa iyon one week prior to examination week. Bakit? Dahil ang linggong iyon dapat ay inilalaan na ng mga estudyante sa pag-aaral para sa kanilang finals. Isa pa, kung may nangyari sa educational trip na iyun, patay na, paano naman ang iba pang asignatura ng isang estudyante, eh hindi lamang naman iyun ang subject nila.

Isa pa, napakawalang kwentang basehan naman daw ng magiging grade ng estudyante ang pagsama sa outing na iyun kung iyun ang kanilang final exams o dili kaya'y bahagi iyun ng kanilang finals, ayon sa isang magulang at ibang mga estudyante.

Sa ganitong pagkakataon, makatarungan ba ang tinatanggap na edukasyon ng isang estudyante? Nagtatanong lamang naman ho...

CAS...

from page 11

Blue team signed over the parade of muses and escorts. In the afternoon, the different teams competed in the fun games, some of which are the sack race, tug of war, ball relay, longest line, the string relay and the obstacle course. The Yellow team placed first as overall champion, while Red and Green tied in second.

Day two of the celebration was another day of excitement. The Department of Mathematical Science and Computer Studies (DMSCS) in cooperation with the MACRO, Math, and Physics Society presented the 1993 Computer, Math and Physics Quiz Show.

Students from different AS courses participated in the said competition. PT 1-1 placed first along with PT 2-5 and CS 1-4 respectively.

The ST-han sa CAS fun quiz ensued, after which the men's basketball championship game one followed.

The CAS sportfest, a sym-

posium and a concert were held on the third day. The booth competition was opened at the Palaruang La Salle wherein participating students had the chance to promote their products. KAWIKA was chosen as the best booth with Dedication and Jail Booth as second and third respectively.

Championship games were also played in the men and women's volleyball and basketball category. This was followed by a seminar for third year AS students on stress management at the Social Hall. The band rockfest bannered A touch of Hulla-Baloo was staged at the PLS in the afternoon.

The culminating part of the celebration was gallantly concluded with the CAS Student Council sponsoring an acquaintance party which was held at the Manila Shell Pavilion on September 23, which lasted from 7 p.m. to 2 a.m. the next day. The best booth with Dedication

LASALLEÑOS...

from page 1

ber 9 at the Social Hall.

In a related event, executive vice president Dr. Oscar Bautista suggested in a letter to

Selfa Napicol, chair, Committee on Cultural Fee, that they should meet with the various student organizations to discuss

what can still be done, despite the cultural fee's rejection. He suggested that the Performing Arts group come up with written proposals per group and present them to various entities such as the SSC and POLCA, and the administration.

In order for the result of the referendum to be valid, the prevalent decision must be noted upon by 50 per cent of the voter turn-out plus one. Below are graphical presentations of the referendum result:

Referendum '93	AS	BA	CRIM	EDUC	CNM	POLY	PT	RT	SA	FINAL
Cultural										
YES	512	193	55	13	205	59	33	101	115	1,286
NO	461	328	65	71	337	35	216	139	123	1,775
ABSTAIN	115	47	13	5	42	16	21	34	19	312

Smoking	AS	BA	CRIM	EDUC	CNM	POLY	PT	RT	SA	FINAL
TOTAL	709	340	76	76	434	35	158	161	186	2,175
SELECTIVE	378	223	61	9	150	75	112	113	65	1,186

DEAN'S...

from page 1

THIRD YEAR

SECOND HONORS

1. Sarah Marayag 3.18
2. Randee Leyson 3.13

THIRD HONORS

1. Annalyn Cuenca 2.91
2. John Trix Erese 2.90
3. Rogehni Nono 2.89
4. Marygold De Leon 2.86
5. Ma. Jennifer Asistores 2.82
6. Joselito Aguilar 2.80
7. Lailanee Pascua 2.79
8. Eva Maria Panesa 2.78
9. Jennifer Ronquillo 2.72
10. Marichelle Balladolid 2.69
11. Katherine Paras 2.69
12. Lovella Rivera 2.68
13. Arlene Angkiko 2.69
14. Roselee Fauni 2.66
15. Nerisa Teodoro 2.66
16. Ruby Ann Torres 2.65
17. Emmanuel Canlas Jr. 2.63
18. Sheila Marie Rupido 2.63
19. Noemi Garcia 2.62
20. Gwen Ortega 2.61
21. Jocelyn Ramirez 2.61
22. Pennylane Eullo 2.60
23. Rosina Medel 2.59
24. Mary Ann Bleza 2.58
25. Dorothy Ilano 2.58
26. Lady Eiselle Medina 2.57
27. Floren Anceno 2.54

