



ABSTRACT

Name of Institution: De La Salle University Dasmariñas

Address: Dasmariñas, Cavite

Title: A Proposed Enrichment Program For the Institutionalized Elderly in Tahanan Ni Maria, Carmona Cavite

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Objectives of the Study:

General

The primary purpose of the study was to assess the existing social support given to the institutionalized elderly in Tahanan Ni Maria, Carmona Cavite

Specific

1. To determine the demographic profile of the participants in terms of age, gender, civil



status, educational attainment and length of stay or service in the institution.

2. To determine the level of social support received by the institutionalized elderly based on informational, tangible and emotional area.
3. To determine what enrichment program can be proposed for the institutionalized elderly in Tahanan Ni Maria, Carmona Cavite

Scope and Coverage:

The main focus of the study was to determine the social support received by the institutionalized elderly in Tahanan Ni Maria, Carmona Cavite classified as informational, tangible, and emotional in the year 2005-2006. The study included the institutionalized elderly and the personnel in the institution, which is located in Tahanan Ni Maria, Carmona Cavite.

The main setting of the study was delimited only to Tahanan Ni Maria, Carmona Cavite.



Major Findings:

The following findings resulted from this study:

1. The majority or 20% of the total population in terms of age shows that they belonged to 81 - 90 age brackets. In terms of gender it showed that most of the respondents or 63.33% of the total participants were female. In terms of marital status most respondents were widower, which encompasses 43.33% of the total population. More so, with regard to educational attainment, majority or 36.67 % of the total population had reached college level. In line with the length of stay/service in the institution majority or 63.33 % had been in the institution for one (1) to three (3) years.
2. Based on the rating of elderly participants, emotional social support obtained the highest rating of 2.71 classified as "always" while informational social support obtained the lowest rating of 1.93 classified as "sometimes".



3. Based on the rating of the personnel participants, Emotional Social Support obtained the highest rating of 2.73 classified as “always” while Informational Social Support received the lowest rating of 2.19 classified as “sometimes”.

Conclusion:

In the light of the findings, the following conclusions were drawn:

1. Most of the elderly and personnel participants are widow/er.
2. Most of the elderly from 70 and above are institutionalized.
3. Emotional social support is the highest area received by the institutionalized elderly in Tahanan Ni Maria.
4. Informational Social Support is the least social support received by the institutionalized elderly in Tahanan Ni Maria.



Recommendations:

The following are recommended and further study could be conducted.

Where:

At research level,

1. Replication of the study in other institution catering to elderly.
2. Piloting various ways of reaching out to the institutionalized elderly.
3. More in-depth study in terms of their psychosocial needs.
4. Continuing evaluation of the proposed enhancement program for the institutionalized elderly.
5. A study geared toward the effect of the program on the elderly who will participate the said program.

At the program level,

1. Elderly should continue to optimize their contribution to the society with respect to their capabilities and limitation by providing them