



De La Salle University – Dasmariñas

The Personality Style and the Process of Acceptance of Mothers with
Children Afflicted with Down Syndrome

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AKLATANG EMILIO AGUINALDO ARCHIVES



ABSTRACT

Name of the Institution: De La Salle University-Dasmariñas

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Title: “The Personality Styles and the Process of Acceptance of Mothers with Children Afflicted with Down Syndrome”

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Objectives:

A. General:

To know what are the personality styles and the process of acceptance of mothers with child with Down syndrome.

B. Specific:

1. To know the demographic profile of the respondents-mother including their age, number of children, educational attainment, economic status and their profession.
2. To know the personality style of the respondent-mother based on the Personality Self-Portrait Questionnaire.



3. To know the personality style of the respondent-mothers in accepting children with Down syndrome.
4. To know in what category or stage in the acceptance process do the respondents fall.

Methodology:

Major Findings:

- Based on the data gathered and information resulting from the study, the respondents were between the ages of 30-57, and have 2-4 children. Most of them are high school graduates and belong to middle class. Majority of the respondents were housewives.
- Among the 9 respondents, 4 of them has a Conscientious Style of Personality, 2 of them possesses a Self-Sacrificing Style of personality. The 2 remaining respondents are Solitary and Sensitive respectively. The other 1 respondent shares both Vigilant and Self-Sacrificing Style of personality.
- All the respondents of this study have already accepted their child with Down Syndrome. Majority of the respondents were able to accept the condition of their child right away without going through a long period of adjustment. Only one of the respondents had a difficulty in accepting her child, but she was able to accept her child eventually.



- Based on the results of the Personality Self-Portrait Questionnaire and the interview that was conducted, the researchers were able to realize that all personality traits are accepting of their child condition. The difference that was seen was their way of coping with the situation that was given to them.

Conclusion:

Based on the careful analysis of the gathered data, the researchers conclude that the respondents have different personality styles which show the uniqueness of each individual, although it is inevitable that some will share the same type of personality. Among the respondents, 4 of them possess a Conscientious style of personality, 2 of them are Self – Sacrificing and the 2 remaining respondents are Solitary and Sensitive respectively. The other 1 has both Vigilant and Self-Sacrificing style of personality.

The researchers also conclude the respondents may have shared the same type of personality style with the others, but the means of how they were able to cope the problem were different. They have gone through some adjustments that have helped them accept the truth that the child they were expecting is not the one that was given to them. Not all of them were able to accept the bad news right away, some of them have gone through difficult times of adjusting. They had experienced deep sorrow and pain that they were not able to produce a normal baby. Rejection, denial and jealousy are some of the feelings and emotions that had evolve through



their experiences. However, through the strong faith of the respondents and their love for their child, they have already come to accept that their child is special.

The researchers also conclude that the respondents have been very supportive and loving ever since they have acknowledged the truth. They have realized that whatever the situation their child may have, still it is their own flesh and blood that is most important and that the child given to them is a blessing from God.

The researchers also conclude that the support that the respondents received from their husbands helped them accept their child wholeheartedly.

Recommendation:

For the respondents. That they may continue to support their child all the way and give them the love, care and attention that they need. That they may be able to continue to provide a good education that is due for their child's development.

Institution-Alabang Elementary School-SPED Program. That they may continue to give quality education to these special children. That they may also provide enough knowledge for the parents on how they should handle their child.

For the Institution-Alabang Elementary School-SPED program, this study may continue to give quality education to these special children and may also provide enough knowledge for the parents on how they should handle their child.

Future Researchers. That this study may serve as an inspiration for them to continue the study for further development. That they may conduct another study involving the process of acceptance of the father of children with Down Syndrome.



That they may also conduct a study about the relationship of birth order in the process of acceptance of parents to their child. And also that they may conduct another study regarding parents of children with autism.





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