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THE EFFECTS OF THE DIFFERENT TYPES OF PLAY ACTIVITIES ON THE MENTAL DEVELOPMENT OF PRESCHOOL CHILDREN OF OUR LADY OF REMEDIES PRESCHOOL

A Thesis
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by

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ABSTRACT

Several books have been written and theories have been formulated regarding the importance of play in the life of the child. Yet few studies were made on the effect of play activities on the mental development of children. The researchers are aware of this and because of the relevance of such studies to school administrators, teachers, parents, the children themselves and to psychology as a whole, the researchers have come up with an experimental study to find out the effect of different types of play activities on the mental development of preschool children of Our Lady of Remedies Preschool. Sixteen participants consisting of eight males and eight females, ages four to five, were randomly assigned to three experimental groups (Recreational Play Activity Group, Educational Play Activity Group, and Recreational-Educational Play Activity Group) and one control group. The testing instrument used for the Pretest was the Preschool Inventory. After the Treatment Period which consisted of three meetings of half an hour each, the Post Test using the same instrument was administered. The findings were analyzed using the Analysis of Covariance Method and to determine which of the types of play activities had a significant effect on the mental development, the Tukey Method was employed. Results showed that play activities in general, have a significant effect on the mental development of preschool children of Our Lady Of Remedies Preschool. And of the three, only recreational play activities and educational play activities have a significant effect, of which recreational is the more significant of the two.



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