

### ABSTRACT

NAME OF INSTITUTION: De La Salle University-Damariñas

ADDRESS: Dasmariñas, Cavite

TITLE: Parenting Styles in Relation to Teenage Aggression

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### **OBJECTIVES OF THE STUDY:**

#### A. General

The purpose of the study is to find the relationship between parenting styles and teenage aggression.

## **B.** Specific

- 1) To be able know the parenting styles used by the parents as perceived by the respondents.
- 2) To know the level of aggression manifested by the respondents.
- 3) To find if there is a significant relationship between parenting style and teenage aggression.



### SCOPE AND DELIMITATION

This focused only on the teenager's aggressive behavior as influenced by the parenting style.

The parenting style is limited only to three: authoritarian, democratic and permissive, as categorized by Diana Baumrind (1991).

Sample size was limited to 30 respondents, 15 boys and 15 girls, third year high school students form Dasmariñas National High School, school year 2004-2005 with the age ranging from 14 to 15.

#### **METHODOLOGY**

The researchers visited the school to make an arrangement with the guidance counselor of Dasmariñas East National High School to determine which students whose ages ranged from 14-15 would be the respondents. After the request had been granted, the researchers went back to the school during the agreed date and time to meet the assigned respondents. On the given date, the researchers introduced themselves and explained to them the purpose of the study. Instructions were given on how to answer the test (see appendix c). After which, the test was distributed accordingly. No time allotment was given in finishing the test. A follow up interview was conducted to each of them in order to validate their answers.

Yate's Correction formula was used in order to find if there is a significant relationship between parenting styles and teenage aggression.



#### **MAJOR FINDINGS**

Based on the study conducted by the researchers, the following results were gathered:

- 1) Based on test results, 80% of the respondents perceived their parents as permissive and 20% indicated that their parents were authoritative; while none answered their parents were democratic.
- 2) The mean aggression level of the respondents is 32.9. This means that the respondents' level of aggression is average.
- 3) The respondent's answers showed that there is no significant relationship between parenting styles and teenage aggression because the computed value is equal to .05 and the probability level is greater than .05.

### CONCLUSION

The researchers concluded the following based on the findings of the study:

- 1. There is no significant relationship between parenting style and teenage aggression.
- 2. Most of the participants perceived their parents as permissive. It means that they were allowed to decide on their own and that house rules were not strictly imposed.



3. The aggression level of the respondents is moderately aggressive.

It means that their surroundings and peers affected their aggressive behaviors.

### RECOMMENDATION

In this study, the researchers recommend the following:

At the research level,

- 1. Researchers should use bigger population.
- 2. They could use other research design such as descriptive correlational. They should also interview the parents of the respondents in order to get fair result.
- 3. Other variables such as socio-economic status, religion, and sex could also be studied and be linked with teenage aggression.
- 4. Parents themselves must answer the parenting style test.

## Program level,

- For Guidance Counselors must to design a program to address
  problems regarding aggression and seminars on parenting styles
  for students.
- Teachers, Assistant Principals, Principal and Discipline Officers
  must monitor the behavior of the students to be able to make a
  behavioral intervention program for the teens.