

ABSTRACT

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TITLE: Mrs. Dad: The Problem and Coping Styles of Single Male Parents
of Brgy. Santol, Tanza, Cavite

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OBJECTIVES OF THE STUDY

A. GENERAL

This research study was conducted primarily to find out the Problems and Coping Styles of the Single-Male-Parents of Single Fathers of Brgy. Santol, Tanza, Cavite.

B. SPECIFIC

1. To determine the profile of the single male parents.
2. To determine the problems experienced by the single male parents.
3. To determine the coping styles employed by the single male parents.

SCOPE AND COVERAGE

This study was basically concerned with the single-male parents problem and coping styles and not so much on the causes of the family dissolution among single male-parents of Brgy., Santol, Tanza, Cavite. This study was limited to the seven (7) respondents responses and no comparison can obtain among other single male parent, meaning that the results of the study can be generalized to respondents and cannot be generalized to the whole population of single male parents.

METHODOLOGY

The researchers used purposive sampling technique and were able to select respondents with the help of the contacts in Brgy., Santol, Tanza, Cavite. The researchers targeted seven (7) single male - parent ages 42 to 57. In the first stage, the researcher utilized an interview guide that would determine the respondents' the problems and coping styles. Then, second stage was the visitation so that the researchers were be able to built rapport with the respondents. Then the interview proper has been set according to the respondents convenience.

FINDINGS:

On the basis of the data gathered and information resulting from the study, on the following revealed:

1. Results indicated using the pattern by which the single male parents cope with the stress brought about by the pain of the loss. It was revealed that instrumental (babad sa trabaho) and the defensive (crying, suppression going outnand drinking with friends for girls) were preffered over adaptive coping by the single male parents.

2. As to household management, single parents do less housework and seemingly helped by the members of the family and relatives.

3. There was however no difference as to child rearing methods utilized by the single male parents.

4. Psycological problems rooted from the stress brought about the loss of the wife and coping styles were handling it.

5. It was also revealed that the crucial factor affecting role readjustment is work of the single male parents.

CONCLUSION

Based on the careful analysis of gathered data, the following conclusions were formulated:

1. That death of the spouse or separation of the husband from the wife brings excessive amount of stress. With it are more responsibilities which the single male parent have to pick up where the wife has the left in additon to adoptive roles.

2. The death of spouse or separation of the husband from the wife brings excessive amount of stress with it are more responsibilities which the single male parents has to pick up where the wife has left in addition to adoptive roles.

3. Single male parents utilized majority coping styles; moreover defensive coping was preferred over adoptive and instrumental coping by the single male parents.

4. Social problems of single male parents are confirmed to leisure and social interactions.

RECOMMENDATIONS:

The following areas may also be further investigated.

1. People or society should study the effect of socio-economic status of single male parents.

2. It is also advisable to have a comparison between the level of education of the single male parents to test the difference between level of education to the problems and coping style of each respondent.

3. The researcher should consider the psychological profile of the respondents.

4. It is advisable to have a comparison between the similarities and dissimilarities of each respondent.