

# DE LA SALLE UNIVERSITY

AN EVALUATION OF THE LEADERSHIP IN FOCUS  
TRAINING PROGRAM OF DLSU  
FOR THE SCHOOLYEAR 1978-1979

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## ABSTRACT

A study was made to determine whether the Leadership in Focus Training Program in De La Salle University had, in its first year, accomplished the goals and objectives for which the program was conducted. The study evaluated whether LIFT 1 had: trained students with the abilities to model attitudes and behavior that affirm persons; trained students to generate attitudes and behaviors that affirm persons; trained students with the abilities to turn conflicts into creative problem solving techniques; trained a pool of students who have the abilities to balance personal and organizational objectives; trained students to evolve a systematic approach in managing task groups; trained a pool of students to use a repertoire of effective leadership styles in dealing with human and material resources. The study was also made so that recommendations may be made, based on the findings to further improve the program.

It was hypothesized that there were significant differences between Lifters and non-Lifters based on the above mentioned objectives.

A total of 34 DESU students were used. The subjects were divided into the experimental group (consisting of the participants of LIFT 1) and the control group (consisting of non-Lifters who were individually matched with the subjects in the experimental group in terms of grade point average, sex, course and year level and involvement in student organizations). Both groups were subjected the SRA Supervisory Index and the Leadership Opinion Questionnaire.

The t-test for matched group design was used because of the type of study.

Results showed that there were significant differences between Lifters and non-Lifters on all the measured hypotheses at the .05 level. Only one hypothesis was rejected at the .01 level of significance.



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