

## A B S T R A C T

A study on boredom, its structure and coping behaviors in school are the main concern of this thesis. Probable sources of boredom and reasons on why it is a source of boredom were included. The differences in responses on boredom among first year high school students and fourth year high school students, and among males and females were determined.

Three hundred fifty-two students, one hundred seventy six from Don Bosco Technical College and one hundred seventy-six from Dominican College had been chosen to participate in the study. From both schools, eighty-eight were first year high school students and 88 were fourth year high school students, which were taken from two classes for each level.

Through the use of a questionnaire, it had been concluded that boredom in school was closely associated with laziness, or the unwillingness to work, and with restlessness, characterized by the lack or absence of stimulating activities. Coping behaviors included were watching movies, listening to music, going out and visiting friends, playing, and reading.

In general, fourth year high school students were more bored than first year students, and females were frequently bored than males.