SECOND YEAR

SECOND HONORS

1. Jose Riel Sanariz 3.36
2. Sherwin Criseno 3.10
3. Florito Rillorta 3.06
4. Fritzie Santos 3.06
5. Aimee Rachel Villanueva 3.02

THIRD HONORS

1. Joana Buencamino 2.98
2. Jose Rico Sanariz 2.93
3. Dennis Zorilla 2.93
4. Erwin Criseno 2.89
5. Ma. Sheryl Lucero 2.86
6. Gladys Pabalan 2.85
7. Leonor Dumayag 2.84
8. Edbert Ledesma 2.83
9. Nieve Pausanos 2.83
10. Emily Cruz 2.82
11. Rhoda Christy de Lara 2.81
12. Consuelo Pabillon 2.81
13. Rueben Bandojo 2.79
14. Rubie Gensaya 2.78

THIRD YEAR

15. Jennifer Goodfellow 2.78
16. Ma. Liz Lanuevo 2.78
17. Wilma Laprimas 2.78
18. Melinda Cantada 2.76
19. Lorraine Orbita 2.76
20. Jeanette Escobar 2.75
21. Abigail Esguerra 2.73
22. Majel Gomez 2.71
23. Aileen Joya 2.70
24. Lalaine Fortuna 2.68
25. Heidi Jarin 2.67
26. Rayjee Mendoza 2.68
27. Roderick Herce 2.67
28. Genalyn Mercado 2.67
29. Gemma Nachor 2.67
30. Emelinda Ignacio 2.66
31. Ma. Caroline Lamira 2.66
32. Rayjie Mendoza 2.66
33. Edwin Taponan 2.66
34. Audrey Beligon 2.65
35. Armina Gonzales 2.65
36. Jonathan Luseco 2.65
37. Karen Maize Sancho 2.65
38. Ma. Agnes Constantino 2.64
39. Anna Liza Espana 2.64
40. Arminia Narvaez 2.64
41. Ma. Irene Generaga 2.63
42. Agnes Guevarra 2.63
43. Elgina Iilas 2.63
44. Evangelina Javier 2.63
45. Gloria Faustino 2.61
46. Jane Nigoza 2.61
47. Ma. Crispina Alvarez 2.60
48. Jeanette Joy Morales 2.60
49. Darlyne Velasco 2.60
50. Jocelyn Credo 2.59

SECOND YEAR

51. Karen Hazel Macatangay 2.59
52. Joyce Antonio 2.58
53. Margie Nato 2.58
54. Ma. Filipina Amil 2.57
55. Maureen Cunan 2.57
56. Christopher Teano 2.57
57. Melanie Reyes 2.56
58. May Bautista 2.55
59. Anna Liza Estudillo 2.55
60. Joradel Porto 2.55
61. Elisa Esguerra 2.52
62. Fe Hernandez 2.52
63. Erma Viera Macairap 2.52
64. Maricel Reyes 2.52
65. Arlene Manalo 2.51
66. Jhoanna Katherine Mendoza 2.51
67. Ronald Isidore Roxas 2.51
68. Jocelyn Pangilinan 2.50
69. Carmela Tacbad 2.50

FIRST YEAR

- SECOND HONORS
1. Delza Ramolette 3.31
 2. Bonna Leonor 3.24

3. Noelisa Agustin 3.23
4. Clarissa Gerales 3.16
5. Vanessa Manansala 3.16
6. Audrey Reyes 3.11
7. Emma Ruth Paz 3.10
8. Anna Karenina Salonga 3.07
9. Lovelia Ochoa 3.00
10. Catherine Punzalan 3.00
39. Armida Casuga 2.58
40. Esmeralda Sanchez 2.58
41. Celestine Hicban 2.54
42. Eliza Morante 2.52
43. Jane Vales 2.52
44. Romeo Ladero Jr. 2.50

