

**The Concept of "Abundant Life"
as Perceived by Born Again Christians**

**A Thesis
Presented to
The Faculty of the Department of Behavioral Sciences
De La Salle University**

**In Partial Fulfillment of the
Requirements for the Degree
Bachelor of Arts in Behavioral Sciences**

by

Andrew L. Tanlimco

December 1984

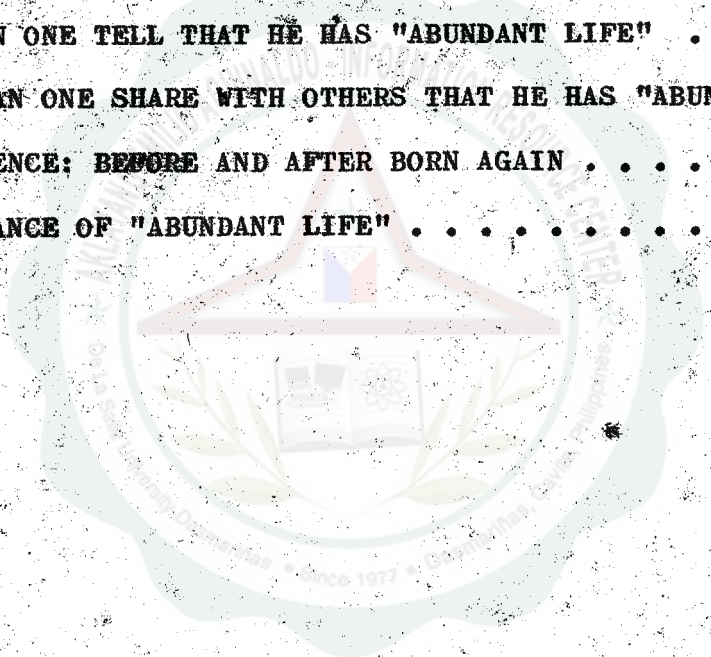
AKLATANG ENLILAGUINALDO A BOURVES

TABLE OF CONTENTS

	Page
ABSTRACT	iv
CHAPTER	
1. INTRODUCTION	1
1.1 BACKGROUND OF THE STUDY	1
1.2 STATEMENT OF THE PROBLEM	4
1.3 DEFINITION OF TERMS	4
1.4 SCOPE AND LIMITATIONS	7
1.5 SIGNIFICANCE OF THE STUDY	8
2. REVIEW OF RELATED LITERATURE	9
3. METHODOLOGY	14
3.1 RESEARCH DESIGN	14
3.2 SAMPLE AND SAMPLING PROCEDURE	14
3.3 PROCEDURE	15
3.4 INSTRUMENT	15
3.5 DATA ANALYSIS	16
4. RESULTS AND DISCUSSIONS	18
4.1 NATURE AND CHARACTERISTICS OF "ABUNDANT LIFE"	18
4.2 PURPOSES OF "ABUNDANT LIFE"	20
4.3 STAGES OF "ABUNDANT LIFE"	23
4.4 SUSTENANCE OF "ABUNDANT LIFE"	25
5. SUMMARY CONCLUSION AND RECOMMENDATIONS	34
5.1 SUMMARY	34
5.2 CONCLUSION	35
5.3 RECOMMENDATIONS	35
REFERENCES	37

LIST OF TABLES

Table	Page
4.1 DEFINITION OF "ABUNDANT LIFE"	19
4.2 IMPORTANCE OF "ABUNDANT LIFE"	21
4.3 PURPOSES OF "ABUNDANT LIFE"	24
4.4 HOW I BECAME A BORN AGAIN CHRISTIAN	26
4.5 WHAT ONE DOES TO HAVE "ABUNDANT LIFE"	27
4.6 HOW CAN ONE TELL THAT HE HAS "ABUNDANT LIFE"	28
4.7 WHAT CAN ONE SHARE WITH OTHERS THAT HE HAS "ABUNDANT LIFE"	29
4.8 DIFFERENCE: BEFORE AND AFTER BORN AGAIN	30
4.9 SUSTENANCE OF "ABUNDANT LIFE"	33



ABSTRACT

This paper is about the knowledge of born again Christians on their fulfilled psychological needs known as the "abundant life." This study is based on the proposition that people adopt a system of belief that helps them explain or interpret their everyday experiences in order to cope with the needs of their lives. The knowledge on the "abundant life" is implied to be a part of the subject's belief system that gives "meaning" to their experiences. The aim is to determine what psychological needs are satisfied by the Christianity's belief system. The knowledge included in this paper are the nature and characteristics of the "abundant life", the purposes of living this life, the stages that lead an individual to this experience, and how this life can be sustained. The results of this study point out that a person is not always contented with his life. Material things cannot always satisfy himself. He needs love, joy, and peace which material things have not been able to satisfy. He wants to know the real meaning of life. There must be something more in life that a person is forever seeking to discover. The born again Christians in this study provide an answer to these needs, the "abundant life." And this is what this paper is all about.