

Happy Holidays!
from
Heraldo Filipino

Heraldo Filipino

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Special Thanks
to the
**Remulla
Family**

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*A car wrestles with the muddied road full of craters at the DLS-A parking lot. A decent parking lot would be most welcome this season of gift-giving, wouldn't it?

Lasallian Week integrates college weeks

by David A. Gualin, and Raul Anthony Carranza

This school year will witness the last of the college weeks in DLS-A. The college weeks will be integrated into one Lasallian week celebration.

For the four-day celebration, it was proposed that classes be suspended. Attendance of students will be monitored by the class presidents, while that of faculty will be monitored by the chairs and

deans of their respective departments. Attendance of members of KABALIKAT — organization of the nonteaching staff — will also be checked by the personnel officer.

see LASALLIAN, page 3

Gonzalez is La Salle's next president

by Orlando A. Oliveros

THE De La Salle Board of Trustees has finally decided on Bro Andrew B Gonzalez FSC, to be the next president of the De La Salle system.

Two other nominees were chosen for the position: Bro Rafael Donato FSC, current president of De La Salle; and Bro Rolando Dizon FSC, president, DLSU-Bacolod.

Of the three, only Gonzalez, currently vice president for academics, conceded to the nomination.

The nominations were made by the Presidential Nomination Committee on November 8. The committee was formed on September 29, and was composed of Dr Herminia Torres, dean, College of

Science; Ronaldo Holmes, president, Faculty Association; Ma Araceli Habaradas, president, Student Council, DLSU-Taft; and Dr Tereso Tullao, chair, Department of Economics.

In a crash interview, Donato believes that Gonzalez' appointment will also lead to the same "direction" he presently pursues as president of De La Salle, since both of them share the same "vision."

"It is the question of continuing," said Donato.



GONZALEZ



DONATO

"Of course, 'yung style niya iba. Pero, in terms of direction, sa tingin ko, pareho lang."

Gonzalez' appointment

takes effect on May 15, 1994. He has already served as president of the De La Salle system in 1987-91.

AB Philo soon to be offered

by David A. Gualin

A new course, Bachelor of Arts major in Philosophy and minor in Political Science, will be offered under the College of Arts and Sciences next school year.

Under the Division of Philosophy, Social Sciences department, the course will be handled by seven qualified instructors.

In a survey conducted, approximately 85 freshman students may take up the course. However, the course offering for second year irregular students is still tentative, due to the uncertainty of higher year shifters.

Meanwhile, the Department of Education, Culture, and Sports has disapproved the College of AS' application for the offering of ABBSBA — Bachelor of Arts and Business Administration combined.

2nd Annual La Sallian Gawad Bayani search

by Ruel J. Odoño

DLSU-A recently launched the second annual Gawad Bayani search for outstanding Caviteños who have committed themselves in serving people and who are living models of Lasallian values.

The awardee must be a Filipino citizen and a native of Cavite by affinity or migration regardless of residence; a model of morality and integrity in both public and private life; and with outstanding achievements, contributions, or services for the growth and development of the community, the province and the nation.

He must also be a living model of Lasallian values and beliefs; of selfless service to the community; for the promotion of peace and justice; with concern for the poor; commitment to excellence in the area of endeavor; of strong religious faith; and with the spirit of devotion as manifested

in one's compassionate attitude and caring behavior toward his fellowmen.

Formal education is not required but the nominee must have shown great wisdom in various activities of his life.

The awardee's area of accomplishments may be in the following fields: community service, education, government service, agriculture, business, industry, science, engineering, medicine, law, athletics, and the arts.

A nominee need not be a prominent person in his community, or a noted national figure. He may be relatively unknown — a farmer, a community worker, etc.

see 2ND, page 3

RT grads pass National Board

Nineteen (19) of the twenty-one graduates who took the board exam for X-ray technologists last June, passed, giving the DLS-A a percentage passing rate of 90.47 percent.

Six (6) or 85.71 percent of the seven graduates also passed the board for radiologic technologists given on the same month.

In terms of percentage passing rates, DLS-A College of Radiologic Technology ranked second (X-ray) and third (Rad. Tech) in the National Board Exam.

The successful X-ray
see RT, page 3

Asisi Development Foundation donates fund for education of the handicapped

by Orlando A. Oliveros

The External operation of De La Salle-Aguinaldo recently received a donation of P10,000, renewable annually, from the Asisi Development Foundation.

The donation was in answer to the office's project "Giving to the Physically Handicapped and Economically Disadvantaged in Dasmariñas, Cavite Access to Vocational Education through a Nine-month Electronics Craftsmanship Course." As the project implies, the P10,000 donation is to support two physically handicapped (at the lower extremities) students in pursuance of a nine-month course in Electronics. The student beneficiaries are

expected to complete six months of in-class training and three months on-the-job training.

By January, the search for the two beneficiaries will have been started. Venancio Delos Reyes, director, External Operation, said in an interview that he also plans to visit the Department of Social Welfare and contact the Armed Forces of the Philippines for possible beneficiaries.

Qualifications, aside from
see ASISI, page 3

DLS-A forms own debate team

by Anna Marie Ong

DLS-A has formed its own debating team.

Formed about a month ago, the team is composed of

Stephen Nacionales, Llewelyn Diaz, Dennis Trinidad, and Jonathan Deluzuriaga — all AB Political Science students.

The team has had its taste of "first conflict" on November 29, at the Social Hall, when DLS-A invited over debaters from the Lyceum of the Philippines. The topic was "Resolved: That Parliamentary Form of Government be Applied in the Philippines."

Though competing with more experienced debaters, our team (dubbed "the running infant") showed enough flair to garner two of three awards: best speaker, awarded to Deluzuriaga; and best debater, won by Diaz.

Lyceum of the Philippines was
see DLS-A, page 8

A Christmas in October

by Orlando A. Oliveros

"Merry Christmas po!" Engineer Tan, a BA faculty, greeted Aling Lina, a housekeeping staff, while giving away a bag full of goods. As early as October 30, the Business Management Society of the College of Business Administration has initiated spreading Christmas cheer by distributing goods to the support staff of DLS-A - West.

Tan said the activity, dubbed "A Christmas in October," was the student body's way of showing their

appreciation to the school's support staff.

"Tulong namin ito sa kanila para sa Christmas

season," BMS President Gem Acero asserted.

"Inagahan namin to avoid the Christmas rush."

The activity was to have had an estimate of 60 beneficiaries — employees of the school whose salary range from P5,000 and below. With Management students as principal donors, one Christmas package contained three kilos of rice, and grocery items, such as noodles, coffee, sardines, biscuits, milk, etc.

The activity has been
see A CHRISTMAS, page 8



*The DLS-A debate team tastes its "first conflict," with the debate team of the Lyceum of the Philippines.



*BMS members help in the distribution of goods for the support staff of DLS-A west.

Not Filipinos but brothers in La Salle

by David A. Gualin

Other than the billboards in our covered walks defining the Lasallian identity, our Brothers from different nations have this to say:

India: A true Lasallian is a brother to all, doing friendly work. They're simply meant for others.

Sri Lanka: A true Lasallian is one who is with the young, who tries to educate him, and be a brother to him. He is a person who devotes himself fully to the cause of St. La Salle, thus working together in association with others.

Australia: A true Lasallian is concerned for the welfare of others particularly the young people, for them to have the opportunity to discover their true talents through education.

Arizona (formerly under

trying to educate them, so that they may enjoy their childhood, since they too have the right to education.

These definitions were quoted from our Lasallian Brothers during a less-than-an-hour tour of DLS-A on November 29. Their visit's aim was to see how the organizational structure of Lasallian schools work in the Philippines.

Upon leaving for Bacolod City to attend a regional conference and workshop on December 1, the Brothers commended the school for its setting and atmosphere, adding how we should be better citizens living to



*Our Lasallian brothers from different countries (front row) come for a less-than-an-hour visit.

Ethiopia: A true Lasallian is willing to educate youngsters, specially the poor and to give them further Christian and human identity.

Malaysia: A true Lasallian follows the vision of St. La Salle...trying to help people,

St. La Salle's vision.

Our brothers in St. La Salle are Michael Ddulcer, Beleden Selimendes and Henry Dissanayake, Sri Lanka; Baramcherold and Samal, India; Philip Caahill, Australia; Isaiah Sazay, Arizona; and Egburt, Malaysia.

CLEAPS, Guidance sponsor law enforcement seminar

by David A. Gualin

A seminar on law enforcement was sponsored by the College of LEAPS and the Guidance and Counselling Office on November 6. Entitled "Law Enforcement: A Step Towards the Future," it was held at the Conference Viewing Room and at the Audio-Visual Room.

Three guest speakers were invited to discuss present conditions of law enforcers and what could be done about their "degraded image" in public.

Alan Rosarda of the Guidance and Counselling Office stressed how media play

Criminology Department, Perpetual Help College of Rizal, discussed "Law Enforcement in the year 2000." She mentioned common problems of law enforcers and elaborated both long and short term recommendations for them.

Solana encouraged value formation, attendance of retreats, proper wearing of uniforms and "accomplishment advertising" for oneself and his department.

"Kung may accomplishments kayo... medyo magpalakas-lakas naman kayo," she said, humorously adding: "Maging conscious kayo sa marami kasi hindi kayo nakakarami ng accomplishments."

Rico Fortich, chair, Theology Department, introduced "Effective Christian Values for Law Enforcers." Fortich emphasized self-discipline as the most important value. Values he discussed included: *Maka-Diyos*, the foundation of all values; *Maka-Tao*, fairness and justice to everyone in society; and *Makabayan*, honesty in service to the country.

Rosarda also pointed out the need for proper counselling steps to suspects and criminals not under the influence of drugs and alcohol.

Daisy Solana, OIC,

Student Affairs Week held

The annual Student Affairs Week celebration, participated in by the Lasallian community, was held on December 15-17. The event was headed by Laura R. Campos, dean, Student Affairs, and assisted by various committees formed.

The Student Affairs Week used to be with the Lasallian Day celebration. It was, however, decided to be institutionalized — it will have its separate day as a result of the decision made by the dean herself in one of their regular meetings.

Day one of the celebration unfurled with a campus parade featuring the Dasmariñas Band and the model flight of DLS-A. It was attended by the Guidance personnel, representatives from the Council of Student Organizations and other student organizations. It was followed by a thanksgiving mass celebrated by Fr. Apolonio at the PLS. Fun games were held at the flag plaza to the delight of the community.

Profile exhibit on Dr. Bautista held

by Anna Marie Ong

A profile exhibit, featuring the life and works of EVP Dr. Oscar Bautista, was held on December 15-20 at the Aklatang Emilio Aguinaldo. The exhibit was presented in cooperation with the Aklatang Emilio Aguinaldo and the Institutional Communication Office as tribute.

Rico Fortich, chair, Theology department, did the invocation. The opening remarks were given by Maribeth Aguila, chief librarian. After this, Dr. Bautista gave an inspirational talk, mentioning some of his experiences, works and his contributions to the Lasallian community.

Dr. Myrna Ramos, acting vice president for academics, formally opened the exhibit. Pictures, souvenirs and other mementos were staged. According to him, he was esteemed and grateful for the event. He was hoping other people can likewise be given a tribute like this in the years to come.

Series of forums on human rights held

by Cherry Lyn C. Caparros

In connection with Human Rights Week, the first of a series of forums on human rights was conducted on December 7 at the Social Hall. Sponsored by fourth year Political Science students, together with the La Salle Formation and Services Office and Task Force Detainees of the Philippines (TFDP), the series was entitled "Human Rights: An Imperative to Genuine Development and Lasting Peace."

Atty. Rene V. Sarmiento, role of the academic chairman, Amnesty International of the Philippines, and member, Board of Human Rights, was guest speaker. He discussed the concept and legal bases for human rights and the

role of the academic community in its protection and promotion.

The forum was facilitated by Rachel dela Cruz, SSC vice president.

KABALIKAT presents Isang Pasasalamat

by Gibson P. Gelladuga

A show entitled *Isang Pasasalamat* was presented by the *Kapatiran ng Bagong Lakas ng Isipan, Kaunlaran, at Tatag (KABALIKAT)* on November 18 at the Social Hall. The show was the organization's way of showing their appreciation to Dr. Oscar O. Bautista for his numerous achievements as executive vice president of DLS-A as he leaves in December.

Eppie Encabo and Rustico Bautista, second and third KABALIKAT presidents respectively, expressed their gratitude and appreciation to Bautista. Eddie Boy Sayas, who is KABALIKAT's fourth president, talked about sentiments regarding Bautista's departure, while Rino Daniel, current president of the organization, regarded Bautista for his achievements and projects

for the school.

Gracing the occasion were dance and song numbers presented by the different departments of the nonteaching staff.

A video clip depicting remarks about Bautista by friends and family members was also shown.

Bautista delivered a speech right after the program, expressing how he considers De La Salle-Aguinaldo his second home.

