

## ABSTRACT

Research Title	:	Work Stressors and Employee Performance: The iQor Experience
School	:	De La Salle University Dasmariñas
Researchers	:	Daniellecca Borbe Mary Jancor Manglo Rafaella Tapales
Number of Pages	:	117 pages

The research was conducted for the purpose of finding out how often does work related stress affects the employees performance in iQor Dasmariñas, Cavite in terms of productivity, job satisfaction, absenteeism, decision making abilities, accuracy, creativity, attention to personal appearance, organizational skills, courtesy, cooperation, initiative, reliability, alertness, perseverance, tardiness, health, personal life, and attitude. The study furthermore determined if there is a significant difference in the effect on work performance when employees are grouped according to their demographic profile. Stress is a part of our everyday lives, the study on Mountain State Center stress can develop in a workplace through their co-workers and the upper management. The researchers randomly selected employees' to be a respondent to give the employees an equal chance to participate in the survey, each respondent was given a survey questionnaire which included questions about the employees demographic profile and how often are the employees affected by work stressors. Based on the findings of the study, work related stress has a huge impact on employees' productivity and health while there is only minimal effect on the employees' personal life.