

*'Nay, 'Tay ... Magkaka-BABY Na 'Ko*

**Teenage Pregnancy and Personality Traits  
of Selected Minors of DBB-H2**

**Dasmariñas, Cavite**

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**ABSTRACT**

**Name of Institution** : De La Salle University - Dasmariñas

**Address** : Bagong Bayan, Dasmariñas, Cavite

**TITLE** : "Nay, 'Tay : Magkaka-baby Na 'Ko"

Teenage Pregnancy and Personality Traits  
of Selected Minors in Dasmariñas, Cavite

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**OBJECTIVES OF THE STUDY** :

**A. GENERAL**

To determine whether there is a relationship between personality traits and teenage pregnancy.

**B. SPECIFIC**

1. To find out the common traits among pregnant teenagers.
2. To determine whether personality traits are associated with teenage pregnancy.

**SCOPE AND COVERAGE :**

This study focused on the relationship of personality traits to teenage pregnancy among six pregnant purposively selected minors with ages ranging from 15-19 years old who have had a normal heterosexual relationship with the opposite sex. Conception was not due to rape or any form of abuse. Is not pregnant due to early marital commitment. In case where the participant was already married, she should be pregnant prior to the marital bonding. Further, the respondents should not be a drug dependent or user at the time of conception.

**METHODOLOGY :**

The researchers made use of the descriptive method wherein the relationship between teenage pregnancy and personality traits was described. Another research method used was case study wherein intrapersonal and interpersonal relationship of subjects to their friends and family was thoroughly investigated.

Respondents were purposively selected with the following limitations:

1. Must have had a normal heterosexual relationship with the opposite sex;
2. never been a victim of any form of abuse and rape which lead to pregnancy;
3. not a drug dependent at the time of conception;
4. not subjected to prearranged early marriages; and

The researchers first established rapport and conducted the battery of tests . After results were obtained, clarification was made. Family background investigation was conducted.

**MAJOR FINDINGS :**

There existed common traits among the six participants. In the tests given, the following were the common traits that were manifested : need for achievement, evasiveness, hostility and aggression, infantility and introversion, disturbances regarding subject's past, guilt feelings and family. It was found out that they seemed to have concrete reasoning, traditional or attached to familiar with regard to their openness to change, accommodating, agreeable and selfless. Subjects appeared to be extroverts, relied on their senses, logical and objective (thinking) and preferred to have a planned and organized approach to life and had a tendency to want things settled and decided (judging).

From the interviews and observations, most of the respondents had developed unhealthy traits due to the unwanted experiences at home. The researchers found out that they lack affection and care from their parents. This sad experiences at home had provoked them to engage in sexual activities that resulted to their pregnancy.

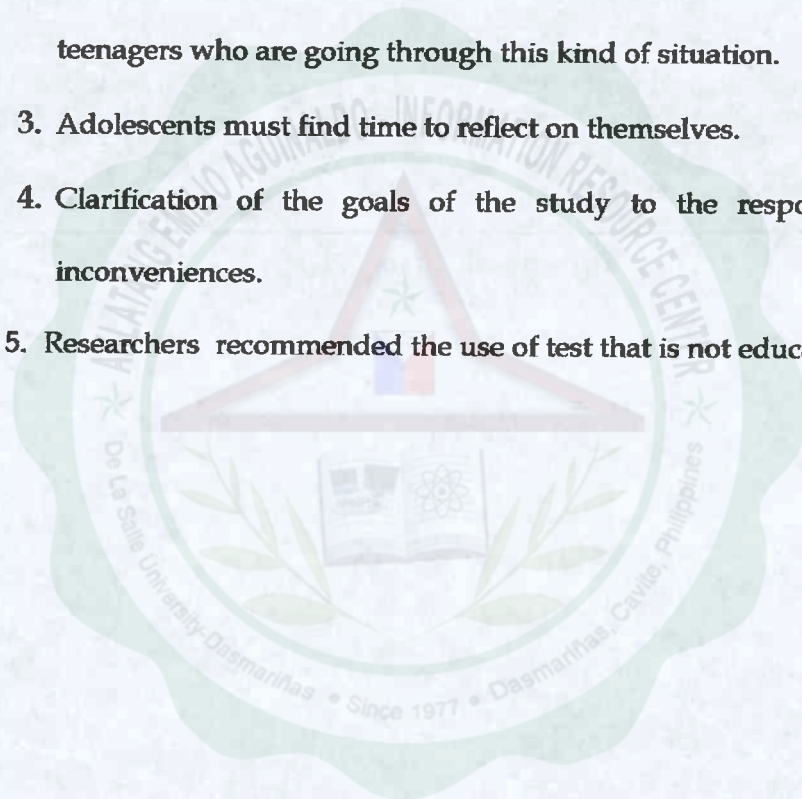
**CONCLUSIONS**

From the results of the battery of tests, common traits had appeared. From these findings, the authors conclude that there were certain traits that could be associated with teenage pregnancy. Children who came from unhappy homes were more likely to develop undesirable traits that may push them to indulge into sexual activities that lead to pregnancy. However, not all adolescents responded to the same experience as the respondents did.

## RECOMMENDATIONS

Based on the findings and evaluation, the authors arrived at the following recommendations :

1. Open communication with family was suggested.
2. Society must refrain from giving criticisms and negative judgments on the teenagers who are going through this kind of situation.
3. Adolescents must find time to reflect on themselves.
4. Clarification of the goals of the study to the respondents to avoid inconveniences.
5. Researchers recommended the use of test that is not educationally bound.



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