East canteen annex opens

blissing of chapel construction site held

by Orlando A. Oliveros

The Kainan sa East Campus' annex building was finally opened, as its groundbreaking was held on December 17. Coinciding with the occasion was the blessing of the chapel construction site.

Fr. Avelino Abueg did the blessing in both occasions. Dean Felicitacion A. Antonio, Lasallian Formation and Services, did the invocation for the blessing of the chapel construction site.

On the other hand, Bro. Rafael S. Donato, president, DLSU system, together with Teresita Farrell, comptroller; Dr. Oscar O. Bautista, executive vice president; and Mabini R. Leveriza, assistant vice president for administration, did the honors of cutting the ribbon.

In his opening remarks, Bautista expressed his sharing of the community's dream of further growth: *Bagamat alam n'yo naman na wala na ako rito sa darating na January, maligaya naman ako dahil ako'y naging bahagi na ng mga pangarap na iyon.*

Donato, in his talk, described how the innovation in the East canteen would help a lot in the singularity of the community, thus achieving its dream with ease: "So we sing together, we drink together, we have little eats together once a week — for one hour — and that

way, we get to know each other away from the classrooms."

Innovations in the canteen include, among others, a sing-



* (L-R) Dr. Bautista, Ms. Leveriza, Bro. Donato and Ms. Farrell cut the ribbon at the blessing of East Canteen's annex building.

along entertainment for patrons, first tried by Donato in a rendition of the song "My Way."

Leveriza, in an interview, hopes that the students, as well as administrators and staff, would support the canteen. The canteen, she told HF, has undergone improvements to contend with patrons who demand better service.

The building was designed by Architect Gess Limpin.

Robert Nilo, faculty, Theology department, was master of ceremonies.

Guidance promotes drug abuse prevention month

by Anna Marie Ong

The Guidance and Counseling office sponsored "People Empowerment Against Drug Abuse" in commemoration of drug abuse prevention month on November 23-25. The campaign was chiefly a call to heighten the awareness of students on drug abuse and urge towards its massive prevention.

Susan Ople-Osorio, executive director, Citizens Drug Watch Foundation, talked about drug abuse prevention. She even shared her thoughts about the "Enlist in the war against drugs."

Aside from this, a three day exhibit was staged at the Social Hall. Various competitions and a poster-making contest participated in by the students themselves were likewise presented to support the entire campaign.



* A drug addict dummy is displayed at the Guidance and counseling office's campaign against drug abuse.

Chowking

Needs Part-Timers For 2 Zapote Branches,
Get Application Forms From The Placement Office
As Soon As Possible.

Res Ipsa Loquitor: The thing speaks for itself

by David A. Gualin

Darkness. Lights beamed: Res Ipsa Loquitor. The best of past performances staged for parents and students to witness; a variety of stage plays produced despite the hectic schedules and strict academic requirements in the College of Nursing and Midwifery; as students to prove that they are "not only working for their studies but also developing their holistic being."

The program started with a series of song numbers to give way to the first presentation - Aladdin. It was performed by the third year Nursing students, the first prize winner of the acquaintance party presentations in Westin Philippine Plaza.

Aladdin was a summarized version of the original animated movie with cast of guards, maidens and a real fire breathing person. Prince Ali Babwa and Princess Jasmin with the background "A whole new world" ended the lovestory with a kiss at the centerstage. Surrounded by maidens, they formed a flower with the former bending like petals and the sweethearts as the pistil.

The next presentation was the second placer - "Modern Singkil," performed by the sophomore students. It was a combination of modern pop "Gold" with the beat of "Kulintang." In this setting, it was danced by a woman sitting and standing in two bamboos lifted by two men in their shoulders. Balance and acrobatic skills were shown as she was carried up the stage.

Completing the spectacle was a woman's backward bending twisted in a crossed bamboo.

The best and last presentation was the supposed champion of the Literary Musical Contest, held on August 29 at St. Paul College in Manila. Due to a fifteen minutes overtime, a deduction of points was penalized on the "Dollars Sickness" play, resulting it to be second only to Pamantasan ng Lungsod ng Maynila's (PLM) presentation. The champions won with a close lead of three points.

Other school participants include P.H.C.R., F.E.U., Manila Doctors and U.P.

According to Rolando

Navarro Tuazon, play Director, "Dollars Sickness" aims "to change Filipino nurses colonial mentality of going abroad. Like Cecille's (play character) philosophy: "We are nurses therefore, we are mended for US."

"Dollars Sickness" (for nurses only.... Remedy?) started with "Nurses of Love," a song stressing the



* Sophomore Nursing students perform "Modern singkil."

nurses work, idealogy, goal and personal dreams. Important facts which needs re-thinking and reflections on the nurses part.

Through the story, it conversed on nurses inconsiderate superiors, alibis, pressures and huge obligations. As Jondie (play character said, "....For if that patient die. For sure they'll say It's us nurses fault." The song "Work, work, work" best describes all these burdens.

For the piece "SERVICE: not dollars," it was roused by an argument of Cecille and Pontie wherein Cecille stands for "nurses aftering dollars" and Pontie for "service oriented nurses."

"Dont deserve to be a nurse" was sung by Lady Niger in revealing most nurses

misuse of nursing merely for money's sake.

To have the moral essence was the preaching of the doctors, who practiced charity and who were faithfully fulfilling their vows. Doctor M lectured: ".... You know dear nurses, we doctors took this profession to save LIVES and money is our second goal. That is our lifes principle. Just like yours, the services that you render to your patients is y o u r expression of love...."

In the long run, it was filled with humorous scenes and speeches. Finalized by the song "Nurses of love," which was supposed to be sung in its "Filipino version" to

symbolize the nurses freedom from colonial mentality. So try to change that mentality. Money orriented mentality. It's sevice and not the dollars you've dream.

- Pontie
This program was presented in the Palaruang La Salle on November 19 through the efforts of the Litmus Committee and College of Nursing and Midwifery Student Council. This was one of major parts in their College Week celebration. Other College levels also helped through their various intermission numbers shown while the set was fixed.

The show was attributed for parents while the profit will go to the College. Tickets were sold at ten pesos each. **SONG**

De Guia speaks at CPA forum

by George C. Gatan

Hon Eduardo de Guia, chairman, CPA Board Commission, was the guest speaker during the CPA forum held at the Social Hall on November 11.

The three-hour symposium, with the theme "Accounting Majors: In Their Quest for CPA Board Exam," was intended to encourage Accounting students to take the CPA board exam and to prepare for such an event.

In his speech, de Guia emphasized that the exam is not a classroom exam but a professional one, adding that the preparation for the test should begin when in the first year and not after the fourth year.

De Guia also advised CPA candidates to consume the time allotted them during the examination, and to develop positive attitude.

During the symposium proper, a question was raised about the errors usually made

in the printing process. For such cases, De Guia responded: "the result is always in favor of the students."

Concerning leakages and "under-the-table" systems, De Guia assures no leakage is going to take place. The set of questionnaires are selected by computers and are being kept safely.

In the process of printing, NBI and CPA board representatives and security guards are present. The printing is conducted in the morning or a day before the examination. He concluded that "cheating is definitely impossible," because an individual's test questionnaire is different from his seatmate's.



DE GUIA

Asisi, from page 1

the applicant's handicapped condition, also include an Individual Tax Returns to prove the applicant's economic condition.

The Asisi Development Foundation is a foundation which tries to help the economically disadvantaged. It is run by the

Dees — a clan of prominent businessmen in the country, and its current president is Howard Q. Dee.

The External Operations

also receive donations for scholarship grants from the Jose Diokno Foundation, the Far East Bank and Trust Company, the Overseas Workers' Welfare Association (OWWA), and the Menzi Trust among others. The office also received recently a scholarship endowment fund from student of La Salle Schools in North Mexico.

Some 55 scholars can be supported through the office by the next school year.

Errata

In the article "Construction of new AS building commences," the first floor of the building is to be used as laboratories of AB Psychology and AB Communication, not by BS Computer Science.

The article "4th National Lasallian Educators Congress" should bear the byline Felicitation Antonio, not Ruel Odoño.

PEP Rally Held 59th National Book Week observed

by Joseph Rodel R. Musca

by Ruel J. Odoño

A PEP rally by the PEP Squad of DLS-A was held at the Palaruang La Salle on November 18, 1993. The rally, attended mostly by students, was intended for all DLS-A participants and athletes in the National Capital Region Athletic Association (NCRAA).

The rally, headed by Hiyoshi Gregorio, president, PEP Squad and John B. Salom, student adviser, PEP Squad La Salle-Taft, has for its purpose to support the athletes of DLS-A and to develop the spirit of unity and camaraderie.

The NCRAA, hosted by De La Salle-Aguinaldo on November 19, is headed by Dr Oscar Bautista as president.

The Aklatang Emilio Aguinaldo recently took part in the nationwide celebration of the 59th National Book Week on November 24-30, with this year's theme "Lakas at Sigla ng Mamamayan, Dulot ng Aklatan." In connection with this, the library sponsored a series of activities for the entire academic community in observance of the week-long affair.

The exhibit was held at the library lobby, and featured books by Dr. Tomas Andres of the Values and Technologies Management Center. Bookmark, Inc, and Values and Technologies Management Center co-sponsor the exhibit.

A Readers Theater entitled "Dulang Pitong

Taon" by Fidel Sicam was also staged in cooperation with the Department of Languages.

Finally, free film showings feature "Stop or My Mom will Shoot" and "Leap of Faith" were held to the delight of the viewers at the library Conference Viewing Room.

2nd, from page 1 LASALLIAN, from page 1

A group of persons, whether a cause-oriented or a social action or group may also be nominated.

The nomination should be made by a civic group, professional, or religious organization and alumni association. Supporting documents must accompany each nomination. The nomination form and supporting documents must be submitted to the VPAA's office, DLS-A on or before January 15, 1994.

All nominations will be screened by a nomination board. After screening, the nomination board will select the semifanilists who will undergo a thorough character evaluation. The board will then select the finalists who will be interviewed by the Board of Judges.

The Board of Judges will select the Bayani awardee from the finalists, after which the name of the awardee will be presented to the Board of Trustees for approval.

The awardee will be given appropriate honors at the annual commencement of DLSU-A in April 1994.

Last year's awardee was EPZA administrator Tagumpay R. Jardiniano.

As of this writing, the Lasallian Week Executive Committee has yet to finalize other statements. However, the schedule of activities were approved, and are as follows:

January 25		
Time	Activity	
7:30-8:30	Motorcade	(from Allied Lumber to PLS)
9:00-10:00	Mass	(PLS)
10:30-12:00	Recognition	(PLS)
1:00-5:00	Battle of the Brains	(PLS)
6:00-12:00	Band Fest	(PLS)
January 26		
8:00-12:00	Mass Demo	(PLS)
1:00-5:00	Teachers' Day	(PLS)
1:00-5:00	Sportsfest	(Open Court)
January 27		
8:00-12:00	LASSA Convention	(PLS)
1:00-5:00	Intrams	(SSC)
January 28		
5:30-12:00	Pilgrimage	(departure area: PLS destination: La Salette)
6:00-12:00	Concert	(PLS)

In celebration, different booths by different organizations will be erected at the Palaruang La Salle from day 1 to day 3 of the celebration. The Inter-Cavite Secretarial Skills Competition will be held on the third day.

The chair for the celebration is Segundo Sim, dean, College of Arts and Sciences, co-

chaired by Felicitation A. Antonio, dean, Lasallian Formation and Services.

According to Sim, the advantage of the Lasallian Week celebration is to lessen class suspensions brought about by past traditions, although the events happen in the spirit of St John Baptist De La Salle.

Editorial:

Unworthy!

The recent National Capital Region Athletic Association (NCRAA) games has given this university such fortune. Both fame and a bit of shame were achieved. Fame due to the idea that we conferred a whole new definition of the La Sallian sportsmanship. And shame because we did not display our best.

It was not much of a recognition that we acted first to be host of the event, but we could have at least made ourselves significant in it.

Imagine, spectators from participating schools have gone all the way to the Rizal Memorial Coliseum only to cheer for their athletes. Some even performed special numbers during the opening ceremonies. While the poor host school had nothing to offer but its players. Ah, yes! Our players together with their begged one set of uniforms, unmemorized playing strategies and their pride!

How supportive of our administration to exempt a dozen or more off their classes and let them watch our players. Still, our ever predictable students had their itchy feet toward malls, movie houses and other pleasure places instead of spending time for the games. Others stayed home for the full enjoyment of their class exemptions.

No wonder we cannot attain the standards of a truly well-rounded Lasallian. A few seem able to bestow time for our sports and grant it a decent place in this institution.

But then again, as students, we could share our part in the name of this school's dignity. If only our performances remain in records, the administration may hopefully lend us the helping hand we needed most. Together, we may have worth. But we could also be unworthy.

These words could hurt a lot of people and still, challenge no one. Let's hope not.