COLLEGE OF SECRETARIAL ADMINISTRATION

FIRST YEAR

SECOND HONORS

1. Annie H. Coranes 3.21
2. Erpelita S. Roguis 3.01

THIRD HONORS

1. Girlie Grace B. Garcia 2.95
2. Ann Roselle R. Aguilar 2.92
3. Heien S. Ramirez 2.88
4. Analiza Alonzo 2.88
5. Melanie C. Decena 2.87
6. Ma. Isidra H. Lacurom 2.87
7. Roselie Isabelo 2.68
8. Mary Jane Cabauatan 2.66
9. Ma. Christina Manosa Lara 2.57
10. Nympha F. Garcia 2.53
11. Bennett N. Sepeda 2.53

THIRD YEAR

THIRD HONORS

1. Mellany E. Ambat 2.66

FOURTH YEAR

THIRD HONORS

1. Alma D. Miranda 2.50

(to be continued)

ERRATA

Our apologies to the following for having misspelled their names:

Gilbert Camatog, Edwin Dayrit, Arnold Raveslo, Jason Balayo, Alfredo Daria, Redyrick Reyes, Jomel Lasig, Mary Anne Bautista, Elizel Rementilla, Raymond Cabente, Jonathan de Luzuriaga, Edmond de Ramirez, Jacinto Jose Gapud, Eric Estabillo, Vincent Jacolan, Jr, Nick Jaromahim, Ronald Miguel, John Eric Jomao-as, Jocelber Canillo, Jamison Bayas, Michael Joseph Dimamay, Christina Lopez, Maureen Habaureh, Geminiano Acero, Miguel Antonio Casas, Fernando Arcenas II, Karen Gempeshaw, Emanuel Española, Vernon Himor, Christian Socorro Tisbe.

UNANG...

from page 1

mga pagdulog (approaches) sa panitikan tungo sa intelektwalisasyon ni Lakandupil C. Garcia ng DLSU-Aguinaldo. Pagkatapos ng bilang ni George Tabang ay ang pagtalakay ni Dr. Alejandro B. San Diego ng Far Eastern University ng mga pananaw/suliranin sa pagtuturo sa Filipino ng Agham Pangkalikasan at Matematika.

Ang hapon ay sinimulan ng isang bilang ni Ma. Andrea Herrera na sinundan ng pagtalakay ng mga papel ng linggwistika sa pagtuturo ng Wika ni Gregorio M. Rondillo ng Pamantasan ng Lungsod ng

Maynila. Nagpamalas din ng isang tanging bilang si Ken Robbins Alano na sinundan ng pagtalakay ng mga patakaran ng ipinatutupad ng dalubhasaan sa paggamit ng Filipino ni Segundo E. Sim, dekanong Dalubhasaan ng Sining at Agham. Ang nasabing palatuntunan para sa ikalawang araw sumailalim sa pamamahala ni Mark T. Aspra, at ito ay nagtapos sa pamamagitan ng pangwakas na pananalitan ni Dr. Oscar O. Bautista, pangalawang pangulong tagapagpaganap at paggagawad ng sertipiko ng pagdalo.

Ang nasabing aktibidad ay

isang kasagutan sa karaniwang suliranin ng mga guro at propesor na nagpapakadalubhasa at nagtuturo ng Filipino na kaikilang pang gumugol sa mahabang pagluwas sa Maynila upang makakuha ng mga bagong inpormasyon at kalakaran sa Filipino.

Ang pribado at publikong paaralang tumugon sa paanyaya ng DLSU-A ay ang Benedictine Abbey School ng Alabang, St. Michael's Institute, Imus Institute, Tanza National Comprehensive School, San Pedro College of Business Administration, De La Salle-Greenhills, Dasmariñas Bagong Bayan Elementary School, Jesus Good Shepherd School ng Imus, Del Rosario

Academy ng Balanga, Bataan at ng Orion, Bataan.

