DE LA SALLE UNIVERSITY

A Survey On
Child Sexual Abuse:
Therapy and Coping

A Thesis
Presented To
The Faculty of the Department of Behavioral Sciences
De La Salle University

In Partial Fulfillment of the
Requirements for the Degree
Bachelor of Arts in Psychology

By
Anna Liza de los Reyes
Ma. Theresa Esquillo
Rissa Ranhading
December 1988
DE LA SALLE UNIVERSITY

ABSTRACT

This is a descriptive study of child sexual abuse tackling the nature of sexual abuse of children in Metro Manila, the profile of such children, the therapy given to such children focusing on stages of treatment and the problems encountered and means of coping by the therapist and the child. It involved six institutions chosen through purposive sampling and six sexually abused children being housed in such institutions. The method used was the face-to-face in-depth interview and as supplementary material, government records were also used. Results indicated that a majority of the crimes committed against children are sexual in nature and that such children come from poor families, have low educational attainment, are mostly between ten and fifteen years of age and are mostly males. Treatment consists of three basic stages: assessment, treatment/rehabilitation, adoption or preparation of the child to return home. Furthermore, the problems encountered during therapy by the children pertain mostly to the insufficient provision of the institution while escaping children is the main problem of the institution which simply imposes stricter rules. The institutions do not normally employ therapists due to budget constraints. It is for this reason that the authors interviewed the social workers instead.