Nevertheless, sports has been and will always be a part of us. There is no way we could deny it. Hail to De La Salle and pray to God that we are only sparing our best for last.

One silent night...

The crisp Christmas air bites in the cold evening weather. Santa Claus would be ringing his Christmas jingle of gift-giving among children by now. And shopping malls would be lined up with *pa-bonus-effects* for the materialistic person in us all.

Here comes the Yuletide season (or opportunity, perhaps?) of satisfying, to the fullest, our greatest wants.

But then, who could blame us for equating Christmas to the huge laughing fellow who covers his watermelon belly with his massive red costume?

We were blinded: when we were supposed to be observing and celebrating God's greatest gift to mankind, wrapped in dried grass and filthy cloth, we fail quite considerably. Nobody has really seen a bright star blazing in the sky on a Christmas eve, anyway. So, why bother lifting your head?

Except, maybe, there is one - hiding behind the high prices and the hard times.

Maybe the harsh reality of having to deal with high prices, high transport fares and unemployment, could just be fitting enough to fully see through the superficial meaning of Christmas.

The word only calls for sobriety, austerity and peace... nothing more.

A babe in a manger lived and died for the same meaning, two thousand years ago. Perhaps, if we could only lessen the gifts and more of *Him*, we may find ourselves staring at that first bright star, rather than fixing our eyes on tag prices.

It wouldn't hurt us a little bit if we surrender the Prodigal son within us. It may not be Frostie the Snowman, nor Rudolph the reindeer who will be waiting for us next door. Perhaps, just a man who took all the beatings and bleeding, as price for our redemption.

Unfortunately, the debt is high.

It's going to take us our precious time and quite an ample amount of concentration, trying to recall that Christmas once began all — when a babe in a manger was born to die for all, one silent night....



Fiction of Veracity

by Orlando A. Oliveros

"An Encounter with a god"

Richard Selzer, surgeon, essayist and short story writer, wrote a book on the art of surgery. However, his book *Mortal Lessons* was not about clinical procedures and complicated terms; it was about humanity — about people being beautiful in themselves.

In one vignette, he wrote: **One is not so bold in an encounter with a god.**

And it was so for the three wise men. Having travelled all the way from the East, the wise men bowed their heads: none was the wiser when face to face with the Messiah.

Selzer related how he had the same experience. He told of a young couple whose love was so true, he had to lower his gaze.

The young woman had developed a tumor in her cheek. To prevent it, she had undergone a surgery, wherein a little nerve to the muscles of her mouth had to be cut. The result was a permanent "palsy, clownish" expression on her face.

Who are they, Selzer asked himself of the couple, "who gaze at and touch each other so generously?"

The woman asked the good surgeon: will her face be like that always? Selzer answered yes, and the woman fell silent. "I like it," said her husband. "I think

it is kind of cute." He twisted his own lips to kiss her wry mouth. And Selzer reflected:

"All at once, I know who he is. I understand, and I lower my gaze. One is not so bold in an encounter with a god."

In the olden days of Greece, myths abound on the existence of gods and nymphs and other beings of supernatural nature. In these myths, it was said that the gods appeared before men in human form.

And it was so for Philemon and Baucis — an elderly couple who were the only ones in their town hospitable enough to welcome two weary travelers who, in turn, were revered deities.

Unknowingly, the couple welcomed the travelers in the utmost of warmth, only to find out that the two were the gods Jupiter and Mercury themselves.

The couple trembled, fell to their knees, and implored the forgiveness of the gods for the service they had rendered, the modesty of which was all they could afford.

But the gods, instead, rewarded the old man and his wife. They spared their lives from a catastrophe they had predestined the cold-hearted town, after which, they asked the couple for whatever wish they would like granted.

In their old age, Philemon said, they

have got nothing else to wish for. If ever there was one, he continued, it would have to be that each of them be spared from the sorrow of each other's death — "...that I may not live to see her grave, as she does not have to grieve when down I lay."

They got their wish. One day, both just stood still. Their feet took roots, their skin roughened into tree barks, and their hair became leaves. Each became a tree, at the same time as the other.

One is not so bold in an encounter with a god. It was this fact that made Philemon and his wife Baucis tremble and fall to their knees. It was this truth that made the three wise men bow before a humble infant that lay in a humble manger.

But more importantly, it was the gods in us who made Selzer lower his gaze before a loving couple. It was the gods in us who taught us of humility, who taught us to tremble in the face of someone more powerful, who taught us how to see and love beyond the superficial.

Philemon and Baucis may have had an encounter with gods. However, it was really the end that mattered — the time when both have encountered the gods in themselves.

Behind the Tinted Glass

by Cristine S. Poblete

WANTED: AN INN FOR MR X

"Knock, knock!"
"Who's there?"

"Starring Mr. X; please let me in!"

If you're caught alone in this predicament, would you let Mr. X in and feed him?

In a mathematical problem, we substitute X for an unknown variable. Likewise, Mr. X signifies an unidentified individual. Sure enough you'll be incredulous to welcome a stranger. Who knows, he might be some kind of politician who's name got hooked on to big headlines like Mayor Sanchez of Calauan; or a mastermind of a hard-to-demolish kidnap - for - ransom syndicate? These thoughts and more can't be helped. True.

The reasons are valid due to current society's condition; and it's normal to

take precautions. Accepted. Now the test: as a Christian, how can you hold to God's words, "whatever you did to the least of your brothers, you also did to me?"

Apparently, or brethren there have been two sickness that invaded men since the beginning of time: blindness and deafness. Literally, blindness is the loss of vision, while deafness is the inability to hear. Well, there are cures for these. But the scientific approach aren't enough to totally vanquish these maladies.

Why? Just operate your senses and "see" the present situation.

It seem, as though the whole world is busy preparing for the coming of the yuletide season, isn't it? Queso de bola, fiesta hams, lanterns, Christmas lights, Christmas tree - all these trimmings for the

season are evident. We clean our houses and spend so much for decorations to embuish them, as if, a special guest may come anytime (including Mr. X?). Not only that, we allot a great part of our savings for a holiday shopping of our new clothes, shoes and roster of stuffs we have to buy, going along with the Christmas rush. Dizzying - (need a doze of medicine?). Gift-giving is a fad again. Sales and discounts and all sorts of Christmas "pakulos" storm all department stores. And yo! Reunions take a step ahead, parties are everywhere - A great time for us to sweat it out on cool December breeze.

These are the excitements of Christmas, right? Well, lucky for us -

see BEHIND... page

Heraldo Filipino

Official Student Publication of
De La Salle - Aguineldo

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Cristine S Poblete,
Alvin Remulla,
Joseph Rodel R Musca,
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Mrs. Anicia G Reyes, Adviser

Anecdota:

Not Here!

Somebody approached me about the Sensational Trust article published last issue and asked me to clear out her friend who was the owner of the condom referred to in the article.

"Hindi naman niya dinadala 'yung pagkadarang niya dito sa school, eh. And one thing is for sure, it wasn't used within campus premises. My friend knows where the right place to use it," she said.

See, the owner knows where to use it. Not here in school but maybe somewhere out there....

- Fajayo



Walang Patawad

We at the *Heraldo Filipino* are not exactly sure to what extent we have affected the DLS-A community. At the blessing of the East Canteen's annex building, however, we were given a slight clue.

Not so many among the guests knew exactly whether Mrs Leveriza was being sarcastic or just being plain funny. In her closing remarks, she described how she had to implore the help of Dr Bautista in improving the canteen's service to the students: "Doktor, pa'no ba 'yan? Baka ma-Heraldo pa kami ng mga bata."

And to the delight of the crowd, added: "Alam mo naman 'yang mga 'yan, walang kapata-patawad 'yang mga 'yan...."

- Oliveros

The Smell of Money?

"Ano ba yan? Bagong papel na naman," One friend of mine remarked after receiving another compulsory ticket.

"Bakit hindi ka magreklamo?"

see ANECDOTA... page 10

Vox Populi:

OFFICE OF THE EXECUTIVE VICE PRESIDENT DE LA SALLE UNIVERSITY-AGUINALDO
Dasmariñas, Cavite

20 October 1993

MR. ORLANDO OLIVEROS
Editor in Chief
Heraldo Filipino

Dear Mr. Oliveros:

May I make a correction on the report you made of me in your *Heraldo Filipino* headline of the September - October 1993 issue "ACASIO IS NEW EVP."

I thought I made myself very clear when I said that the technical term for my separation is an optional retirement and not a resignation.

I explained that in my case, I should have completed about 25 years of continuous service at De La Salle University by May, 1994 and because of this, I am already entitled to full retirement benefits. I also explained that since I am not yet 60 years old, my case would be classified as an "optional retirement".

"Resignation" might imply dissatisfaction with DLSU or DLSU-Aguinaldo - which in my case, does not exist. Thus, I have formally and publicly explained that my separation is an optional retirement and NOT a resignation.

However, what was reported in the *Heraldo Filipino* headline was the exact opposite.

May I request that this clarificatory letter be published in our next issue?

By the way, thank you for the kind reporting about myself in the Vol. No. 1 September-October 1993 issue of "La Salleño". Thank you and best wishes.

DR. OSCARO. BAUTISTA
Executive Vice President

(We apologize to you and to the community for the erroneous report we did in the story. We promise to try to be more careful with our facts. Thank you for reminding us of it. - Editor)

October 22, 1993

Dear Mr Editor,

First, we are from CSA. We would like to comment about the rules and regulations of our Dean and her secretary.

Alam mo ba, Mr Editor, lagi nilang sinasabi na ang mock room (computer room) ay para sa lahat ng Secretarial students. At alam mo ba, nang minsang kami ay mag-computer, [ang] sinabi ba naman sa amin ay "What are you doing here?" at sinabi pang magkaka-virus daw 'yung computer.

Dapat pala bago ka pumasok ng Mockroom ay magpa-scan ka muna. (saan ba p'wedeng magpa-scan?). At saka tinawag pa nila na mini-library, eh, hindi naman pala p'wedeng mag-stay doon.

Going back doon sa virus, hindi naman kami yong mga diskette para ilagay sa computer. 'no! Talaga, Mr Editor.

see VOX... page 10

Ager Publicus

by Joseph Rodel R. Musca

"The Question of Equality"

"Equality states that all men are equal, whatever their class, color or creed. It is thus a condition of each and every individual in the society."

This was according to an egalitarian principle which speaks of equality as a general form of condition in which all people should exercise and manifest thoroughly. It is a form of expression in relating oneself, in a way acceptable and deemed most by every person. A Webster description of this denotes the state of being neither superior nor inferior, or in other words the evenness of state. But the word itself is as ambiguous as it is. There are so many sides and angles which explains different perspective regarding what the word really is. A profound analysis of this, would reveal some of the perplexing points which people are experiencing and arguing with. These are questions of equality among the sexes, fairness in justice, "discriminatory-less" in creeds, nationality and opportunities, equality of rights and even partiality in social classes of society. But is it really true and evident, or is it merely a statement of opinion?

Let us have a close scrutiny of the controversial issue behind the existence of social classes. Marxism belief states that equality is exclusively regarded as a relation between social classes, hence, the solution to the property-owning class (bourgeois) domination is the propertyless class (proletariat) dictatorship. In sum, while the domination of one class is oppressive, the domination of another is not.

If we take a close look of the statement, it would seem to result in contrast to what the egalitarian principle dictates. Generally speaking, a man is not just a worker, a farmer, or a capitalist: he deserves to be treated justly and equally as the rest, not because of his social functions but because he is an individual human being. I think the question lies solely upon the existence of social barriers. There have been gaps prevailing in every stratum of

society.

Why does our society constitutes the formulation of this two different poles? Why do these two differing classes always engage in war with each other? Does the interest of these two classes irreconcilable?

According to the Marxist answer to the egalitarian demand, the dictatorship of the proletariat is very much favored. An author once quoted that: "Man is born good but capitalism corrupts him. In order to destroy the system of oppression, exploitation and alienation developed by capitalism, violence must be used. Violence against the state, in the first place, so long as it is in the hands of the exploiting classes: this means revolution. When the working class has taken power, the force of the state is directed against the exploiters and used to destroy every trace of exploitation. This stage is the dictatorship of the proletariat."

In our society, in which the rich are too few and the poor too many, this approach has a ringing appeal. With the term proletariat, one simply substitutes the poor. By eradicating the rich, equality is achieved.

If capitalism is the cause of social impartiality, through which the minority, through the institution of private property, had acquired ownership of the means of production, and the vast majority, who, in order to live, must sell their labor to the owning class then the course of society dislocation under this economic system are derived. But how could we resolve this abstract? Marx declared that the problem originating from the class struggle, could be solved only through the establishment of a classless society. This response could only be exteriorized through the assumption of power by the working class, which would liquidate the property-owning class by establishing socialism. By establishing public, instead of private ownership, and operation of the means of production as in farms and factories.

