

## ABSTRACT

Title: **Personality Attitudes, Household Practices and Coping Styles of Working Mothers and Non-Working Mothers in Selected Households in Tanauan City, Batangas**

Author: Laarni V. Mejia-Iglesia

Degree: Master of Arts in Education

Major: Guidance and Counseling

Date Completed: February 2006

The study focused on the personality attitudes, household practices and coping styles of working mothers and non-working mothers' in selected households in Tanauan City, Batangas.

The descriptive-correlational research method was used in this study. A total of 60 respondents, 30 working mothers and 30 non-working mothers, age range from 20 to 35 years old, were the respondents of this study.

The data were statistically treated using frequency count, percentage, mean, weighted mean, t-test for independent samples,

chi-square and Spearman rho were used. Myers-Briggs Personality Type Indicator and Inventory questionnaire were the instruments used in this study.

Most of the working mothers and non-working mothers were extroverts. The working mothers' household practices in home management and instructional assistance were very satisfactory. In discipline and guidance and behavior formation they were excellent. The non-working mothers were excellent in health and nutrition, discipline and guidance and behavior formation and very satisfactory in home management and instructional assistance.

This study revealed that working mothers and non-working mothers had the same household practices as to home management, health and nutrition, behavior formation, and instructional assistance except in discipline and guidance. However they had different coping styles in all household practices. Moreover, their household practices were related moderately to their personality attitudes. On the other hand, their coping styles were not related to their personality attitudes.

Based on the results of this study, it is recommended that the following should be done: Parent Teachers Association should be held on Saturdays, DSWD, DOH and other government agencies should sponsor parental education. Rural health units should be requested to

open during Saturdays so that parents can have a regular time with their children. Lastly, another study similar to the present study is highly recommended. The study must include variables and other conditions not included in this study.

