



De La Salle University – Dasmariñas

Self-esteem and Academic Performance
of Selected Senior Students from
Single Parent Homes

An Undergraduate Thesis

Presented to

The Faculty of Behavioral Science Department

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De La Salle University - Dasmariñas

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in partial fulfillment

of the requirement of the degree

Bachelor of Arts Major in Psychology

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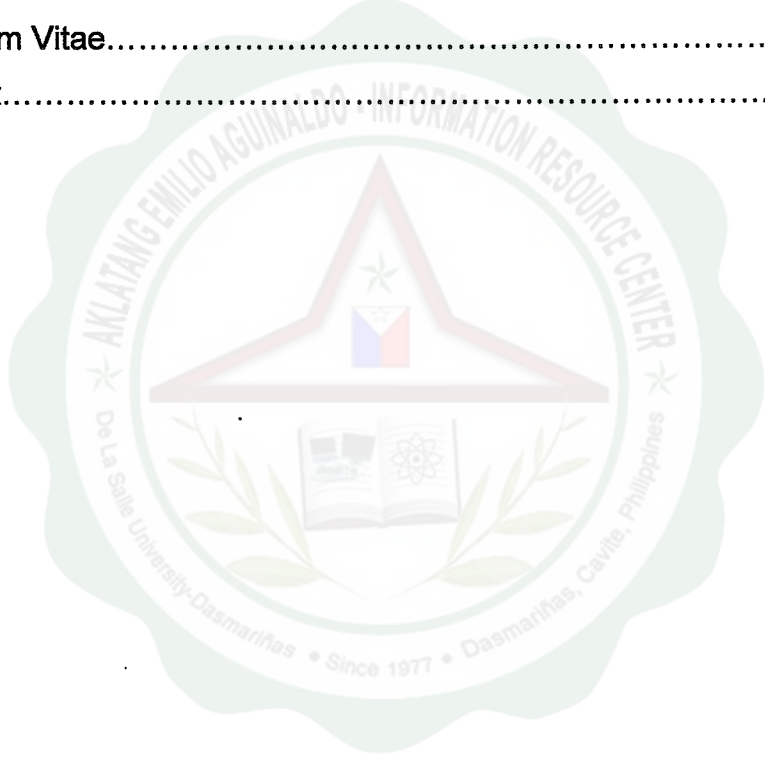
Table of contents

	Page
Title Page.....	i
Acknowledgement.....	ii
Approval Sheet.....	iii
List of Tables.....	iv
List of Figures.....	v
Chapter	
I Problem and It's Background	
Introduction.....	1-2
Conceptual frame work.....	3-4
Statement of the Problem.....	4
Hypothesis.....	5
Scope and Limitation of the Study.....	5
Definition of Terms.....	7
II Review of Related Literature	
.....	8-22
III Methodology	
Research Design.....	23
Research Respondents.....	24
Research Instruments.....	26
Data Gathering and Procedure.....	28
Statistical Treatment of Data.....	29
IV Presentation, Analysis & Interpretation of Data	
Problem no. 1.....	30-31
Problem no. 2.....	33-34



V Summary Conclusions and Recommendations

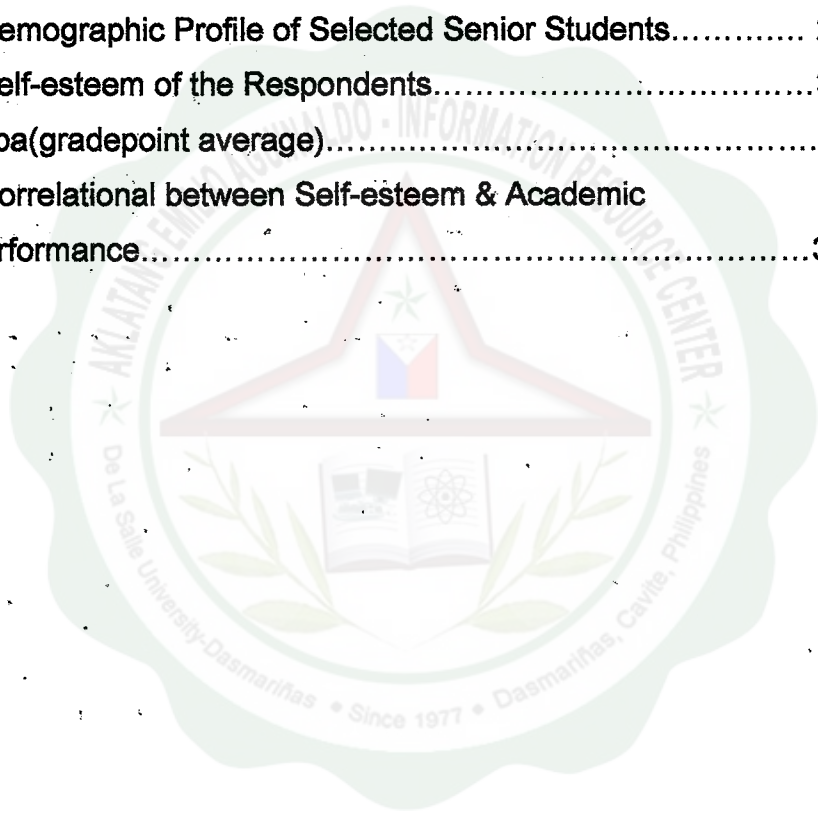
Summary.....36
Conclusions.....37-38
Recommendations.....39-40
Refferences.....41-42
Curriculum Vitae.....43-44
Appendix.....45-46