In relation to this, Ms. Unabia,

nota bene

by Waynette C. Fernandez

My Secret Identity

Does every female feel flustered (flattered?) if she would encounter a chide that goes ... *That girl? uhm... she's the sister of Pedro. Oh that girl, she's the girlfriend of so and so Prince Charming.*

Who am I? I am a female so I have to ask again, Who am I? —daughter of whom, sister to whom or even girlfriend of whom.

Running the risk of being accused of justifying the wailing female character. Why is it so?

A need to be identified accurately is in order. Don't you think so? In an utterly male-dominated society, I think trashing out the perennial habit being identified as within the beck and calling of a male or simply being recognized as belonging to one. More aptly, why is it not normal that a woman can choose not to commit herself, instead of being a clinging vine.

The last statement can be seen as a move of a female seeking for an identity all her own. The question is - why isn't it acceptable?

Being identified with your father or brother is natural since by virtue of blood relation and togetherness. They are placed with a daughter or a sister not by choice but by destiny. Being identified with a beau is different case all together.

So, the choice of not committing is a personal one. I, for one, seek individuality before commitment.

I don't claim to have my views to encompass the whole female population but here's what I have to share:

I have an identity, a secret identity. Shush now, and listen...

I like to claim my individuality in a variety of things. Variety, mind you is a whole lot. Here's my list: I like hiking in Montalban, I even accomplished climbing a cliff. I like motorbikes and the Ortigas Center was my favorite playground. I experienced feeling the thrill of riding rough terrain wherein when you look into the window you'll be looking onto oblivion. Someday I'll take skydiving lessons and I even fantasize of bungee jumping. My brother even taught me how to appreciate heavy metal music (its in the acoustic versatility, gals!).

More so, I also believe in seeking my individuality by nurturing myself in the belief of having a sound mind and sound body. I know how it feels to really try to exert your body to its optimal limit. A taste of track and field and tennis training helped me in that area; and writing for HF induces a lot of brainpower.

Don't get me wrong, okay? Sure, I

department of Social Sciences professor, reveals that: "Equality is achieved if there is no oppression and that all men are capable of exercising their human rights." She added that we as a society should develop the conception of Utopia or the system for an ideally perfect social order.

Another is the question of equality among the sexes. This would certainly mean that since all men are created equal, women alike are entitled to whatever rights or privileges that every man enjoys. This has been made evident in pursuance to the current trends. More and more women are already engaged in various positions which men would likely be doing. This only proves that women, considering their biological nature, is not totally an outcast or is being left behind. Although male chauvinism still predominates nowadays, that women are immutably made different from men and considered to belong to the weaker sex quadrant, it still undergoes deliberation.

A compelling doubt which likewise adds, is the question of equitable justice prevailing in our society. We are blinded by the notion that justice is only good for the rich, and have no use for the less capable ones. The main cultural tradition has tended to present the poor as less deserving of respect and service than the rich. This is awkwardly wrong. By this realization, it only brings to a point that poverty is a social product rather than the natural condition of men.

I think justice itself is not blind, it is the people behind which makes it sightless and anesthetic. Although justice may be blind, to some extent, we cannot take the fact that it can continue to see in the dark.

As I have said, if no course of change will be initiated, doubts will forever remain as doubts. If no reform will be implemented, chances are we might suffer the bulk of the consequences at the end or loose entirely the chances of hope from the hands of the culprits. We know by the notion that justice is only good for

see AGER... page

like pretty dresses trimmed with lace and stuff. I like the pink and huggable stuffed animals. Heck, I even liked having someone whispering mush to me. I simply don't think that these are all there is to life. I just can't see my identity as being there only, since I'll only be one of the very many.

The point I'm trying to get through is that a person's (either male or female) identity begins by searching for the "me". This search for individuality is in my opinion a prerequisite to a commitment. The choice of committing or not committing is a basic decision not subjected to what is acceptable or not (again, either male or female). If a commitment is inevitable, for so long as individuality still has the capacity for complacency, I for one can consider it.

I seek my individuality to give myself an identity. An identity all my own, and commitment would come only after that. The individual discovered by me is my identity.

That's my secret identity, very few know it, and even fewer are the ones who understand it? How about you what is your secret identity? Would you share it with me?

THE VICISSITUDE: Three years of constant delay

by Waynette C. Fernandez

Vicissitude [n.] a state of constant change. It's a big word alright. Very few are aware that the aforementioned term is actually the name of the DLS-A yearbook. Yes, you know — that book with all those studio pictures that is supposed to come out every year a few months after graduation.

Please *nota bene* (note well) that I purposely didn't write the word *annual*. An annual is supposed to come out *annually*, year in and year out. Unfortunately, (for the graduates, specially) our school has failed to produce the most coveted book around for the past three years.

Yes! **Three years!** Does it mean that there is a backlog of four yearbooks, batch '93 included? You've guessed it right!

"*Dalawang beses na akong grumadweyt* (ART and BSRT) *wala pa* (yearbook). *Before finals, kailangan bayad na kami ng yearbook, pero 'yung pagbibigay, 'yon ang matagal.*" This is what batch '93 BSRT graduate Rommel Sanchez has to say about the "unpunctuality" of the yearbook.

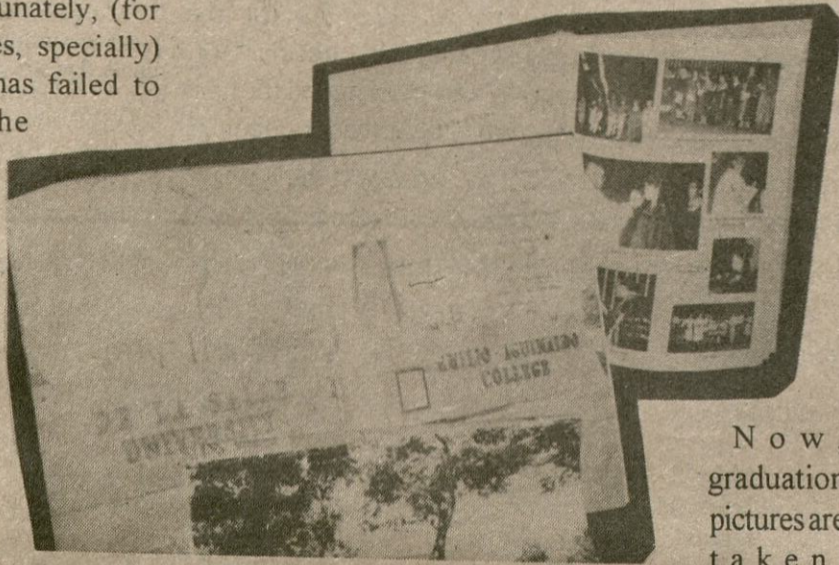
The irony of it all is that **The Vicissitude**, defined as a state of constant change, hasn't changed much for the last three years, as far as its on-time release is concern.

Yearbooks are supposed to serve as memoirs for time spent in college. It's supposed to give an individual a certain pride of his school. It's supposedly the first thing that our parents and friends grab to reminisce ol' college days. It's a family treasure, specially if one was a college jock or a campus beauty queen. And more importantly, it's supposed to come out every year! Now what exactly is wrong?

Many things, actually;

but first, this is how it's supposed to be: Every year, there is what we call a Graduating Council. It is composed of

studio and the official printing press. The bid which assures of the best quality service at the lowest price is chosen.



Now, graduation pictures are taken, personal

graduating students (of course) organized to arrange both the graduation ceremonies and the yearbook. Each college is duly represented by two students assigned by their respective deans. The overall chairman calls a meeting within the school year and then, we have the formation of committees. On the agenda would be graduation essentials, from togas to pictures, from stage decors to the yearbook itself.

One committee prepares the graduation ceremonies and another committee is responsible for the annual. The committee on the annual is recognized as the Editorial Board (EB) of **The Vicissitude**.

Let's place the focus on the Editorial Board. Now, this committee is composed of selected students derived from the Graduating Council, perceived to have talent in writing and interest in the publication. The EB is under the guidance of the Dean of Student Affairs.

The EB starts canvassing bids for the official photography

data are compiled and some literary pieces composed. The EB now sets work on the dummy annual.

The dummy annual is pasted with pictures, with its respective data, including the pictures of activities, pictures of the faculty, a poem or two, plus some artwork. This is then submitted to the printing press for blueprinting (the EB has provided space for graduation pictures to be added as soon as the event is captured in film). The blueprints then are brought back to the EB for proofreading. As soon as the pictures are pasted, the materials are sent back to the press for final printing. After a month or two, the Alumni office distributes the copies. **And they live happily ever after.**

That is how it's supposed to happen,

simple and easy right? Wrong, because it's not so simple neither is it easy.

For the last three years, the process didn't really go that way. The yearbooks haven't come out for the last three years, remember?

The facts mentioned about the Graduating Council are verifiable. However, in the EB, the duties of the members, the editor in chief/committee head and adviser of **The Vicissitude** should be well defined. What is to be expected from each party is not clearly understood so what-is-duty and what-is-not cannot be identified.

If something goes wrong, reprimand could be given to the person most responsible for the deed (or misdeed). However, shouldn't the adviser share in the responsibility?

Dean of Student Affairs Laura Campos is the authority that currently advises the EB of **The Vicissitude**. However, she has this to say: "*Bagamat ako yung responsible (as adviser) hindi ako ang direct, kasi may estudyante na group... Calling their attention, 'yun lang ang*

unvirtuousness of being late.

Unaccomplished jobs by the EB may be attributed to the individuals concerned. But the adviser, as head, should also share in it. Where the *flesh* is weak, *reason* (metaphorically, the head, the adviser) carries the heaviest of the load.

The Vicissitude, has an official printing press and an official photography studio. It is



ANTONIO

Milrose Printing in Parañaque, and Tony's Art Studio in Manila. They have been chosen through "closed bidding."

Three bids were received for the official photographer and the printing press. The bids were opened in the presence of the persons

been serving the studentry even during the EAC years. By virtue of this, they had been offered to bid. The choice was made based on the guiding principle: best quality service at the lowest price. The choice made is fair considering the process utilized. This first official bidding occurred during SY 90-91.

The question on how the choices were made is now settled, the matter of contracts is raised. The business relationships of DLS-A with Tony's Art Studio and DLS-A with Milrose are based on "verbal agreement."

But Campos said: "*Wala kami ng written contract pero parang commitment 'meron kasi nagkaroon ng bidding...*"

Even by having an unwritten contract the standard of having a 5-year period of considering the service to be satisfactory or otherwise has been imposed verbally. "*...Sige lang, since you (Tony's and Milrose) are servicing us very good so, continue...*" On the possibility of another bid: "*It depends on how much?*" "*...gusto na rin namin ang Tony's bukod pa sa 1970's pa namin*

...yung ibang services nila ay maganda, mura — basically affordable."

Contracts are favorable, specially in instances where large sums of money are concerned. But based on definition,

contracts are utilized to enforce obligation between parties to honor commitment.



*Dean Campos (second from left) meets with this years graduating council.

responsibility ko."

Calling their attention, in this case, should mean reminding the responsible parties of the

who placed the bids and Campos and the EB. The canvassing was mainly done by the students.

Tony's Art Studio has

A CHRISTMAS, from page 1

the second time the college has helped the nonteaching staff of the school. The first one was held three years ago, wherein two cavans of rice was distributed.

Dean Virginia Hernandez of the College of Business Administration has expressed how pleased she was with how the students took the initiative of starting charitable works within the DLS-A community.

For their part, Aling Lina of the household staff has this to say: "Okey yung ginawa ng mga bata. May damdamin silang makatulong sa mga mahihirap na gaya namin. Kahit paano, may malasakit sila sa mga maliliit na empleyadong tulad ko. Nagpapasalamat kami sa kanila."

The Business Management Society has a membership of some 600 Management students. For its next project, the organization plans to initiate a peer counseling program to strengthen member relationships.

THE VICISSITUDE, from page 7

Though verbal contracts are acceptable, having a written one can be considered more binding, since everything is written in black and white. Having a written contract can assure parties concerned of security; if questions are raised, answers can be solidly based on tangible data.

All financial transactions go through the accounting office. Milrose and Tony's Art studio get paid by check issued by the school accountant. Campos says there is the accounting policy to be put in mind. "Nobody among us holds the money."

In instances where money is needed, the proper procedure is through requisition. An

EB member would fill in a requisition slip together with an itemized breakdown of expenses. This must be signed by the EB editor-in-chief and the dean of student affairs. In a matter of time this will be audited by the school comptroller at Taft and soon the money needed will be granted.

By this time, you might have observed a somewhat systematic process being followed. I have no intentions of leading the reader to that allusion. The process, to say the least, is very much disorganized.

The previous paragraphs sought to explain the how-it-should-be part and some other matters that needed mentioning. The best defense to support my

claim is the fact that the yearbooks haven't come out as of yet.

If a system is really organized, it should be productive. The should-be product; the yearbooks of batches '90, '91, '92, and '93.

