



**EFFECTS OF *Bougainvillea spectabilis* Willd. (BOUGAINVILLEA)
CRUDE LEAF EXTRACT ON THE CHOLESTEROL LEVEL OF
Rattus norvegicus (WISTAR RAT) INDUCED
WITH HYPERCHOLESTEROLEMIA**



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MANAL M. ELSAYED
ALLEN JASPER M. ORQUILLAS

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ABSTRACT

Hypercholesterolemia has been a persistent mediator for causing disability and deaths throughout the world. *Bougainvillea spectabilis* has been invariably associated in potentially lowering or averting elevated cholesterol levels due to the presence of therapeutic phytochemicals and the insulin mimicking compound, D-pinitol. Twenty one (21) male albino rats, which were divided into four treatment groups namely T₀-negative control, T₁-200 mg/kg/day leaf extract, T₂-300 mg/kg/day leaf extract, and T₃-400 mg/kg/day leaf extract, were acclimatized for two weeks, then buttered pellets were utilized to induce hypercholesterolemia for three weeks, and thereafter, the leaf extract was prepared and orally administered for three weeks. Three blood samples were collected preceding the blood analysis: After acclimatization, after the high fat diet, and the after the administration of the treatment. The results have shown that *Bougainvillea* leaf extract was effective in restoring the preliminary levels of total cholesterol and HDL of the albino rats induced with hypercholesterolemia. Nevertheless, there was no significant difference between the varying dosages of the treatment.

Key words: High Density Lipoprotein (HDL).



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