

Anxiety level among selected female high school students in Public and Private schools in Dasmariñas City

An Undergraduate Thesis

Presented to

The College of Liberal Arts

De La Salle University Dasmariñas

Dasmariñas City

In Partial Fulfillment

Of the Requirements for the Degree

Bachelor of Arts in Psychology

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Psychology 44



ABSTRACT

Name of Institution : De La Salle University Dasmariñas

Address: 4115, Bagumbayan Damariñas City, Cavite, Philippines

Title : Anxiety Level among Selected Female High School

Students in Public and Private School in Dasmariñas City

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Funding Source : Parents

Total Cost : 7,500 Php

Date Started : July 2009

Date Finished : March 2010

This research was carried out to measure the level of anxiety among selected female high school students in public and private schools in Dasmariñas City, and aimed to test the hypothesis if there is a significant difference as to their anxiety level. The researchers have gathered 240 respondents across the year level with age ranging from 11-18 years old using cluster sampling. Descriptive research design using survey comparative method was employed. Using the Screen for Child Anxiety Related Emotional Disorder (SCARED), data revealed that there is no significant difference in the anxiety level among the four sets of respondents but discriminate in terms of the type or nature of anxiety. Recommendations for school wide interventions with the support of teachers and guidance counselors were forewarded.



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