



ABSTRACT

Title : Motivation and Attitudes towards Studies and Sports of De La Salle University-Dasmariñas Varsity Basketball Players

Researchers : Ruby Anne E. Bernales
Gille Ann Y. Go
Laarni M. Mercado

Degree : Bachelor on Arts Major in Psychology

School : De La Salle University-Dasmariñas

Adviser : Ms. Virginia Gomez

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Statement of the Problem

This study aimed to describe the attitudes, priorities and motivations of selected DLSU-D basketball players in relation to sports and studies.

More specifically, this study sought to answer the following questions:

1. What is the respondent's demographic profile?
 - a. Name
 - b. Address
 - c. Course and year
 - d. Age
 - e. Civil Status

2. What is the respondents' sports profile in terms of:
 - a. Reasons for joining the team
 - b. Years in the team



- c. Schedule of practice
 - d. Other sports he is engaged in
3. What is the respondents' academic profile in terms of:
- a. Number of years in college
 - b. Number of units enrolled this semester
 - c. Number of units and subjects failed
 - d. Number of dropped subjects
 - e. Cumulative Grade Point Average
 - f. Student status (Regular/irregular student)
 - g. Number of personal study hours other than class meetings
4. What are the factors that motivate the respondents to work hard in:
- a. Sports
 - b. Studies
5. What are the respondents attitude towards
- a. Sports
 - b. Studies
6. Which field is given more priority?
- a. Studies
 - b. Sports



Field Procedure

This study was divided into several phases:

1. Formal signing as a study's participants

The researchers looked for a DLSU-D varsity basketball players and chose varsity who fitted the study's qualifications. After the researchers had chosen their nine (9) respondents, they asked the qualified varsity basketball players if they could be participants to the study and letting know the purpose and objectives by signing to the informed consent for the participants of the study. The informed consent contain the purpose, scope and delimitation of the study. This also served as a contract that they agreed and approved to be a part of this study.

2. Appointments scheduling with the respondents

The researchers conducted informal interviews to the respondents depending on the appointments that were set on the respondents' convenient time and place. Also, during this phase, the respondents were asked if a tape recorder could be used in the interview sessions. It was only done with the respondent's approval. Notes were taken as an alternative if the respondent decided otherwise.

3. Preparation for the interview proper

A day before the scheduled date of interview, the researchers studied the interview guide for modification (if needed) and for mastery. To know if the tape recorder was in good working condition, it was retested prior to the scheduled interviews, for preparation purposes. This gave the researchers more time to look for a replacement if needed.



4. Interview proper

The researchers were at the venue of interview set by the respondents 10-15 minutes before the scheduled time. The respondent's response was tape-recorded or records the responses verbatim the respondents were chosen otherwise.

5. Interview with the professional basketball players

The researchers conducted interviews with Mr. Allan Yu of Sta. Lucia PBA team, Itoy Esguerra, a former Crispa PBA player and coach in professional leagues and Coach Al Francis Chua, a current Head Coach of Sta. Lucia PBA team. Interviews were conducted to the said professionals for additional informations and insights about the student-athletes on the said study.

Summary

This study aimed to describe the attitudes, priorities and motivations of selected DLSU-D basketball players in relation to sports and studies.

The respondents joined the team for their love for sports and the benefits the university will give them in return to the cognitive and physical energies these student-athletes exert both to their sports and studies. All these respondents have failing grades and dropped subjects due to practices and competitions that made them become an irregular students. Other reasons for their failing grades were absences that made them missed their lessons and not to submit their



requirements on time. But in classmates, teammates, girlfriends, professors and sometimes coaches are their to help them cope up with their studies.

These student-athletes are somehow having a hard time coping with their studies due to the mental and physical challenges brought by their games and practices. Mental challenges are mind focusing and mind setting while physical challenges may be injuries, over-fatigue and stress. Almost all the respondents do not have personal study hours because of the physical challenges they deal with. They would rather use their free time for sleeping and resting than for studying.

The respondents have sacrificed many things for this sport like their family, interpersonal relationships and most especially their studies. Most of the respondents are living away from their home that made them miss their family because they stay in the DLSU-D dormitories with their teammates. Studies are being sacrificed due to the fact that some of them do not graduate on time.

The respondents generally give more time and energy to their sports because for their love and commitment these student-athletes exert to it that made these student-athletes rate themselves as better athletes than good students. But they still believe that education is more important because it is infinite that will be a great help to find a good job to build a better future. Sports that is temporary that once the athletes get injured, the career will slow down if not end totally.

The student-athletes need to juggle between sports and studies because not having the grades the administrations are expected to the athletes will also equals to losing their sports as mean of their scholarships.



Conclusion

These are the following conclusions drawn from this study:

1. Student-athletes join the team not just because for their love for basketball but also for the benefits they will gain out of representing the university to different competitions.
2. Most of the student-athletes are irregular students because they drop some subjects to attend to their practices every morning.
3. Most of the athletes failing grades due to excessive absences, late submission of requirements caused by the competitions that are in conflict with their class schedule and laziness to study their lessons due of the tiredness and fatigue brought by their practices and competitions.
4. Most of the student-athletes will spend more time in college than ordinary students because of shifting from one course to another, dropping of subjects and failing grades.
5. Athletes are less academically oriented than non-athletes.
6. Student-athletes have the pressure to balance their sports with their studies because losing their sports will mean losing their studies as well.



Recommendations

Any study on this matter will always be considered interesting and with practical importance. In this light, the researchers recommend the following:

First, future researches on the same topic be done on different schools inside and outside Cavite. In doing so, additional factors that can be considered relevant to the topic shall be helpful.

Second, similar studies could be done in comparing attitude of athletes in lower and upper class of society.

Third, that a large sample size be used in order to generalize the findings as well as its scope.

Fourth, the researchers recommend the use of standard measures in which quantitative analysis of data is suitable. This is very much applicable especially when dealing with attitudes and priorities.

Lastly, the researchers of this study also recommend that through the use of other local literature, future researchers will be able to compare the similarities and the differences revealed in their findings and therefore serve as an important piece of information by providing further explanation and additional knowledge about university athletes in another cultural setting.

The researchers suggest that the point of view of teachers and coaches be part of gathering data. They will be a good source when it comes to the real score of attitudes and priorities. It is essential that these persons be involved for additional information to give clarity to the topic.



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To the student-athletes, the researchers suggest to be a good model to everyone who wants to be a varsity too. They must let others know how to weigh and balance both studies and sports.

To all readers, the findings in this study hope to give this a better understanding on the attitudes, motivations, and priorities of student-athletes.