List of Tables

Table	Page
1Demographic Profile of Selected Senior Students.....	26
2Self-esteem of the Respondents.....	32
3gpa(gradepoint average).....	34
4Correlational between Self-esteem & Academic Performance.....	36





List of Figures

Figure	Page
I The relationship of self-esteem and academic performance of selected senior students from single parent homes.....	4





Abstract

Name of Institution : De La Salle University – Dasmariñas
Address : Dasmariñas, Cavite
Title : Relationship of Self-esteem and Academic Performance of Selected Senior Students from Single Parent Homes
Authors : June Theresa M. Escarda
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Objectives of the study

a. General

The study aimed to determine whether self-esteem and academic performance are affected by being a part of a single parent home.

b. Specific

1. To know the level of self-esteem of selected senior students who belong to a single parent family.
2. To find out the students' academic performance in school in relation to the influence of their being part of a single parent family.

Scope and Coverage

This research is about self-esteem and academic performance of selected senior students who belong to single parent family. The study materials used in this research were the data yielded by the set of questioners and survey form.



materials used in this research were the data yielded by the set of questioners and survey form.

This study was focused on the self-esteem and academic performance of students and their relationship to their being a part of single parent home. The results of the research were only applicable to the set of population used.

Methodology

The researcher use a descriptive-coreational design which is designed to gather personal information of the respondents. A survey was given to 80 selected senior psychology students who belong to a single parent family, as the respondents of the study.

The authors aimed to explain the relationship of self-esteem and academic performance of the said participants as a result of being a part of single parent homes and also to identify their relations with their parents.

Major findings

1. Based on the results of the survey that was administered to 80 participants whose ages range from 19-22 years old there were 50 respondents who belong to single parent family.
2. Democratic parenting style is used by single parent to thier children. Some are permissive style and others were authoritarian style.
3. Most of the respondents are self-motivated, disciplined, independent and strong.



Conclusion

Based on the information gathered the researchers concluded the following :

1. Most of the respondents are disciplined, independent, and have a high level of self-esteem, but not high in their academic performances.
2. As a result to the academic performances, they acquired good but not as good compared to their self-esteem which is significantly high.
3. Family conditions influence the students' self-esteem and academic performances.

It is ideal for a family to have a mother, father and children, imbued with unconditional love, unbreakable unity, lasting happiness, and awesome respect for each and every member of the family.

Recommendations

Based on the findings of the study, the following are recommended by the researchers :

The Administrator of the school must conduct and organize such activities that may help the students to boost their self-esteem.

The children with Single Parents must learn to satisfy their curiosity and spread a sense of wonder, learning to accept their situations and for ends of mastery and self improvement and become the best that one can be.

1.Future Researchers. They should conduct a more extensive related study for a more generalized result. They must refer to a larger number of respondents so that the whole population will generally benefit from the study to be able to



achieve a more precise and concrete outcome in terms of reliability and validity.

2.To the Parents. They must support and love their children unconditionally.

Peers. To give additional understanding, acceptance, love and care.

3.To the School. They must have a program for students about the subjects in order to help them and their academic performance . The existence of the helper in this institution is a big help but not that much due to some situations, like students who are sometimes shy to ask for the help of their fellow students. Therefore, the existing program must improve for the betterment of the project for the benefit of the students in a single parent homes.

3.The Guidance Counselor. They must see to it that the emotional self-esteem of their students is at good state so that they can be more productive in school. They must conduct seminars for student and they must evaluate student by interviewing them once in a while.