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ADJUSTMENT AFTER MARITAL DISSOLUTION AMONG FILIPINO WOMEN IN METRO MANILA

A Thesis
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by

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ABSTRACT

An attempt was made to study the post-separation adjustment of separated women in Metro Manila. Ten separated women were interviewed on their subjective feelings, thoughts, and behavior at different times during the marital separation. The results indicate that Filipino separated women are in crisis state and undergo the grieving process after marital dissolution. Work and prayer were reported by the subjects as greatly facilitative of post-separation adjustment. A process of improvement in their subjective well-being operates within 1½ - 3 years.



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