TOWARDS THE DEVELOPMENT OF AN ASSESSMENT FRAMEWORK IN PHYSICAL EDUCATION

A Thesis
Presented To:
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ABSTRACT

The study described and analyzed assessment practices of physical education teachers in De La Salle University – Dasmariñas for developing an assessment framework in physical education. The study utilized descriptive-developmental research methodology. Data were collected through qualitative measures, such as: interviews, observations, and document analysis. Simple statistical procedures, like frequency, mean, mode, and percentages were also employed in interpreting the data. Aside from the assessment framework, sample rubrics were also de eloped and validated.

All of the PE teachers (N=24) served as the informants of the present study. The study investigated assessment practices of PE teachers in the different phases of the teaching-learning process, which are as follows: identification of objectives, preassessment, formative assessment, measurement, and evaluation. Meanwhile, purposive sampling was used in selecting validators of the set of rubrics developed

The result of the study revealed that PE teachers are more adept at using traditional assessment methods. One of the strengths of present assessment methods is the use of team competition, written exams, fitness test, observations or on-the-spot correction. The gaps lie, however on the use of reliable instrument that will make existing assessment practices reliable.

In light of the results of the study, an assessment framework was developed which highlights the acceptable practices, and includes alternative assessment that will enhance existing assessment practices.

The set of rubrics validated in the study were appropriate and usable based on the ratings given by the validators. None of the rubrics received a rating below than 4.0

which is more than satisfactory. Likewise, the overall mean of the set of rubrics for each criteria in validating the rubrics received a rating of above 4.0 which is also more that satisfactory.

In consideration of the assessment framework developed, it is recommended that a complete set of model building activities be used to enhance the assessment framework. Furthermore, investigations of PE classes in elementary and high school or from other universities can enhance it as well.

In connection with the sample rubrics developed, it was recommended that teachers be trained on its use. Teachers from other schools are encouraged to use the set of rubrics developed in the study in the hope that it can help current practices. Lastly, the points of inquiry raised in this study can serve as a starting point for future researches in PE, such as development of other validated assessment instruments that can uplift the quality of assessment in PE.

TABLE OF CONTENTS

m: 1 - D		Page
Title Pag		i
Abstract	Paradigm on the Development of a	ii
	Sheet	iv
Acknowl		v
Table of		vii
List of Fi		vii
List of Ta	ables	ix
CI.		
Chapter		
	THE BRODE ENGLISH A BELLEVIA OF BELLEVIA	
1	THE PROBLEM AND A REVIEW OF RELATED	
	LITERATURE	1
	Total And	
	Introduction	1
	Review of Related Literature	5
	Synthesis	33
	Conceptual Framework	36
	Statement of the Problem	48
	Significance of the Study	49
	Scope and Limitations	50
	Definitions of Terms	51
	Sample R & Purform for Assessing	
2	METHOD	53
	Pagagrah Daview	52
	Research Design	53
	Sampling Procedure	53
		55
	Data-Gathering Procedure	59
	Data-Analysis Procedure	60
3	RESULTS AND DISCUSSIONS	63
	A PARTIE AND A PAR	03
4	SUMMARY OF FINDINGS, CONCLUSIONS, AND	
	RECCOMENDATIONS	163
		103
Refe	erences	169
App	endices	176
	Internition Operations	100
A	Interview Questions	176
B.	Checklist for Rubrics Validation	177
C.	Result of Rubrics Validation	186

List of Figures

Figure		Page
1.	Paradigm on the Development of a	180
	in Assessment Framework for Physical Education	
	in De La Salle University – Dasmariñas	47
2	Assessment Framework in Physical Education	141
3	Proposed Assessment Tasks Flow	142
4	Sample Rubric Form for Assessing Dance Aerobic	
	Workout – Physical Fitness/Dance Aerobics	155
5	Sample Rubric Form for Assessing	
	Service Skills in Table Tennis	156
6	Sample Rubric Form for Assessing	
	Game Play in Table Tennis	157
7	Sample Rubric Form for Assessing Freestyle Stroke	
	in Swimming	158
8	Sample Rubric Form for Assessing	
	Underhand Service in Volleyball	159
9	Sample Rubric Form for Assessing	
	Game Play in Volleyball	160
10	Sample Rubric Form for Assessing	
	performance with Partner in Social Dance	161
11	Sample Rubric Form for Assessing	
	Written Exams (Essay)	162

List of Tables

T	able 1	Validators of the Scoring Rubrics Developed	Page 55
	2	Cognitive Objectives of the Different Subject Areas	64
	3	Affective Objectives of the Different Subject Areas	66
	4	Psychomotor Objectives of the Different Subject Areas	67
	5	Frequency Index of Pre-assessment by Activity and Type	70
	6	Frequency Index of Formative Assessment by Activity and Type	83
	7	Frequency Index of Summative Assessment by Activity and Type	99
	8	Frequency Distribution of Written Tests by Activity and Grading Period	102
mus	9	Evaluative Decisions Arrived at by PE Teachers According to the Type of Assessment Method Used	130
	10	Validity of each rubric according to the specified areas	147

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