## THE IMPACT OF ABSENTEE FATHER ON THE PSYCHOLOGICAL WELL-BEING OF HIS DAUGHTERS

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## ABSTRACT

Name of Institution: De La Salle University-Dasmariñas

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Title: The Impact of Absentee Father on the Psychological Well-being of his

Daughter

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Objective of the Study:

A. General Objective

This study aims to know how the absence of a father in the home affects the psychological well-being of the respondents.

B. Specific Objective

This paper aims to identify the psychological effects of an absent father in the lives' of their daughters. Likewise, this paper will also explore the issues on the academic performance, the psychosocial condition, the heterosexual relationship sex- role typing of daughters in a household without a father image.

Scope and Coverage: The researchers selected nine adolescent females whose ages ranging from 16 to 23 years old. They must have at least reached tertiary level. These are adolescents who grew-up without a father at home from birth up to age seven.

Methodology: This paper is a descriptive study. Specifically, the case study method is used to describe the impact of the phenomena of absentee father on their daughters' psychological well-being, such as on their academic performance and psychosocial adjustment (heterosexual relationship and sexrole typing). The researchers used a non- probability sampling. This purposive sampling design is deemed effective on the selection of the respondents.

Findings: Based on the results rendered in this study, the absentee father has an impact on the psychological well-being of their daughters, especially on their academic performance and psychosocial adjustment: heterosexual relationship and sex-role typing.

Conclusion: The absence of a father figure/ image in the household has a tremendous effect on the lives of the female adolescents. The effect on the academic performance, sex-role typing, and heterosexual relationship varies. Early heterosexual relationships and aloofness towards the members of the opposite sex are some of the occurrences in the lives of the female adolescents in the absence of their father.

Recommendation: The study was recommended for the researchers, psychologist, guidance counselor, family members, parents, mothers, fathers, and daughters. The paper may aid them to have a better understanding on the impact of absentee father.



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