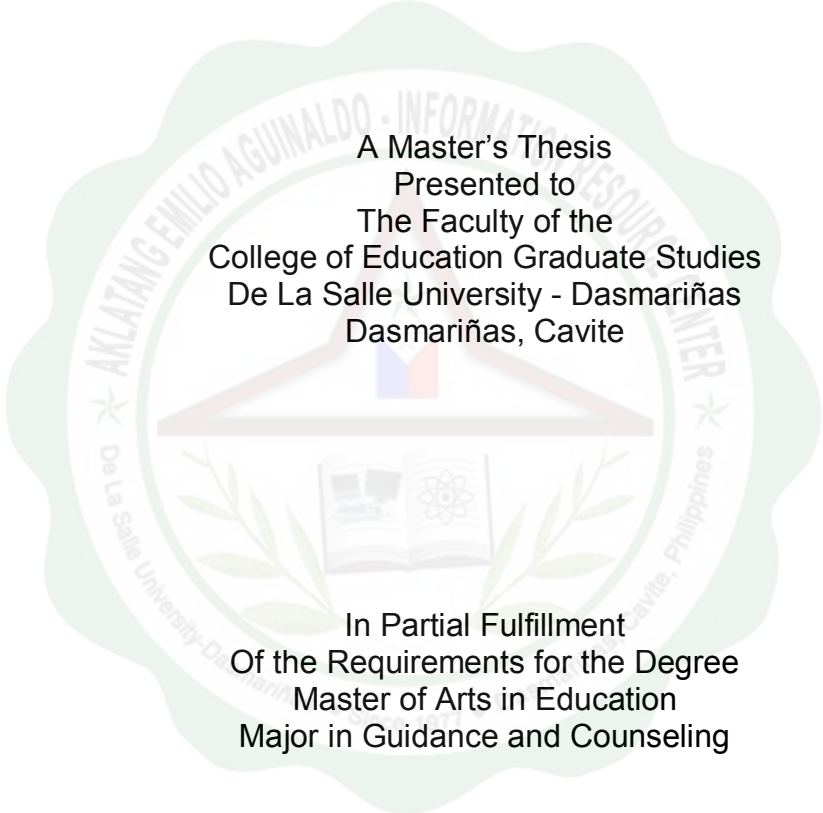


**CAUSES OF DRUG ADDICTION AND MEANS OF RECOVERY FROM
DRUG ADDICTION: BASIS FOR THE DEVELOPMENT OF A
COMMUNITY COUNSELING PROGRAM**



A Master's Thesis
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Major in Guidance and Counseling

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ABSTRACT

Title of the Research: **Causes of Drug Addiction and Means of Recovery from Drug Addiction: Basis for the Development of a Community Counseling Program**

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This study is a descriptive research design using interview as a method of research. The subjects of the study were six (6) recovered drug addicts. All of them were done with their treatment program.

Findings from the study showed that the family is a factor for drug addiction of all the subjects. Moreover, they believe that peers and personal issues like curiosity, low self-esteem; feeling of emptiness, depression, jealousy, boredom, lack of self-control and lack of faith in God are also contributory factors in their drug addiction. However, only three out of the six subjects mentioned that community is a factor that influenced them to drug addiction. All of the subjects believe that the support, acceptance and the consistent visitation of their family helped them in their recovery. Moreover, all of them mentioned that the support they get from their peers, the activities and the good treatment of the community and self-acceptance with the help of

God, the Supreme Being helped them towards their recovery from drug addiction. The proposed community counseling program is based on the results gathered from the subjects. It is preventive, remediative and developmental in nature.

The study concludes that the factors that influenced selected individuals to drug addiction are the family, peers, the community and personal issues and concerns. Family, peers, the community and self-acceptance are the factors that helped individuals toward recovery. With this, it could be concluded that the factors that influenced selected individuals to drug addiction are the factors that helped them toward recovery from drug addiction. The proposed community counseling program should be preventive, remediative and developmental.

This study recommends that necessary precautions should be made to prevent individuals from falling into drug addiction. Families and communities should do their part in providing an open, harmonious and inviting environment for every individual that will yield toward continuous development. The implementation and the evaluation of the proposed community counseling program should be done to know its effectiveness in addressing the problem on drug addiction. Furthermore, the Department of Health Treatment and Rehabilitation Center may adopt the proposed community counseling program since there is no developed program in the center.

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