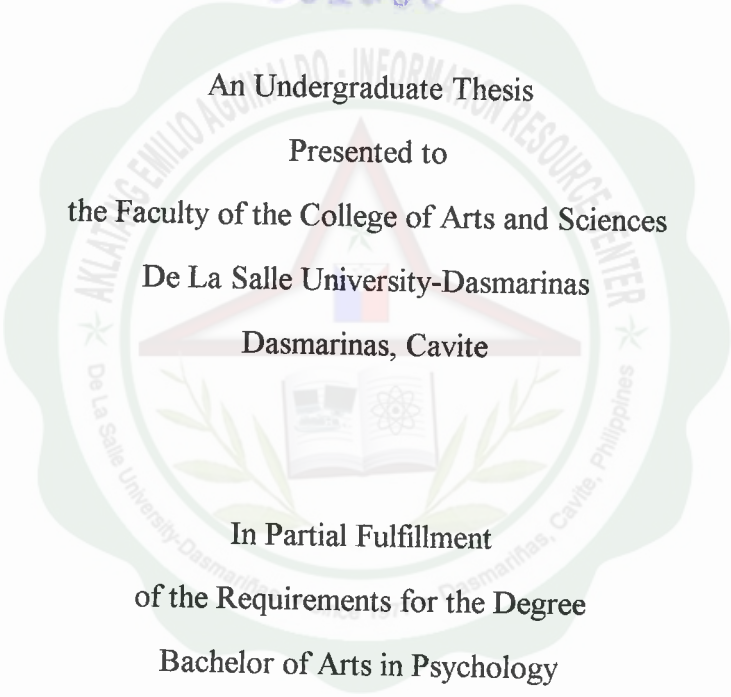


Being Single: The Concerns of Filipino Bachelorettes  
as Perceived by Single Female Staff of  
De La Salle University-  
Dasmariñas

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An Undergraduate Thesis  
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**ABSTRACT**

**Name of Institution** : De La Salle University-Dasmarinas

**Address** : Dasmarinas, Cavite

**TITLE** : Being Single: The Concerns of Filipino Bachelorettes as Perceived by Single Female Staff of De La Salle University-Dasmarinas

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**OBJECTIVES OF THE STUDY:****A. GENERAL**

To find out the overall profile of teaching and non-teaching bachelorette-staff of De La Salle University-Dasmarinas in terms of their current personal and professional goals, the changes they undergo along economic and psychosocial dimension and the effect of the identified and described changes in their personal and professional life.

**B. SPECIFIC**

1. To determine the profile of the bachelorettes.
2. To determine the changes the bachelorettes undergo along economic and psychosocial dimension.
3. To determine the effects of the identified and described changes of bachelorettes in their personal and professional lives.
4. To determine the bachelorettes' current personal and professional aspirations and goals.

**SCOPE AND COVERAGE:**

In general, the study focused on the profile, and specifically on the concerns of Filipino bachelorettes as perceived by the single female staff of De La Salle University-Dasmariñas in Dasmariñas, Cavite. It made an extensive research on the bachelorettes' current personal and professional goals, the changes they undergo in their personal and professional lives. It concentrated on seven (7) bachelorettes, teaching and non-teaching staff of De La Salle University-Dasmariñas.

**METHODOLOGY:**

This study used the descriptive research design. The research targeted on the seven (7) teaching and non-teaching staff bachelorettes of ages thirty-six (36) to forty-six (46) in De La Salle University-Dasmariñas. In the first stage, a structured modified questionnaire was constructed to serve as a tool for gathering information and for determining the changes the bachelorettes are undergoing along economic and psychosocial dimension, the effects of the identified and described changes in their personal and professional lives, and the bachelorettes current personal and professional aspirations and goals. Then, for the second stage, each respondent was subjected to an in-depth interview. The interview was scheduled depending upon the availability of the respondents and the researchers.

**MAJOR FINDINGS:**

This study showed that:

1. The bachelorette-respondents' dominant monthly take home pay per month is P6,000. Six (6) of the bachelorette respondents have had an increase in their salaries. Four (4) have experienced social and civic involvement. Seven (7) of the bachelorette respondents disburse their income for SSS, tax, medicare, and food. All respondents have had more goals as the professional effects of the economic and psychosocial changes,

while six (6) have had an increase of responsibilities and have attained a closer relationship with their families as personal effects of the economic and psychosocial changes.

2. The bachelorettes' managed to remain optimistic about their future in terms of their career and saw the difficult times they have experienced as opportunities to further develop their total personality.

3. The bachelorettes' have time to engage in various amusement and recreational activities, and from these activities they were able to meet old and new friends.

4. The bachelorettes' have achieved economic independence which have taught them to allocate their income efficiently.

#### **CONCLUSIONS:**

Based on the study conducted:

1. In terms of economic changes, six (6) of the bachelorettes have had an increase in their salary. Considering the psychosocial changes, four (4) of the bachelorettes' have had experienced greater involvement in socio-civic activities.

2. Regarding their professional effects of economic and psychosocial changes, seven (7) of the bachelorettes had more goals in terms of their career. In the matter of personal effects of economic and psychosocial changes, six (6) of the bachelorettes had an increase of responsibilities and attained a closer relationship with their family.

3. In reference to the professional aspirations and goals, five (5) of the bachelorettes' have definite goals of pursuing further studies, owning a business and changing the nature of work. Concerning their personal aspirations and goals, six (6) of the bachelorettes have definite plans of fulfilling family needs and as well as their own goals.

#### **RECOMMENDATIONS:**

The following areas may also be further investigated:

1. People or society should study the levels of happiness of bachelorettes, or simply what makes them happy, to remove the stigma (e.g. lonely, "old maids," hot-tempered and man-hater) of being alone and offer yet other ways of attaining happiness.
2. Reasons why bachelorettes still would not recommend staying single as a state of life. It is an important area to look into.
3. Perceptions of the young adults on the advantages and disadvantages of the single lifestyle. The study may give light on the stereotypes (e.g. lonely, "old maids", hot-tempered and man-hater) formed in the minds of the young adults.
4. The contributions of single women on various endeavors to further illustrate their significance in society.
5. Case studies of permanently single women and men who have decided to marry much later in life to determine the reasons for the shift in status.
6. The elderly single women and men of varying social class to learn more about how they adjust to old age.

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