

ABSTRACT

Name of Institution: De La Salle University-Dasmariñas

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Title: Level of Emotional Quotient and coping strategies of International Students in De La Salle University – Dasmariñas

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The objective of this study is to find existence of significant relationship between level of Emotional Quotient and coping strategies utilized by International students in De La Salle University – Dasmariñas. The respondents of this study were gathered through information assisted by International Student Office. All respondents resided in the Philippines less than two years and nationalities varied from Korean, Chinese, Americans, British and Ethiopian.

The study used correlational descriptive case study using descriptive analysis as research design. The respondents were chosen through purposive sampling. Two sets of self-made questionnaires based

on related literature were used. One on levels of Emotional Quotients and another for Coping strategy.

There were only two (2) respondents who scored High Emotional Quotient obtained Problem/Emotional focused coping strategy. Seven (7) out of nine (9) respondents who scored Above Average Emotional Quotient obtained Problem/Emotional focused coping strategy. Eight(8) out of twelve(12) respondents who scored Average Emotional Quotient obtained Optimism coping strategy and five (5) respondents who scored Below Average Emotional Quotient obtained Social Support coping strategy. The other two (2) respondents scored Low Emotional Quotient obtained Assertive behavior as their coping strategy.

It revealed very conclusively that the level of the Emotional Quotient and the coping strategies have close relation since respondents with different levels of Emotional Quotient have certain patterns on what kind of coping strategy they generate when they face problems