## ABSTRACT

This descriptive study was made to obtain information on the reaction of the LIFT trainees on the effectiveness of the training methodology used in DLSU Leadership In Focus Training program in achieving the objectives of the modules included in the program. The training methodology being the studied are the structured experiences, instrumentations, lecturettes and discussions used in delivering the modules.

The LIFT Trainees of schoolyear 1985-86 were used during the study. A questionnaire was made to obtain the data. The questionnaire used measures the level of effectiveness of each structured experience and instrumentation used during the modules, the relevance of the topics and concepts being discussed and the helpfulness of having discussion groups in the modules.

Generally, it was found out that the training methodology being used in LIFT is effective in achieving the objectives of each module. Only the concepts and topics of Module two was found to be not so relevant to the needs of the trainees.