TRADITIONAL MEDICINAL PLANTS OF CAVITE

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ABSTRACT

A study on the determination of the traditional medicinal plants was conducted in the selected municipalities of Cavite. This aimed to specifically identify and classify the medicinal plants used by the traditional healers as remedies for the identified ailments, name the plant organs/parts other than the whole plant used as remedies for the identified ailments and find out the method of preparation of the plant organs/parts. A survey questionnaire was used to determine the traditional medicinal plants as identified by the traditional healer-respondents. Results showed a total of 100 species belonging to 42 families and 97 genera were used in traditional medicine as remedies for the identified ailments. The plant organs such as the stems, roots, leaves, flowers, seeds and even the whole plant were used, mostly prepared by decoction and poultice. Although most of the medicinal plants identified are cultivated, it is recommended that *in situ* conservation be done so as to preserve the plants in their natural habitats.

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