Yearbook making: DLS-A style

One drawback that caused much of the delay is absentee proponents. Manpower is not only poor but also slow. There were supposed to be editorial boards derived from the graduating councils formed for every batch.

At the end of the school year, as soon as the pompous event is over, and caps were thrown up in the air, almost everyone

will have bid adieu to their noble responsibilities. Everyone except for one — i.e. one for each batch:

batch 1990: Jomar Gonzales

batch 1991: Rosario Antonio

batch 1992: (none)

batch 1993: (none)

You will notice that batches '92 and '93 don't have names. The reason for this is that students have not been handling the yearbook-making for the last two batches.

Campos and Leonie Nolasco personally manage the annual of batch '92. As for the yearbook, batch '93, Campos assigned the task to guidance counselors

see VICISSITUDE, page 11

DLS-A, from page 1

best debating team. Antonio Margallo, Social Sciences faculty, and coach to the team, said the purpose of the team's formation is for DLS-A to be recognized in the field of debating. Orville Gargantiel, another Social Sciences faculty, also added that the school also aims at becoming a member of the National Collegiate Debating League.

In January, the debating team will participate, for the very first time, in the 3rd National Debate.

Our school will host the competition on its first day at the Palaruang La Salle. Our debating team will go against that of Trinity College.

Margallo affirmed that our team is aiming at the quarter finals. He stressed the need for the support of the administration, as well as better training for the team's members.

De La Salle - Aginaldo Dasmariñas, Cavite

Dean's Lister

2nd Semester, School Year 1992-93

COLLEGE OF SECRETARIAL ADMINISTRATION

FIRST YEAR

SECONDHONORS

- 1. Annie H. Coranes 3.21
2. Erpelita S. Roguis 3.01

THIRDHONORS

- 1. Girlie Grace B. Garcia 2.95
2. Ann Roselle R. Aguilar 2.92
3. Heien S. Ramirez 2.89
4. Analiza Alonzo 2.89
5. Melanie C. Decena 2.87
6. Ma. Isidra H. Lacurom 2.68
7. Roselie Isabelo 2.67
8. Mary Jane Cabauatan 2.66
9. Ma. Christina Manosa Lara 2.57
10. Nympha F. Garcia 2.53
11. Bennett N. Sepeda 2.53

THIRD YEAR

THIRDHONORS

- 1. Mellany E. Ambat 2.66

FOURTH YEAR

THIRDHONORS

- 1. Alma D. Miranda 2.77

COLLEGE OF EDUCATION

FIRST YEAR

SECONDHONORS

- 1. Rodora De Guzman 3.40
2. Cristina Monforte 3.38
3. Michael G. Macalinao 3.15
4. Ana Marie G. Dano 3.03

THIRDHONORS

- 1. Airene R. Alano 2.97
2. Juanito O. Cabanias 2.90
3. Norlito Del Mundo 2.90
4. Carol A. Mosquetes 2.85
5. Edna M. Crizaldo 2.85
6. Annaliza Salazar 2.84

SECOND YEAR

FIRSTHONORS

- 1. Marissa C. Rogador 3.57
2. Florence T. Aledia 3.51
3. Luzviminda Bautista 3.50

SECONDHONORS

- 1. Arlene P. Garcia 3.46
2. Loreville M. Ilaban 3.42
3. Mary Ann S. Carreon 3.28
4. Melissa Mirra 3.17
5. Armie Pilar H. Bautista 3.15
6. Jonnah A. Baron 3.13
7. Maribel Garcia 3.07
8. Janet S. Medina 3.07
9. Marites H. Mendoza 3.06

THIRDHONORS

- 1. Ma. Elisa A. Ilano 2.97
2. Marilyn Virata 2.96
3. Lea T. Molina 2.93
4. Irene L. Villarín 2.92
5. Yolanda D. Bugal 2.91
6. Lora Toledo 2.88
7. Ana Lisa T. Samson 2.84
8. Sarah Jade Gutierrez 2.83
9. Dolores Delos Santos 2.83
10. Lorena Bugabuga 2.82
11. Rosalie Reyes 2.80
12. Liberty Calinawan 2.60
13. Elvira Z. Beringuel 2.57

THIRD YEAR

SECONDHONORS

- 1. Marites Roque 3.49
2. Maribel U. Caraan 3.34
3. Esmer P. Manimbao 3.14
4. Jennifer L. Penas 3.05
5. Verna B. Celindro 3.04
6. Marites A. Gurrobat 3.03

THIRDHONORS

- 1. Jocelyn O. Adobo 2.96
2. Lea C. Bayan 2.92
3. Jesus S. Marquez Jr. 2.91
4. Lolita O. Mantele 2.91
5. Mary Ann B. Fortes 2.90
6. Antonia Amorón 2.59
7. Luisa Alvior 2.59

COLLEGE OF BUSINESS ADMINISTRATION

FIRST YEAR

SECONDHONORS

- 1. Melody D. Desingano 3.22
2. Belinda D. Sepacio 3.10
3. Lorena C. Mulitas 3.06
4. Catherine Y. De Guzman 3.05

THIRDHONORS

- 1. Sherrie Lou R. Esguerra 2.99
2. Norberto R. Dela Cruz Jr. 2.97
3. Vina J. Pecayco 2.96
4. Ederlyn C. Batad 2.93
5. Ma. Ana A. Malubay 2.92
6. Jasper Platon 2.90
7. June B. Mallari 2.88
8. Melissa R. Abion 2.87
9. Rachel S. Borromeo 2.84
10. Sheryll Marie B. Cubar 2.83
11. Jehan Y. Ronquillo 2.79
12. Delia T. Saliwan 2.78
13. Lorinda A. Hernandez 2.78
14. Ruzziel C. Dawang 2.78
15. Ma. Loreta L. Belardo 2.75
16. Areen I. Orsolino 2.73
17. Josefina T. Rodriguez 2.70
18. Jenifer P. Reyes 2.69
19. Danilo A. Manlangit 2.68
20. Awit P. Usis 2.64
21. Maricel B. Salvador 2.55

SECOND YEAR

SECONDHONORS

- 1. Michelle Joy D. Biglete 3.38
2. Ariel L. Natividad 3.20
3. Caroline B. Lim 3.04
4. Wilfredo M. Arguelles 3.04
5. Ruthlyn Novales 3.03

THIRDHONORS

- 1. Cherry Q. Diosa 2.94
2. Ethel P. Dayrit 2.78
3. Arleen A. Ciudad 2.68
4. Jason S. Ricafrente 2.5

FOURTH YEAR

THIRDHONORS

- 1. William M. Tepora 2.91
2. Sharon S. J. Quintanilla 2.82
3. Mary May C. Eulogio 2.75
4. Myra G. Servida 2.70

COLLEGE OF AS PREPHYSICAL THERAPY

FIRST YEAR

FIRSTHONORS

- 1. Edelwhina Ancanan 3.59
2. Margaret Mary L. Dizon 3.56

SECONDHONORS

- 1. Mary Ivy Dimatulac 3.46
2. Kenneth Javines 3.42
3. Heraldine Villanueva 3.39
4. Raymond Gonzales 3.35
5. Jennifer Panganiban 3.33
6. John Eric Jumao-as 3.33
7. Anna Liza Salaveria 3.29
8. Lyndon Maynard Termulo 3.27
9. Normina Torrijos 3.25
10. Charlie Ramirez 3.25
11. Maricel Reyes 3.25
12. Kristen Jane David 3.23
13. Frederico Chavez 3.22
14. Iris Costes 3.22
15. Edwin Vinarao 3.21
16. Febelyn Ilao 3.21
17. Erwin Gerard Venezuela 3.21
18. Ria Asistin 3.18
19. Genise Estiaga 3.17
20. Vanessa Padua 3.16
21. Bernadette Quita 3.15
22. Malcolm Sison 3.13
23. Dennis Gutierrez 3.13
24. Arceli Jasmin De Las Alas 3.13
25. Joel Santos 3.13
26. Mariel Morales 3.12
27. Hannah Jane Castro 3.11
28. Eleanor Samson 3.10
29. Vanessa Fabro 3.09
30. Paolo Conrado Viejo 3.09
31. Ma. Adelwisa Belen 3.08
32. Rachel Nazareno 3.08
33. Rosalea Macaspac 3.08
34. Maria Cecilia Licuan 3.08
35. Ma. Carmeli De Castro 3.07
36. Maria Jacinta Sales 3.06
37. Ma. Rowena Velasquez 3.05
38. Jeanette Palcaios 3.05
39. Aldous Salomon 3.05
40. Kathlyne Jane Fuentes 3.03
41. April Reyes 3.03
42. Cher Sayumo 3.02
43. Virgilio Pena 3.01
44. Lizbeth Mascarinas 3.01
45. Raymund John Tamsi 3.01
46. Maria Sylvia Salvador 3.0
47. Melanie Ignacio 3.0
48. Aileen Gutierrez 3.0
49. Ma. Cecilia Patdu 3.0
50. Romeliah Sunico 3.0
51. Ronilo Olabe 3.0

see DEAN'S, page 10

Science

SCIENTERRIFIC!

A MAN WITH HEART IN HIS HEAD AND BRAIN IN HIS STOMACH DIES AT 51

After Li Piao died, doctors are preserving his body for an autopsy the man is the only human being ever to survive with his heart inside his skull, his brain in his abdomen and his kidneys where his stomach should be!

The 51 year old man's organs were said to have actually shifted positions, floating around inside his body like dumplings in a soup.

"He had a massive heart attack and there was little we could do for him because his heart was encased in his cranium," said Dr. Chi Tsang-pi, an internist who treated Li Piao - a nuclear physicist by profession from the time his bizarre condition was discovered in 1988.

"We couldn't use CPR and we couldn't electro-shock him. We just stood helplessly by and watched him die."

Li Piao first became known to doctors in Beijing when he went to a university hospital complaining of a severe ache in his lower right side.

Upon examining him, doctors discovered how he was scrambled inside, locating his brain in the area where the pain was. They determined he was suffering from a tension headache from too much stress and treated him for the condition.

They made him famous, writing about his bizarre physiognomy in medical journals and scholarly reports. Then, in 1991, doctors gave Dr. Li a second thorough physical and

were shocked to find that his organs had shifted location.

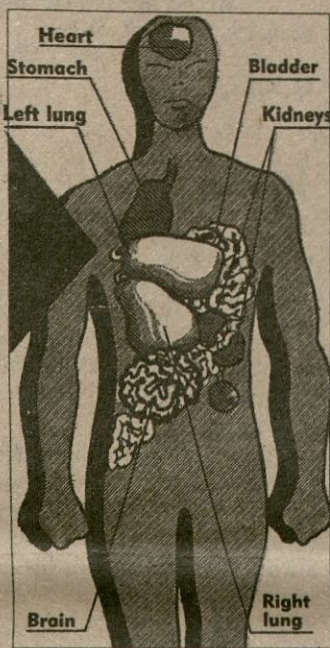
"It was absolutely remarkable," Dr. Chi recalled. "We had known of people born with one or two organs out of place, but Dr. Li's organs were totally mixed up and they were not confined to a certain position in the body. Our studies indicated that the man lacked a diaphragm, which would normally help the organs around behind his navel. He was a fascinating case."

Since Dr. Li's death, scientists have contacted his family and arranged to have his body donated to Science.

The dead man's corpse has been frozen to preserve it and doctors plan to perform an extensive autopsy in the next month or so.

"This man was one of a kind," Dr. Chi said, "We knew and loved him while he was alive and we feel his death was a great loss. But it also offers a rare opportunity to learn something new about human anatomy."

The World News
NDC



BodyTalk

by Nyra D. Colinares

HOW ABOUT US NAMAN?

Dear Miss Colinares,

We had been reading your article about dieting since its first issue. In fact our friends are following *sa mga tips mong nailagay sa bagong issue*. Mostly *kasi sa tropa namin ay matataba* and they want to lose weight. On the contrary, *mga payat naman kami kaya sana* we're requesting you *na sumulat ka naman* some techniques *kung paano magpataba*, it's a way of dieting rin naman, *'di ba? Aasahan namin ito*.

Keep up the good work!

It's us,
Liezl & Co.

It's a great feeling when a writer receives a letter from a reader, commending what the writer had written. A week after the second issue of my article, I heard annotations, criticisms, and commendations: *kesyo* very expensive *daw*, unrealistic, hard to follow, etc., while others were challenged to try the different techniques of dieting I had recommended. Well, what I can advise is: "If you want the best, you have to spend money, exert effort and do your best to make it realistic."

Two weeks later, I received the letter above. Though it's a different thing, I was puffed up by this letter because this only meant that my articles are being read not only by the overweight people but by almost EVERYBODY!

Honestly speaking, when I planned what topics I would write per issue in my column BODY TALK, "DIETING" was just one of the topics I had recorded in my small notebook. But after the release of the second issue of HF with my column, some readers requested me to write more about dieting. The letter of Liezl and company is an evidence that EVERYBODY is really diet conscious. According to one writer, "The world is a 360 degree mirror and even though we can't see ourselves on all sides at all times, we must be prepared for those eyes that watch when we least expect it."

