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THE EFFECTIVENESS OF
SUPERVISED CLINICAL PASTORAL EDUCATION
IN IMPROVING THE TRAINEES'
INTRA-PERSONAL AND INTER-PERSONAL RELATIONSHIPS

A Thesis
SEBASTIÃO
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A B S T R A C T

This study investigated the effectiveness of SCPE by analyzing five trainees as they went through the program to see whether there were any changes. For analysis, basically it used SCPE program guidelines; mid-point and end-point evaluation by peers. This study also used Personal Orientation Inventory (POI) to see whether there were any changes in self-acceptance and self-actualization by using a descriptive analysis of the mean scores of the variables being discussed in the thesis.

The study's conceptual framework was based on Batts and Mandsley's Learning Cycle (1981), but adopted by Vankatwyk in 1988 as an experimental learning cycle. SCPE concepts and values are integrated in a fourfold focus on self, others, encounter and relationship. At the same time, this learning process takes place in a



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cyclical process of being, examining, evaluating and acting.

As a result of the SCPE program process, the trainees were able to improve their inter-personal relationship as well as change in self-acceptance and self-actualization. The subjects were also able to discover their negative feelings and the source of anger, resentment, fear, guilt, shame, hurts and pains, identity crisis, avoidance of feelings, etc. Self-knowledge led them to self-acceptance and improved inter-personal relationship.

Based on the cases process analysis, and the qualitative meaning of the \bar{X} scores, some recommendations were made for counseling in general and pastoral counseling in particular, and for further research.



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