

DE LA SALLE UNIVERSITY

THE EFFECT OF THE EA PROGRAM FOR PERSONALITY DEVELOPMENT
ON THE EGO STATES OF THE FRESHMAN
LA SALLETES OF MANILA

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Preface

This study focuses on the effect of the TA program for personality development on the ego states of individuals with selected criteria. As the study is of an experimental nature, the researchers have deemed it necessary to choose respondents from the same school as rapport with participants helps establish more accurate results for a better research.

Transactional Analysis is a relatively new area in the Philippines and in line with its growing popularity in the local scene, this study has been made to aid in its adaptation to the Philippines. The program based on TA concepts will be discussed here and a step by step description of the study will be made.

Freshmen Arts and Sciences La Salleites were selected to participate.

In line with the usefulness of Psychology in developing better personalities for a better world to live in, TA has been singled out as a possible means of achieving the latter through an improvement of the social world.



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ABSTRACT

What is REALLY happening when two or more people talk to each other? Transaction is taking place with the ongoing series of stimulus and responses. An analysis of a conversation easily leads to the nature of a study, called Transaction Analysis which will be the basis of this research. It has made use of the TA program to determine its effect on the personality developments of freshman Arts and Sciences La Salleites '52 of Manila. The Campbell pretest posttest design was utilized with an instrument called the Ego State Inventory (ESI), which in turn measures ego states of individuals. Does the TA program affect personality as to register a significant change in one's ego state? Does one's sex affect TA results on the ego state? At the 0.01 level of significance, this experimental study proved otherwise. The treatment used in the experimental group did not show any significant gains from the computed f values of the Anova. The follow-up questionnaire revealed more favorable results however, and it was of a popular opinion that the TA treatment did improve their social relationships after all.