Liezl and company has a different problem. I tried to scan some magazines but I couldn't find any, *puro pampapayat lang*. But I just can't ignore the request and so I interviewed people who dreamed of gaining weight and were fulfilled.

Agnes, a second year college lass, confided to me that when she was still in 4th year HS she weighed only 80 lbs. She was tagged by her classmates as "*anak ni Palito*."

She felt insecure but she didn't lose hope that someday she can shape her body. She consulted her problem to her boyfriend. Since her boyfriend also wanted her to gain weight, he helped Agnes. He advised her to drink a bottle of beer mixed with one egg thrice a week.

At first, she couldn't drink such a mixture because of its taste. But since her fierced desire to gain weight was really

serious she tried to take that nasty taste of beer with egg. After 3 months of religiously drinking the said mixture, she gained 15 lbs. She then stopped drinking but maintained her weight by eating more frequently. At present, Agnes possesses a very attractive body which guys couldn't resist.

Letlet, on the other hand, has an inexpensive way of gaining weight. She says she is poor and wishes to find a rich man for a husband. Her friends laughed at her wish and told her that she should first have a sexy body before she could capture a rich man's

heart.
Letlet was challenged by her facts

she noticed a change in the shape of her body. Letlet is now proud to display her body to rich men around her whom she wishes to be her lifetime partner. ANYONE?...

That was the true to life story of Agnes and Letlet which will help Liezl and her company and others who wish to gain weight.

For the guys whom I know are also interested because many men are displeased with their physiques and want to put some pounds. According to Dr. Jerry Sutkamp, "the only way you can successfully gain a lot of weight is to overload your diet with fat."

While he was working with weight gain clients, he designed a diet for the mens' needs and according to him most men require to eat a minimum of 5,000 calories a day; the average man eats just over 2,000.

Sutkamp designed special weight gain programs for his sons. His sons consumed between 4,000 and 7,000 calories a day. According to Sutkamp, his sons' breakfast alone are the following: two quarter pound hamburger patties, two slices of toast, two eggs, a glass of milk and fruit. In addition to sizeable lunches and dinners, they also had morning, noon and bedtime snacks. His sons continued to exercise not heavy training, but running, biking and the like. Today, they are in good shape.

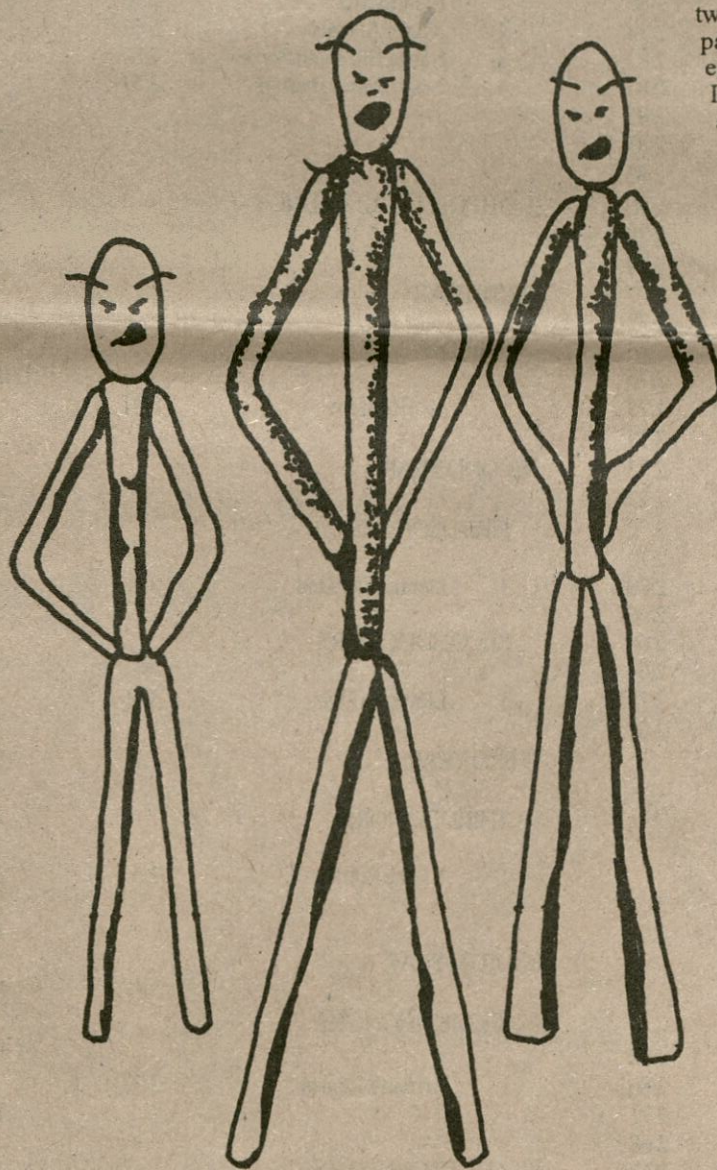
"In addition, you should try to read the caloric content of any food you buy," he said.

You should know that the higher the calories the more chance you'll gain weight. Sweetened food are also recommended but you should know that (anything that is too much is bad.)"

From these techniques I had shared, I just want to advise that once you follow these techniques, you should learn to control your intake because you might become overweight. These techniques are for everybody who wishes to gain weight. However, guys who want to follow these techniques, are advised to have a daily or weekly workouts to keep unhealthy fat levels down and to convert all these calories into muscle mass.

Well, I hope I had shared enough. Christmas vacation is fast approaching and you may start applying these techniques. You'll be eating high fats and high caloric foods this season and I'm sure you'll gain weight soon... But keep in mind that one Ruby Rodriguez in the Phils. is already enough, never fantasize becoming another one...*masikip na ang bansa natin....!*

Merry Christmas to all BSN IV-2, to Mrs. Dulog, Cindy, Cecille, Bheng, Belen, Grace Ar. Mike, Eiselle's & Leo's company, Donna A., Jennifer M., Vivian, Lorie, Maybelle, Jenny, Dianggo, Chari S., Miss Bayona, Mr. Villacarillo, Miss Papa, Michelle, Jhe, and Jeanne. Happy Christmas Birthday to AYRA, GRACE, DONNA L. AND LLOVA.



Red Cross-LS-A elects officers

by Nyra D. Colinares

The newly formed Red Cross-La Salle recently elected two sets of officers — one for the Red Cross Youth (RCY) and one for faculty members. The election was held after 40 students and 17 faculties graduated from a series of training conducted on October 7-22 by trainers from the Philippine National Red Cross.

Elected officers for the faculties are as follows: Thomas Rodriguez Jr., president; Geldia Papa, vice president; Perchie Ancheta and Aleley Santos, secretary; Nena Caspe, treasurer; Rosario Antonio, PRO; Rosalina Dulog, adviser.

On the other hand, elected officers for the RCY are: Jose Rico Sanariz, president; Randeey Leyson and Edbert Ledesma, vice presidents; Carmela Tacbad, secretary; Joyce Antonio, treasurer; Jennifer Goodfellow, assistant treasurer; Rod Herce, PRO; Arnel Bayot, auditor; Mari-Coo Amin and Eugene Jay Mangaluz, muse and escort.

In related events, PNRC-Manila recently sponsored a mass blood donation during the college days celebration of the College of Nursing. 34 donors were comprised of faculties, students and the dean of the College of Nursing herself.

Activities the RCY-LS has for the rest of the school year include the following: Christmas caroling, Think Clean, Think Green program; planting of the RCY Mahogany tree; movie previews; summer Red Cross training on accident prevention and water survival; Red Cross training campaign for all colleges and organizations who wish to undergo training.

THE VICISSITUDE, from page 8

Lorie Bautista and Elena Tanfelix.

The big delay is attributed to the simple reason that manpower is lacking. One reason **The Vicissitude** gets delayed is because it has been practically abandoned by its EB.

EBs, how dost thou plead: guilty or not guilty? The tedious task of accomplishing the yearbook was not given much priority when plans of the Graduating Council were laid out. Other priorities — organizing the venue for the commencement exercises — took center stage. The graduates tried to fulfill the best graduation possible at the risk of neglecting [which they did] other matters — *ito nga pong annual nila!*

"Ang problema sa graduating students, malakas ang loob...kaya um-oo na lang kaagad kami and everytime na may gragradweyt na students andoon 'yung zeal na Yes kami ang gagawa ng annual, thinking na it's an easy thing to do peropaghiwalay na kayo, mahirap na mag-contact ng manpower (for the annual)." These are the sentiments expressed by Rosee Antonio (batch '91) about lack of manpower.

Behind the scenes
The official photographer is Tony's Art Studio. For their part, they had accomplished and processed the pictures. According to Campos, Tony's Art Studio follows the imposed deadline for the delivery of pictures.

As for the official printer, Milrose has not yet been paid of its services since the agreement was to have the yearbooks printed and delivered **before payment.** On the issue of them possibly causing the delay: they needed to have all the materials handed over for blueprinting before the final printing. Ocampo, owner of Milrose, said that in order to have the yearbooks printed, everything must be

complete. *"Basta kumpleto ang materials, okay na iyon."*

Kumusta na (Ate?) Vi...ah..Vi...Vicissitude

Batch 1990: the batch with the least hope of receiving their annuals. Their Editorial Board Chairman Jomar Gonzales was a faculty here. He resigned recently, taking with him the draft of the yearbook.

Batch 1991: Their yearbook is being handled by Rosee Antonio. The work is still ongoing — slowly but surely. Antonio is currently a faculty of the College of Nursing; accordingly, her stiff schedule limits her work on the annual. One of her biggest problems is the lack of pictures and misleading data (wrong names, wrong colleges, etc). Another is manpower: most of her batchmates are pursuing their own careers.

Batch 1992: The yearbook of this batch is being managed by Campos herself with the help of her secretary Leonie Nolasco. Campos says the annual is already blueprinted but it still needs some art to complement it. She assigned Ivy Marie Mendoza (Nursing grad, batch '92) to compose literary pieces for the annual. Campos says the printing of the annual pushes through by January. This is the annual with the greatest possibility of being printed the earliest.

Batch 1993: This yearbook is in the hands of the two Guidance counselors assigned by Campos. They are Lorie Bautista and Elena Tanfelix. Plans are being laid out to do the draft.

So, what now?

What does the SSC has to say for the troubles in the making of the annual? *"Ang point lang ng SSC diyang kung bakit di ma-release-release ang mga yearbook, eh, kung bago ka grumadweyt dito ay kailangang settled na lahat ng accounts mo."*

The SSC has proposed

the reimplementation of the Editorial Board. The SSC together with the representatives sought to seek an audience with Dean of Student Affairs Laura Campos and EVP Dr Oscar Baustista.

There was a meeting for the representatives of the graduating class on December 13 at the Audio-Visual Room. That was when the election of the officers of this year's Graduating Council was held.

The elected President of the Graduating Council is SSC president Arman Sim. The Editorial board positions was also set to be filled up but conflicts arose on varied issues so further talks had to be held before deciding on anything.

The making of the annual is going at a snail's pace. But at the very least, we now know who the responsible persons are behind it all.

VOX, from page 10

to ensure that is free from virus.

The P25.00 (please see your receipt) was not intended for registration fee before enrolment. This amount is collected from all 2nd year students (2nd semester) as approved in the CSA Council minutes of meeting dated March 19, 1993, with the following items included: P10.00 (membership fee), P10.00 (cost and printing of certificate for Internship Training), and P5.00 (stamps for mailing the final grades to parents — project of CSA Student Council).

For proper guidance and information of the college policies, rules and regulations, I require you to attend the regular class advisory meeting, read the monthly CSA minutes of meeting posted on the three bulletin boards (in front of the CSA Office and SH 203, inside the SH 205 typing-Lab), see your class adviser during consultation hours, and require your class representative in the CSA Council to read the minutes of the meeting so you can react, suggest, and comment on the various agenda that the Council discussed.

I hope that with the above-mentioned explanations and suggestions, you will be clarified and well-informed on the matters concerning your college.

Dean and Secretary

October 28, 1993
Dear Janice and Carolyn
Nabasa ko ang issue ng Kampusap-USapan - September-October 1993 tungkol sa umaalingasaw na amoy sa CR na hindi malaman kung sa CR ng babae o lalaki nagmumula.

Ang hindi ninyo alam, ako ay naninitarin ng mga male students na may mga pagkakataon na kasama nila sa CR ng lalaki dahil binubuhusan ko ang urinal. May mga students na doon pa umiiti sa

tank cover. Naihi rin sa hugasan ng mop at hindi man lang patuluan ng tubig. Ang higit na masakit ay naihi pa sa tabo. Inilalagay sa patungan ng gamit at hindi itinatapon. Ang isa kong tauhan at ako mismo ay muntik nang matapunan ng ihi sa mukha dahil bubuhusan ko ang urinal. Mabuti na lang at nakailag ako.

