

DE LA SALLE UNIVERSITY

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ABSTRACT

This descriptive study sought to determine the relationship of density and time spent in the unit on anxiety among the 83 UP-BLISS residents.

The researchers of this study made use of a 2 X 2 factorial design to treat the data on the anxiety scores. The two variables, density and time, were varied as follows: high (6 and more occupants) and low (2-5 persons) for the former and long (8-12 hours) and short (5-7 hours) for the latter. The dependent variable, anxiety, was measured through the use of a questionnaire which consisted of three parts. The first part focused on the demographic profile of the respondents; the second part contained the State-Trait Anxiety Inventory (STAI) test which would measure the anxiety level of the respondents; and the last part contained three questions on the reactions of the residents towards their present living condition.

The results of this study indicated that the two variables, density and time, have no significant effect on anxiety ($p > .05$) and that there was also no significant effect or interaction between these two factors.

