HYPOCHOLESTEROLEMIC AND ANTI-OBESITY EFFECT OF ANTHOCYANIN-RICH Syzygium curanii L. LIPOTE FRUIT EXTRACT ON MALE RAT FED WITH A HIGH FAT AND HIGH CHOLESTEROL DIET

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ABSTRACT

The main goal of this study was to determine the effect of anthocyanin-rich fruit extract from lipote on the male rat fed with high fat and high cholesterol diet. Another goal of this study was to determine the probable decrease in weight, cholesterol in liver and blood. Four groups of male rats, each consisting of four members, were subjected to the described treatments. The negative control group (T₀) was fed with base diet alone. Treatment groups 2 and 3 (T₂ & T₃) were fed the same base diet plus increasing dose of anthocyanin-rich extract from lipote berries. Lastly, the positive control group (T₁) was subjected to the same base diet plus the sucrose dissolved in drinking water and lard derived from pork fat. The weight of rats in each treatment group was monitored weekly for four weeks while the blood and liver cholesterol level were examined post-mortem. Based on the results of the data, Anthocyanin-rich lipote fruit extract can significantly lower the cholesterol level in male rat. Statistically there was a significant difference found in the excessive weight gain of the rat. Moreover, Anthocyanin significantly decreases the blood and liver cholesterol level in the male rat.



TABLE OF CONTENTS

Title Page	1
Approval sheet	2
Acknowledgement	3
Acknowledgement	4
Table of Contents	5
List of Tables	8
CHAPTER 1 INTRODUCTION	10
1.1 Background of the Study	10
1.2 Conceptual Framework	12
1.3 Statement of the Problem	12
1.4 Scope and Limitations	13
1.5 Significance of the Study	13
1.6 Definition of Terms	14
CHAPTER 2 LITERATURE REVIEW	16
2.1 Conceptual Literature	16
2.2 Related Studies	19



CHAPTER 3 METHODOLOGY	26
3.1 Research Design	26
3.2 Research Setting	26
3.3 Research Procedure	27
3.4 Data Gathering and Statistical Analysis	30
CHAPTER 4 RESULTS AND DISCUSSION	31
4.1 Result	31
4.2 Discussion	33
CHAPTER 5 CONCLUSIONS AND RECOMENDATIONS	38
5.1 Conclusions	38
5.2 Recommendations	38
References	40
Appendices	45
A. Lipote	45
B. Raw data	46
C. Statistical analysis	50
D. Figures	53

54

7

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E. Photo documentation

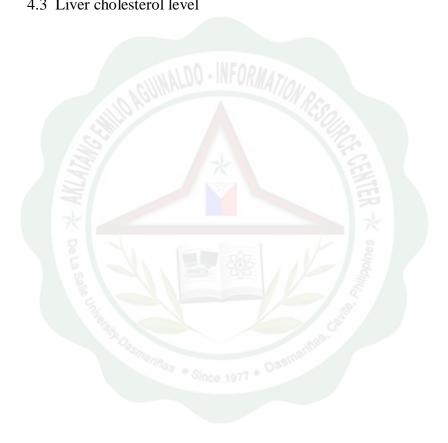
Curriculum Vitae 58





LIST OF TABLES

4.1	Average weight analysis	50
4.2	Blood cholesterol level	51
4.3	Liver cholesterol level	52



LIST OF FIGURES

4.1 Weight analysis per week of treatments

53