Sana naman ay maging makonsiderasyon ang mga students (ang gumagawanoon at hindi naman lahat) tungkol sa paggamit ng mga CR. Paano kaya kung nagkataan na kami ang students at sila ang tagalinis? Hindi ba masakit? Dahil ba kami ay janitor lamang (tulad ng malimit naming marinig) kaya walang pakialam? May damdamin din kami na marunong masakitan. Kahit gaano kami kababasa paningin ninyo, kami ay anak din ng Diyos tulad niyo.

Kami rin ay may hinagpis sa inyo. Hindi ko ito isinulat para kayo ay birahin. Ang totoo niyan natutuwa kami dahil kung kami ay may pagkakamali ay aming maitutuwid at kami ay inyong natulungan.

Bukod pa sa nabanggit ko tungkol sa CR, may mga students na kung gumamit ng classrooms ay parang sarili nila. May nakaupo sa sulatan, may kalung-kalong pa, may nakatapak sa upuan, kaya hindi kataka-taka kung maraming silya ang nasisira. Ang mga cheating arrangements ay nagugulo at may sulat pa na kodigo. May basurahan ngunit ang daming kalat sa kwarto. Ang bubble gum ay idinidikit sa silya, inihahagis sa kisame na parang mga bituin sa langit. Pati ba naman kutex ay inilalagay sa orbit fan at tawanan nang tawanan ng pinaandar. May mga pagkakataon na inilagay ang kutex sa loob ng water tank.

Ang mga silya ay inilalagay sa labas ng kwarto at basta na lang iniwan. Ang mga classroom chairs at stools ay mahigit 700 sa isang building. Kung iyon ay iisa-isahin pang ibalik sa kwarto saka ka pa maglilinis at nag-iisa ka rin, ano kaya ang magiging damdamin mo? Sa mga classrooms at mga CR ay kung anu-ano pang nakasulat.

Ang mga pusa o anong mga specimen na inopera ba iyon ay nagkalat sa mesa at ang pinakagrabe ay ang mga balahibo na sa lababo inilalagay mismo. Sinisira pa ang

pihitan ng gripo kaya mababa tuloy. Iniwan pa na bukas ang tangke ng gas.

Hindi tilang ulit na ako ay tinawagan ng pansin ng mga faculty tungkol sa ingay, tilian, hagaran, hiyawan, at pagsasalita ng malakas ng mga students na nakakabulahaw sa klase nila. Sumama na rin ako at nangatwiran sa kanila: "Hindi ba iyon ay mga 'anak' ninyo? Bakit ako nang ako ang tinatawagan ninyo ng pansin tungkol sa gulo nila? Kayo ang higit na may karapatang magdisiplina sa kanila. Tutulong lang ako."

Kaming mga housekeepers ay nag-meeting nang mabasa namin ang reklamo niyo. Gumawa kami ng solution upang kayo ay mapagsilbihan nang maganda. Isasakripisyo muna namin ang ibang dapat gawin upang malaman kung maganda ang ibubunga niyan ngunit hindi nangangahulugan na pababayaan namin ang aming ibang trabaho. Una-una lang, 'ika nga.

Salamat sa inyo at kami ay inyong tinulungan. Ngayon ito naman ang tanong ko, tutulungan ba naman ninyo kami sa aming mga problema sa inyo? Kayo ang hari, ako ang reyna. Magkatapat. Ayo sa ba?

Nagmamahal,
"Mommy" Nene Canan

(Hindi ho namin sinasadya na makasakit ng inyong damdamin. Maaring ang kundisyon ng ating mga pasilidad, palikuran, atbp. at ang pamamaraan ng pagmimintina ng mga ito ay aming pinuna. Subalit malayo ho sa aming intensyon ang maliitin ang inyong pagkatao dahil sa kayo ay "magjanitor lamang." Nakikimikinita po namin ang inyong kalagayan at may kapareho ring sintemiyento na gaya ng sa inyo sa mga estudyanteng walang kunsiderasyon sa kanilang kapwa. Sanay maliwanagan ang ating mga mag-aaral sa kanilang mga gawain.

Gayunpaman, inyo po sanang tandaan na ang Heraldo Filipino ay lagi nang nahahandang tumulong sa inyo, hindi lamang sa mga estudyante, kundi pati na rin sa mga naa-agrabyado at nasa tamang katwiran. - Editor)

The feedback sheet for Heraldo Filipino

is your way of telling us how to make Heraldo Filipino an even better publication for you. Please fill in the blanks below, and drop it at the Heraldo Filipino suggestion box.

Please rank the sections according to their appeal.

- _____ News Section
- _____ Opinion Section
- _____ Filipino Section
- _____ Science Section
- _____ Heraldoodles
- _____ Sports Section

Comments/Suggestions:

LaSalleño

Please rank the top five articles you liked reading this issue.

1. _____
2. _____
3. _____
4. _____
5. _____



Heraldo doodles

"The trouble with some people is they celebrate Christ-mess rather than Christmas" - Edward F. Mauhay

By Norman Torres Mrs Ayan na si Mr

by Gamaliel Tabasa



Komon: 1 yr Traffic



by Philamer Andres

Skinhead

by Norman Torres Jesster

by Rhallette Javier



X Kinhead

by Norman Torres Lagoon

by Rhallette Javier

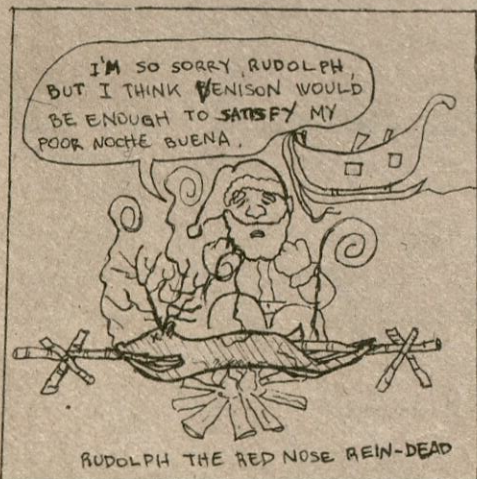


Brats 2000

by Frederick Agustin

HERALDOODLES ANYTHING GUSHES

by Edward Mauhay



Well, here it is -- December -- when everybody becomes a modern day hero. We know what we look like -- those faces on clanking coins don't look any different. We believe in them, but not in us. We buy with them, but everything's quite costly nowadays. Even popcorns. It's only here in Heraldoo where you get them corniness for free. Just wait till your mother starts melting the butter and popping them on New Year's eve.



1994 Inter-College Intramurals Reels Off

by: Erwin Gerard L. Venzuela

The 1994 Inter-College Intramurals over-all plum is up for grabs as the games in this prestigious event formally opened on Dec. 13, and will continue until the championships, which will be held on Jan. 20.

A parade started off the event, from Acacia Avenue, all the way to the gym, which included the seven participating colleges: Arts and Sciences, Business Administration, CLEAPS, and Education, Nursing and Midwifery, College of Technology and S.A., Radiologic Technology, and Physical Therapy. The colleges' respective players gathered at the Palaruang La Salle for the opening ceremonies.

Leading the program proper was Mr. Alfredo Caracena, who stood as emcee for the games, presenting the competing teams and their muses. The invocation was led by Venicris Alonzana of the Theology Dept. and Dra. Myrna Ramos, Dean of Secretarial Administration did the opening remarks, saying to the participants "to play with the utmost care, enthusiasm and competitiveness" and through these games it would instill "cocamaraderie and leadership" in everyone of us. Jonas Marquez did the honors of lighting the ceremonial flame. Oath of Sportsmanship was led by Dennis Beltran. And for the finishing touches, Miss Necitas Sayoto formally declared the games open.

As always, the games are held in the spirit of sportsmanship and unity, in which the pursuit for excellence is seen, not in the manner of winning, but in the manner of playing.

INTRAMS UPDATE: Basketball

The AS team, showing good form and somewhat possessing a "Killer instinct" that day as they demolished the BSN five: 83-61 in the start of the Inter-College Intramurals basketball

tournament last Dec. 13 at the PLS gym.

Gaining this win by the tenacity and willingness to be the victor in this game, the AS team led the half by as much as 15 point 45-30 and never looked back until the end of the ballgame.

In the second game, CLEAPS won over the BA squad 73-66 after succumbing to the latter in the half wherein BA led the game 31-27. But through breaks of the game going to the side of the CLEAPS team somewhat lifted them to victory.

In day two of the intrams, the AS team going for their second straight win as they escaped the never-say-die RT team with a meager 91-89 win. Both teams having equally talented players and both have the willingness to win somewhat told the story of this classic game. Showing 14 lead changes in the game and 5 deadlocks in the final period showed the color of the ballgame which is obvious went down the wire. In the last 5 seconds of the ballgame, AS on top 91-89 with the RT on the offensive end from a fool committed by AS eager could have equalized the count to put in an extra period in the ballgame. But the AS team somewhat spoiled this plot being patterned by the RT squad by anticipating the inbound pass of the latter and dribbling the ball until the time expired.

Volleyball

In volleyball men's division, CLEAPS won over the PT spikers, BSN escapes the College of Technology and finally the RT team stuns the As squad.

In volleyball women's division, the RT volleybelies decisively won over the SA team in two straight sets 15-5, 15-7 respectively.

CI's Exhibition Game

BSN IV Escapes Nursing Faculty

by: Erwin Gerard L. Venzuela

Showing determination and good offense, the BSN IV narrowly escaped the tough Nursing Faculty with the score 62-57 in the overtime, during the Class Instructors' Game, a part of the CNM Sportsfest, held at the PLS, Nov. 18.

Even with the Nursing Faculty's lack of manpower, only six players in the roster, they played with all might in going the distance in about 53 minutes of play. Starting the game with an all-out championship prowess, the BSN IV had the game with a 21-13 lead coming in the last minute of the first half. However, the Nursing Faculty caught up with the BSN IV as they defended well and got good breaks in on offensive putbacks. At the end of the first half, there was only a point deficit, 26-25.

In the second half, the BSN IV maintained their supremacy with a lead of five points, 36-31. Still, the CI

squad managed to battle within the striking distance in the last two and a half minutes of the game with 45-46; after which, the BSN IV once again scored in a 3-0 run leading the game in 49-46. The CI five, on the other hand, recovered for its blunder by having their own 4-0 run and tying the game at 49 apiece. With 27 seconds left on the clock and the BSN IV with no score, an extra five minutes was issued. But even with the overtime, the CI squad seemed to lose steam allowing the BSN IV to egress triumphant. The CI squad was topscored by Rey with 18 points and Abraham. paced the BSN IV with 12 points.

Blazed!

by Tristan Yen A. Mendoza

Spared Sports

As the new sports editor of Herald Filipino, I felt the need for our players to get good publicity. And so, I thought of featuring our sports victories — from the past to the present. In fact, we have already brought home the bacon too many times that if ever I would include them all in my column, some might sound repetitious (just exaggerating).

But when I took time to review our best performances, I noticed that most of the big names I was looking for came from either the basketball or volleyball varsities. Filipino sports fanatics consider these two as the hearts of a tournament. This raised my curiosity. Whatever happened to the other DLS-Aguinaldo sports? I began to seek an answer. Yet, the answer was simply confusing. Many of our athletes, in spite of having given laurels to our school in the past, were still unnoticed by the administration.

The taekwondo club, for instance, has very little contact with the Physical Education, Athletics and Recreation (PEAR) department. According to its instructor, Rolando "Ding" Futral, their activities were mostly underground. They compete for outside games without the complete consent of the school. Thus, all financial things concerning the club

were handled by itself also. They provide for their own trust fund, transportation expenses, uniforms, equipment and coach's salary. And yes, even the latter was from the players' pockets!

Come to think of it, the Taekwondo Nationals, the PRISAA, the NCRAA or even just the Milo Mini Olympics wouldn't be that interesting to watch without a taekwondo challenge from DLS-Aguinaldo. With only twelve members, this varsity certainly has a lot to hope for, financially.

And what about the rumor that the taekwondo varsity wasn't given a chance to have five of its members be granted with scholarships unlike the other varsities? Well, it's up the PEAR to decide on that!

In case you don't know, the other sports in this university are baseball, football, track and field, chess, table tennis, badminton and swimming. Now, tell me which of these spared sports have you heard from?...What?...None!

In my article "Of the Oval Mystery" last issue, there were some misinformation. The figure shown was not that much money. It was a lesser figure as told by Mr Rino Daniel, the

caretaker of the construction's budget.

Speaking of the oval once more, I personally have a lot to ask for its improvements. On the other hand, this pen of mine is tired of asking the same old, but still unanswered, questions. So only to put a bit of satire about the issue, let's just put it the way it should be as a joke. The oval construction of this school and the Jurassic Park have one thing very common, and that is, they both need 65 million years in the making (ha...ha...ha!). Except for the oval thing, the result wouldn't be that exciting anymore (he...he...he!).

