

**ABSTRACT**

This thesis is a foray into the potential significance of Filipino culinary heritage to Filipino Philosophy. The scope and limit of this thesis is selected areas in the province of Batangas. This thesis is qualitative by design and used ethnographic methods of research involving neutral observation, participant-observer roles, and short narratives. The results reinforce the significance of culinary heritage to philosophy, as thought, anthropological evidence, and synthetical superstructures have been discovered. The implications of this thesis suggest more questions for Filipino Philosophy, and the author encourages readers to delve further into exploring Filipino culinary heritage for Filipino Philosophy.