



### Abstract

Studies in the field of multicultural psychology are now growing because there has been increasing number of international students who study in foreign country. This research aimed to know the relationship of socio-cultural adjustment to academic self-efficacy of Korean students in De La Salle University Dasmariñas. The sample consisted of 104 undergraduate Korean students (55 males and 49 females) in the university. One of the variables, socio-cultural adjustment, was measured through the Revised Socio-Cultural Adaptation Scale by Wilson (2013) while the Academic Self-Efficacy was measured through the College Academic Self Efficacy Scale by Owen and Froman (1988). Correlational analysis was used to analyze the data. Finding shows that there is a positive relationship between academic self-efficacy with all the subscales of socio-cultural adjustment (Interpersonal Communication, Academic/Work Performance, Personal Interest and Community Involvement, Ecological Adaptation, Language Proficiency).

**Keywords:** Socio-cultural adjustment, Academic self-efficacy, Korean Students