



ABSTRACT

The Multimedia on Practical Aikido will be a very useful tool for a user's desire to learn how to defend and keep oneself fit. The study has the History of Aikido and its Basic and Randori techniques.

The history has two parts, the brief history of the founder and the history of Aikido itself. The first part tells the life of Aikido founder, Oyeshiba Morehei. It begins from his childhood and how he devoted himself to martial arts. The second part is Aikido's history of its roots and foundations to its philosophies and teachings. Pictures related to the topic are shown randomly as the texts are scrolled onward.

Whether the user decides to finish the history or not, he/she can still access the second option, the Basic Techniques. These techniques are the basics of Aikido. The first few parts may be considered easy, but as the lesson progresses, the user might find it more challenging and a little more complicated. As these techniques are shown slowly, details are written as well as heard. Although it is randomly arranged, the user can still move to the next technique without really focusing/understanding the last one. But if the user wants to repeat the technique again, he/she just clicks the "PREVIOUS" button, and clicks the "NEXT" button to view the next technique/s.

Just like the History and the Basic Techniques, the computer cannot monitor whether the user will skip both lessons and move to the next option. The third option is the next lesson to be accessed after finishing the Basic Technique- the Randori techniques. These techniques, although similar to some of the Basic Techniques, still differ from them. There are not that many Randori Techniques, although some are almost similar to the basic ones. These techniques can also be repeated



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again, according to the user's desire, just by clicking the "PREVIOUS" button and moving on by clicking the "NEXT" button. Its details will also be told and written as the movement is shown.

