



**The Personality Profile of Incest Survivors and
Their Coping Behaviors**

Undergraduate Thesis

Presented to

**The Faculty of the College of Liberal Arts
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Dasmariñas, Cavite

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**Of the Requirements for the Degree
Bachelor of Arts Major in Psychology**

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ABSTRACT

Name of the Institution: De La Salle University- Dasmariñas

Address: Dasmariñas, Cavite

Title: The Personality Profile of Incest Survivors and Their Coping Behaviors

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Objectives of the Study:

A. General Objective

It aims to know the personality profile of incest survivors and their coping behaviors.

B. Specific Objective

It aims to know the respondent's demographic profile, personalities' strength and weaknesses and positive and negative coping behavior.



Scope and Coverage: The researchers obtained nine (9) females who were survivors of incestuous abuse perpetrated by their stepfathers and biological fathers aged 17 below. Incestuous abuse include touching of breasts and genitals, oral sex, masturbation and/or sexual intercourse. The respondents were interviewed in an Institution that is a subsidiary of Department of Social Welfare and Development Alabang, Muntinlupa City. This research would not, in other way, give emphasis on the offender's history, family background and socio-economic status.

Methodology: Case study method was utilized in this study to determine the personality profile of incest survivors and their coping behaviors and since detailed description of people being studied is needed in this research. The researchers used purposive sampling design in selection of respondents.

Findings: The respondents' age ranges from 5-16 years old, who had incestuous experience mostly with their stepfathers as early as 3 years old. And because they are still young when the abuse happened and don't have much idea how serious it was, they just ignored it and resorted to playing to cope with the abuse they had.

Conclusion: With the 9 respondents gathered, the youngest is 5 years old while the oldest is 16 years old. They had incestuous experience which started as early as 3 years old and perpetuated mostly by their stepfathers. Two of the



respondents were sexually abused by their biological fathers. Their mothers seldom come home that gives the opportunity to their perpetrators to sexually abuse them. The respondents were mostly from lower class families. Their common problem is their cognitive development which is the result of having no formal education. They also experience anxiety and depression brought by their incestuous experience. Since they are young and have not yet understood how serious the abuse they had, they just shifted their attention to what could be enjoying for them and it is through playing.

Recommendations: Future researchers who would pursue this study could broaden the study not only to victims residing in government institutions but also in private and non-government institution. Future researchers could also include studies that involve other perpetrators and consider adult respondents and how does the incestuous experience they had affect their lives as adult.