

# DE LA SALLE UNIVERSITY

## ABSTRACT

The purpose of this study was to determine the superior's perception of assertiveness among sisters in formation, and how they regard assertive and non-assertive sisters in relation to fitness for religious life. The sisters under formation are called Junior Sisters.

The sample of the study consisted of 50 Servants of Mary Sisters, among them were 40 Junior Sisters working in different provinces in India with a minimum of 3 years experience in religious life. The Junior Sisters rated themselves using Rathus Assertiveness Scale. Ten superiors belonging to the same Congregation rated themselves using Adjusted Rathus Assertiveness Scale. The same Superiors rated the Junior Sisters using Fitness for Religious Life Scale developed by the researcher.

The Rathus Assertiveness Scale consists of 30 self-rated items which provided the profile of Junior Sister's assertiveness. The Adjusted Rathus Assertiveness Scale consists of 30 items, also self-rated, which provided the Superior's perception of assertiveness. Fitness for Religious Life Scale consists of five levels, 5 as perfect for religious



# DE LA SALLE UNIVERSITY

life and 1 as not fit for religious life which provided the profile of Junior Sisters' Fitness for Religious life.

Among the 40 Junior Sisters, 35 (87.5%) of them non-assertive and 5 (12.5%) of them slightly assertive. Among the 10 Superiors, 9 (90%) of them non-assertive 1 (10%) of them slightly assertive. Fitness for religious life their mean score 3.575 which is interpreted as Fit for religious life.

As per hypothesis, correlational study showed that there is no significant relationship between Junior sister's assertiveness and Superior's Perception of Junior sister's Fitness for religious life.

There is no significant relationship between Superior's perception of assertive and Superior's perception of Junior sisters Fitness for religious life

There is a significant relationship between the three variables, namely Junior sister's assertiveness based on Rathus Assertiveness Scale, Superior's perception of assertiveness based on Modified Rathus Assertiveness Scale and Fitness for Religious Life Scale, rated by the superiors. \*  $r = .29930013964$   $P > .05$



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Conclusion: Since 88% of the respondents were non-assertive, There can be lack of awareness on the part of the affective human dimension of the individual or assertiveness.

Recommended for further study on larger population of different culture, nationality and congregation.

Well planned updated on-going formation program that would ensure socio spiritual maturity.