The NCRAA marked its first year of existence and gave the Philippine sports an utmost significance. I would like to congratulate the host school for this year, De La Salle-Aguinaldo, for making this university recognized not because it belongs to the La Sallian system but because it has something to say in terms of hosting a sports event (?).

Anyway, Merry Christmas and Happy New Year to all! Please do support our athletes!

Sports Personality of the Issue

Taekwondo's Ma Jessica N Callos:

An Angel of Sharp Moves

by Erwin Gerard L. Venzuela

"Dedicated, hardworking and competitive," are the qualities uttered by Taekwondo instructor Rolando "Ding" Futral to best describe our chosen sports personality for this issue, because of her promising performances in taekwondo. She is Ma Jessica N Callos - an angel of sharp moves.

Jessica, a charming Filipina mestiza with innocent looks, was born to Mr Jesus E Callos and Mrs Fe N Callos on March 27, 1975. Now in second year section three in Physical Therapy and a taekwondo varsity here in DLSU-A, she continues to dream of higher grounds someday. So far, this low red belter has no regrets in joining the elite group of athletes who risk their physical body for the pride of DLS-Aguinaldo.



CALLOS

Looking back in her high school days, she said that she was bitten by a so called taekwondo bug. She was in her third year at the Stela Maris College at Quezon City when her friends convinced her to join the newly established Taekwondo club in their school.

After attending a few practice days, she fell in love with it. Her father, who was an aikido, boxing and judo player in his younger years, was the one who influenced her most in taking up the said martial art. This marked the beginning of a

promising taekwondo career for Jessica.

In her first competition at Lucena City, Quezon during the PRISAA Regionals, she won a silver in a taekwondo meet. She won a gold in an individual taekwondo tournament

winning spree once anew.

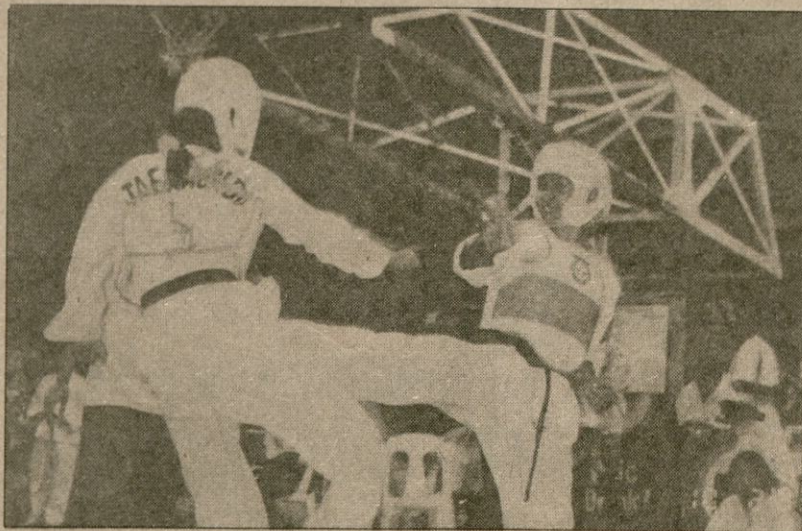
"In taekwondo, I learned to be humble," related Jessica who also said that taekwondo is not an act for display. According to her, it is not for one to show off his or her talents to the unknowing foes, "It is used merely as a self-defense."

"If you can run away from a rumble, that's fine; use it (taekwondo) only for the need of a last resort."

In taekwondo, the most important character she learned is, "to be flexible in dealing with others." Because in the

Even in her daily priorities, her studies and God, she still includes taekwondo. Being married to both studies and athletic obsession requires altruism in order to top at both. So, working out late at nights from five to eight, MWF at the gym and balancing the time for her studies and her playing, gave her the skill to make each a part of her attention.

In her message to everyone, she reminds, "To those who want a change in their lives, try taekwondo," for she herself had tried volleyball, track and field and swimming to no avail.



*Jessica executes a kick.

during the PRISAA Nationals in Zamboanga. Jessica also competed in the Inter-School Taekwondo Tournament last year but was one win short to be able to garner a fight for bronze. Through this defeat, she gained experience. An experience by which it would help her practice more for the incoming PRISAA Regionals next year for DLS-Aguinaldo's

team, the players have different personalities, such that some are shy and others are bossy. Through it, she learned to mingle with everybody in the team for which communication would blossom.

What really struck her is taekwondo. So for those who want to experience a change, take a second look in taekwondo. If it made Jessica a better person, it would surely make you one too.

Heraldo Filipino Sports

Palakasan '93 Championship

by: Erwin Gerard L. Venzuela and Juliette P. Icawalo

After three months of heated competition, two teams made it to the Palakasan '93 championship at the PLS: the Black Knights and the Green Thinkers.

For women's volleyball held Oct. 26, the Black Knights bagged the championship plum over the Green Thinkers in a 4-set game: 5-15, 15-8, 15-13, 15-9. In spite of their sluggish start, they gained momentum as they rallied a 2-8 deficit and won the second set with a score of 15-8. The beaming strike of Jonie Alberto drilled in nine points from sideout to strengthen the Black Knights' bid for the championship. It also marked the team's winning spree as they took the other two sets decisively.

The Black Knights again stood firm through fearless comebacks as they took hold of the men's volleyball, Oct. 27. They defeated the AS team in a 5-set game: 16-14, 16-14, 16-17, 16-17, 15-13. The AS and the Black Knights showed vigor in the ballgame, with both teams equally backed by talented players, one of which is Tommy de la Rea who set the fire rolling. Though the AS team won the third and fourth sets to force a decision, luck seemed to be on the path of the Black Knights. Only one must emerge the champion and this chance slipped away from the AS team as they gave easy opportunity for the Black Knights to combine their forces together at the ending game.

The Green Thinkers, on the other hand, stood out in the basketball game held Oct. 27. The Green Thinkers were

backed by strong performances by Ike Sapida and Joseph Dinglasan, the latter being the team captain and playing coach as well. They outdid the Theo quintet to the tune of 77-79. The officials of the game made signs of "ill-fated" calls, thus making the game a controversial one. The Green Thinkers' domination in the first half was partially challenged with hustle drives to score three points to make it 69-72. In the last 30 seconds, with the ball possession of the Theo men, Frederick Bael attempted a long shot from the perimeter, but was blocked by a Green Thinker. The defender issued a foul which he relentlessly told the referee that it was all ball.

Nevertheless, the game went on and the defender hurled the ball to the other side of the court. When the referee had his back turned away from the action, a Theo player rolled in pain and got a sprained ankle during a rebound shuffle. The Theo bench protested saying it was a technical in which their player could have been given four free throws (two for foul throws and two for technical), plus ball possession for catching up with the Green Thinkers. The referee, however, did not make the call because he did not see anything and called the game to continue. Unfortunate for the Theo players, the Green Thinkers won.

attempted a long shot from

THE first NRCAA (National Capital Region Athletic Association) basketball and volleyball tournament had its opening ceremonies at the Rizal Memorial Coliseum, with DLS-Aguinaldo as host school.

The ceremonies started off with the parade of the 14 schools membering the said association, together with their respective muses. The schools included are the following: GAUF (Gregorio Araneta

College of Business Administration), PCU (Philippine Christian University), PMI (Philippine Maritime Institute), PUP (Polytechnic University of the Philippines), PATS School of Aeronautics and

remarks in which he proudly declared that, "the NCRAA would be a great sporting league for the years to come."

PRO Elizabeth Mascardo introduced the program's distinguished guest speaker PSC Chairman Mel Lopez. His guiding words' concern was for the athletes to be physically fit in order to be mentally healthy. He further stressed the sports upliftment

in our country for Philippines 2000. Afterwards, the team captain of DLS-Aguinaldo, Jhonas Marquez, led the Oath of Sportsmanship. Finally, Dr Oscar O. Bautista signalled the games open.

Highlights of the event include the colorful performances of DLSU-Zobel's cheering squad and the SFAC's special

intermission number which livened up the crowd as they presented their cheering routines. The ceremonies also showcased the choosing of Miss NCRAA where the EAC-Manila's muse won the title.

The ceremonial toss for the first basketball game between DLS-A and EAC-Manila was

headed by NCRAA President DrBautista, PSC Chairman Mel Lopez, Mrs Buanzon and the Miss NCRAA. EAC-Manila won in the event.

The program's master of ceremonies was Lakandupil



*EVP Dr Bautista given the opening remarks.



*PSC chair Mel Lopez does the ceremonial toss to start the games.

University Foundation), SFAC (St. Francis of Assisi College), DLSU-CBS (College of St. Benilde), DLS-Aguinaldo, Adamson, DLSU-Taft, Emilio Aguinaldo College-Manila, Lyceum, NCBA (National

And the acrobats swung on....

by Tristan Yen A. Mendoza

The first Philippine acrobats performed a live show at DLS-Aguinaldo, Nov 28. The circus spectacular was a joint project by the Skills Marketing Ventures, Inc and the Sangguniang Kabataan Federation of Dasmariñas, Cavite.

Scheduled on a Sunday afternoon from 1 to 5, the four-part program began with the pyramid buildings. The acrobats made changing formations from two and three high pyramids to bridge formations and such other complicated stunts.

The second part centered on flexibility and endurance wherein more dangerous feats such as the fish flop and dolphin dives and a lot of somersaults were presented.

Kiddie entertainment was on hand through the third and fourth episodes. There were ball jugglers, chair and ladder balancers and aerial tumblers all over the place.

For their finale, the acrobats exhibited a basketball game very

much different from the usual. The players were on monocycles ranging from 3, 7 and 12 feet in height. Of course, some exceptions to the rules were made. The game came out well with all the cheering and screaming at the Palaruang La Salle.

The acrobats are trained performers from all over the archipelago and they have had a series of shows in the provinces.

Miss Irene Ilawan, president of the SK Federation of Dasmariñas, said that the proceeds of the program will benefit anti-drug addiction organizations and the sports development programs here in Dasmariñas, Cavite.

techniques for throwing a body and tricks of the hand, waist, legs and others are taught.

Locking the opponent's body so as to stop moving is under *katamewaza*. While *atewaza*, which is seriously different from the two, includes many tricks in beating and kicking that can paralyze, injure or kill an opponent.

In Japan, beginners are not to be taught any of the violent and dangerous techniques yet.

The study of human anatomy and physiology to determine points on the body that can cause paralysis, stop circulation and prevent breathing, makes *atewaza* interesting. Likewise, reviving

CNM basketball championships reel off

by Erwin Gerard L. Venzuela

The BSN IV and III took over in the men's and women's basketball games respectively, in the recently concluded College of Nursing and Midwifery Sportsfest held Nov. 17-18 at the Palaruang La Salle.

BSN IV won over BSN I-A with 57-44. The greatest points that the freshmen made were at half time, 16-19. When it came to the last three minutes of play, however, the seniors made a whopping 12-point lead, 52-40.

The BSN IV team was led by Rely Viray with 17 points, ten of which were made in the final period.

Meanwhile, the BSN III escaped BSN II in a 7-6 victory in the women's basketball championship, Nov. 18. Starting off in the right foot,

the BSN III dominated the first half, limiting the other team to a single point, 4-1. But the sophomores held back as they put their acts together to a tie of five all, thanks to their 4-0 run.

In no time at all, the BSN III retaliated to erect the lead to 7-5. The sophomores scored another but unfortunately for them, the BSN III just dribbled away until the final buzzer sounded. The BSN III team was topscored by Girlie Rabino with 4 points.

and with no footwear. *Jujitsu*, from which *judo* has been modified, literally means "gentleness" so there should be complete concentration and mental control of temper for the players.

Exciting as it is, *Judo* in DLS-Aguinaldo does not exist at all. Yet, *Judo* is a common sport of today and is enjoyed by everyone as a source of relaxation — that is, freeing oneself from the daily pressures and tensions of studying!

The Art of Judo

by Juliette P. Icawalo

What comes to a person's mind when he hears the word *Judo*? Some people would say that it is a way of defending oneself, or a sport similar to *taekwondo*, *karate*, *kung fu* and the like.

A Japanese sport similar to wrestling, *Judo* was once called *jujitsu*, and was practiced by the *samurai* or the military class of Japan. It was often combined with fencing and archery in military trainings, too. Experts consider it not only as a sport but an art as well. Today, *judo* is performed throughout the world.

Judo involves a complex system of body skills that helps produce both mental and physical fitness. Moreover, it stresses the importance of strategy, which is basically nonresistance. In a match, the athlete tries to get his opponent

off balance so he can easily throw, trip, choke or hold the latter.

This martial art is in two types: *randori* or free competition, and *kata*, wherein partners know which exercise is to be done next.

Judo includes hundreds of techniques. Every movement has its definite meaning and purpose. In *Judo*, the smaller ones have an edge over the larger competitors because size and weight are disregarded.

Techniques are grouped into three general headings: *nagewaza*, *katamewaza* and *atewaza*. In *nagewaza*,