Ang mga estudyante, partikular sa mga BSE at BSED ay dumalo at nakinig sa nasabing seminar kung saan makakatulong ito sa kanilang pakikipagtalastasan sa mga paparaming paksang tinatalakay sa Filipino, tulad ng Pilosopiya at Sikolohiya. Naaayon din ito sa panukalang batas ng pamahalaan kung saan sa taong 2000 ay dapat na maging intelektwalisado na ang mga Pilipino at sa taong 1996 ay ipapatupad na rin ang malawakang paggamit ng Filipino sa pagtuturo sa mga paralaran at unibersidad sa mga asignaturang tulad ng Pilosopiya, Sikolohiya at iba pa.

HERALDOODLES

"The early bird doesn't always catch the worm. the worm might arrive late" - Edward Mauhay

by Norman

DORMI GIRLS

by Norman N' Alexis



THE SURVIVOR

By Edward F. Mauhay



HERALDOODLES'

ANYTHING GUSHes

by Edward F. Mauhay

There was a story told that God allowed the founders of three religious orders -- the Franciscans, the Benedictines, and the Jesuits -- to be present at the birth of Christ.

Saint Francis and Saint Benedict were overwhelmed by the majesty of the event, and fell to their knees and prayed quietly.

But Saint Ignatius Loyola, founder of the Jesuits, looked at the Infant in the manger and took Saint Joseph aside.

"Have you given any thought to the boy's education?" he asked.

After an accident, a woman rushed to the gathering crowd and started to lean over the victim. She was pushed aside by a man who said, "Step back, please. I've just completed a course in first aid."

He has been attending to the victim for several minutes when the woman tapped him on the shoulder, saying, "When you get to the part about calling a doctor, I'm already here."

Let us listen to two households talking about their prodigal brats studying at two La Salle schools -- DLSU-Taft and DLSU-Aguinaldo:

Mother #1: Do you know that my son is completing his course at the exclusive institution of La Salle-Taft? You know, whenever he writes me, it is so hard for me because I always have to look in the dictionary for the meaning of the terms he uses in his letter.

Mother #2: What convenience! Do you know that my son, who is finishing a degree at La Salle-Aguinaldo, gives me more difficulty whenever he writes me? It is harder for me because I always end up looking into my bank account.

One Monday morning, I went to the nearest canteen fronting Gate 1 of De La Salle-Aguinaldo for a cup of coffee. I sat down at a table across a man who was drinking coffee and eating a cookie. I soon found out that this guy was a friend of mine. After a few minutes, I asked him if he had just quit smoking. He looked surprised and replied, "Yes, how did you know?"

"Well," I explained, "you're the only person I've ever seen put his cookie out in an ashtray."

Q: How does a pickpocket fall in love?
A: At purse sight.

KOMON: MAKABAYAN



by Philamer Andres

KOMON: PARTE



by Philamer Andres

LAGOON



by Rhallette Javier

JESS-TER



by Rhallette Javier

Edward Mauhay



by Norman Torres

Note to the unnotified:

Do you think you're a jester? a satirist? If you are, we are encouraging you to share your effusive antics to this fancy-tickling section. Just simply send in your jokes (typewritten) together with your name, year and section. So what are you waiting for? Make La Salle laugh despite the unlaughable. That's all.



ATHLETE'S FOOT

by Nadine Marie Miller

On woman commissioners

News on television last Aug. 27, 1993: President Fidel V. Ramos proclaims a new PSC Commissioner. The new commissioner is no other than Maria Josefina Bauzon, a long time physical education teacher, the head of the physical education department of St. Scholastica's College and two other female sports organizations—the Women's Sports Federation and the Women's National collegiate athletic association.

Due to public clamor for a female representative in the PSC leadership, Ramos selected Bauzon from a list of candidates which included swimmer Akiko Thompson and track superstar, Lydia de Vega Mercado, confident that they will look after the general well being and interest of women athletes.

Bauzon's appointment led to one more vacant post in the PSC the country's prime sports body which has been very controversial and has come under close scrutiny in the failures and mishaps of its past adminis-

trators and the budget at its disposal.

