

ABSTRACT

The psychospiritual journey of 6 Franciscan perpetually professed women religious representing the Early Adulthood, Middle Adulthood, and Late Adulthood stages were traced using a phenomenological method and narrative analysis. The in-depth interview conducted produced a set of narratives which depicted the coresearchers' lived experiences of spiritual awakening, spiritual crises, and spiritual transformation with the following themes: (a) The beginning journey, (b) The journey inward, (c) Journey in mission, and (d) Transpersonal journey. Findings also showed the coresearchers' different views on the meaning of spirituality, the crossroads and the integration process. The findings were examined in the light of the developmental frameworks of Jung's, Levinson's and Washburn's. Implications of the findings to the human development, transpersonal/clinical psychology, and religious formation were discussed.