

Psychological Profile of Persons With HIV and Their
Implications to Personality Functioning
and Coping

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ABSTRACT

Name of Institution: De La Salle University - Dasmariñas

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TITLE: Psychological Profile of Persons With HIV and Their Implications to Personality Functioning and Coping.

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OBJECTIVES OF THE STUDY:

A. GENERAL :

To know the psychological profile of person with HIV.

B. SPECIFIC:

To know the personality functioning and coping mechanism of persons with HIV.

SCOPE AND COVERAGE:

The research focused mainly on six male and female patient of Bahay Lingap in San Lazaro Hospital, Manila with HIV whose ages range from 25-40 years old. It also analyzed their psychological profile, personality functioning and coping mechanisms based on the results of their psychological tests.

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METHODOLOGY:

The researchers used the case analysis approach in gathering, analyzing, evaluating and interpreting the data. The results of the psychological test given to the respondents were used to formulate possible activities.

MAJOR FINDINGS:

This study revealed that 2 (33.3 %) persons with HIV suffered a lot because of emotional disturbances like aggression, depression, evasion, guilt feeling, inferiority, isolation, self-blame, self-pity, self-consciousness, anxiety, mistrust and difficulty in maintaining interpersonal relationship.

CONCLUSIONS:

After a careful analysis of the findings, the researchers came up with the conclusion that most persons with HIV have emotional disturbances classified as anxiety, anger, negativism, discouragement, depression, aggression, impulsivity, inadequacy, dependency, evasion and fantasy. Understandably, persons with HIV experienced these because of their deep seated shattered self. These effects resulted to the development of low self-esteem and low self-concept towards other people, impaired ability to trust, blurred role boundaries and role confusion and pseudomaturity coupled with failure to accomplish

development task. And as these developed, they also shaped up coping mechanisms such as displacement of anger, hostility to self and other, evasion and fantasy.

RECOMMENDATIONS:

The researchers recommended the followings:

1. That persons with HIV be given counseling services with regard to their social and emotional adjustment.
2. That wholesome and varied activities for their spiritual adjustment be provided to cope with their emotions, fears and anxiety (Lee, 1990).
3. For healthy persons not to isolate them (Greer, 1983).
4. For individuals to indulge only in safe sexual intercourse between two faithful partners who are both free of the virus.
5. For the respondents not to use illegal drugs.
6. That blood and blood products for transfusion be screened for HIV.
7. For health workers to observe the universal blood and fluid precaution.
8. To use latex condoms that do not slip, burst or perforate during sexual intercourse to provide protection against HIV infection.
9. For every one to take care of his body, respect himself and live his life to the fullest.

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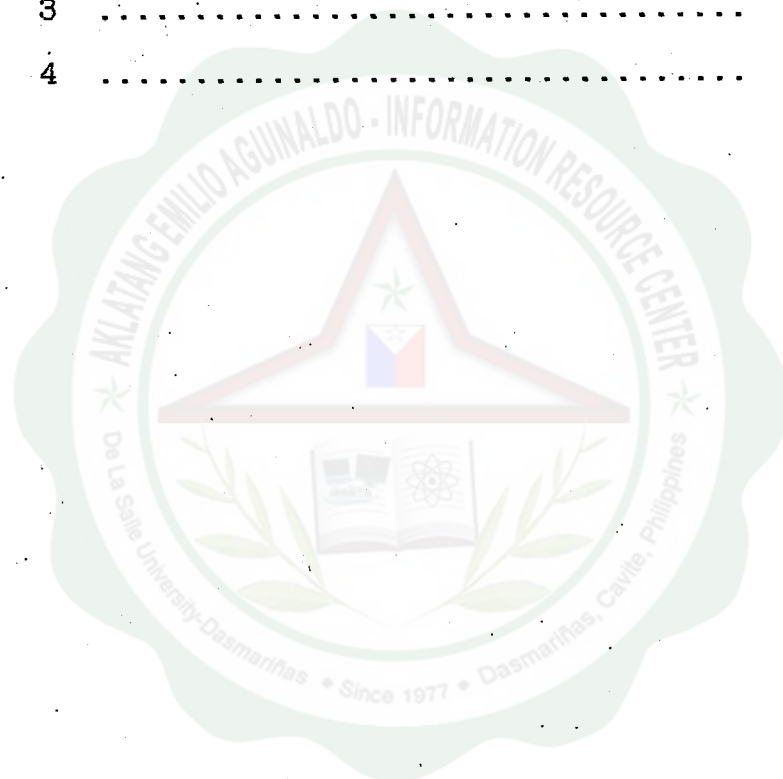
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