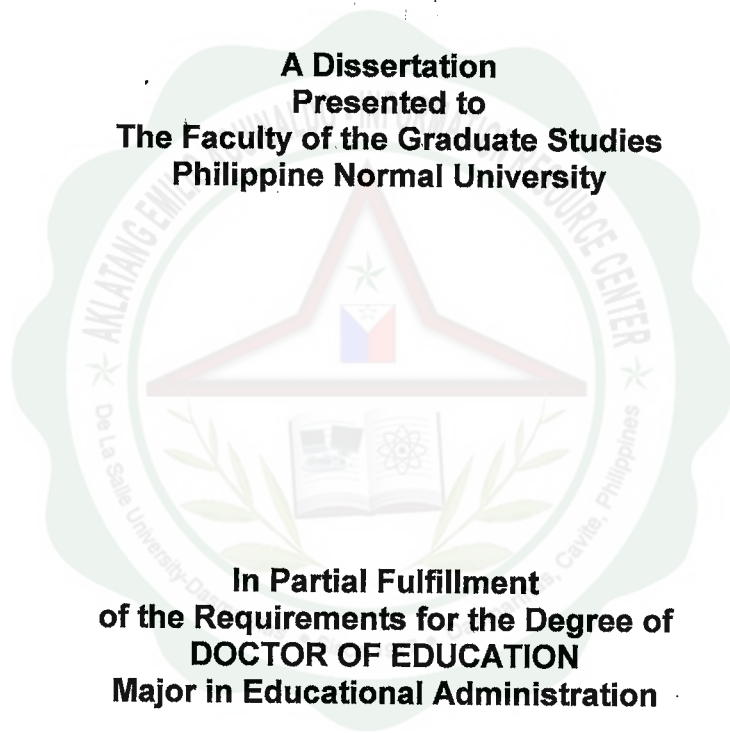


**EVALUATION OF THE SERVICE PHYSICAL EDUCATION PROGRAMS OF  
SELECTED TERTIARY LEVEL SCHOOLS OF DE LA SALLE  
UNIVERSITY SYSTEMS: STATUS AND  
MANAGEMENT PROSPECTS**

**A Dissertation  
Presented to  
The Faculty of the Graduate Studies  
Philippine Normal University**



**In Partial Fulfillment  
of the Requirements for the Degree of  
DOCTOR OF EDUCATION  
Major in Educational Administration**

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## ABSTRACT

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Title of Dissertation : Evaluation of Service Physical Education Program  
of Selected Tertiary Level Schools of De La Salle  
University Systems: Status and Management  
Prospects

Key Concept : Alternative Model of Service Physical Education  
Program

Specialization : Educational Administration

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### Statement of Purpose

The primary objective of this study was to evaluate the Service Physical Education Program (SPEP) of selected schools of De La Salle University System towards a proposed alternative model of Service Physical Education Program.

Specifically, the following areas of concerns were answered by the study:

1. What are the intents and actualities of the Service Physical Education Programs in each of the following areas of concerns
  - 1.1. Mission Statement and Objectives
  - 1.2. Management
  - 1.3. Faculty
  - 1.4. Approaches and Strategies

- 1.5. Programs/Scopes and Activities
  - 1.6. Facilities/Equipment and Supplies
  - 1.7. Libraries
  - 1.8. Guidelines
2. Are there discrepancies between the intents and actualities in the different areas of concerns?
  3. What are the general perceptions of students in each school towards the objectives of the P.E. programs?
  4. What alternative model can be developed regarding SPEP in the De La Salle System?

### **Methodology**

The study made use of the descriptive evaluative type of research applying the ABCD Model, (Ochave, 1994). The Model helped determine the intents and actualities of the existing Physical Education Programs of the three research locale in the De La Salle University System namely: De La Salle University Dasmariñas, De La Salle University Manila, and De La Salle College of St. Benilde.

There were three (3) groups of respondents in the study. They were the 75 P.E. faculty members, 8 administrators and 180 students enrolled in the P.E. 4 subjects randomly selected from the total number of students at 20 percent. A survey questionnaire was used to gather the existing components of the P.E. subjects made by the faculty members of De La Salle System. The findings were supported by the responses in the structured and non-structured interview

conducted by the researcher herself. This interview was designed to determine the opinions/views of the P.E. students on the effects of the program considering the 3 domains of behavioral learning objectives: cognitive, psychomotor and affective. To further strengthen and lend support to the validity of findings, documentary analysis was also used. Particular data like content of syllabi,, student handbook, teachers' handbook were utilized.

### **Summary of Findings**

1. The mission statement and objectives of DLSU-Dasmariñas on the Service Physical Education Program has an average mean of 4.59, which is interpreted as much reflected, while the respondents of DLSU-Manila responded on the mission statement and objectives with a mean of 4.47 which means much reflected. And for DLSU-College of St. Benilde, the perception on the implementation of the mission statement and objectives has a mean of 4.43, interpreted as much reflected.
2. In terms of management function the grand mean of 3.52 interpreted as fairly agree was noted. The P.E. department is administered by a full-time chairman with a weighted mean of 4.56 which is interpreted as agree by the respondents. The item with the highest discrepancy is on the implementation system of faculty evaluation with a mean of 2.23,, interpreted as fairly agree. In terms of management of DLSU-Manila, it has a mean of 4.06, interpreted as agree. The P.E. department is also administered by a full-time director or chairman. And for the management

of DLSU-College of St. Benilde, it has an average of 3.37 which means fairly agree.

