



De La Salle University – Dasmariñas

Motivational Factors of Charms and Crystals Users and
Its Implication to Perceived Self-empowerment

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ABSTRACT

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OBJECTIVES OF THE STUDY:

GENERAL

The purpose of the present study was to find the motivational factors of six (6) charms and crystal users and its implication to perceived self-empowerment.

SCOPE AND DELIMITATION

This study focused on the motivations of charms and crystal users and its implication to perceived self-empowerment. The types of crystals, gems, and charms stated in the study are used by the respondents including the tools used in the Chinese Culture such as the Chinese ornaments in Feng Shui. This also inculcated the processes involved to achieve the alleged beneficial effects.



Moreover, it entailed the experiences of the users and its relation to the perceived self-empowerment it gives. The study was conducted to nine (9) respondents residing in Metro Manila who use and believe in the positive effects of charms and crystals.

This study did not tackle on the culture of the Filipino people, such as the “anting-anting” and supernatural beliefs, cults using traditional charms tools in the rural areas and witchcraft. Furthermore, the proponents did not include in the research regarding birthstones and tribal charms made of different features.

METHODOLOGY

The six (6) selected charms & crystal users residing within Metro Manila were the respondents of the study and were chosen through referrals. The self-made interview guide was used in this case study. The analyses were based on the answers given by the respondents and were face validated by the researchers per case.

CONCLUSIONS

According to the findings that the researchers had attested, conclusions are made to state the motivational factors of the charms and crystals users and its implication to perceived self-empowerment.

1. The respondents’ decision of using charms and crystals to achieve well-being was from their own choice which in return affects their course of lives.



People don't have to question why they are considering such beliefs. It was their own option, it was their own life. They do not intend to imitate what is popular or what is believable to other people but for them, they utilize and trust in these things because they gained something, they gained self-empowerment which is needed to accomplish a harmonious and peaceful life.

2. The most important thing that people should remember is not to reject God above all things. People maybe pessimistic about things and they tend to show a negative response, because some people may think that charms and crystals users refuse their faith in God but instead worshipping an evil deed, fortunately the users have claimed that God is above all things that their belief in charms and crystals and their faith in God does not complement. Their devotion to God could help them attain their goals.

3. Before performing a practice one should maintain a positive vision in order for the believers to encourage themselves in accomplishing their desires. If one has negative thought of what they will be trying, it is therefore worthless and unachievable. As what Paul B. Schlosberg (2002) stated in his article,

“What we can do to empower ourselves and to begin to change the state of our health and the quality of our life is to change our thinking from negative to positive - moment by moment.”



RECOMMENDATIONS

The following recommendations are for future researchers to be able to broaden the scope of the current study.

Research Recommendations

The following were the propositions the researchers would like future investigators to focus their attention upon so as to serve auxiliary materials and documentations to the findings in the current study.

1. A more extensive and in-depth study on the motivational factors of the charms and crystals users and its implication to perceived Self-Empowerment. However, the study should focus in studying the two types of charms and crystals users separately.
2. Provide a study on the views of the non-believers regarding the belief of the charms and crystals users.
3. Aside from providing a study regarding the use of crystals as therapeutic agents, form a research concerning other modern holistic therapies such as color therapy, aromatherapy, and the like.

Program Recommendations

Because of the fact that Filipino believers are somehow influenced by the Chinese Culture towards the use of Crystals it is better to maintain a field of belief that only the Filipino people are acquired.



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Stated below is a program suggested by the researchers for consideration and implementation.

1. Filipino non-believers of the use of crystals who are by then encouraged to use or start believing in crystals may take a seminar conducted by Riza Regis, a Filipino crystals expert residing in the Philippines, to know more about crystals. She can explain and educate the people on the facts about crystals.

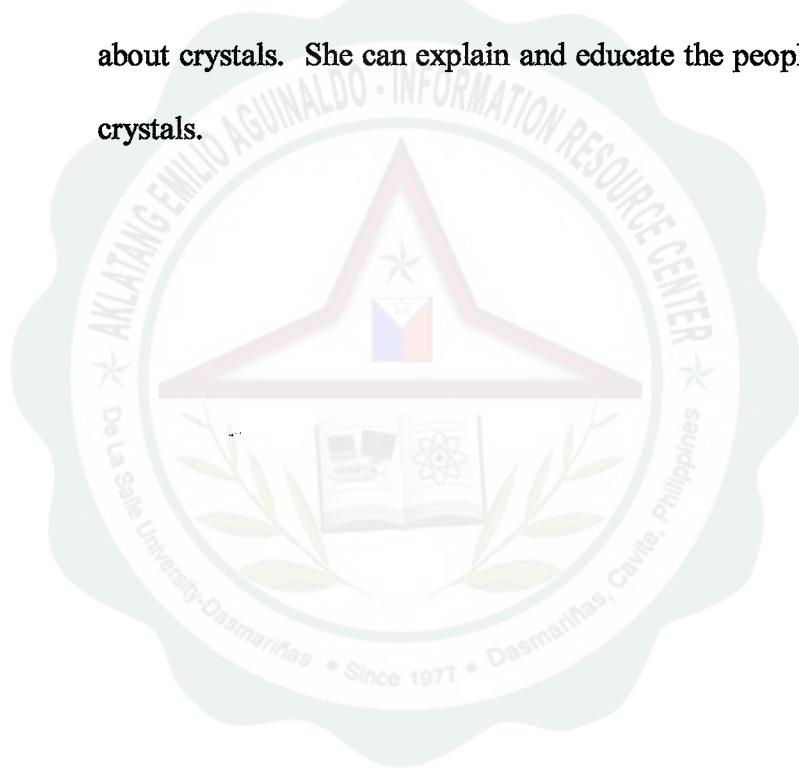




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