To complete the revamp of the PSC leadership, President Ramos has to name the successors of chairman of Aparicio Mequi and Commissioner Rey Roquero, who were relieved together weeks ago.

Candidates for the vacant position are prominent names in our society like Jaime Zobel de Ayala, the business tycoon, Carlos Lozaga, the great basketball player and former Manila Vice-Mayor, Herminio Astorga.

Bauzon being involved in sports herself knows how it is to be at the bottom of the pit! To be deprived of benefits we deserve and neglected from what we truly need and what will be of use for the success of our performance. I suppose this time the PSC will be more sensitive to the needs and cries of the athletes and give what is due them, such as the following:

-Expose our promising ath-

letes to as many international competitions as possible to fully develop their athletic prowess.

-Attract more balikbayan athletes, especially those studying in American Colleges and Universities, to participate in our athletic training programs.

-Promote sports other than basketball. In the just concluded games our athletes won the most gold medals in swimming (10), wushu (10), boxing (8), taekwondo (8), athletics (8), snooker-billiards (4), cycling (4), bowling (4), tennis (3), golf (3) and softball (2). We also showed that we could be a potential medal winner in soccer. Most of these sports have been neglected because of the Filipinos' obsession with and concentration on basketball. Let's not promote basketball at the expense of other sports were our athletes are potential medal winners.

-Sustain the PSC with more funds so that it could do its job of promoting sports development well.

-Sustain the Palarong

Pambansa on a regular, annual basis.

-Revitalize the sports program in both the public and private school systems.

-Urge mass media to give exposure to other sports, particularly amateur sports, to encourage more young people to engage in them and probably by discovered and be included in the national training pool.

Let's face it the PSC really lacks funds to support the Filipino athletes... So what are they doing about it? Nothing at all! Why don't they go out of their way to support our athletes to the fullest. It doesn't mean that "JUST BECAUSE IT'S SPORTS," it isn't important. What they need to do is realize how important these athletes are to the country and reflect a little bit about the victory and fame our athletes have brought to our country.

Let us hope and pray that Bauzon is the solution to our athletes' cry for help. Will she make a change? Let's wait and see!

Palakasan '93 kicks off

by Erwin L. Venzuela

Palakasan '93, a yearly competition among teaching and non-teaching staff, opened last August 30 at the Palaruang La Salle.

The competition started with a nifty parade from the Administration building to the gym, participated in by seven competing teams, namely the Arts and Sciences, composed of the faculty of AS; the Bagets team of the faculties of RT, BA, PEAR, the Admissions and Testing Office, and the Administration; the Black Knights team and the Green Thinkers team, both composed of the non-teaching staff; the Theology team and the Physical Therapy team.

Leading the program proper was Jing Reyes, Theology faculty, who was emcee for the games. The invocation was by Sarah Leondis, also from the department of Theology. Dr. Proceso G. Concepcion, vice president for Academic Affairs, Lucy Bayan, President of FA, and Rino Daniel, president, KABALIKAT, led the welcome remarks. Bherit Joson did the honors lighting the ceremonial flame, while the Oath of Sportsmanship was led by Freddie Caracena of the Admissions & Testing Office. Necitas Sayoto, PEAR head, formally declared the games open.

To add spice to the program, there was a parade of muses representing their respective teams. They are Mylene Laudato, the Black Knights; Jeanette Balalado for the Theology team; Ahmie Galla for the Green Thinkers, who subsequently won the best muse title; Lucie Bayan for the Bagets;

Beth Oñate for the CAS; and Dina Gagasa for the Polytechnic and CLEAPS. Two dance numbers were presented by the Polytechnic College and the Theo-X Maneuvers to the delight of the crowd.

Dr. Concepcion did the honors of doing the ceremonial toss for the first basketball game while Mabini Leveriza, AVPA in volleyball.

In the first game the Green Thinkers dumped the A.S. team with a 67-49 pounding. Attesting to this, the Green Thinkers put the ball game away almost in the first half with a 37-17 lead. Leading the Green Thinkers is Mr. Aquino Saipida with 26 big points, while Mr. Vladimir De Gracia chalked in 19 points for the AS.