3. Faculty development is regarded as a very important aspect in the faculty evaluation. A mean of 4.56 is depicted and interpreted as fairly agree,, while faculty development program of DLSU-Manila got a mean of 3.99,, interpreted as agree. And for faculty, a 3.53 average mean is reflected which means that DLSU-College of St. Benilde respondents fairly agree on the area of faculty development program as a means to uplift the status of the teaching profession.
4. The P.E. teachers in terms of approaches and strategies got a good mean of 3.34 which is interpreted as fairly agree. Perception of the respondents in DLSU-Manila in terms of approaches and strategies has a mean of 3.71 which is interpreted as agree. The approaches and teaching strategies of DLSU-College of St. Benilde has a mean of 3.53 which is interpreted as fairly agree.
5. The respondents unanimously agreed that ball games specifically volleyball is satisfactorily implemented, while for the program/scopes and activities, a mean of 3.24 implies that there is a need to give attention to gymnastics, stunts and tumbling with means of 1.0 to 2.0 which were activities poorly implemented in De La Salle-Manila. And for program scopes and activities DLSU-College of St. Benilde has a mean of 3.30 which means that the program is satisfactorily implemented in the college.

6. The respondents analyzed facilities/equipment and supplies with means of 2.33 and 2.25 both interpreted as provided, while for the facilities/equipment and supplies of DLSU-Manila, a mean of 3.56 was found and interpreted as provided. And for facilities/equipment and supplies, the respondents of DLSU-College of St. Benilde perceived 3.70 interpreted as provided.
7. The respondents agree with a mean of 3.02, interpreted as adequate. This means that a library resource is one of the most important areas that should be developed in school, to meet the instructional research and recreational needs of students. The library for DLSU-Manila is also considered as very important with a mean of 3.41, interpreted as slightly adequate. And for library resources for the College of St. Benilde it has a mean of 2.0 which is interpreted as adequate.
8. In compliance to CHED guidelines DLSU-Dasmariñas with a weighted mean of 3.76 means that the respondents agreed that the guidelines are well implemented. Similarly DLSU-Manila is complying with CHED guidelines with a mean of 3.89 which means implemented. And for guidelines, the respondents in the DLSU-College of Benilde has a mean of 3.61 which is interpreted as well implemented.

## **CONCLUSIONS**

1. The three schools in the study perceived the mission/statement and objectives as much reflected.

2. The three schools in the study have differences in their perception on management. Two schools fairly agree while one answered agreed in terms of management functions of P.E. program.
3. The three schools in the study noted that faculty development is a very important area for uplifting the teaching profession.
4. The three schools in the study have similar perceptions in the need for different approaches and strategies in teaching P.E.
5. The three schools have different perceptions when it comes to the implementation of the different programs and activities in the P.E.
6. The three schools in the study have similar perception in the provision of facilities/equipment and supplies of P.E. in their respective schools.
7. The three schools in the study agree that library resources are made available to students but they are also in agreement that there should be enough or available reading materials for research in P.E.
8. The three schools agree that the guidelines of CHED in P.E. are well implemented in the schools.

## **RECOMMENDATIONS**

1. Mission/statement and objectives should be continuously enhanced on the part of the administrators/teachers and students.
2. Physical Education Development should be run and managed technically and cognitively by administrators.
3. The administrators of the three schools should allocate budget for the P.E. teachers.

4. Teachers should continue to renew and restructure the teaching approaches in P.E. to motivate and encourage potential students who could be athletes, gymnasts and dancers.
5. There should be systematic planning and programming of activities in P.E.
6. The administrators should continue supporting the P.E. department of the school to cater to the activities and interest of P.E. among students.
7. There should be available and enough reading materials of P.E. where students can refer to and research.
8. Continuous implementation and compliance to the CHED guidelines and policies in P.E. should be observed in school.
9. Syllabus should be checked and updated to strongly incorporate the three domains of behavioral objectives.
10. There should be an alternative model in P.E. to discover potential students who could be athletes, gymnasts, dancers for the university.

The following recommendations specifically for the alternative P.E. program are hereby suggested:

1. The proposed budget for an alternative P.E. course should be implemented effective school year 2002-2003 to discover potential athletes, gymnasts, and dancers for a reserved team of the university for competitions.
2. There should be a separate functional syllabus for alternative P.E. classes.



3. Budget allocation for alternative P.E. classes should be proposed to the administrators earlier for inclusion in budget proposal specifically for P.E. development which will cover the following: invited guest speakers, lecturers, choreographers, coaches, allowances, transportation, contingencies and others.
4. P.E teachers with appropriate skills to handle P.E. classes should be assigned to teach the course.
5. The administrator through the help of the Student Affairs Office should consider the significance of the alternative P.E. classes in the discovery of potential athletes.
6. A follow up study on the effectiveness of the proposed alternative model in Service Physical Education Program should be undertaken.

