

Abstract

One remarkable issue of change inside a university today in the Philippines that needs to be looked upon is the K-12 program education. This change creates a big impact especially to the faculty who will probably lose their job that could direct them to have an alternative lifestyle in order to cope with their situation. This research was designed to know the alternative lifestyle of the faculty employees affected by the K-12 program in De La Salle University-Dasmariñas. This study sought to answer specific questions such as; (1) to know the views of the affected faculty employees in the K-12 program, (2) to identify the alternative lifestyle of the affected faculty employees, and (3) to know how the affected faculty make sense of their experiences. Since this study focused on the alternative lifestyle of the affected faculty, a qualitative interview was used in order to sort how they go with the experience. The researchers used a purposive sampling technique and got at least seven (7) faculty from different departments of the university. Result showed that the initial views of the participants accumulate two superordinate themes mainly (1) pessimistic feelings of the faculty employees in the K-12 program, and (2) transforming pessimistic feelings into positive and negative thoughts of the faculty employees in the K-12 program; the alternative lifestyle also has two superordinate themes which are in the areas of (1) adjustments made with the family, and (2) adjustments towards career pathing; and lastly is their sense of experience which is (1) coping towards their capabilities, opportunities in the industry and rebuilding oneself.

Keywords: Alternative Lifestyle, K-12 Program