In the second game, the Bagets Team escaped the Black Knights' uprising with a 67-64 squeaker in a game that went down the wire. The Black Knights, which was described as a run-and-gun type of a team, dominated the first half with a 30-28 lead. But the tenacity of the Bagets' all-out team of defense neutralized the offensive patterns with an orchestrated uproar by Dr. Oscar Bautista, who unleashed 18 of his 31 points in the final canto to help the team attain victory.

In other events, Green Thinkers defeated the Black Knights in two straight sets at 15-4 and 15-9 in the women's volleyball. In the men's division, the Theology team escaped Polytechnic and CLEAPS with a 15-11, 15-8 win.

Standings of the Palakasan '93 (as of September 29, 1993)

Men's Basketball		
Teams	Wins	Loss
AS	5	
*Bagets	3	2
*Theology	5	
*NTS-Green	4	1
NTS-Black	1	4
*PT	2	3

* qualified for semi-finals berth

Men's Volleyball		
Teams	Wins	Loss
AS	3	
Bagets	3	
Theology	1	1
Poly & CLEAPS	1	1
NTS-Green	1	1
NTS-Black	1	1

CNM opens sportsfest

by Joselito V. Aguilar

The College of Nursing and Midwifery opened their sportsfest on August 14, at the Palaruang La Salle.

The program started by the national anthem led by Emelinda Ignacio BSN III-2. It was followed by an invocation led by Joselito V. Aguilar-president of the CNM Student Council. Mr. Alberto Verdad-adviser of the Sports Committee delivered his opening remarks which was followed by an inspirational talk on sportsmanship and camaraderie by Sr. Carolina S. Agravante, SPC, dean of the college. Margarita Mahilum-team captain of the Level IV basketball and volleyball girls

led the oath of sportsmanship and Rex Owen Lavilla-chairman of the Sports Committee presented the different teams with their respective team captains, coaches and level coordinators.

Opening of games started at exactly 3:00 in the afternoon. Noelisa Agustin, member, Sports Committee, was the emcee of the said program.

This year Sportsfest includes basketball, volleyball and table tennis for both male and female Nursing and Midwifery students. The championship games are scheduled on the CNM College Days in the second week of November.

PT, CLEAPS, POLY held sportsfest

by Erwin Gerard L. Venzuela

Three colleges namely, the College of Physical Therapy, College of Law Enforcement Administration and Public Safety (CLEAPS) and the Polytechnic College simultaneously celebrated their College Week on August 30 - September 4. In connection with this, each college launched its own sportsfest at which students would be able to integrate the values of sportsmanship and camaraderie to their respective teams.

The College of Physical Therapy had their sportsfest on August 30. In the basketball event, the 3rd year proper team outplayed the 4th year squad with a 62-52 win. In volleyball women's, the juniors asserted their might as they defeated the 4th year spikers. In volleyball men's division, the 4th year proper finally won in the three events as they beat the 3rd year squad to erase the probability of a sweep in the sportsfest. In the exhibition game between PT faculty members and a selection of students in basketball and volleyball women's division, the PT faculty won decisively in both events.

The Polytechnic College followed suit as they celebrated their sportsfest on August 31 with two events namely Basketball and Volleyball men's division. Reigning over the basketball tournament was the Electrical I as they defeated Electronics I-B with a 98-88 win. BSIE on the other hand landed in third place as they defeated the EST-IC. In Volleyball, Automotive I-B outplayed Electronics I-A in all four sets for them to escape with a 15-11, 10-15, 15-9, 16-14 win.

Finally, the College of CLEAPS ended their college week with a sportsfest which was played last September 4. In basketball, the 3rd year cagers neutralized the run-and-gun type of a game with the 1st year Pre-Science. In volleyball men's, the 1st year Crim bested the 3rd year Crim in three sets 16-14, 10-15, 16-14. In chess, Erwin Laureles, 4th year Criminology won the tournament as he defeated Romeo Buena, 2nd year Criminology. The final event, which was shooting, Rommel C. Consario edged over Wilfred Ilano by one point 34-33.

