

ABSTRACT

Title of the Research : **GUIDANCE PROGRAM EVALUATION
AND NEEDS ASSESSMENT OF STUDENTS
OF DON CARLO CAVINA SCHOOL:
BASIS FOR A COMPREHENSIVE
STUDENTS' WELLNESS PROGRAM**

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The descriptive-evaluative study was conducted to find answers in the evaluation of the guidance and counseling services and the student's needs assessment through a self-made questionnaire.

The main sources of data came primarily from the responses of 654 respondents with 39 midlevel personnel, 223 of Grades IV to VI pupils and 392 are high school students from first year to fourth year. Frequency count, percentage, weighted mean, mean and ranking were used as statistical tools to quantify the data. Findings revealed that the majority of the midlevel personnel are below 60 years old, mostly are female, no one is MA Graduate, most are graduates of bachelor degree with very few who have units in Master's Course, and majority are with the school for about 0-5 years. Most of the midlevel personnel are of middle age and have not pursued completion of the higher

education course which is Master's Degree. They perceived guidance services as very effective in two services namely; the individual inventory and testing service while the rest of the services are seen as effective. While, the elementary pupils and secondary high school students most are on their regular age level pertaining to their grade/year level and majority of the respondents are female perceived all the guidance services as effective. Furthermore, on the perception on the needs assessment in the five dimensions of wellness, the Grades IV-VI perceived all dimensions of wellness to be very much needed with spiritual dimension obtaining the highest weighted mean and the high school students find all the five dimensions of wellness as very much needed with Intellectual dimension garnering the highest weighted mean.

The study concludes that the midlevel personnel of DCCS are on their middle age and have not pursued to complete their graduate studies. They are mostly tenured as a great number have been in service for 0-5 years. On the evaluation of the guidance services, testing service and individual inventory service are perceived to be very effective. On the other hand, no one among the students surpassed the regular age level of Grades IV-VI pupils and I-IV secondary level. On the students' perceptions of the evaluation of the guidance services, they have similar descriptive assessments on the Individual Inventory and testing service while considering counseling service as the service that calls an attention to work or focus on. With regard to the five dimension of wellness the elementary pupils regarded spiritual dimension very much needed

while the secondary student respondents regarded intellectual dimension as their priority concern.

The study hereby recommends that a scheme be developed by the administration of DCCS in order to encourage tenured teachers to pursue and finish their graduate course, that the elementary pupils and the secondary students should be ensured that all guidance services are available at appropriate times during the school year specifically the rated last two of each guidance services, that DCCS administration would provide an atmosphere conducive for elementary and high school students to find success in their quest for a total wellness in their three top most needs in the five dimensions of wellness namely; physical, emotional, social, intellectual and spiritual wellness, that the school principal would appoint a guidance director who will be in-charge of the proposed comprehensive wellness program, and that the DCCS administration should give full support in the implementation of a comprehensive students wellness program.