

A B S T R A C T

Young adulthood is a stage wherein the individual is faced with some uniquely stressful tasks namely: selecting a mate, learning to live with a marriage partner, starting a family, rearing children and managing a home (Havilurst in Bocknek, 1980). Because of these, it is important to study the implications of the past family life to an individual's future family plans. This descriptive study therefore aimed to describe young adults' past family life as well as their future family plans and whether the past influences the future family plans.

An interview guide was used in order to determine the young adults' past family life as well as future family plans. Subjects were composed of 50 male and female college students from De La Salle University belonging to the 18-25 year old bracket.

By using frequency tables in order to describe the profile of responses, the researchers were able to conclude that past family experiences do influence future family plans. There was either a congruence in the child-rearing method to be used which was seen in the dimension of nurturance while a discrepancy occurred in terms of discipline and interactions with the extended family. When the individual felt that the method of upbringing was inefficient, he sought to change or modify this for his future family. On the other hand, when there was congruence, he felt that there was no need to change this aspect of child-rearing.