

ABSTRACT

Name of Institution: De La Salle University - Aguineldo

Address: Dasmarinas, Cavite 4114

TITLE: The Concept of Overprotective Parents and its Relation to Maladaptive Behavior

AUTHORS/PROPONENTS: Robert Martin C. Cabato III

Oscar G. Medenceles Jr.

Sherwin Ray J. Perez

FUNDING SOURCE: Parents COST: P4,200

DATE STARTED: June 1995 DATE COMPLETED: March 1996

OBJECTIVES OF THE STUDY:

A. General: To investigate the concept of overprotective parents and its relation to maladaptive behavior.

B. Specific:

1. To find out the population of students with overprotective parents in the College of Arts and Sciences.

2. To define the concept of overprotective parents as perceived by the respondents.

3. To enumerate the maladaptive behavior of the respondents.

4. To find out the factors that cause maladaptive behavior.

SCOPE AND COVERAGE:

This study used the descriptive method which aimed to develop the concept of overprotective parents and find out if it has any relation to maladaptive behavior. The respondents used in the study were confined to third and fourth year psychology and political science students who openly declared that they had overprotective parents.

METHODOLOGY:

This study made use of the normative form of gathering data through the use of a questionnaire which was administered to the respondents, to obtain the necessary views, ideas and comments in a variable form, so that it could be deeply evaluated and analyzed by the researchers using the percentile statistical treatment.

MAJOR FINDINGS:

1. There were only 47 (24%) out of the total 197 sample population who declared that they had overprotective parents.

2. Most of the respondents characterized their parents as lenient at times, strict and authoritative and this is because their parents do not think they were responsible enough, they were not allowed to go out with friends and their parents had lots of demands.

3. Majority of the respondents had vices and had explored things without the knowledge of their parents. Most of them had violated some of the school regulations and this contributed to their maladaptive behavior.

4. There were 44 (94%) of the respondents who believed that the cause of their maladaptive behavior was peer pressure.

CONCLUSIONS:

Based on the gathered data, the researchers concluded that:

1. There are only few overprotective parents today, based on the findings accumulated at the College of Arts and Sciences.

2. Overprotective parents are characterized as lenient at times, strict and authoritative because they do not think their children are responsible enough and they do not let them go out with friends.

3. The respondents had vices and explored things without the knowledge of their parents, and most of them had violated some of the school regulations.

4. Peer pressure is the most common cause of maladaptive behavior. Other causes of this nature would be for fun, for stress relief and for self-fulfillment.

RECOMMENDATIONS:

The following were appealed to the people who believed that there should be more studies to be conducted about this subject matter.

1. Further studies should be done in order to verify, amplify or negate the findings of this study.
2. A study about overprotective parents should be done in other schools.
3. A study about peer pressure should be put into consideration.
4. A greater number of samples should be used in further studies.

This study is also appealed to the parents and children:

1. The parents should believe in their children's capabilities and let them handle the responsibility for themselves.
2. The children should develop a strong will and sense of responsibility to avoid these maladaptive behavior and find positive ways to cope up with peer pressure.