SPORTS UPDATE

Of the Oval mystery

by Tristan Yen A. Mendoza

"Kailan bamatatapos 'yan?" a friend of mine asked, as we walked along the oval road.

"Kapag napatagna ang mga bundoksa Cavite," I answered jokingly. Surely, we were talking about the spot on which, hopefully, the DLSU-Aguinaldo oval is to be built.

The project seems to be in an endless hurry for reality. Some have doubts if it could be finished, considering the fact that in almost seven months of construction, only about 80 meters (or one-third of the field) can be seen at an initial budget of P50,000. The money, which is solely intended for the oval construction (no grandstand, commodes, stage, or equipment yet) is approximately P200,000. This coming semester, another P100,000 will be released, which will do for about half of the place.

The construction was managed before by a certain Bayani Kamantigue. For some reasons, however, the position was handed over to Rustico Bautista.

Leading the difficulties of the construction is the absence of donors and sponsors. The school takes the budget from the students tuition fees. Secondly, the use of manpower, and not heavy equipment, adds little to the progress of the project. Other factors are the rainy season and labor cost.

As what has always been, controversies haunt the administration and the Physical Education, Athletics and Recreation (PEAR) department. Such controversies are those concerning money. Students say that if ever the PEAR department's request for the gymnasium's renovation and expansion, the budget will certainly be divided between the two projects. Eventually, such controversy brought forth another speculation that the project will instead be only a rectangular tract (a 100-meter dash area).

These speculations, claimed the PEAR, are not true at all. The PEAR said that there is sufficient and balanced budget for every project in La Salle-Aguinaldo.

The school, however, may not be fully aware that the oval project can very well be beneficial to its sports activities: track and field, football, and baseball. It is a need, not just a want, specially if we are to participate in upcoming sport events our teams will join.

According to Arnel Lisondra, track and field coach, the oval is designed with a roofed grandstand, and a 110-high hurdle site. Within, the oval will feature a jumping pit for the high jump and long jump events, a throwing area for shot put, and a diamond field for the baseball and football ground.

These and many more will be the enigma until the next chapter of the oval mystery is revealed.

The Language of Frisbee

Frisbee, the newest craze in DLSU-Aguinaldo, is expected to titillate the sports-minded when it comes to organization this school year.

This gymnastical exercise for the body's stretchability can be played either indoors or outdoors. Of course, the heart of the game is the circular, hard plastic frisbee disc that comes in pastel colors and different sizes. Two size types are being used in our school. The bigger one is for beginners who must first master the art of gripping a disc in motion, while the smaller one is for the skilled who usually prefer catching small objects. The sport can be performed in two-, three-, or four-person games.

Frisbee golf, a frisbee game, has two types. The first have target poles to hit, and the player who strikes the poles with the least number of throws is the winner. The second type is very much the same as the first, only, it counts for the speed.

In frisbee shooting, played in basketball courts, the athlete must at least get 6 points or 30 per cent of 20 throws by shooting the frisbee into the basketball ring.

The setting can be changed into a single person recreation too. A common type is the "against the wind" competition, wherein players are to throw and catch the frisbee disc without moving much away from his position.

This game of catching and throwing concentrates mostly on the correct tempo of the hand. Catching exhibitions could be: between the legs, behind the back, fingertip catch, and behind the neck. In throwing, styles such as underhand grip, step throw, underhand flights, skip curves, full throw, straight flights, skip throws, roll curves, roll shots, and hover shots can be done. Every movement in the athlete's performance, inasmuch as the styles used, is judged.

Now comes the fun. An inexperienced PE student, Jason Barera, tried playing the frisbee once, and said that he just got so enthusiastic about it. One reminder: players must play it by heart and pleasure, not by force and fame. Interest and perseverance are the keys to take hold of one's abilities.

Those who want to inquire about joining the frisbee club may look for Arnel Lisondra of the PEAR, or Bro. Manny Hilado, frisbee expert. Training includes certain exercises, lectures, and a lot of practice.

Be part of the excitement! I bet you, it's none of those boring moments.