



**EFFECTS OF *Arachis hypogaea* L. (PEANUT) OIL ON THE SERUM
CHOLESTEROL LEVEL OF *Rattus norvegicus* (ALBINO RATS)**

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ABSTRACT

The effect of different amounts of *Arachis hypogaea* oil on the blood cholesterol of albino rats was determined in this study. Twenty four rats were used in the experiment and grouped into four treatments namely, To- negative control of peanut oil, T1 – 2.5 ml of peanut oil, T2 – 3.75 ml of peanut oil, T3 – 5 ml of peanut oil, all treatments were done in triplicates. Rats were subjected to a week of acclimatization. Thereafter, administration of buttered pellets for one week was performed to obtain the hypocholesterolic condition of the rats. Different amounts of peanut oil were orally given to the rats for one week. Blood serum analysis was analyzed through the use of digital cholesterol testing kit. Results showed that peanut oil can significantly reduce blood cholesterol ($p < 0.05$). Although, there is no significant difference between the amount peanut oil. The efficiency of the plant to reduce the blood cholesterol level of the rats can be due to phytochemical components such as resveratrol.



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