DE LA SALLE UNIVERSITY

REASONS AND PERCEPTIONS BEHIND THE
SUICIDE ATTEMPTS OF SIX INDIVIDUALS

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This paper dealt with the biophysical, socio-behavioral, and intrapsychic reasons behind the suicide attempt of the respondents. It also provided descriptions of how the respondents perceived themselves after the suicide attempt. The study centered on six (6) respondents who were referred to the researchers by their family members and friends or whom the researchers knew personally. There was a descriptive compilation of the reasons behind the suicide attempt of the respondents as well as their perceptions of themselves after the attempt. The study used a pre-tested, open-ended questionnaire for the interview with the respondents. The responses gathered from the interview were then analyzed individually as well as collectively.

The results of the study showed that the respondents had similarities as well as differences in the biophysical, socio-behavioral, and intrapsychic reasons behind their suicide attempt. Furthermore, five of the respondents had a better outlook towards life after the attempt at suicide. Only one felt that her life before and after the suicide attempt did not change.